

Eastern Iowa MH/DS Region  
Governing Board of Directors Meeting  
Davenport Public Library, 3000 North Fairmount St., Davenport  
November 19, 2018

The MH/DS Governing Board of Directors meeting was called to order at 3:03PM by Vice Chair Willey. Earnhardt, Mather, Smith, and Willey were present. Hamerlinck arrived at 3:16PM. Hahn and Hilgendorf were absent. Management Team present: Becky Eskildsen, Lori Elam, Kathie Anderson-Noel and Julie Tischuk. Lynn Bopes was absent. Fiscal Agent: David Farmer was absent. Guests: Angela Gallagher, Todd Noack, Denise Beenk, Penny West, Barbara Robinson-Lagarde, Lisa Bohland, Waylyn McCulloh, Angela McCham-Ainsworth, Jill Westhoff, Richard K. Whitaker

Moved by Earnhardt, seconded by Smith for approval of the 10/22/18 Governing Board of Directors Meeting minutes. Ayes- Earnhardt, Mather, Smith, Willey. Absent- Hamerlinck

CEO Lori Elam presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet ending 10/31/18 to the Governing Board. Lori let the board know that total revenues for the Region so far this fiscal year are \$2,174,863.00 and the total expenditures are \$4,690,625.00. The current fund balance for the Region is \$9, 596,088.00. Lori let the board know that David is waiting for the final audit information from each county and will update the FY18 numbers and present them at the December meeting. Discussion was held. Moved by Mather, seconded by Earnhardt to approve and place on file the financial report. Ayes- Earnhardt, Mather, Smith, Willey. Absent- Hamerlinck

Todd Noack presented Life Connections Peer Support Services/ Rhonda's House updates to the Governing Board. Todd shared that Rhonda's House opened October 18, 2018 and in the first week they had 5 guests. Todd said that the house serves the five county Region but they will accept referrals from other communities/Regions if there is a bed available. He let the board know that the Life Connections Peer Support Specialists at the house are able to help people make connections in the communities, work on journaling to assist with their recovery along with other programming tools, and are available to talk with and listen to what is going on with the person staying there. Todd feels that the house has been a great success so far. He continues to work on securing financing for the house and has applied for grant money through Alliant Energy, for example, and has leads on other opportunities. Todd let everyone know they are welcome to tour the home and that Rhonda's House is now on Facebook. Discussion was held.

CEO Lori Elam and Todd Noack presented an update on the Grant Funding Outcomes (Rhonda's House) to the Governing Board. Lori reminded the board that due to the timing of opening the house, Todd was granted an extension to get his 1<sup>st</sup> quarter report to the board. Lori asked Todd to review the information from his report with the board. Todd let the board know that he has 7 staff hired and working at the home, he has had 7 people served at the respite house to date and he reported who was making the referrals to the home. Todd asked the board if he could modify the form and add more information about the services being offered. The board was fine with that and asked that Todd work with Lori on tweaking his outcome reporting form. Discussion was held.

Jill Westhoff, Robert Young Center, reported the Crisis Services Finances through the month of October 2018. Jill let the Governing Board know that she has pulled out more service detail on the report so they can see exact expenses for certain services being offered. Jill reviewed with the board that Bridge Appointments was one area that was asked to be its own line item. She reported that for the month of October, \$11,040.00 was spent on Bridge Appointments. Jill then reviewed the other line items with the board. Discussion was held. Penny West, Robert Young Center, presented the metrics scorecard to the Governing Board. Areas discussed: there are 3 positions open in Cedar, Scott, and Muscatine and Robert Young Center is in the process of conducting interviews and hopes to have people hired soon, Penny has sent out temporary flyers announcing the Warm Line that recently started, an agreement has been made with Foundation 2 to set up a regional hub of operation for mobile crisis to assist with faster response times, Clinton Co. is interested in hosting and assisting with planning CIT training, Mental Health First Aid training will be offered in Cedar and Jackson Counties March 2019, Crisis Stabilization Residential Services are anticipated to start in January 2019 and Robert Young Center will be meeting with individual provider agencies beginning in the 3<sup>rd</sup> quarter to discuss service sustainability. Discussion was held.

CEO Lori Elam gave an update on the legislative workgroups to the Governing Board. Lori referred to three reports that were in the board packet. They were: Children's System State Board Strategic Plan, Tertiary Care Psychiatric Hospital Workgroup DRAFT Report, and Commitment Process Review Workgroup DRAFT Report. Lori went through the reports and highlighted areas so the board knew what was being discussed and recommended to the Legislators for the upcoming session. Discussion was held.

Lori Elam presented the CEO report to the board. Lori highlighted areas from her report: Lori and the management team worked on the FY18 Annual Report, she updated the Cedar County Board of Supervisors on Regional Activities, she met with local providers and funders regarding the Children's system, she met with local homeless shelters/housing providers to discuss housing solutions (focus groups), the Region hosted a SOAR Training that helps people obtain social security disability benefits in a shorter time frame, and she met with local providers and the Mayor of Davenport regarding the possible closing of the over flow shelter. Discussion was held.

Other Items: Lori reminded the board of the upcoming strategic planning sessions being held December 6<sup>th</sup> and 13<sup>th</sup>. Lori let the board know that if there are new members on their boards of supervisors, they are welcome to come and listen to what is being discussed in the planning process. The Legislative "Meet and greet" will not be able to take place on December 17<sup>th</sup> due to the legislative caucus being scheduled that day. The board asked that the white paper Lori is developing be used when they meet with their individual legislators in the counties. Discussion was held.

Public Comment- Richard K. Whitaker, Vera French, let the board know that he has updated data regarding the Same Day Access program. Richard shared that in August, September, and October of this year they saw 51% more people than this time last year. He also noted that people are able to be seen for their second appointment within 6 days of their initial meeting. He shared that Vera French has

hired more counselors in the school system and have seen twice the amount of youth compared to this time last year. He is hopeful he can start to interview more prescribers so that wait time will come down.

Todd Noack, Life Connections, shared that his agency has been referring people to the same day access program through Vera French to assist people in immediate need. Todd wanted to remind the board that his agency would like to take a look at having the Peer Support Advisory Committee report to the Governing Board and work with the Region Advisory Board. Todd would like to talk about this partnership down the road. Todd reminded everyone that Life Connections, the Region and United Health Care are partnering to provide Mental Health First Aid training in Cedar and Jackson Counties in March 2019.

Meeting Adjourned: 4:30PM

A handwritten signature in black ink, appearing to read 'Nathan Mather', written over a horizontal line.

Nathan Mather, Secretary  
Eastern Iowa MH/DS Region