

Eastern Iowa MH/DS Region  
Governing Board of Directors Meeting  
Scott County Administrative Center  
Electronic -Zoom  
July 20, 2020  
3:00-5:00 PM

The MH/DS Governing Board of Directors meeting was called to order at 3:02 PM by Chair Beck. Beck, Irwin, Sorensen, Smith, Willey, Hilgendorf and Nauman were present. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes, Julie Tischuk and Felicia Toppert. Fiscal Agent: David Farmer. Guests: Megan Tabor, Beth Stoffer, Amy Groth, Angela Ganzer-Bovitz, Melissa Petersen, Angela Gallagher, Jen Tamayo, Mary A. Petersen, Fabiola Manyi-Orellana, Barbara Robinson-Lagarde, Cheryl Plank, Lisa Kepford, Jill Westhoff, Michael Terry, Wade Stierwalt, Representative Monica Kurth, Todd Lange, Marlie Atwood, Richard Whitaker, Aaron Roome, Jen Cobb, Margaret Stadtwald, Cheri Sexton, Kelly Herd, Denise Beenk and other call in guests not identified.

Moved by Sorenson, seconded by Willey to approve the agenda as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey.

Moved by Willey, seconded by Smith for approval of the minutes for 5/8/20, 5/11/20, 5/18/20, 5/22/20, and 6/15/20. Ayes-Beck, Irwin, Smith, Sorensen, Willey.

David Farmer presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet and the Monthly Fund Flow Spreadsheet ending 6/30/20 to the Governing Board. David reviewed the current statement and let the board know that the Region has collected \$9,342,117.00 in revenue so far through the levies and miscellaneous fees and has had \$10,386,356.00 in expenditures. David is projecting that the FY20 ending fund balance will be \$2,781,261.00. David pointed out on the Monthly Fund Flow sheet he has added a line for each county showing the net transfers that are being sent to the Region through monthly billing to the counties. This allows for the fiscal agent to have better cash flow to pay for the crisis services on a monthly basis. David shared that the 2019 Region Audit continues to be worked on by Baker Tilly. David is hoping to have it wrapped up and brought before the board in August. Discussion was held. Moved by Irwin, seconded by Sorensen for approval of the Regional Financial Reports. Ayes- Beck, Irwin, Smith, Sorenson, Willey.

Lori Elam, CEO, updated the Governing Board regarding CARES Funds to Mental Health Regions. Lori received word that Governor Reynolds announced that \$50 Million in funds would be distributed in the State. Mental Health providers will receive \$10 Million, Substance Abuse providers will receive \$10 Million, and Mental Health Regions will receive \$30 Million. Lori said that the Region is slated to receive \$2.8 Million. There has not been a date set when the money will be sent to the Regions and they have not received guidance on how the money can be spent. Lori did say that there has been discussion that the money will need to be spent by 12/31/20 and it can only be spent on COVID related needs. Regions are reaching out to providers to get ideas of what COVID needs that they have been experiencing. Lori gave examples of ideas so far: hazard pay for front line workers, cleaning equipment, tools to deep clean in buildings and IPADS for telehealth services. The State will require documentation of expenses

to show how the money was spent. If there is money not spent by the end of the year, it will need to be returned to the State. Discussion was held.

CEO Lori Elam spoke with the Governing Board regarding FY21 Contracts and Rate Agreement Forms. Lori let the board know that she started to review the rates and develop a spreadsheet to share with them. As she was looking at each chart of account, she noted that there are different variables that go into using a certain CPT code to determine which Medicaid rate applies and how that compares to the current rates that the Region is paying. Lori determined that it becomes very complicated and now might be a good time to meet as a committee to discuss how the Region should move forward in developing uniform rate setting process. Discussion was held regarding what the committees should be comprised of and what areas to look at. The board is in agreement they would like to develop a better process and would like to establish a committee. Lori pointed out that in a few months the Region will be starting the budgeting process for FY22 and it would be helpful to have a process in place when working with providers for the next fiscal year.

Lori Elam, CEO, presented the Conflict of Interest Policy to the Governing Board. Lori shared that after the last Governing Board meeting, she asked that ISAC Counsel review the policy and give an opinion. Lori shared that ISAC felt that the policy looked good and had no issues with it. They recommended that a section be added regarding Personal situations where family or close friends are wanting to access services from your office. Lori shared this has happened in the past and in those situations the Coordinator of Disability Services has contacted a Coordinator from another county and asked them to oversee the authorization and payment of the services. Lori let the board know that she added that section to the policy. Discussion was held. Moved by Smith, seconded by Irwin to approve the Conflict of Interest Policy as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey.

Lori Elam, CEO, presented a revised 28E Agreement for Mental Health Advocate Services. Lori let the board know that she cleaned up language to reflect current code and added language that the Mental Health Advocate will review the case load on a quarterly basis to bill for compensation and expenses. Scott County will continue to pay the total cost each month and will send a bill to each county based on the percentage served on the caseload each quarter. Lori let the board know that each county's board of supervisors will need to sign the agreement and she will schedule time to meet and discuss this document in each county starting this month. Discussion was held. Moved by Willey, seconded by Irwin to approve the revised 28E Agreement for Mental Health Advocate Services. Ayes-Beck, Irwin, Smith, Sorensen, Willey.

Mary A. Petersen, RYC, reviewed crisis services metrics with the board. Mary shared that the data continues to reflect the impact that COVID-19 has caused to the crisis system. She pointed out that crisis evaluations are still down but they are starting to see an uptick of people now coming to the EDs. Mary shared that the rate of community reconnection is seeing an uptick in access and pointed out that people are not being admitted to the hospital and are going back to their communities where they can be connected to services. There were a total of 70 commitments for June; two adults left the Region because of bed availability when calling and one child left due to no bed availability in the Region. Mobile Crisis is now seeing people face to face again and they have noticed an uptick in calls. Peer Drop-In/Wellness Recovery services continue to be lower than pre-COVID but they are seeing more

people returning to the centers. The virtual services are continuing and help remove barriers for people that don't have a way to attend the in person services. The Crisis Stabilization Residential home is struggling to fill their beds on a regular basis. They currently are below 50% occupancy. The cost is high due to the need for 24/7 professionals to be available. In order to break even with the expenses of the program they would need to be at 85% occupancy. RYC and the Management TEAM are working with providers on making referrals and reviewing admission criteria with them. An advertising campaign is also being worked on to see if there will be more use through that. Jill Westhoff, RYC, presented the Region Income Statement through June 30, 2020. Jill is projecting that RYC will start FY21 with a fund balance of \$75,116.53. She will be working closely with David Farmer, Fiscal Agent, on billing monthly for payments and meeting the crisis service expenses. Discussion was held.


Julie Tischuk, HIPAA Privacy Officer, shared with the Governing Board that the Pledge of Confidentiality forms for FY21 have been emailed out to the Governing Board, Management TEAM, Adult Advisory Committee and the Children's Advisory Committee to review, sign and return to her. She explained that this form will be reviewed and signed each year. Julie let the board know that if someone did not receive their copy to please contact her and she will get one to them. Discussion was held.

Lori Elam, CEO, shared the CEO report with the Governing Board. Areas she highlighted: Jeff Schott has agreed to assist with strategic planning and a date is being worked out, Lori and the Management TEAM planned and held the first Children's Advisory Committee meeting, Lori met with Eagle View staff to discuss contract language, and she has spoken with various reporters regarding feedback of the Legislative Session. Discussion was held.

Other Items-the next meeting will be August 17, 2020 at 3:00 PM through Zoom. Chair Beck and the board set up the committees for Finance and contracts/rates. Each committee will set up a work session and will bring their recommendations back to the Governing Board by the end of this calendar year.

Public Comment: Richard Whitaker, Vera French, shared that people want more face to face services. They are starting to see an increase in the amount of people accessing their services such as same day access and other services offered at the Carroll Center. Rich shared that Peer Support Services saw a new high in the number of people accessing that service last month. Rich announced that the Carroll Center is going to start a Peer Support Club House and Supported Employment services are also starting there. Rich let the board know that Crisis Stabilization services are very close to accreditation and they should be Medicaid certified in approximately 30 days.

Moved by Willey, seconded by Sorensen to adjourn the Governing Board meeting. Meeting adjourned at 5:02 PM.



Dawn Smith, Secretary  
Eastern Iowa MH/DS Region