

Eastern Iowa MH/DS Region
Governing Board of Directors Meeting
Scott County Administrative Center, Room 605
April 15, 2019

The MH/DS Governing Board of Directors meeting was called to order at 3:05PM by Chair Willey. Beck, Smith, Willey, Avis and Hilgendorf were present. Irwin arrived at 3:07PM. Mather was absent. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes, and Julie Tischuk. Jennifer Watkins was absent. Fiscal Agent: David Farmer. Guests: Angela Ganzer-Bovitz, Penny West, Lisa Bohland, Mary A. Petersen, Wes Frenell, Ashley Velez, Denise Beenk, Todd Lange, Christina Hamilton, Richard K. Whitaker, Barbara Robinson-Lagarde, Melissa Peterson, Jill Westhoff

Moved by Smith, seconded by Beck to approve the agenda as presented. Ayes-Beck, Smith, Willey. Absent- Irwin, Mather

Moved by Beck, seconded by Mather for approval of minutes from the 3/18/19 Governing Board of Directors Meeting. Ayes- Beck, Smith, Willey. Absent – Irwin, Mather

David Farmer presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet ending 3/31/19 and Preliminary Fund Balance Estimate ending June 30, 2019 to the Governing Board. David reviewed the current statement and let the board know that the Region has collected \$4,069,953.00 in revenue mostly through the Scott County levy and miscellaneous fees collected so far and has had \$9,307,997.00 in expenditures. The current fund balance is \$6,838,203.00. David also reviewed a Preliminary Fund Balance Estimate June 30, 2020 sheet with the Governing Board to show what the finances of the Region will look like based on the budgeting this year. David presented to the board the current fund balance percentage of contribution in the counties and region and also what the fund balance contribution would be based on population in the counties and region. Discussion was held. Moved by Smith, seconded by Beck to approve and place on file the financial report. Ayes- Beck, Irwin, Smith, Willey. Absent- Mather

Jill Westhoff presented the crisis Services income statement through March 31, 2019 to the Governing Board. Jill pointed out that she has broken out some of the services into line items to better see what is being spent in each area. Jill reviewed each line item and discussed what costs go into those areas and shared that with being fully staffed and adding services, she will be requesting a drawdown of funds from the Region for June 2019. Mary Petersen, RYC, presented the Crisis System metrics for the month of February 2019 to the board. Areas of discussion were: the addition of the Mental Health/Substance Abuse ED Presentations by location data from Genesis Hospital and how that affects the numbers, the information regarding telehealth utilization by location demonstrates that the crisis system is truly a regional system, RYC continues to look at the rate of community reconnection and 30 day re-presentation data to see what the true numbers are, RYC is looking closely as to why adults and children are leaving the Region for committal hospital placements and have noted that many need to receive medical care outside of the Region and is an appropriate placement, The Cedar County Mobile Crisis was called 5 times during the month of February with one person going to the hospital and the rest were connected to a Care Coordinator in the community, Care Coordinators continue to educate the benefits

of bridge appointments and have started to see an increase in utilization. RYC is starting to see a stable workforce and have nearly all of the positions filled. Mary let the Governing Board know that they will be adding Evidence Based Practice data and Fidelity Review data to the metrics and they will start to see this discussed soon. Discussion was held.

Lori Elam, CEO, presented to the Governing Board a power point on Permanent Supportive Housing & Pay for Success program that Humility Homes and Services would like to implement in the Region. Lori went through the power point and pointed out that this program can break the cycle of homelessness, incarceration, and emergency intervention for individuals that are high users of the system. It helps individuals and families find safe, stable and affordable housing in the community. Humility Homes and Services applied to RDA for Consultation funding in March 2019 and if approved, they hope to start working on partnering with communities, national funding, and other project dollars to see this program happen. They hope to have an initial consultation work completed and begin scaling by October 2019. Discussion was held.

Lori Elam presented the Eastern Iowa MHDS Region Action Plan to the Governing Board. Lori reviewed the plan by letting the board know what the Target Objectives/Goals are and the Tasks/Action Steps will be to achieve the objectives and goals. Lori let the board know that she will present this report every quarter to them to show the progress being made. Discussion was held.

CEO Lori Elam presented the CEO report to the board. Lori highlighted areas from her report: Lori attended the monthly CEO/DHS Meeting, she worked with the management team on revisions to the FY20 Annual Service and Budget Plan, she attended the CCJCC Meeting in Clinton along with Becky Eskildsen, Lori, the Management TEAM and Paul Phares from RYC attended an informational meeting with Humility Homes and Services about Pay for Success, she attended the Regional Disaster Readiness Conference and she plans on coming out to the County Board of Supervisor Meetings in the next couple of weeks. Discussion was held.

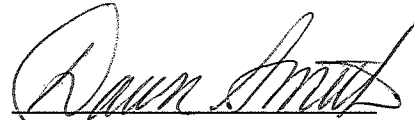
Other Items: Lori Elam, CEO, referenced the Tama County Document that was forwarded to the Governing Board regarding the unfunded mandate issues with the State and code that backs up not taking on any more services that do not have funding attached in the Regions. Discussion was held.

Public Comment: Richard Whitaker updated the Governing Board that the ACT team has served 48 people to date and 32 are currently in the program. The Same Day Access program continues to see more people accessing services than compared to last year at this time and the school based therapists are seeing 100% increases in working with children in crisis and getting them the assistance they need. The Peer Support Drop In is seeing people coming in and the Grand Opening for the program will be May 15, 2019. They are completing the hiring process. The Crisis Stabilization Home is in the process of being remodeled and they are in the process of hiring staff for the home. Rich shared that Mental Health Awareness Night will be held at the River Bandits game on May 9, 2019. The team will be wearing special jerseys that will be auctioned off and there will be many other fun activities at the stadium.

Mary A. Petersen, from Robert Young Center, introduced Angela Ganzer-Bovitz as the Director of the RYC Inpatient Unit, CSU, the Genesis Inpatient Behavioral Health Unit, and the Crisis beds in the ED. Mary shared that the ED at Genesis Hospital will start to have an observation unit for people to go where it is a comfortable environment to assess if they need to be admitted or if they can go back to the community and be linked to services. Angela will also assist with providing data to the Governing Board each month on the use of tele health and care coordinator services in the ED. Discussion was held.

Meeting Adjourned: 4:38PM

Next Meeting- May 20, 2019 at 3PM in Room 605, Scott County Administrative Center

A handwritten signature in black ink, appearing to read "Dawn Smith", written over a horizontal line.

Dawn Smith, Secretary

Eastern Iowa MH/DS Region