Eastern Iowa MH/DS Region Governing Board of Directors Meeting Scott County Administrative Center October 19, 2020 3:00-5:00 PM ZOOM Meeting

The MH/DS Governing Board of Directors meeting was called to order at 3:01 PM by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Hilgendorf and Nauman were present. Management Team present: Lori Elam, Becky Eskildsen, Lynn Bopes, Julie Tischuk and Felicia Toppert. Fiscal Agent: David Farmer. Guests: Angela Gallagher, Jen Tamayo, Joan McGovern, Todd Noack, Richard Whitaker, Cheryl Plank, Jill Westhoff, Wade Stierwalt, Kelly Herd, Todd Lange, Angela Ganzer-Bovitz, Barbara Robinson-Lagarde, Francie Tuescher, William Decker, Mary A. Petersen, Melissa Petersen, Beth Stoffer and other call in guests not identified.

Moved by Sorensen, seconded by Willey to approve the agenda as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey.

Moved by Irwin, seconded by Smith for the approval of the minutes for the 9/21/2020 Special Governing Board Meeting, the 9/21/2020 Governing Board Meeting, and the Special Governing Board Meeting held on 9/25/2020. Ayes-Beck, Irwin, Smith, Sorensen, Willey.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances sheet and the Monthly Fund Flow Spreadsheet ending September 30, 2020 to the Governing Board. David reviewed the current statement and let the board know that the Region has collected \$4,283,050.00 in revenue so far through levies and miscellaneous fees and has had \$1,653,542.00 in expenditures. David shared that the current fund balance is: \$5,293,219.00. David reviewed the Monthly Fund Flow sheet with the board and let them know that Robert Young Center has not made a draw in October and the expenditures for the Region have been lighter in the first 3 months of the fiscal year. David pointed out that having a healthy fund balance will help with unintended bills that could come in such as MHI placements, etc. Discussion was held. Moved by Willey, seconded by Irwin for approval of the Regional Financial Reports. Ayes-Beck, Irwin, Smith, Sorenson, Willey.

Lori Elam, CEO, updated the Governing Board regarding confirmation of members from the Children's and Adult's Advisory Committees serving on the Governing Board of Directors. Lori shared that the Children's Committee has met 3-4 times and has voted on three people to serve on the Governing Board of Directors. Lori explained that two voting members and an ex-officio provider will be added to the Governing Board. The Children's Committee selected the following voting members: Jen Cobb to represent parents or active relatives and Aaron Roome will represent the Education System. Joan McGovern will represent the providers as an ex-officio. Lori let the board know that the new members can serve two 2year terms for a maximum of 3 terms. Discussion was held. Moved by Sorensen, seconded by Irwin to confirm the Children's Committees recommendation of two voting members and one ex-officio to serve on the Governing Board of Directors. Ayes-Beck, Irwin, Smith, Sorensen, Willey.

Lori let the board know that the Adult Committee has two representatives serving on the Governing Board of Directors. The two positions are: Individual/Active Relative and Provider. The Individual/Active Relative position is now a voting position and the Provider remains an ex-officio. Lynne Hilgendorf represented the Active Relative on the board and has fulfilled her maximum term limit. She will be going off of the board and will remain active with the Adult Advisory Committee. Nancy Nauman is the Provider representative. Lori let the board know that in January 2021 the Advisory Committee will meet and will vote a new member to the Governing Board of Directors for confirmation. Discussion was held. The board thanked Lynne for her service to the Region and hoped that she would remain involved through the Adult Advisory Committee.

Mary Petersen, RYC, shared a crisis contract update to the board. Mary shared that the Management Team and RYC will be setting dates soon to meet and go item by item through the services covered in the RYC contract to prepare for the FY22 budget process. Mary let the board know that RYC is looking into adding telehealth services in four counties in the Region to help decrease wait time for evaluations and to decrease the drive time to EDs to complete evaluations. They are hoping to add to the current telehealth license that is being used and will be checking on whether or not that is possible. Mary discussed a pilot project that will be launched in Clinton County. The Clinton County PD and RYC will be piloting a ride along Coordinator to assist with crisis situations calls. Mary said that once it gets started, RYC will present information to the board on how it is going. She let the board know that RYC did not make a draw in October due to what was budgeted originally with providers and the newly negotiated decrease in rates for this fiscal year have created a small cushion for them to operate and meet expenses. Jill Westhoff, RYC, presented the crisis services financials to the board. Jill also let the board know that with the cushion between the budgeted amount and what they are actually spending, they were able to skip a draw from the Region for one month. Jill reviewed the line items of the statement and noted that MCSA has a negative amount. She said that in September the actual amount should be \$5,161.21 and the month before was \$9,494.00 due to the bills being so close together when she closed the month end. She has made the adjustments for July and August and the line items should be correct now. Jen Tamayo, RYC, reviewed the metrics with the board. Areas she highlighted: Crisis Evaluations have decreased but there was an increase in telehealth usage, Mobile Crisis saw a decrease this month with children usage and an increase of adults calling, outreach to law enforcement, clerk of courts and care coordinators to use mobile screening and to refer to other services in the crisis system continues and Crisis Stabilization has started to see law enforcement making referrals to the service and the amount of admissions in September increased from August to 40% occupancy for the month. Discussion was held.

Lori Elam, CEO, presented the CEO Report to the Governing Board. Areas highlighted: Lori and the Management Team reviewed all of the second round RFPs for CARES funds, she reviewed/processed receipts/invoices rom providers awarded first round CARES funds, she and the Management Team continue to review the DHS warehouse reports and address issues, she participated in the Disorderly Conduct Discussion with the City of Davenport, law enforcement agencies and county leaders and she participated in the MST Steering Committee meeting. Lori discussed with the board using CARES ACT funds to update the Region Website and let people know that we are still here during COVID. The board felt that the website should be updated and if CARES ACT funds can't be used it might be worth looking at the budget to see if the Region can fund an update. Lori will work with the Management TEAM and

Vortex Business Solutions on what the cost would be to update the current website. Discussion was held.

Other Items- the next Governing Board of Director's meeting will be November 16, 2020 at 3:00PM through ZOOM. The Governing Board will have a special meeting November 9, 2020 at 1:30PM to review the 3rd round of CARES ACT funding RFPs/applications. Discussion was held.

Public Comment-Todd Noack, Life Connections Peer Recovery Services, let the Governing Board know that he does have a contract with East Central Region for reimbursement of services if a person from their Region stays at the respite house. He is only able to charge a fee if the person staying in the home does not have Medicaid. Todd explained that he continues to work with the State of Iowa on recognizing peer services and to be able to bill Medicaid for reimbursement of the service that they provide. Currently that is not an option for Peer Support Services. Todd also mentioned that he would like to continue exploring having a Peer Support Specialist ride along with law enforcement and is working with RYC on finding a grant that would fund a specialist to assist in crisis situations. Richard Whitaker, Vera French CMHC, thanked the board for approving CARES ACT funding to his agency and wanted to let them know that in September 161 people accessed Same Day Services with 21 new people coming in. Vera French CMHC continues to see that numbers are lower due to people staying home and not getting help with their mental health needs. Richard shared that their Clubhouse program had 130 people in September access the program and they are working on becoming accredited through the State of Iowa for this service. Staff at Vera French CMHC have been able to help several people at their center to be more stable in the community with housing, medical insurance, food, and income through a team effort.

Moved by Irwin, seconded by Smith to adjourn the Governing Board meeting. Meeting adjourned at 4:27PM.

Dawn Smith, Secretary
Eastern Iowa MH/DS Region