

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
January 25, 2021
1:00-3:00pm
Zoom Meeting

The MH/DS Governing Board of Directors meeting was called to order at 1:05pm by Chair Beck. Beck, Irwin, Smith, Willey, Nauman, and Cobb were present. Sorensen arrived late. Cobb left the meeting early. Absent was Roome and McGovern. Management Team present: Elam, Bopes, Eskildsen, Toppert and Tischuk. Fiscal Agent: David Farmer. Guests: Todd Noack, Lynne Hilgendorf, Jen Tamayo, Charla Hollowell, Carol Foster, Barbara Robinson-Lagarde, Cheri Sexton, John Rolf, Amy Groth, Angela Ganzer-Bovitz, Todd Lange, Kelly Herd, Jill Westhoff, Jacie Wherry, Mary Petersen, Cheryl Plank and other call in guests not identified.

Chair Beck informed the Board Agenda Item VI could be taken off today's agenda, as there was not a quorum at the Adult Advisory Committee meeting today to nominate a person to fill the vacant position on the Governing Board. Moved by Smith, seconded by Willey to approve the agenda with the noted change. Ayes-Becky, Irwin, Smith Sorensen, Willey, Cobb. Absent-Roome.

Moved by Willey, seconded by Irwin for the approval of minutes for 12/21/20 special Governing Board Meeting and for the 12/21/20 Regular Governing Board Meeting. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb. Absent- Roome.

Chair Beck asked for the election of Governing Board Chair, Vice Chair and Secretary. Supervisor Sorensen nominated Ken Beck to continue as Chair of the Governing Board. Supervisor Beck accepted the nomination. Moved by Willey to cease the nominations and take ballots for Chair of the board. Ayes- Irwin, Smith, Sorensen, Willey, Cobb. Abstain from vote- Beck. Absent-Roome

Chair Beck asked for nominations of Vice Chair. Supervisor Sorensen nominated Jim Irwin continue as Vice Chair of the Governing Board. Moved by Willey to cease the nominations and take ballots for Vice Chair of the board. Ayes-Beck, Smith, Sorensen, Willey, Cobb. Abstain from vote- Irwin. Absent-Roome.

Chair Beck asked for nominations of Secretary. Supervisor Smith asked if anyone else wanted the secretary role and if not, she would nominate Julie Tischuk to take minutes and she would continue as Secretary. Moved by Willey and seconded by Beck for Supervisor Smith to continue as Secretary with Julie Tischuk taking meeting minutes. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Cobb. Absent-Roome

Lori Elam, CEO, and Julie Tischuk spoke with the Governing Board regarding the 28E voting procedures, Quorum and Weighted Votes. Lori reminded the board that in the 28-E agreement new voting procedures were added to the document due to adding the Children's Advisory Committee members to the Governing Board. Julie shared that it would help for them to clarify how they define a quorum and what 2/3rds of the voting members is for voting. The board determined that a quorum is 7/10 of the board members and 6/9 members would be considered 2/3 the vote. Lori reminded the board that the Board of Supervisors have a weighted vote of 3 and the other members have a weighted vote of 1. Discussion was held.

Lori Elam, CEO, presented the FY20 Annual Report to the Governing Board for approval. Lori let the board know that the plan was due to DHS on 12/1/20. DHS had a few minor corrections which have been made and DHS has accepted the plan. Lori wanted to bring it before the Governing Board for final approval today. Lori walked the board through the plan and highlighted several areas such as unduplicated number of people served, how data is captured for crisis services and not all of the people accessing services are included, the financials for FY20 and broken into the service categories, and a summary of what services the Region funds that are unique to our Region. Moved by Irwin, seconded by Willey to approve the FY20 Annual Report. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Cobb. Absent-Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance sheet and the Monthly Fund Flow Spreadsheet to the Governing Board. David reviewed these documents and let the Board know that the Region collected \$7,681,574 in revenue and has \$5,943,026 in expenditures as of 12/31/21. The current total fund balance is \$4,567,557. David pointed out that the fund balance is at 54% and over the 40% mark that the fiscal fund needs to be at currently. Concern was brought up how the CARES dollars would affect the ending fund balance for the Region. David shared that approximately \$2.4 million is CARES dollars from the State. Lori shared that the CARES money that the Region has in the fiscal fund will not be counted into the fund balance needing to be at 40%. DHS will have a separate column in the FY21 Annual Plan to list the dollars spent and amount received. The board will have further discussions upcoming regarding levies in the individual counties and meeting expenditures as they build the FY22 budget. Discussion was held. Moved by Irwin, seconded by Smith for approval of the Regional Financial Reports. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb. Absent- Roome.

Lori Elam, CEO, presented a CARES Funds update to the board. Lori shared that the Region received \$2.8 million from the State and after three rounds of applications, the Region has \$391,147.00 left to spend. Lori shared that 19 schools and 26 providers were awarded money through the applications to assist with the COVID expenditures. Lori let the board know that the HEALS Act was passed and it extends the funding through 6/30/21. Lori asked for ideas of how the board would like to spend the remaining money. Lori shared that the Region could look at marketing the crisis system and letting people know that the services are there to help as one idea as well as having a 4th round of applications to spend the remaining money. Discussion was held. The board through general consensus asked that the management team look into advertising ideas and costs and to move forward with at 4th round of applications.

Lori Elam, CEO, discussed updating the Conflict of Interest Statements in the Region with the Governing Board. Lori reminded the board that this is a form to identify if an individual has competing interests or loyalties to the Region. She needs to update the form yearly and will be sending the form out to everyone on the board, the management team, advisory committees, etc. She asked that everyone complete the form sign it and get it back to her as soon as possible.

Mary A. Petersen, RYC, gave a crisis services update to the Governing Board. Mary shared that COVID continues to impact the system with lower numbers of usage than in the past. Mary and staff are working hard to make sure that the communication between all of the crisis services continues and works to keep engaging individuals to reach out for assistance. The communication has lessened because a lot of people are fearful and don't want to leave their homes. Mary reported that Eagle View

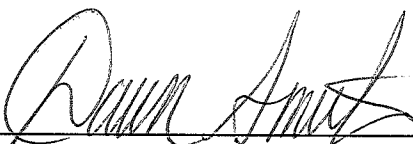
Behavioral Health has come to the table and is very engaged in learning about the crisis system. They want to work with all five counties and have begun discussions on how to collect metrics and data to continue that collaboration. Mary reported that many of the crisis services, such as mobile crisis, Rhonda's House, Crisis Stabilization Residential, and peer support, are back to in-person assistance. The peer support groups are still virtual but they are able to schedule a face to face meeting individually if needed. The pilot project in Clinton County has stopped due to COVID but they are hoping to restart the program in February with safety measures in place. Jen Tamayo, RYC, reviewed the metrics more in depth focusing on Mobile Crisis, Peer Support, and Crisis Stabilization Residential. Jill Westhoff, RYC, gave a financial update for the month of December 2020. Jill noted that Foundations 2 and Vera French's Crisis Stabilization Residential invoices were adjusted to actual based on the higher amount paid in November due to booking a 1/12 payment. Discussion was held.

Lori Elam, CEO, presented the CEO report to the Governing Board. The following are areas she highlighted: she participated in weekly management team meetings, she serves on the Community Services Legislative Review Committee, She worked on Marketing projects for the Region, and she has been volunteering at a local center and has been able to hand out crisis cards and help people get connected to services.

Other Items – the next meeting will be February 22, 2021 at 1:00PM. Lori asked the board to schedule work session dates to work on the FY22 budget and pointed out to the board that the website update is nearly finished and that it is live for them to take a look at.

Public Comment – Todd Noack let the board know that Lori has done a great job getting the CARES dollars to him. He also shared that Life Connections is working with Channel 4 News on a marketing campaign. He is willing to share information with the Region on cost and areas he is placing the ads regarding peer support services. Richard Whitaker will be attending a Mental Health and Disability Service Commission meeting where they will talk about children with depression and substance abuse needs. He plans to talk with DHS about the Multi-Systemic Therapy program that Vera French offers to at risk youth and their families. He shared that the program is evidence based and can get to the root cause of the behavior to start working toward a solution for the child and their family. They are already seeing success with the program but they need funding to sustain it. He plans on talking to the committee about proposing Medicaid funding be enacted to continue this programs efforts in helping children.

Moved by Smith and seconded by Sorensen at 3:20pm to adjourn. Ayes: Beck, Irwin, Smith, Sorenson, Willey. Absent-Cobb, Roome.


Dawn Smith, Secretary, Eastern Iowa MH/DS Region