

Eastern Iowa MH/DS Region
Governing Board of Directors Meeting
Scott County Administrative Center
Electronic -Zoom
June 15, 2020
3:00-5:00 PM

The MH/DS Governing Board of Directors meeting was called to order at 3:00 PM by Chair Beck. Beck, Sorensen, Smith, Willey were present. Irwin, Hilgendorf, Nauman arrived late. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes, Julie Tischuk and Felicia Toppert. Fiscal Agent: David Farmer. Guests: Megan Tabor, Beth Stoffer, Wade Steirwalt, Todd Noack, Waylyn McCulloh, Holly Parmer, Jill Westhoff, Mary A. Petersen, Joan McGovern, Richard Whitaker, Todd Lange, Kathy McDaniel, Angela Gallagher, Nick Joos, Cheri Sexton, Jen Cobb, Melissa Peterson, Margaret Stadtwald, Denise Beenk, and other call in guests not identified.

Moved by Smith, seconded by Sorensen to approve the agenda as presented. Ayes-Beck, Smith, Sorensen, Willey.

David Farmer presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet and the Monthly Fund Flow Spreadsheet ending 5/31/20 to the Governing Board. David reviewed the current statement and let the board know that the Region has collected \$9,290,424.00 in revenue so far through the levies and miscellaneous fees and has had \$9,794,887.00 in expenditures. David is projecting that the approximate FY20 ending fund balance will be \$2,483,526.00. The concern continues to be how the Region will pay for services through the first three months of FY21 until property taxes are collected in September. With the pandemic, counties have not collected all of the tax revenue for FY20 and are moving to a new fiscal year. David reminded the board that he will be asking each county to pay transfer dollars monthly to keep money in the fiscal fund. He will work with RYC on paying a monthly amount to them instead of drawing down larger sums throughout the year. David shared that Clinton County will be receiving their 1st installment of the transfer dollars. Discussion was held. Moved by Irwin, seconded by Willey for approval of the Regional Financial Reports. Ayes- Beck, Irwin, Smith, Sorenson, Willey.

David Farmer and Lori Elam presented the renewal agreement for ICAP to the Governing Board for approval. David let the board know that the rate this year did decrease slightly. David shared that the pool generated a rebate which decreased the cost. David shared that they need approval to list himself as the primary contact as the fiscal agent and Lori Elam, CEO, as the alternate contact. If there is a member proxy needed, they would not place any votes or they would abstain. A question was raised if the insurer needed to be notified that the children's services are being added to the Region and would that adjust the cost for coverage. Lori let the board know that the services being added are mental health services and are the same as what is already being provided therefore there isn't a change to the current coverage. Discussion was held. Moved by Smith, seconded by Willey to approve the renewal of the ICAP agreement and list David Farmer and Lori Elam as the contacts for the member proxy. Ayes- Beck, Irwin, Smith, Sorensen, Willey.

CEO Lori Elam spoke with the Governing Board regarding FY21 Contracts and Rate Agreement Forms. Lori shared that the management team has been meeting to discuss the best process to use when contracting for the new fiscal year. Lori let the board know that through discussions with the management team and providers, it became apparent that there are differences in how the providers measure a unit rate. Lori let the board know that the providers are aware that the rates are frozen for FY21 and that this would be a good time to develop a document that the providers can use to show their cost allocations and also establish consistent units of measurement. Lori will develop a spreadsheet showing the Medicaid rates and how that compares to current rates. Lori would like to start working with the providers and have a rate setting system in place for FY22. Discussion was held. The board is in agreement they would like to develop a better process and to move forward with her plan.

Julie Tischuk, HIPAA Privacy Officer, let the board know that in the next month she will be sending out Pledge of Confidentiality HIPAA form to the Governing Board of Directors, Management TEAM, Fiscal Agent, and Advisory Committees to review and sign. The board agreed that emailing the form to everyone would be the best way to send them. Julie shared that this form needs to be updated annually. Discussion was held.

Lori Elam, CEO, presented the Conflict of Interest Policy to the Governing Board. Lori reviewed the document with the board regarding the types of conflicts that may take place and that a disclosure statement should be completed if staff within the Region, Governing Board Members and Advisory Committee Members have a conflict of interest with the Region. Discussion was held. The board asked that ISAC Counsel review the document and give feedback to them. Lori will contact ISAC.

Jill Westhoff, RYC, presented the Income Statement to the Governing Board for the month of May. Jill shared that she accrued the May Invoice for Mobile Crisis Response so that she could record the expense in FY20. Jill reviewed each line item and reviewed that the actual YTD is below the budgeted amount due to recognizing budget cuts made earlier in the fiscal year. Jill expects a fund balance of \$50,000.00 to start FY21. Jill reminded the board that David will be sending monthly payments to RYC instead of requesting large draws from the Region starting in July. Mary A. Petersen, RYC, reviewed crisis services metrics with the board. Mary gave the following updates: how COVID-19 has impacted the crisis system and noted that in May there has been an uptick of people starting to access services again, out of region committals was 4 out of 6 individuals were appropriately placed, mobile crisis response is starting to see an uptick with face to face services starting again 6/3/20, 252 individuals accessed peer support services and she noted that virtual peer support sessions have received a great response during the pandemic, crisis stabilization residential services saw a slight decrease in admits but now that the EDs, Rhonda's House and other services are seeing more people coming in, there is hope that more referrals will be made to access this service. Mary shared that contracting for FY21 has been completed with Foundation 2 and there was a \$200,000.00 decrease in the contract amount from FY20. Discussion was held.

Mary A. Petersen, RYC, presented the Seventh Amendment to Regional Mental Health Crisis Services Agreement to the Governing Board. Mary highlighted the changes that were made to the agreement. They were: in Section 2.1, RYC will now request monthly draws from the Eastern Iowa MHDS Region and in accordance with the approved Year Five budget, they will not to exceed \$3,469,544.00. The

Region agrees to pay the requested amount within 30 days of the request and it will not exceed ¼ of the total in each quarter of Year Five. In Exhibit A, Mary noted that a few of the line items have decreased from the previous agreement. Discussion was held. Moved by Willey, seconded by Irwin to approve and sign the FY21 Robert Young Center Seventh Amendment to Regional Mental Health Crisis Services Agreement as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey.

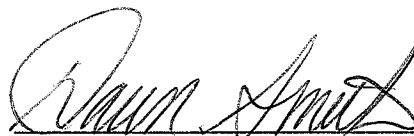
Lori Elam, CEO, gave an update to the Governing Board regarding setting up a strategic planning session. Lori shared that Jeff Schott has retired and has not been involved in strategic planning with Regions for about a year now. Lori will speak with Jeff to see if he might have names of people that he would recommend and she also is in touch with other regions to see who they have used and would recommend. She hopes to have a name and cost at the July meeting. Discussion was held.

Lori Elam, CEO, shared the CEO report with the Governing Board. Areas she highlighted: the Management TEAM met and worked on the Management Plan, the Children's Implementation Plan, the Amended 28E Agreement and the FY21 Annual Service and Budget Plan, Lori reviewed the amended 28E agreement with all five county Boards of Supervisors, she participated in a meeting with Eagle View Staff and the 7th Judicial to discuss the commitment process and she spoke with Senator Elder about funding, levy caps, and children's services. Discussion was held.

Other Items-the next meeting will be July 20, 2020 at 3:00 PM. Discussion was held on whether that will be in person or if there will be a "hybrid" type meeting where the board, management team and fiscal agent meet in person and the guests call in. Lori will notify everyone as to what is decided.

Public Comment: Richard Whitaker, Vera French, shared that they have been meeting and collaborating with Eagle View Behavioral Health Hospital and possible referrals to the crisis stabilization residential services, they continue to offer same day access, telehealth appointments, peer support services, negotiating to add supported employment services at the Carroll Center, adding therapists at the Carroll Center and continuing to expand the ACT program. Richard commented that people are wanting face to face services and they are trying to accommodate that as much as possible. Richard shared that the Multi Systemic Therapy program that assists youth and their families is not in its 2nd year and works with high risk youths and their families. Todd Noack, Life Connections, noted that they have been seeing a decrease in the people using virtual services. Todd also feels that people want that in person meeting now and are slowly opening back up with COVID-19 safety guidelines in place. They received a grant from United Way to continue providing the 24/7 Warm Line and hope to expand State wide.

Moved by Smith, seconded by Sorensen to adjourn the Governing Board meeting. Meeting adjourned at 4:36 PM.



Dawn Smith, Secretary
Eastern Iowa MH/DS Region