

Eastern Iowa MH/DS Region
Governing Board of Directors Meeting
Scott County Administrative Center, Room 605
March 18, 2019

The MH/DS Governing Board of Directors meeting was called to order at 3:07PM by Chair Willey. Beck, Mather, Smith, Willey, Avis and Hilgendorf were present. Irwin was absent. Beck left the meeting at 4:47PM. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes, Jennifer Watkins and Julie Tischuk. Fiscal Agent: David Farmer. Guests: Penny West, Todd Noack, Waylyn McCulloh, Lisa Bohland, Jon DeTaeye, Angela Gallagher, Jill Westhoff, Mary A. Petersen, Barbara Robinson-Lagarde, Richard Whitaker

Moved by Smith, seconded by Mather to approve the agenda as presented. Ayes-Beck, Mather, Smith Willey. Absent- Irwin

Moved by Beck, seconded by Mather for approval of the 2/15/19 Budget Work Session and the 2/25/19 Governing Board Meeting minutes. Ayes- Beck, Mather, Smith, Willey. Absent – Irwin

David Farmer presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet ending 2/28/19 and Preliminary Fund Balance Estimate ending June 30, 2019 to the Governing Board. David reviewed the current statement and let the board know that the Region has collected \$2,625,310.00 in revenue mostly through the Scott County levy so far and has had \$8,687,548.00 in expenditures. The current fund balance is \$6,014,009.00. David also reviewed a Preliminary Fund Balance Estimate June 30, 2020 sheet with the Governing Board to show what the finances of the Region will look like based on the budgeting this year. Discussion was held. Moved by Beck, seconded by Smith to approve and place on file the financial report. Ayes- Beck, Mather, Smith, Willey. Absent- Irwin

David Farmer discussed the renewal application for ICAP Insurance with the Governing Board. David shared with the board that Arthur J. Gallagher Risk Management has sent out the supplement for renewal and ask that it be returned in 60 days so coverage is not affected and the invoice for next year won't increase by 25%. David shared that \$5,600.00 was budgeted to cover the renewal and he asked that an authorization for proxy votes list David as the primary contact and Lori Elam as the alternate. Moved by Mather, seconded by Smith to approve signing a resolution for renewal of ICAP insurance and list David Farmer as the primary contact and Lori Elam as the alternate contact to the Proxy. Discussion was held. Ayes-Beck, Mather, Smith, Willey. Absent- Irwin

Lori Elam presented the FY20 Budget to the Governing Board for approval. Lori let the board know that the only change to the budget was Clinton County's total was \$23.00 less than what was originally given to the board at the work session. The budgeted expenditures are now \$12,385,769.00. Lori explained that once the board approves this budget, it will be inserted into the Annual Service and Budget Plan for FY20 and sent to DHS. Discussion was held. Moved by Beck, seconded by Mather to approve the FY20 Budget as presented. Ayes-Beck, Mather, Smith, Willey. Absent- Irwin

Lori Elam presented the Eastern Iowa Crisis System Year Four Proposal for approval to the Governing Board. Lori reviewed that each board member has a copy of the proposal presentation to refer to and that she and Mary A. Petersen, from Robert Young Center, met with members of the board that were not able to attend the February Governing Board meeting presentation and reviewed the proposal information with them. Discussion was held. Moved by Beck, seconded by Mather to approve the Eastern Iowa Crisis System Year Four Proposal. Ayes-Beck, Mather, Smith, Willey. Absent-Irwin

Lori Elam presented the FY20 Annual Service and Budget Plan to the Governing Board for approval. Lori shared that the report is due to DHS by April 1, 2019. Lori reviewed the document with the board by pointing out highlights of the plan. She pointed out that the FY20 budget that was just approved will be inserted into the DHS formatted spreadsheet in the document. Discussion was held. Moved by Smith, seconded by Beck to approve the FY20 Annual Service and Budget Plan as presented. Ayes- Beck, Mather, Smith, Willey. Absent- Irwin

Mary Petersen, RYC, presented the Crisis System metrics for the month of January to the board. Areas of discussion were: the Mental Health/Substance Abuse ED Presentations by location data from Genesis Hospital will be presented in the next month's metric information, the information regarding telehealth utilization by location demonstrates that the crisis system is truly a regional system and being used by residents in each county, RYC continues to look at the rate of community reconnection and 30 day re-presentation data to see what the true numbers are, the two year pilot project of adult committals admitted to UnityPoint Rock Island has been approved for 5 years and starts when the 2 year current project ends due to Robert Young Center testifying before the Illinois Legislature to extend this project, and Care Coordinators continue to educate the benefits of bridge appointments in hopes that there will be an increase in utilization. Jill Westhoff, RYC, presented the finances to the board and went through each line item to let them know what the expenditures for February were. Discussion was held.

Julie Tischuk updated the Governing Board regarding HIPAA. Julie shared that the agreement with Carosh Compliance Solutions was renewed for the next year and money was budgeted for this. Julie let the board know that work continues on the Region audit, new training modules should start in the next few months and to watch for login emails to be sent. New members to the Region will also be sent a login email to complete all of the training modules for the Region. Julie shared that Roger Shindell would like to meet with the board soon to share the Region's progress and discuss his ongoing role with the Region HIPAA program.

CEO Lori Elam presented the CEO report to the board. Lori highlighted areas from her report: She worked on developing a spreadsheet showing all 14 regions and the next 2 years budgets, revenues and fund balances/percentages related to SF504, she spoke at the Senate Subcommittee meeting regarding the Children's Mental Health bill (SSB 1197), She participated in ISAC's County Day on the Hill, and gave legislative updates regarding the Children's Mental Health Bill, HF691 dealing with change in Fund Balance that can stay at the Region level, and HS246 dealing with block granting dollars for the Community Mental Health Centers through the regions instead of DHS. Discussion was held.

Other Items: None

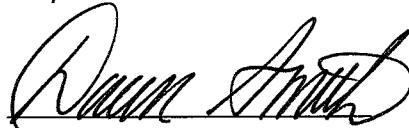
Public Comment: Todd Noack commented that when we speak of Peer Support Services, he mentioned that there has been a language change from a Peer Drop In Center to Peer Recovery Wellness Center. Todd shared that they work on recovery wellness and felt this was a positive language change. Todd shared that Senator Grassley will be in DeWitt and he plans on attending to talk about Peer Support Services. Todd mentioned that he and Penny West, RYC, are all set for the Mental Health First Aid trainings being offered in Cedar and Jackson Counties. He pointed out that there is still time to attend if interested and the training is free.

Lisa Bohland shared that there is an Employer group and a Human Resource group that meets on a regular basis and they are always interested in having speakers come in to talk about important topics of the community. Lisa thought it might be helpful if the Region could speak with these groups and share what the regions do and how they assist people with mental health services. She will get their contact information to Lori Elam, CEO, to reach out to them.

Mary A. Petersen let the board know that Iowa Department of Public Health has approved the license of New Horizons in Muscatine to provide Substance Abuse services. She also shared that Robert Young Center is in the process of having 8 psychiatrists and 7 psychiatric nurse practitioners working in Iowa. They hope to find office locations in Iowa and start their services soon. Mary reported that 37% of the individuals that they are serving in Illinois are Iowa people and it makes sense to offer services in the area.

Meeting Adjourned: 4:58PM

Next Meeting- April 15, 2019 at 3PM in Room 605, Scott County Administrative Center

A handwritten signature in black ink, appearing to read "Dawn Smith", written in a cursive style.

Dawn Smith, Secretary
Eastern Iowa MH/DS Region