

Eastern Iowa MH/DS Region
Governing Board of Directors Meeting
Scott County Administrative Center
Electronic -Zoom
August 17, 2020
3:00-5:00 PM

The MH/DS Governing Board of Directors meeting was called to order at 3:03 PM by Chair Beck. Beck, Irwin, Sorensen, Willey, and Nauman were present. Supervisor Smith arrived late and Lynne Hilgendorf was absent. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes, Julie Tischuk and Felicia Toppert. Fiscal Agent: David Farmer. Guests: Beth Stoffer, Todd Noack, Angela Gallagher, Barbara Robinson-Lagarde, Rich Whitaker, Jen Tamayo, Denise Beenk, Wade Stierwalt, Amy Groth, Jill Westhoff, Ellen Berberich, Kelly Herd, Carol Foster, Cheri Sexton, Cheryl Plank and other call in guests not identified.

Moved by Sorenson, seconded by Willey to approve the agenda as presented. Ayes-Beck, Irwin, Sorensen, Willey. Absent: Smith

Moved by Willey, seconded by Sorensen for approval of the minutes for 7/20/20 Governing Board of Directors Meeting. Ayes-Beck, Irwin, Sorensen, Willey. Absent: Smith

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet and the Monthly Fund Flow Spreadsheet ending July 31, 2020 to the Governing Board. David reviewed the current statement and let the board know that the Region has collected \$31,840.00 in revenue so far through levies and miscellaneous fees and has had \$469,505.00 in expenditures. David shared that the current fund balance is: \$2,777,790.00. David reviewed the Monthly Fund Flow sheet and reminded the Board of the added line showing the net transfers from each county and has pulled in \$310,000.00 so far. David feels that by doing this monthly there will be better cash flow for the Region fund. David is monitoring the 40% ending fund balance requirement and estimates that two counties may be penalized due to being over 40% and the Region as a whole will be right at 40% on 6/30/21. David shared that the 2019 Region Audit is close to being wrapped up. Baker Tilly should issue a report in the next two weeks and he will hopefully report on it at the next meeting. Discussion was held. Moved by Willey, seconded by Sorensen for approval of the Regional Financial Reports. Ayes- Beck, Irwin, Sorenson, Willey. Absent: Smith

Lori Elam, CEO, updated the Governing Board regarding CARES Funds being sent to Mental Health Regions. Lori let the board know that the Region received \$2,859,079.67 today. She shared that the funds need to be spent by 12/30/20. Lori said that the CEOs of the Regions have discussed possibilities of how to spend the money and have found that there are a lot of strings attached such as only being able to spend money on COVID-19 related needs, record keeping and documenting what the money was spent on, audits, and possible pay backs if the money was not spent correctly after an audit is held. Lori let the board know that providers have already emailed possible ideas that they had regarding the extra funding and some of it may be a possibility but other ideas the regulations will not allow. Lori shared that the management team and CEOs are working through the regulations and determining how to

dispense the money. Lori let the board know that the Regions are developing an RFP and application template that providers can use to submit their ideas and explains the regulations needing to be followed. The management team will review the applications and then bring them to the Governing Board to determine if money can be awarded. Lori reminded everyone that the funds must be spent on COVID-19 incurred expenses for people with mental health disabilities from 3/1/20-12/30/20 only. The Governing Board would like to act on the applications at the next meeting so that everyone has time to spend the funds by the end of the year. Any money not spent will need to be returned to DHS by 1/3/21. Discussion was held.

Lori Elam, CEO, shared upcoming Committee meeting dates with the Governing Board. The Contracts/Rate Setting Committee will meet 8/28/20 and the Financial Committee will meet 8/20/20. Lori reviewed who will be on each committee and that she and David Farmer will attend both meetings. Becky Eskildsen will take minutes at each meeting. Lori asked if Supervisor Irwin wanted to set up agendas for each meeting. Supervisor Irwin will reach out to Lori tomorrow and talk with her about how he would like to see the committee meetings work. Discussion was held.

Jill Westhoff, RYC, presented the Region Income Statement through July 31, 2020. Jill explained to the board that she has started a new fiscal year and set up the income statement to reflect this. She also pointed out that she has broken out the Peer Services into three lines to better show what each service is costing each month. Jill reviewed each line item and pointed out that Life Connections Wellness Center and Rhonda's House were a larger amount than what is budgeted due to June and July being paid in the same month. It should be back to the normal payment next month. Jill also reminded the board that some of the budgeted amounts are less than what the actual expense budgeted due to renegotiating new contracts for the fiscal year. Jen Tamayo, RYC, reviewed crisis services metrics with the board. Jen shared that recently the derecho storm hit the Region area and many of the crisis services were without power and some sustained damage to their offices. Jen reported that as of today the crisis services have their power restored. Foundation 2 had severe damage to their office and have been able to get the crisis number back up and running. Jen shared the following: there has been an increase in crisis evaluations during the past month and feels that more people are feeling comfortable leaving their homes, Foundation 2 did an excellent job of assisting Cedar County when a traumatic event took place in late July that impacted several high school students and families in the area, Kelly Herd and her team were able to work with the school district and provide extra outreach, peer services are continuing with virtual sessions as well as in person meetings. Crisis Stabilization Residential saw an increase in referrals but also saw an increase in no shows, and the Peer Support Line through Rhonda's House saw 72 people use it last month and 7 people accessed the respite beds there. Discussion was held.

Lori Elam, CEO, spoke with the Governing Board regarding Advisory Committees and membership status. Lori shared that the Region now has two Advisory Committees one for children and one for adults. Lori let the board know that there was a huge turnout for the stakeholder meeting to form the Children's Advisory Committee and there are nine members for that. The Adult Advisory Committee has vacancies to fill and currently has five members. Lori shared that the management team reviewed the updated 28E agreement and discussed that a term limit was set to serve on the Governing Board from the Committees. Lori reminded the board that if a term is met the member can still serve on the

committee that they are representing. Lori also mentioned to the board that gender balance has been reviewed for the Children's and Adult Advisory Committees. Supervisor Sorensen asked if political balance was needed as well. Lori will check on this requirement for committees and report back to the Governing Board. Lori let the Board know that in the next few months she will be bringing the recommended names for the committee to them for acceptance. Discussion was held.

Lori Elam, CEO, presented the FY21 Provider Service Agreements regarding rates for services to the Governing Board. Lori asked that the following provider's rate contract be approved. They are: Crossroads, Inc., Genesis Psychology Associates, Bridgeview CMHC, Pathway Living Center, Mediapolis Care Facility, Inc., Cornerstone Wellness Center, Mercy Medical Center-Clinton, Inc. d/b/a MercyOne Clinton Medical Center, Handicapped Development Center, Genesis Medical Center, Vera French CMHC and Eagle View Behavioral Health. Discussion was held. Moved by Irwin, seconded by Smith to approve the FY21 Provider Service Agreements. Ayes-Becky, Irwin, Smith, Sorensen, Willey.

Lori Elam, CEO, presented the CEO Report to the Governing Board. Areas highlighted: the 28E Agreement for mental health advocate was presented to all five counties, toured the Children's Protection and Resource Center, participated in weekly Management TEAM meetings, and held the first Children's Advisory Committee meeting. Discussion was held.

Other Items-Supervisor Willey was appointed by the Governor to serve on the Iowa Council of Human Services and will be working with the Managed Care Organizations. CEO Lori Elam asked the board's preference to meet in person for September or have the meeting by Zoom. The board wishes to meet by Zoom. Julie Tischuk let the board know that she will work with CAROSH Compliance Solutions to schedule short HIPAA training meetings for those that haven't satisfied this requirement in their local county.

Public Comment: Todd Noack from Life Connections shared that RYC sent out the finalized FY21 contracts to his agency and felt that the negotiations went well. Todd wanted to remind everyone that the Peer Support Services that his agency offers are for the entire Region to access and is working on a training opportunity regarding Peer Support Code of Ethics that anyone can sign up for and receive CEUs. Rich Whitaker from Vera French CMHC shared that the Crisis Stabilization Residential program has been accredited by the State and their T-19 application has been submitted and in approximately 30 days they will be able to bill for reimbursement of that service. Rich shared that the Same Day Access program saw an increase from June. He reported that 75% of the people are seen by telehealth services and the rest are face to face. The Peer Services at the Carroll center saw 103 people in July.

Moved by Willey, seconded by Irwin to adjourn the Governing Board meeting. Meeting adjourned at 5:00 PM.


Dawn Smith, Secretary
Eastern Iowa MH/DS Region