

Eastern Iowa MH/DS Region
Governing Board of Directors Meeting
Scott County Administrative Center, Room 605
June 19, 2017

The MH/DS Governing Board of Directors meeting was called to order at 3:04pm by Chair Smith. Mather, Smith, Willey and Hilgendorf were present. Earnhardt, Hamerlinck, and Hahn were absent. Management Team present: Becky Eskildsen, Lynn Bopes, Mike Johannsen, Lori Elam, Kathie Anderson-Noel and Julie Tischuk. Fiscal Agent: David Farmer was absent. Guests: Todd Noak, Jackie Anhalt, Christine Gradert, Sam Wolfe, Barbara Robinson-Lagarde, Jill Westhoff, Greg Burnett, Wade Stierwalt, Jerome Phillips, Richard K. Whitaker, Sue Johannsen

Moved by Mather, seconded by Willey to approve the agenda as presented. Ayes-Mather, Smith, Willey

Moved by Willey, seconded by Mather for approval of the minutes of the 5-15-17 Governing Board Meeting. Ayes- Mather, Smith, Willey.

Lori Elam reviewed the Budget Performance Report and Balance Sheet through June 2017. As of June 14th Cedar County FY 16 contribution receivable was outstanding for \$448,300.00. This amount was recognized as revenue in a previous month. Expenditures for June were \$301.50 for web page services. The current balance is \$9,885,755.48. The FY 16 financial statements were finalized June 13, 2017. The Region received and unmodified opinion for the balance sheet and statement of Revenues, Expenditures and Change in Fund Balance. This was the same opinion classification as last year. Discussion was held. Moved by Mather, seconded by Willey to approve of the financial reports. Ayes- Mather, Smith, Willey.

Lori Elam presented the ICAP insurance renewal for approval and reviewed a memo David Farmer, Fiscal Agent, submitted. The cost of the insurance did not increase. David recommended renewing the insurance for the amount of \$5,612.52. The limit of coverage is \$2,000,000 for General Liability and \$2,000,000 of Public Official Wrongful Acts. David also requested that the Board Secretary will need to sign, appointing David Farmer and Mahesh Sharma (alternate) to the ICAP Member Proxy. Moved by Mather, seconded by Willey to approve the signing of the ICAP Insurance renewal and to appoint David Farmer and Mahesh Sharma as the Member Proxy. Ayes- Mather, Smith, Willey.

Lori Elam presented the FY 18 Provider Contracts regarding rates for services. Lori let the Governing Board know that each Community Services office is trying to be more consistent with the forms and approach to determining rates for the upcoming fiscal year. Moved by Mather, seconded by Willey to approve and sign the FY18 contracts/rates as submitted. Ayes – Mather, Smith, Willey. The following are the Provider Contracts/Rates approved: Pathway Living Center, Hillcrest Family Services-Maquoketa Office, Mercy Medical Center Clinton, Cornerstone Wellness Center, Skyline Center Inc., Robert Young Center –Muscatine, Mediapolis Care Facility, Inc., Crossroads, Inc.

Becky Eskildsen let the Governing Board know that the FY18 Annual Service and Budget Plan Amendment has been updated to reflect the revenue changes due to the passing of SF504. Becky let the Governing Board know she will send the plan to DHS for final review and approval. Moved by Willey,

seconded by Mather to approve the changes made to the FY18 Annual Service and Budget Plan as presented. Ayes- Mather, Smith, Willey

Mike Johannsen presented to the Governing Board that Strategic Behavioral Health has submitted an application to the CON Board and would they like to send a letter of support on behalf of Strategic Behavioral Health. Mike let the board know the hearing will be in July 2017. Discussion was held. Moved by Willey, seconded by Mather to submit a letter of support from the Region to the CON Board on behalf of Strategic Behavioral Health. Ayes- Mather, Smith, Willey.

Mike Johannsen let the Governing Board know that SF504 has outlined implementation requirements that the Region needs to complete in the next few months. Lori Elam outlined that the Region needs to pull together a stakeholder workgroup that will need to begin meeting starting in July 2017. The Workgroup will work on making recommendations relating to the delivery of, access to, and coordination of mental health and substance abuse services in the Region. A Community Service plan will be due to DHS by 10/16/17 outlining what the Region is working on. Lori let the board know that a template is being developed for the Regions to use and have a more consistent approach of how the workgroups will operate. Lori let the board know that the bill also discussed that each Region will enter into a MOU with each of Iowa's managed care organizations that discusses the roles of the Region and the MCOs in relation to the plan developed in each region. Lori let the board know that this will be an opportunity to work with the MCOs on funding for services that can be utilized in the Region. Discussion was held.

Becky Eskildsen let the Governing Board know that the Regional Advisory Committee members have terms that will be expiring 6/30/17. She outlined that each county's local advisory board will re-appoint or appoint members to the Regional Advisory Committee. The names will be brought to the Governing Board meeting in July 2017 to be appointed to the Regional Advisory Committee. In October 2017, the Regional Advisory Committee will nominate a provider and a member to serve as ex-officio on the Governing Board and will need to be appointed to these positions at the Governing Board Meeting in October. Discussion was held.

Jill Westhoff from Robert Young Center reviewed the income statement through the month of May 2017. Jill reported that all of the care coordinators have been hired and the board will start to see an increase in expenditures for that role in the crisis service system. Christine Gradert reviewed the April metrics with the board. She reported that Year 1 -is 100% complete and maintaining. Year 2- Cedar County will be meeting with local judges and magistrates in the next month to start utilizing committal services within the Region. Scott County will be meeting with the Advisory group in their area June 27th with a focus on criminal justice. The Trauma Informed Care Training that took place the end of May had 150 participants and requests for more in depth training. A Peer Services and Transitional Housing meeting was held May 24, 2017. Robert Young Center would like to get a better idea of what is already in the communities across the Region and what the next steps are in these service areas. Christine let the board know that there have been requests that a co-occurrence training take place in the Region to learn more about the DSM-V language regarding this population group and how to fill the gaps with services.

Julie Tischuk updated the Governing Board regarding HIPAA. Julie reported that the Management TEAM has met with CAROSH Compliance Solutions for two sessions to work on developing HIPAA policies and procedures for the Region. Julie stated that there will be one more meeting to wrap up and will then be brought to the Governing Board for discussion and approval. The board suggested having a work session to review the policies prior to approving them. Discussion was held.

Becky Eskildsen gave an update to the Governing Board regarding the website development. Becky announced if you google the website for the Region, it should be 4th on the list. Becky let the board know that there have been a few tweaks and changes that have had to be made since going live and they will be seeing billing for that work. Becky said that she is monitoring the cost and will report back to the board if there needs to be further discussion of maintaining the site. Discussion was held.

Lori Elam let the board know that the management team is working on developing a brand for the Region. Lori let the board know that in their packets there is a copy of a brochure that is being worked on that can be handed out and used at trainings once it is finalized. Lori wants everyone to have the same letterhead, business cards, brochures, etc. to relay the same message to everyone in the Region. Lori said that there will be further discussion at the next meeting about this. Discussion was held.

Mike Johannsen presented his last CEO report to the Governing Board. Mike stated that he feels the Region has a bright future ahead. Mike asked that everyone think about where the Region has come from and to stay focused on what the Region still needs to do. Mike felt that the Region has great leadership in place for those in need of mental health and disability services. Mike asked that the ID, DD and BI population isn't lost in the intense focus on implementing mental health services. The Region needs to continue to develop services for those population groups. Mike mentioned that he sees other opportunities that the Region can do and mentioned developing a guardianship program. He stressed that this is a role that has not been filled in the State of Iowa and is needed to fill that service gap. Discussion was held.


Other Items: None

Public Comment: Richard Whitaker from Vera French stated that Strategic Behavioral Health is a distraction from the focus on the whole continuum of care with the existing providers in the Region. Richard feels that there needs to be more community engagement to have better outcomes.

Todd Noack commented that he enjoyed the panel meeting regarding peer services. He wanted people to be aware of A Suicide Prevention and Recovery Workshop being held June 24, 2017 to assist Individuals about mental health.

Jack Willey commented that he was recently part of the Iowa Barn tour in Clinton and Jackson Counties. He said that he was stationed at the Insane Asylum site that ended in 1870. He shared history of the site and noted how far we have come with services. Jack said that 500 people came to see the site.

Meeting adjourned at 4:16 pm.


Jack Willey, Secretary