

## Regional Advisory Committee

10/11/17

Members present: Luana Gredell, Cath Hahn, Lynn Hilgendorf, Melissa Peterson, Lori Elam, Kathie Anderson-Noel

Lori Elam called the meeting to order at 4:00pm. Introductions were made. The agenda was reviewed and there were no changes.

The minutes from the previous meeting were reviewed. Holly moved to approve the minutes. Lynn Hilgendorf seconded. The minutes were approved.

Financials for the Region were reviewed. The county auditors are finishing up the final figures for FY 17. The region has a fund balance of 13.9 million or 165%. Expenditures of 8.4 million in FY 17 which was less than anticipated and less than FY 16 (9.8 million). Much of this is due to the Crisis contract payments with Robert Young being lower than anticipated due to Crisis Services, hiring personnel taking longer than anticipated.

Branding for the Region was discussed. There is a new Regional Brochure with contact information for each county, new business cards, Crisis Line cards, and the Regional website is up and running.

Update on Crisis Services. Lori talked about Phase 1 which included the Crisis Line, Mobile Crisis in Cedar County, and hiring of staff in the Emergency Departments and community (pitchers and catchers).

Phase 2 of Crisis Services includes mobile prescreening for commitments. The family will be given an option to try to avoid a mental health commitment. Crisis Intervention Training (CIT) for law enforcement personnel and Trauma Informed Care training will be held. 5 ACQ positions will be hired (1 in each county). ACQ stands for (Access, Cost, Quality). These people will be working with the jails, community services, hospitals, and mental health centers to reduce the revolving door of people going to the Emergency Department or jail when they are experiencing mental health or substance use issues. This will also address the "super utilizers" or persons with complex needs. Also in Phase 2 will be working to find a prescriber for mental health medications for bridge appointment – when people are discharged from hospitals or jail and unable to get in to see their regular mental health prescriber in a timely manner. Transitional housing will also be in the works.

Two Advisory Committee Members were appointed to serve as ex-officio on the Regional Governing Board. Lynn Hilgendorf will continue serving her current term (07/01/17-06/30/18) and Catherine Hahn agreed to serve 07/01/17-06/30/19). Melissa Peterson moved to approve these appointments and Luana Gredell seconded. All approved motion carried.

Lori Elam reviewed the draft of the FY 18 Community Services Plan as required by Senate File 504. The plan is due to be submitted to DHS by 10/16/17. Lori explained the history of why regions have to submit a plan dealing with individuals with complex needs, deadlines for tracking data and reporting to

DHS. Regions will be working with the Iowa Hospital Association and cooperatively with other regions to collect data. This plan will be a work in progress. Lori talked about the upcoming 2 year pilot plan allowing adults under a 229 commitment to be transported and admitted at Trinity Robert Young if there are no psychiatric beds available in the Region.

Lori discussed the Regional Fund Balance and this has been affected by the Affordable Care Act. Lori Reviewed the financial part of the Region's Plan and shared the various models for individual levies and how that will affect the fund balance. If counties lower levies for FY19 they will have to be prepared to raise them in following years in order to maintain services.

DHS has praised the Eastern Iowa MHDS Region for its Crisis Services and contract with Robert Young for management of the Crisis Services.

Praise for Becky Eskildsen/Clinton County and her staff, especially Penny Linden for the putting the Regional Plan together. If approved by the Governing Board on 10/16/17 they plan will be submitted that day.

Lori shared that there will be some significant cost savings since Vera French has converted Pine Knoll to two 15 bed residential care facilities so that Medicaid funding can be used.

The region is encouraging Sheltered Work providers to look at options for integrated rather than segregated services. Possible options include supported community based employment and enclaves.

Future meetings will be Quarterly (January, April, July, October) on the 2<sup>nd</sup> Wednesday at 4:00pm at the Scott County Administration building.

The meeting was adjourned.

Respectfully submitted,

Kathie Anderson-Noel/Coordinator of Disability Services Muscatine County