Eastern Iowa MH/DS Region Governing Board of Directors Meeting Scott County Administrative Center, Room 605 July 15, 2019

The MH/DS Governing Board of Directors meeting was called to order at 3:02PM by Chair Willey. Irwin, Mather, Willey, and Hilgendorf were present. Beck and Smith were absent. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes, Julie Tischuk and Jennifer Watkins. Fiscal Agent: David Farmer. Guests: Richard K. Whitaker, Christine Hamilton, Jen Tamayo, John Juhl, Waylyn McCulloh, Carol Foster, Angela Ganzer-Bovitz, Beth Stoffers, Jill Westhoff, Mary A. Petersen, Todd Lange, Todd Noack.

Chair Willey reviewed the agenda and was asked by CEO Lori Elam to add appointing a Region Advisory Committee Member to the vacant ex-officio role on the Governing Board. Chair Willey added the item on the agenda following the action for approval of the Governing Board minutes from the last meeting. Moved by Irwin, seconded by Mather to add to the agenda appointing for an ex-officio vacancy. Ayes-Irwin, Mather, Willey. Absent-Beck, Smith

Moved by Mather, seconded by Irwin for approval of minutes from the 6/17/19 Governing Board of Directors Meeting. Ayes- Irwin, Mather, Willey. Absent-Beck, Smith

CEO Lori Elam let the Governing Board know that Kyle Avis has left his position as Ex-Officio for the providers on the board due to moving out of state. Lori shared that Richard K. Whitaker has been nominated by the Region Advisory Committee to serve in the vacant ex-officio position. Lori asked the board to formally approve him to that position. Discussion was held that action can't be taken if it isn't already on the agenda for that meeting. Irwin, Mather, and Willey asked that this be put on next month's agenda to act on at that time.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet ending 6/30/19 to the Governing Board. David reviewed the current statement and let the board know that the Region has collected \$4,574,062.00 in revenue through the Scott County levy and miscellaneous fees collected and has had \$12,683,170.00 in expenditures. The current fund balance is \$4,112,319.00. David reviewed the expenditure per capita and discussed changing the calculations for the dollars over fund balance from 20% to 40%. Discussion was held. Moved by Mather, seconded by Irwin to approve and place on file the financial reports. Ayes-Irwin, Mather, Willey. Absent-Beck, Smith

CEO Lori Elam and Fiscal Agent David Farmer presented a resolution to the Governing Board. The resolution is dated 7/15/19 and approves intergovernmental transfers. David reminded the board that each county budgeted transfer dollars into their county budgets and will be required to transfer money twice a year in October and April, in order to fund administrative services and crisis services. Discussion was held. Moved by Irwin, seconded by Mather to approve the Intergovernmental Transfer Resolution dated July 15, 2019 and place on file. Ayes- Irwin, Mather, Willey. Absent- Beck, Smith

Jill Westhoff, Robert Young Center, presented the crisis Services income statement through June 30, 2019 to the Governing Board. Jill reviewed each line item and discussed what costs go into those areas. Jill shared that with the expansion of mobile crisis services and receiving bills after the cutoff date, that line item expense looks large because it has May and June expenses listed. In July, the line item should be more in line with the original budgeted amount. Mary Petersen presented the Crisis System metrics for the month of May 2019. Mary introduced a new format for presenting the metrics. It gives a quick snapshot of what is happening in each area of the crisis system and gives a reference page from the metric booklet if they need more information. Areas that she highlighted: bridge appointments in May were 67% utilized and in June they were 97% utilized, the Eastern lowa Crisis System Care Coordination flow chart was shared and shows how people move through the crisis systems, and the pilot project with Illinois continues to be used due to answering call requests for beds first. Jen Tamayo, from Robert Young Center, shared that in June a Law Enforcement Lunch & Learn was held in Scott County to train about mobile crisis services starting. Thirty people attended the meeting. Jen announced that she is working with the Peer Wellness Drop-in Centers in the Region on collecting metrics and the grand opening of the Crisis Stabilization Residential Home will be 7/29/19. Discussion was held.

CEO Lori Elam presented the FY20 Service Agreements regarding rates for services to the board. Discussion was held. Moved by Mather, seconded by Irwin to approve and authorize the Chair to sign the FY20 contract/rate as submitted. Ayes Irwin, Mather, Willey. Absent- Beck, Smith. The contracts approved were: Bridgeview CMHC and Imagine the Possibilities, Inc.

CEO Lori Elam presented the CEO Report to the board. Areas highlighted: the management team and Lori have been reviewing/revising the Regional Management Plan and will be adding the children's system information once the rules are published, Lori and the management team have been meeting with Paul Phares, Robert Young Center, for EBP Training and will be testing at the end of July, Lori attended the CEO/DHS meetings this month, Lori attended the Handicapped Development Center 50<sup>th</sup> Year Celebration Open House, Lori met with the QC Times reporter to talk about the Region and new services, Lori attended the "Rebound with Courage" event at Des Moines University, and she participated in two conference calls with lowa Public Radio regarding the Region. Discussion was held.

Other Items: Lori will get dates to everyone for September to schedule a work session.

Todd Noack, from Life Connections Peer Recovery Services, let the Governing Board know that if anyone is interested in having him present about Peer Support services to their county board, to let him know. On July 26<sup>th</sup>, he had re-opening of his Peer Wellness Center due to moving to his new location and anyone is welcome to come and tour. Todd has been conducting surveys with the people he has worked with and the results have been very good.

Richard K. Whitaker from Vera French CMHC shared that the Same Day Access program has seen a 28% increase in people using the service as the same time last year. Pine Knoll has been sold and will become affordable housing for seniors. Multisystemic Therapy started and serves 8 families currently. 15 families is the cap and the therapy is 4 months in length. The Crisis Stabilization Residential home will open 7/29/19 and the Peer Support Drop in Center met with 5 new people in April, 22 new people in May and 35 new people in June. 7/18/19 is Mental Health Awareness night at the River Bandits Game.

Angela Ganzer-Bovitz shared an update from Genesis Health System. She shared that they have had one psychiatrist leave their behavioral health unit but have hired a full time and a part time psychiatrist, nurse practitioners and are in the process of adding more staff to better serve people with mental health needs.

Lynn Bopes passed along information regarding a One Time Funding Update from Imagine the Possibilities. They will be showcasing their new supported employment sewing work site tomorrow, July 16<sup>th</sup>, from 9-11AM in DeWitt and wanted the Governing Board to know they are more than welcome to come and see what they have been working on. They have hired 8 people so far and the work is taking off. They are very optimistic that they will be able to hire more people as the demand increases.

Meeting Adjourned: 4:18PM

Dawn Smith, Secretary

Eastern Iowa MH/DS Region