

Eastern Iowa MH/DS Region
Governing Board of Directors Meeting
Scott County Administrative Center, Room 605
February 25, 2019

The MH/DS Governing Board of Directors meeting was called to order at 1:06PM by Chair Willey. Beck, Irwin, Willey, Avis and Hilgendorf were present. Smith was absent. Beck left the meeting at 2:45PM and Mather arrived at 3:00PM. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes and Julie Tischuk. Kathie Anderson- Noel was absent. Fiscal Agent: David Farmer. Guests: Todd Noack, Wayyn McCulloh, Lisa Bohland, Jill Westhoff, Dennis Duke, Ryan Bobst, Penny West, Angela Gallagher, Mary A. Petersen, Richard K. Whitaker

Moved by Beck, seconded by Irwin for approval of the 1/14/19 Governing Board Meeting minutes.
Ayes- Beck, Irwin, Willey. Absent – Mather, Smith

David Farmer presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet ending 1/31/19 to the Governing Board. David reviewed the current statement and let the board know that the Region has collected \$2,434,220.00 in revenue mostly through the Scott County levy so far and has had \$8,107,925.00 in expenditures. The current fund balance is \$6,402,542.00. David pointed out that the Region started the year with \$12,076,247.00. David also reviewed a Preliminary Fund Balance Estimate June 30, 2020 sheet with the Governing Board to show what the finances of the Region will look like based on the budgeting this year. Discussion was held. Moved by Beck, seconded by Irwin to approve and place on file the financial report. Ayes- Beck, Irwin, Willey. Absent- Mather, Smith

CEO Lori Elam gave the Governing Board updates on the 2nd Quarter Funding Outcomes which covers the months of October, November and December. Lori reviewed each outcome sheet with the board and shared the progress made during the past quarter. The following are the providers that submitted reports: Seventh Judicial District Dept. of Correctional Services for Scott County Mental Health Court, Bridgeview Community Mental Health Center for Psychological Testing Materials and Medication Management, Handicapped Development Center for Supported Employment, NAMI Greater Mississippi Valley for Family to Family Education, Skyline, Inc. for the Cotton Patch Store Addition and the Greenhouse expansion, Humility Homes and Services for Housing Specialists, Vera French CMHC for ACT Services expansion, Crossroads, Inc. for Supported Employment and Life Connections Peer Recovery Services for Rhonda's House- Peer Run Respite. Discussion was held.

Mary Petersen, Robert Young Center, presented to the Governing Board on Eastern Iowa Crisis System Year 4 Proposal. Mary gave a crisis service component overview, the crisis system Model of Care, the crisis 2019 system participants, the 2018 metrics through December 31, 2018, and the Year Four System Proposal. Mary let the board know in Year Four, the crisis system will continue with the services already in place, work to expand mobile crisis to all counties, establish peer drop-in centers, establish crisis residential services, will add a peer law enforcement liaison, monitor the quality of services by complying to fidelity and evidence based practice standards and work toward sustainability of all the crisis services. Jill Westhoff, RYC, presented the finances to the board and went through each line item to let them know where they have changed FTEs due to changes in how the job is performed/needed,

absorbed costs through the management team taking on tasks, etc. to save the Region money and find a true cost of what is being provided currently. Jill feels that the Year Four total cost is \$4,713,998.00 if every position is filled and each service is being used to capacity. Jill feels that the Region will most likely only spend about 75% of that cost based on past history and the cost the Region would most likely pay for FY20 would be \$3,535,498.00. Discussion was held.

CEO Lori Elam presented the CEO report to the board. Lori highlighted areas from her report: Lori and the management team worked on the FY20 Annual Services and Budget Plan, she met with the Vera French ACT Team to discuss services, She met with CAROSH Compliance Solutions and completed a compliance review for Scott County, She met with the Chief Judge, Clerk of Court, Scott County Sheriff's Dept. and RYC to discuss CADS, she met with the 2 new Supervisors serving on the Governing Board, Ken Beck and Dan Srp, providing a mini orientation, met with Clinton County, Muscatine County and Scott County Boards of Supervisors to discuss the FY20 regional budget, and she worked on developing an action plan for the strategic planning session.

Other Items: CEO Lori Elam gave a quick update to the Governing Board on Legislative news. She said that it has been very quiet and there has been no word on any MH bills. She said that the weather has impacted a lot of meetings and knows that things will start moving soon. Lori also passed around a sample draft of the updated Region Brochure that Lori plans on taking to the Legislators at County Day at the Capital along with the other regions in the State. She passed it around for everyone to see and make comments if they wanted something added or changed.

Public Comment- Todd Noack wanted to comment on the Region working on fidelity standards in the Year Four Proposal. He feels that is a great avenue to recognize the work that service providers are doing and would like to look into where Peer Support Recovery services fall into fidelity and Evidence Based Practice. Todd feels that would be helpful to talk with Legislators and other officials on how Peer Support Recovery Services can become accredited and reimbursed for the services they provide.

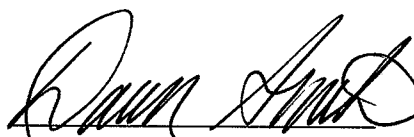
Rich Whitaker from Vera French CMHC spoke about the Peer Drop-In Center that will be located in the Carroll Center and then moving to their new building April 1, 2019. He feels that service will work hand in hand with the Crisis Stabilization Home that will be opening in the near future. Rich let the board know that they will have a staff 24/7 in the home to support the residents and their needs and are in the process of making the home staff secure and remodeling it to be able to fit everyone's needs. Rich is hopeful that this service can help people in need of mental health services and divert them from being in jails, hospitals and the EDs. Rich shared that this year Vera French CMHC will celebrate 70 years. As part of the continued growth at Vera French, he handed out flyers about Multisystemic Therapy that will have a program kick-off and overview meeting on Tuesday, March 19, 2019 at the Putnam Museum and Science Center from 9:00AM to 2:00PM. The program will help at-risk juvenile offenders and their families.

Lisa Bohland from Handicapped Development Center announced that they are celebrating 50 years this year. She handed out flyers about the movie "Becoming Bulletproof" that they are hosting and will have the person from "27 Hours" talking about his experience being trapped while rock climbing and how he survived. They are also working hard to remove certain words from everyone's vocabulary. She handed

out information about t-shirts that can be purchased help raise money for the project, Spread the Word to End the Word. Lisa also handed out a flyer listing all of the other events they have going on throughout the year to celebrate 50 years.

Angela Gallagher from NAMI wanted to thank the Governing Board for funding the opportunity to provide the Family To Family Education Programs in the Region.

Meeting Adjourned: 3:15PM

A handwritten signature in black ink, appearing to read "Dawn Smith", written over a horizontal line.

Dawn Smith, Secretary
Eastern Iowa MH/DS Region