

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
February 22, 2021
1:00—3:00pm
Zoom Meeting

The MH/DS Governing Board of Directors meeting was called to order at 1:00pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Nauman, and Roome were present. Cobb arrived late. Absent was McGovern. Management Team present: Elam, Bopes, Eskildsen, Toppert and Tischuk. Fiscal Agent: David Farmer. Guests: Beth Stoffer, Angela Ganzer-Bovitz, Jen Tamayo, Susie Ruchotski, Todd Noack, Cheryl Plank, Charla Hollowell, Kelly Herd, Cheri Sexton, Carol Foster, Ellen Berberich, Angela Gallagher, Todd Lange, Jill Westhoff, Mary A. Petersen, Richard Whitaker, Barbara Robinson-Lagarde and other call in guests not identified.

Moved by Smith, seconded by Sorensen to approve and accept the agenda. Ayes-Beck, Irwin, Smith Sorensen, Willey, Nauman, Roome. Cobb was absent.

Moved by Irwin, seconded by Sorensen for the approval of minutes for 1/15/2021 Special Governing Board Meeting and for the 1/25/21 Regular Governing Board Meeting. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent- Cobb

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance sheet and the Monthly Fund Flow Spreadsheet to the Governing Board. David reviewed these documents and let the Board know that the Region has collected \$7,818,875 in revenue and has \$6,763,420 in expenditures as of 1/31/21. The current total fund balance is \$3,884,464. David pointed out that the fund balance is at 46% and over the 40% mark that the fiscal fund needs to be at currently. David let the board know that the Region is at 50% of the year and is seeing the impact of COVID. He let the board know that the fund balance at this time last year was about \$1.0 million lower and the expenditures are lower as well. David reviewed the Monthly Fund Flow sheet and pointed out that no counties have a negative fund balance and all five counties are projected to end the year in a strong position. David is projecting the ending fund balance for the Region will be at roughly \$5.2 million. Discussion was held. Moved by Irwin, seconded by Smith for approval of the Regional Financial Reports. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent- Cobb.

Lori Elam, CEO, presented a CARES Funds 4th round update to the board. Lori shared that the Region started with approximately \$2.8 million and through 3 rounds of applications, the board had reviewed 69 applications with 26 of them being providers and 19 were schools. As of 12/31/20, \$2.4 million was spent leaving \$391,000 for the 4th Round. Lori did let the board know that provider recently reached out and had not received payment for receipts submitted. Lori and the provider found that the attachment was too large when it was sent that Lori did not receive it. She has the receipts now and those total \$86,000. When she deducts that off of the total left, the Region has \$301,000 available for the 4th round applicants. Lori let the board know that there were 19 applications received in the 4th round for a request amount of \$935,000. The range of requested amounts are \$2,200-\$300,000. Lori said that management team has tried to come up with a formula on how to award the applicants a fair amount

and is asking the Governing Board how they would prefer to handle the applications. Lori mentioned that they could just focus on core service requests, a percentage of the total, or review each one and decide at that point who and how much the award will be. The board felt that a work session should be held to work through each application and decide if the applicant will be awarded money and how much if they are approved. Discussion was held.

Jill Westhoff, RYC, gave a crisis services financial update for the month of January 2021. Jill noted that Foundations 2's invoice for crisis response-mobile was adjusted to actual based on the higher amount paid in December due to booking a 1/12 payment. Jill reduced the amount paid by \$5,645.43. Jill went through the other line items and the board did not have any other questions. Mary A. Petersen, RYC, gave a crisis services update to the Governing Board. Mary highlighted that the COVID continues to impact the crisis services and it is reflected in the metrics presented. One area she spoke about is the Law Enforcement Liaison pilot project. She let the board know that this service was reactivated about two weeks ago. She said that staff are riding separate from the police officers for COVID safety reasons. By doing this, it presented the problem that the officers respond to the crisis calls and the staff take off to meet them but when they arrive it is later than what the officers need or it is hard to find the address that is being sent to them. Mary shared that on 3/1/21 staff are going to double mask and ride in the vehicle with the officers again. This will hopefully solve the issue of being available to assist with crisis situations. Mary highlighted Crisis Stabilization Residential services. She reported that they are seeing a stair step down of referrals to the program. She said that they are working hard for coordinators and providers to send referrals when appropriate, they are connecting with homeless shelters and developing partnerships with them to reach people in need and they are looking at the criteria to decline people and see if this can be eased to have more utilization of the service. Jen Tamayo also spoke about Crisis Stabilization Residential services and let the board know that they are working with staff on appropriate referrals to accept and will continue to market the service. Jen shared that the average stay in the home is 6 days. The other service Jen highlighted is the peer support warm line. She discussed the large number of calls in the month but noted that 20% of the calls were from the Region. Out of 277 calls, 24 calls were from residents in the Region. Discussion was held.

Lori Elam, CEO, gave a legislative update to the board. She shared that she has nothing new to report since the work session meeting held on Friday of last week. She plans on getting the power point David Farmer shared last week to them to have available when meeting with legislators.

Lori Elam, CEO, presented the CEO report to the Governing Board. The following are areas she highlighted: she and the management team had discussion about the draft FY22 budget, she and the management team reviewed 4th Round CARES applications, she and Jen Tamayo, RYC, met with KWQC and the QC Times marketing people to discuss ways to advertise the crisis services, she participated in a meeting with CEOs and Governor's staff, and she is serving on the Community Services Legislative Review Committee. Discussion was held.

Other Items – the next work session meeting will be March 5, 2021 at 2:00PM. The February 26th work session meeting has been cancelled. The next Governing Board of Directors meeting will be March 15, 2021 at 3:00PM. The Governing Board decided that March 22, 2021 will be a work session to review and approve the 4th Round CARES applications. The meeting will start at 1:00PM. Lori will send out the applications and a spreadsheet with request amounts for that meeting. Julie Tischuk let the board know that tomorrow, February 23, 2021, Carosh Compliance Solutions will be releasing the quarterly HIPAA

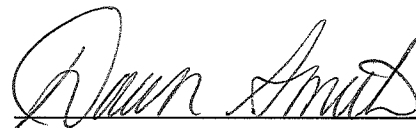
training. She asked that they watch for the link and to let her know if there are any problems or questions.

Public Comment – Richard Whitaker from Vera French shared that they are seeing a 20% uptick with in person mental health evaluations. They are still down from last year at this time and he is attributing that to COVID. Last year they did 256 evaluations in January and this year they did 163. Richard reported that Vera French has started a new service called NueroStar TMS Therapy. They are providing treatment for 18 individuals that have severe depression. The individuals have not responded well to traditional treatment medications and after receiving this service, there has been a reduction of depression symptoms below the clinical range and out of 13 of the individuals, half have gone into remission.

Todd Noack shared that the peer warm line calls are from across the nation as well as from people in the Region because the phone number has been listed on the national website. He said that funding is tough to get for the warm line and there are federal level grants they can apply for and are looking into this. Todd said that he continues to talk with legislators about funding from the State's mental health block grant to keep the warm line sustainable as well as other peer support services. Todd also shared that Life Connections has applied for CARES dollars through the Region to help fund peer support services such as the warm line so they can continue offering this service to people in the Region.

Ellen Berberich, from Eagle View Behavioral Health, shared in the chat option that Eagle View Behavioral Health is now offering outpatient services.

Moved by Irwin and seconded by Willey at 2:08pm to adjourn. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb, Roome.

A handwritten signature in cursive script, appearing to read "Dawn Smith", written in black ink over a horizontal line.

Dawn Smith, Secretary, Eastern Iowa MH/DS Region