

Supporting the Mental Health of Farmers

Friday, November 6th, 2020

8:30am-4:30pm

Offered virtually

Peer & Family Peer Support Specialists – no cost
Mental Health providers - \$50

Sponsored by the Iowa Peer Support & Family Peer Support Training Program

This continuing education event is designed for Peer Support Specialists and other mental health providers.

Participants will learn:

- About the unique stress of farmers
- The impact of this stress on their mental health
- How to effectively support farmers as part of their practice.

Continuing Education (CEU) credits will be available.

Session Topics will include:

- Historic trends and current challenges associated with Midwestern agricultural production
- Stress management in the farming community
- Providing mental health support to farmers
- What farmers wish mental health providers would know
- Connecting with farmers
- The use of Peer Support to serve farmers and connect them with community-based resources

[Register here: http://bit.ly/smhf16779](http://bit.ly/smhf16779)

Questions Contact:

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