Eastern Iowa MH/DS Regional Advisory Committee Meeting Scott County Administration Building January 11, 2017

#### I. Introductions:

The meeting was called to order at 4:04 pm by CEO Johannsen.

Members Present: CDS Bopes; CDS Elam; Lynne Hilgendorf; CEO Johannsen; Holly Parmer; Melissa Peterson; Chris Shotwell, CDS Tischuk; Jack Willey.

Members Absent: Michele Becker; CDS Becky Eskildsen , Catherine Hahn; Luanna Gredell; Susie

Ruchotzke; Joe York; one vacancy

THERE WAS NO QUOROM.

### II. Review Agenda:

Nothing was changed.

# III. Approval of Meeting Minutes from 10/12/16:

Action tabled to the 4/12/17 due to no quorum.

### IV. Update Region Financials/Budget:

CEO Johannsen reported the cash position is approximately \$9.5 million. There has not been much recent activity within the regional budget. There will be an expense of approximately \$11,000 to Carosh Compliance for their work with the Region on HIPAA Compliance. Looking ahead it is anticipated there will be a continuation of the agreement with Robert Young Center, therefore an ongoing financial obligation.

### V. Distribute and Review Annual Report:

CEO Johannsen reviewed the Report, which was included in the meeting packet. The report was approved by the Department of Human Services, with some minor corrections. Highlights of the report included a review of the progress made with the Robert Young Center (RYC) Agreement in regards to the implementation of tele-health and the mobile counseling in Cedar County. Also, the continued need for a legislative response to the mental health property tax levy and the 2016 Legislative allocation of \$500,000 to the Region.

Elam gave an update on the 2017 legislative issues, including the levy. She, along with several others, continues to meet with lobbyists to prepare for the session. Elam indicated that the legislature does need to make some decisions, as the current levy cap of \$47.28 will end on 6/30/17 if no action is taken.

### VI. Update Crisis Services:

Year Two of the Agreement between the Region and the Robert Young Center will begin this month. In review of Year One, in addition to the implementation of tele-health and mobile counseling (Cedar County), areas that have been focused on recently are the tracking of commitments, and RYC following up on those that are admitted to a bed outside of the Region or are incarcerated; also,

Emergency Department protocol in regards to a reasonable response time from a hospital regarding bed availability for a referral.

In addition to continuing to strengthen the efforts started in Year One, Year Two will focus on the Judicial System, engaging the court system as work begins on implementing pre-screening services and also look at the needs of individuals suffering from co-occurring disorders. Also, the need for "bridge" appointments for outpatient psychiatric services, care coordination for incarcerated individuals, Crisis Intervention Training (CIT) for law enforcement, peer/family support services and if funding is made available, housing. A training entitled Sequential Intercept Training will be held on February 9, open to law enforcement, behavioral health and anyone interested in/concerned about improving the response to individuals who suffer from a mental illness and are potentially involved or involved in the legal system. February 10 a follow-up meeting will be held, invitation only, to begin to develop a strategy within the Region to respond to this issue. Committee member Peterson mentioned that Clinton County has recognized the importance of the Intercept Model.

## VII. Review Regional Strategic Plan

CEO Johannsen reported that progress is being made in moving forward with the Governing Board's discussion of designating a permanent CEO. CEO Johannsen also reported that the Governing Board will be thoughtful as they make any decisions regarding services and funding. Committee member Hilgendorf reminded the committee that in regards to a service such as sheltered work that this started as a grass roots effort and to her knowledge there is no replacement plan should funding be discontinued for sheltered work.

### VIII. Other Items:

CEO Johannsen asked what people have been experiencing with the implementation of managed care. Committee member Peterson indicated that some of their agency's challenges are due to the lack of communication between IME and the MCOs. Committee member Hilgendorf stated their agency has concerns about rates and that there are constantly more demands placed on the providers.

#### IX. Public Comment:

No comments

### X. Next meeting:

Wedensday, April 12, 2017 at 4pm, Scott County Administration Building, Room 605

## XI. Adjournmen:t

4:58pm

Respectfully Submitted-CDS Bopes, Jackson County