Eastern Iowa MH/DS Region Governing Board of Directors Meeting Scott County Administrative Center, Room 605 January 29, 2018

The MH/DS Governing Board of Directors meeting was called to order at 3:05PM by Chair Hamerlinck. Hamerlinck, Mather, Smith, Willey, Hahn, and Hilgendorf were present. Earnhardt was absent. Management Team present: Becky Eskildsen, Lori Elam, Kathie Anderson-Noel and Julie Tischuk. Fiscal Agent: David Farmer. Guests: Todd Noack, Zachary Smith, Dan Srp, Lynn Kirchhoff, Tony Knobbe, Nick Markovich, Diane Holst, Jackie Anhalt, Ed Tibbetts, Denise Beenk, Angela Gallagher, John DeTaeye, Austin Gross, Richard K. Whitaker, Eric Van Lancker, Lisa Chapman, Heather Thompson, Mahesh Sharma

Moved by Willey, seconded by Smith to approve the agenda as presented. Ayes-Hamerlinck, Mather, Smith, Willey. Absent- Earnhardt

Moved by Willey, seconded by Smith for approval of the minutes of the 12/18/17 Governing Board of Directors meeting. Ayes- Hamerlinck, Mather, Smith, Willey. Absent-Earnhardt

Chair Hamerlinck asked for the Election of Officers for 2018: Dawn Smith nominated Jack Willey for Vice Chair, seconded by Mather. Ayes-Hamerlinck, Mather, Smith, Willey. Absent- Earnhardt Chair Hamerlinck nominated Mather for Secretary, seconded by Smith. Ayes- Hamerlinck, Mather, Smith Willey. Absent- Earnhardt

David Farmer reviewed the Budget Performance Report and Balance Sheet through December 2017. David reported no expenses for the month. The current balance is \$9,096,349.67. David shared that he has requested financial information from each county and will have an updated report for the February meeting. Moved by Willey, seconded by Smith to approve and place on file the financial reports. Ayes-Hamerlinck, Mather, Smith, Willey. Absent- Earnhardt

Lori Elam presented the FY 17 Annual Report to the Governing Board for final approval. Lori shared that DHS requested a few minor changes and asked that they approve the report. Lori let the board know that she will place the report on the website for people to access. Moved by Smith, seconded by Willey to accept the FY 17 Annual Report with a final date of 1/29/18. Ayes- Hamerlinck, Mather, Smith, Willey Absent- Earnhardt

Lori Elam presented a preliminary FY19 Budget update to the Governing Board. Lori reviewed a handout of the FY 19 Budget sheet and walked through how the budget dollars will be organized in the budget by core, additional core, mandated, other informational services and direct services. Lori also reviewed FY19 Levy Info Scenario handout of what the Region will need in terms of levy dollars/revenue to continue funding the current services and to expand and maintain the services in the Region. Areas of concern noted: needing to draw down funds from the region once local fund balance is gone and depleting the regional fund balance and not having funds for crisis services. Discussion was held.

Chair Hamerlinck introduced Supervisor Srp from Clinton County to present to the Governing Board regarding a Regional Summary of Dollars Contributed to Fiscal Agent Fund FY17 Report and the challenge of planning for the FY19 budget. Supervisor Srp walked the Governing Board through a handout he had prepared discussing county payments made to the Region for FY15-FY17, Regional Expenditures for FY15-FY17 and Fund balance for FY15-FY17. Discussion was held.

Lori Elam presented an update regarding the Bylaws. Lori reported that Chair Hamerlinck submitted an amendment to the Governing Board on December 18, 2018 asking that Article III. Governing Board, Section 1. Duties (a) Specific. The Governing Board also (1) Votes on All Regional Business. Shawn is asking that the sentence "This shall be done only by the designated/appointed county supervisor representing their jurisdiction" be removed. Discussion was held. Moved by Mather, seconded by Willey to table the action until further discussion can be held at the next Governing Board of Directors meeting. Ayes-Hamerlinck, Mather, Smith, Willey. Absent- Earnhardt

Nick Markovich, from Robert Young Center, gave the financial report for the through December 31, 2017 detailing each line item expenditure for the month of December. Nick updated the board on the metrics and crisis services. Nick reviewed the tracking sheet of implementation of year 2. Nick highlighted that 3 people have started their positions for co-occurring coordinator and care coordinator. The jail screening tool has been completed for civil commitment mobile prescreening. ASAC was sent the final contract on 12/28/17. A 3rd CIT training is scheduled for 1/15/18. All RFIs were received by 12/15/17 for Peer Services and are currently being reviewed. Nick shared that he has been going to the hospitals in the Region to work on increasing the use of telehealth and education the staff on how to use it, when it can be used, etc. Nick is working with the care coordinators in the EDs to help point out missed opportunities of when telehealth can be used. Jackie Anhalt from Genesis Medical Center gave an update to the Governing Board. Jackie shared that Jerome Phillips has left his position with Genesis Medical Center and she will be the contact person for the Region. Jackie shared that the hospital is working on implementing new guidelines on how to care for a patient that is being violent, expediting the intake process for those that are in need of detox services and those that present as suicidal in the ED. Jackie reported that they are also working on the intakes from outside the ED to filter through the required information submitted and make quick response times of whether they can be admitted or not. Discussion was held.

Lori Elam presented the CEO Report to the Governing Board. Areas of highlight: Lori met with the Jackson County and Scott County BOS to discuss the progress of the Region, met with Vera French ACT Team to discuss services, presented at the St. Paul Lutheran Church about Regional Crisis Services along with Vera French CMHC staff, she participated in a MH presentation at a MEDIC EMS conference, and she met with staff from The Crisis Center, Johnson County, to discuss their services. Discussion was held.

Other Items: None

Public Comment: Todd Noack from Life Connections Peer Recovery handed out a sheet for review discussing an EBP for Wellness and Recovery: Peer-Run Respite Services for Individuals Experiencing a Psychiatric Crisis.

Clinton County Auditor, Eric Van Lancker, spoke to the board about the Bylaws and 28-E agreement. He urged the board to allow to have an alternate attend meetings and have voting rights to represent their county. He pointed out that the represented BOS on the Governing Board should be updating their respective boards in their county of what is taking place at the Region level and should be able to vote on issues if they are filling in.

Richard Whitaker from Vera French CMHC shared that providers are struggling to continue services and pay staff based on the new rates in the tiered system implemented by MCOs and destabilizing the IHH program. He shared that many are living on a shoestring budget and can't afford to go any lower with rates. He said that if the MCOs continue to reduce rates and the service needs increase, many providers will look to the Region as a leader for MH services and assisting with keeping the service in place.

Supervisor Dan Srp shared that Clinton County has embraced having mental health services in the jail and have been very involved in the Stepping Up Initiative there. He will be going to Washington DC to the Implementation Academy for extensive training and let the Region know that he would be happy to share information regarding this program to others if they are interested in learning more about the program.

Lori Elam reminded everyone that the February meeting will be held on 2/26/18 at 1:00PM. Meeting adjourned at 4:47PM.

Nathan Mather, Secretary Eastern Iowa MH/DS Region