

Eastern Iowa MH/DS Region  
Governing Board of Directors Meeting  
Scott County Administrative Center, Boardroom  
September 16, 2019

The MH/DS Governing Board of Directors meeting was called to order at 3:00PM by Chair Willey. Beck, Irwin, Smith, Willey, Hilgendorf and Whitaker were present. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes, Julie Tischuk, and Felicia Toppert. Fiscal Agent: David Farmer. Guests: Wade Stierwalt, Denise Beenk, Beth Stoffers, Todd Noack, Senator Chris Cournoyer, John Rushton, Kelly Herd, Jill Westhoff, Mary A. Petersen, Jen Tamayo, Waylyn McCulloh, Jim Hayes, Angela Ganzer-Bovitz, Carol Foster

Moved by Beck, seconded by Irwin, to approve the agenda as presented. Ayes-Beck, Irwin, Mather, Smith, Willey.

Moved by Smith, seconded by Beck for approval of minutes from the 8/19/19 Governing Board of Directors Meeting. Ayes- Beck, Irwin, Mather, Smith, Willey.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet ending 8/31/19 to the Governing Board. David let the board know that the 2018 financial audit with Baker Tilly is complete. David reviewed the current statement and let the board know that the Region has collected \$907,767.00 in revenue through the levies and miscellaneous fees and has had \$940,830.00 in expenditures. The current fund balance is \$3,872,354.00. David let the board know that the fund balance on 7/1/19 was \$3,905,417.00. Lori pointed out to the board that row 62 shows the Region expenditures per capita from 2017 to current. The rate for FY17 was \$28.22 and for FY19 it was at \$42.83. Lori pointed out that this shows why the \$30.78 cap does not work for the Region. David let the board know that he will be sending out the transfer funds bill and will send the 1<sup>st</sup> installment the end of September and will be due in October to the Region. The other ½ of the bill will be sent in the spring. Discussion was held. Moved by Beck, seconded by Irwin to approve and place on file the financial reports. Ayes- Beck, Irwin, Mather, Smith, Willey.

David Farmer presented the FY18 Audit to the Governing Board. David handed each board member an Annual Financial Report book ending June 30, 2018 and the Communication To Those Charged with Governance and Management book ending June 30, 2018. David highlighted sections of each book and let the board know that Baker Tilly gave a clean opinion and recommended no changes. He also noted that there were no control deficiencies. David let the board know that the audit has been submitted to the State of Iowa and it will be put on the website. Discussion was held.

CEO Lori Elam presented the FY20 Contract/Rate Agreement for MercyOne Clinton Medical Center to the Governing Board for approval. Lori let the board know that there were no changes from the previous year. Discussion was held. Moved by Mather, seconded by Smith to approve and authorize the Chair to sign the FY20 Contract/Rate Agreement for MercyOne Clinton Medical Center as presented. Ayes-Beck, Irwin, Mather, Smith, Willey.

Mary Petersen, Robert Young Center, reviewed the July Metric Monthly Scorecard with the Governing Board. Areas highlighted: crisis evaluations performed were the highest number in 2019, Jackson and Clinton Co. both saw an increase in the number of tele-health evaluations due to an increase in educating staff and physicians, mobile crisis continues in Cedar Co. and Foundation 2 rolled out mobile services in Scott Co. with the other counties to follow, 5 committals were out of Region for hospitalization and 0 were out of Region appropriately, the warm line had the lowest usage since starting the service, peer drop-in services continue to be utilized and the Region now has peer support drop-in services in Clinton and Scott Counties, Lunch and Learn sessions are being held with law enforcement to learn more about mobile crisis services as they are rolled out in the counties, and Trauma Informed Care Training will be held the end of September. Jill Westhoff discussed the Eastern Iowa MH/DS Region Income Statement for the month of August with the board. She pointed out that she has changed the format to better see the expenses in each area and gives updates for the month regarding bills and other items. Jill walked through each line item and reviewed the Large Variances from the Budget section. Discussion was held.

CEO Lori Elam updated the Governing Board that she met with the providers that had not used all of the One Time Grant Funds. She let the board know that Vera French and NAMI both used the remaining funds in July 2019. Crossroads and the Mental Health Court still have funds remaining that total \$212,110.06. The board asked the two providers to give an update on what money has been spent and for what services and what their plan is moving forward with the dollars that remain. Areas discussed: the MOUs between the provider and the Region were not followed, what the impact would be if the money is returned and the programs are not able to move forward, the providers are in the process of setting up a program and hiring and if they wait for a decision to return the money, does the provider move forward with hiring and placing people in community jobs, can the money be held on to until a person enters the program and then needs housing assistance, etc., and what is the timeline if an extension is granted. Moved by Beck, seconded by Mather to table the decision of returning or approving an extension of the One Time Grant Funding until the Emergency Governing Board Meeting on September 23, 2019. Discussion was held. Ayes-Beck, Mather, Smith, Willey. Nays-Irwin. Motion carried.

CEO Lori Elam presented the CEO Report to the board. Areas highlighted: Julie Tischuk, Felicia Toppert and Lori met with Crossroads, Inc. to discuss the use of one time funding, Lori attended several City Council meetings (Scott County cities/towns) and plans to go to other counties in the future, Lori and the management team met with all of the Vocational Providers from the Region, and Lori and the management team toured the Hillcrest Facility (subacute beds) in Dubuque. Discussion was held.

#### Other Items:

Chair Jack Willey shared that the Governing Board had a closed session meeting earlier today for CEO Lori Elam's annual evaluation. He reported that it was extremely good and appreciates all of the work that Lori does for the Region.

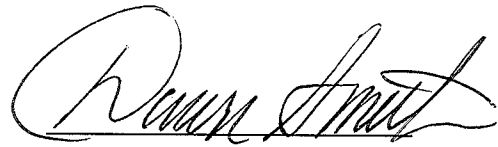
#### Public Comment:

Todd Noack, Life Connections Peer Recovery Services, let the board know that he has continued to talk with Senator Ernst and she has let him know that she will be speaking with colleagues in Washington

D.C. to discuss reimbursement for the peer support services that are being provided in the Region. Todd shared that there is concern for where the cuts to the current budget are going to come from and he would like a voice at the table when that takes place. Todd asked for Robert Young Center to collaborate with him to work with hospitals and other agencies on utilizing peer support services when a person is in crisis and not appropriate for the hospital level of care. He would like to strengthen that relationship of working together to help the person in crisis. Todd let everyone know that he recently signed a contract with the East Central Region for access to Rhonda's House respite services and will be charging them a per diem rate when he accepts people from that region.

Richard Whitaker from Vera French let everyone know that the peer support drop in center is a key place for people to go to and receive support they need. He reported in July they saw 44 new people and in August they saw 88 new people. Same Day Access continues to grow and if there is an urgent situation and a prescriber needs to be seen, they work to get that person in right away and not have them wait for several weeks. Rich pointed out to the board that Vera French will lose revenue by the possible cuts that the Region is facing and he appreciates that Lori reaches out to the providers to see how each provider can make cuts and can live with those cuts to keep providing needed services and have a low impact to the people they serve.

Meeting Adjourned: 4:12PM

A handwritten signature in black ink, appearing to read "Dawn Smith", written in a cursive style.

Dawn Smith, Secretary  
Eastern Iowa MH/DS Region