

Eastern Iowa MH/DS Region  
Governing Board of Directors Meeting  
Handicapped Development Center, 3402 Hickory Grove Road, Davenport  
October 22, 2018

The MH/DS Governing Board of Directors meeting was called to order at 1:03PM by Vice Chair Willey. Earnhardt, Mather, Smith, Willey, Hahn and Hilgendorf were present. Hamerlinck was absent. Management Team present: Becky Eskildsen, Lori Elam, Kathie Anderson-Noel and Julie Tischuk. Lynn Bopes was absent. Fiscal Agent: David Farmer. Guests: Denise Beenk, Cassy Gripp, Melissa Peterson, Stephanie Grams, Barb Robinson-Legarde, Tom Determann

Moved by Smith, seconded by Earnhardt to approve the agenda as presented. Ayes-Earnhardt, Mather, Smith, Willey. Absent- Hamerlinck

Moved by Smith, seconded by Earnhardt to approve the agenda as presented. Ayes- Earnhardt, Mather, Smith, Willey. Absent- Hamerlinck

Moved by Earnhardt, seconded by Mather for approval of the 9/17/18 Governing Board of Directors Meeting minutes. Ayes- Earnhardt, Mather, Smith, Willey. Absent- Hamerlinck

David Farmer presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet ending 9/30/18 to the Governing Board. David let the board know that total expenditures so far this fiscal year are \$4,000,000.00 and the fund balance for the Region is \$10,037,493.00. David reviewed revenue, expenditures, distribution of money to counties and administrative costs with the board. Discussion was held. Moved by Mather, seconded by Smith to approve and place on file the financial report. Ayes- Earnhardt, Mather, Smith, Willey. Absent- Hamerlinck

CEO Lori Elam presented FY18 Expenditure Analysis to the Governing Board. Lori let the board know that the management team looked at each county and identified differences of expenditures due to the different needs in each county. Lori asked the following questions that should be considered in this discussion: if every county should look the same in terms of services so the cost per capita is the same in all counties, are they okay with different spending levels because of the different services, is the region okay with counties providing funds to other counties within the region to ensure long term savings for the region or does the region eliminate certain services in order to lower the per capita amount and have everyone paying the same. Discussion was held. The board, by consensus, felt that a work session is needed to address these questions and decide how to move forward with strategic planning and how they want to address the differences in spending in the counties. The work session will be held November 13, 2018 at 3:30PM.

CEO Lori Elam presented updates on Grant Funding Outcomes to the Governing Board. Lori let the board know that providers granted one time funding money have submitted the 1<sup>st</sup> quarter reports. Lori reviewed each report with the board and let them know the progress during the quarter. The board received reports from: Bridgeview Community Mental Health Center, Crossroads, Inc., Handicapped Development Center, Imagine the Possibilities, Seventh Judicial District Dept. of Correctional Services,

NAMI Greater Mississippi Valley, Humility Homes and Services, Skyline, Inc. and Vera French CMHC. Lori reported that Life Connections did not submit a report due to 1<sup>st</sup> day opening of Rhonda's House. Discussion was held.

Penny West, Robert Young Center, presented the new metrics scorecard that has been tweaked to the Governing Board. Areas discussed: Clinton County has a full crisis service team established in the community as well as Jackson County by sharing staff from Clinton County, mobile expansion is being discussed with the current provider to determine if they are able to expand to all counties in the region and provide a quality service in a reasonable time frame, Mental Health First Aid Training is scheduled for Cedar County 3/27/19, marketing materials have gone out, crisis stabilization residential services have two proposals from Vera French and MCSA and are in the planning stage. Christine Gradert, Robert Young Center, reviewed the financial report dated September 2018 to the board. Discussion was held.

CEO Lori Elam gave a report on the Legislative Interim Committee to the Governing Board. Lori shared with the board what was discussed at the most recent Committee meeting: in FY19 there are 14 counties in the state that levied zero, 25 counties levied at 50% or lower, from FY17-FY19 there has been a \$15 million reduction in the mental health system and \$53 million reduction since Regions were formed. Lori shared that there is only one more Interim Committee meeting with a lot to be discussed. Areas that the committee will discuss are: Fund Balances, Region Caps, services being offered in the Regions, long-term funding and what is needed to sustain services, SF 504 language mandating spending down fund balances in the regions to 25% or 20%, Core Plus Services are being mandated and the significant costs that brings to the Regions and discussions with the CEOS, DHS and Board of Supervisors regarding mental health services. Lori shared that she will be attending the next meeting. Discussion was held.

Lori Elam presented the CEO report to the board. Lori highlighted areas from her report: she updated the Jackson County and Muscatine County Board of Supervisors on Eastern Iowa Crisis Services and Regional Activities, attended stakeholder meetings in Jackson and Clinton County, participated with David Farmer in a telephone conference call with DHS, CEOs and DOM regarding SF 504-encumbrances, fund balances and annual reporting, met with Genesis Behavioral Health staff to discuss the idea of a PA Fellowship Program, met with Community Action of Eastern Iowa staff to discuss regional partnership with their emergency food pantry, and attended the Clinton/Jackson County Court Hospital Meeting. Discussion was held.

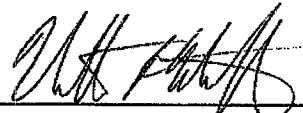
Roger Shindell from Carosh Compliance Solutions presented a Sanctions and Penalties- Elected Officials policy to the Governing Board. Roger explained to the board that the policy addresses a HIPAA breach without making it a public discussion. He outlined the process of investigating, developing a report, evaluating the information, meeting with the Governing Board and requesting a closed session to discuss the breach and decide the next step in open meeting without disclosing the breach. Discussion was held. The board determined for Roger to prepare the policy and put it in the Region HIPAA Policy Manual.

Other Items: Lori let the board know that the strategic planning meeting has been postponed until December 2018. Lori will be getting dates from Jeff Schott and asked the board for dates that might work for them. Discussion was held.

Public Comment- Richard K. Whitaker, Vera French, let the board know that the Same Day Access program is seeing more people from this time frame last year. In September 2018 they saw 54% more people than in September 2017. Rich reported that they have been able to help people with acute symptoms by meeting with therapists the day they come in to Vera French. This helps to reduce visits to the ED and long waits for appointments with a prescriber to address mental health symptoms.

Christine Gradert from Robert Young Center is planning to attend the Listening Post with Governor Reynolds regarding the children's system and how the school systems may be the delivery system for children mental health services.

Meeting Adjourned: 3:01PM

A handwritten signature in black ink, appearing to read 'Nathan Mather', written over a horizontal line.

Nathan Mather, Secretary  
Eastern Iowa MH/DS Region