

Eastern Iowa MH/DS Region
Governing Board Work Session
Electronically- Zoom
May 11, 2020
3:30-4:30 PM

The MH/DS Governing Board of Directors Meeting was called to order at 3:00PM by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Nauman were present. Hilgendorf arrived late. Management Team present: Lori Elam, Becky Eskildsen, Julie Tischuk, and Felicia Toppert. Lynn Bopes was absent. Fiscal Agent: David Farmer. Guests: Amy Groth, Cheryl Plank, Jill Westhoff, Barbara Robinson- Lagarde, Denise Beenk, Beth Stoffer, Mary A. Petersen, Todd Noack, Jim Hayes and other call in guests.

Chair Beck let the Governing Board know that there is only two items on the agenda today and did not feel that a motion was needed.

CEO Lori Elam discussed the Management Plan Policies and Procedures Manual with the Governing Board. She outlined the basic framework of the Management Plan and that it must include three documents: The Annual Service and budget Plan, The Annual Report, and The Policies and Procedures Manual. The template for the manual is the same for all of the Regions and there may be information that Regions insert into the template that are unique to them. Lori let the board know that today she would be highlighting the areas that updates and changes were made to the plan. She noted that the plan has not been updated since Regions formed in 2014. Areas of the Management Plan that CEO Elam reviewed with the board were: 1) access points are listed for adults and now children applicants. 2) Financing & Delivery of Services and Supports – contracting and rate agreements, CSN data collection/reporting that all Regions are using across the State. 3) Residency is now defined in the plan. 4) Eligibility- financial and resource guidelines for adults were updated and guidelines for children were added to the plan. Each has their own set of guidelines to follow in order to make an eligibility determination. 5) Copayments for adults are based on a sliding fee scale and the provider bills the adult for the copay directly. Cost share amounts for children’s behavioral health services are applicable to core services and are based on family’s household income. The family pays the cost share. Both charts are listed in the plan. 6) Appeals Process- added children applicant language into this process. 7) Quality Management and Improvement Process- work on developing better outcomes, review data collection through CSN on a regular basis and send surveys to providers and consumers for feedback on the Region. 8) Service Provider Payment Provisions- monthly billing shall include required information listed in the plan and will be paid within 60 days of the receipt of the bill. Bills received more than 60 days after the close of the fiscal year will not be considered unless communication with the Region has taken place stating why they are late. 9) Waiting List Criteria- the list was laid out in the order that would be followed when implementing a wait list. 10) The Amendments and Glossary Sections were updated to reflect any amendments made and any new terms to the plan. Areas of Discussion: a separate policy and procedure manual should be developed to address certain policies in more depth, how can the Region capture data of how many people are accessing the crisis services, discussion of more uniform rates throughout the Region and gaining a better understanding of how providers arrive at their rates, develop a policy related to contracting, residency/homeless issues when a person is moving back and forth across state lines and who pays, does the Region know how many children we

can expect to start utilizing services in FY21 and children will be included in denial for funding if there isn't any money available and placed on a waiting list.

Other Items: The Governing Board of Directors meeting will be held May 18, 2020 at 1:30PM. The meeting will be by Zoom and invites will be sent out soon. The Governing Board and all 5 County Member Boards of Supervisors meeting was set for May 22, 2020 at 10:00 AM. The meeting will be through Webex or Zoom and CEO Elam will get an agenda and invites out to everyone regarding that meeting.

Public Comment: None

Meeting Adjourned: 4:41PM



Dawn Smith, Secretary
Eastern Iowa MH/DS Region