

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
March 15 2021
3:00-5:00pm
Zoom Meeting

The MH/DS Governing Board of Directors meeting was called to order at 3:00pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey and Cobb were present. Nauman arrived late. Absent was McGovern and Rome. Management Team present: Elam, Bopes, Eskildsen, Toppert and Tischuk. Fiscal Agent: David Farmer. Guests: Beth Stoffer, Megan Tabor, Mahesh Sharma, Barbara Robinson-Lagarde, Stephanie Lathrop, Jen Tamayo, Jill Westhoff, Todd Noack, John Rohlf, Cheri Sexton, Richard Whitaker, Roger Shindell, Amy Groth, Mary A. Petersen, Waylyn McCulloh, Charla Hollowell, Todd Lange and other call in guests not identified.

Moved by Willey, seconded by Irwin to approve and accept the agenda. Ayes-Beck, Irwin, Smith Sorensen, Willey, Cobb. Absent-Rome.

Moved by Sorensen, seconded by Willey for the approval of minutes for the 2/12/21 and 2/19/21 Governing Board FY22 Budget Work session and the 2/22/21 Governing Board meeting. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb. Absent-Roome

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance sheet and the Monthly Fund Flow Spreadsheet to the Governing Board. David reviewed these documents and let the Board know that the Region has collected \$8,259,383 in revenue and has \$7,492,638 in expenditures as of 2/28/21. The current total fund balance is \$3,595,754. David pointed out that real estate tax dollars will start to be paid and will increase the fund balances at the county level as those dollars come in. David reviewed the Monthly Fund Flow sheet and pointed out that no counties have a negative fund balance and all five counties are projected to end the year in a strong position. David will be bringing the ICAP Renewal to the board soon to avoid a 25% late fee being assessed. Discussion was held. Moved by Irwin, seconded by Sorensen for approval of the Regional Financial Reports. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb. Absent- Roome.

Lori Elam, CEO, and David Farmer, Fiscal Agent, presented the FY22 Budget to the Governing Board. Lori shared that she has updated the numbers from the last work session and focused on budget B to present today. She reviewed the highlighted items on the budget handout of what is new for FY22 and left the law enforcement liaison as a pilot project. She noted that the peer support warm line allocated dollars could be taken out of the budget or the dollars budgeted for that line item could be moved for another service line item. Lori let the Governing Board know that the budget also reflects updated numbers that Clinton County submitted and the budget includes the Children's Coordinator position. Lori shared that 44% of the budget is core services, 2.5% is mandated services, 15.5% is additional core plus services, 23% is other services, and 15% is administrative. Areas of discussion: hiring and making sure costs cover the new children's coordinator position, could the current budget allow for the hiring process of the children's coordinator position start now so that it is filled by 7/1/21 when the FY22 budget starts, and where to move peer warm line dollars to prior to approving the Annual Service and

Budget Plan. David Farmer walked the board through the power point FY22 Budget B handout to show what the 5 year projection will be based on the numbers presented today. David wanted to show the impact FY22 will have on future years and staying at or under 40% fund balance level. Discussion was held. Moved by Smith, seconded by Willey to approve the FY22 Budget with noted changes to move \$35,000.00 to an appropriate service line item in the Annual Service and Budget Plan. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Cobb. Absent-Roome.

Lori Elam, CEO, recommended to the Governing Board that the Region's Waiting List end effective 4/1/21. Lori pointed out that with the current fund balance that the Region has in FY21, it is hard to say that a waiting list should be in place. Lori let the board know that there are currently 11 people on the list and she will send a letter notifying them that the waiting list will be ending if approved and they can contact their local coordinators to discuss services. Discussion was held. Moved by Sorensen, seconded by Irwin to approve ending the Region's Waiting List effective 4/1/21. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Cobb. Absent-Roome.

Jill Westhoff, RYC, gave a crisis services financial update for the month of February 2021. Jill noted that Foundations 2's invoice for crisis response-mobile was adjusted from the estimated 1/12 payment to actual based on a lower January invoice received. Jill also pointed out that Vera French had two invoices for December and January that she adjusted to actual from the estimated 1/12 payment due to lower invoices received. Jill went through the other line items and the board did not have any other questions. Mary A. Petersen and Jen Tamayo, RYC, gave a crisis services update to the Governing Board. Mary highlighted that COVID continues to impact the crisis services and it is reflected in the metrics presented. They gave an update on the law enforcement liaison pilot project. In March the Coordinators are back riding with the law enforcement and they have seen an increase in the amount of calls they are responding to. They are meeting soon as a group to discuss what is working, what could be improved and continue to fine tune the service. RYC has spent time with dispatch staff observing and helping to determine as calls come in what could be referred to the law enforcement liaison to help as well as mobile crisis that can be dispatched to the person's home. Mobile Crisis Response has seen an increase in the number of calls for the month and many of the calls have been resolved without having a person go the ED. Crisis Stabilization Residential received 25 referrals and had 11 admissions. There were 6 no show or people changed their mind and didn't access the service. Mobile Crisis Response has been working with the care coordinators and crisis stabilization residential to transport people to that service if they have no way of getting there. The Care Coordinators are going to homes only in certain situations due to COVID safety needs. Discussion was held.

Lori Elam, CEO, gave a legislative update to the board. She shared information regarding SSB 1253. The state would create a regional supplemental fund. Mental Health property tax would be removed and be at the state level to distribute to the Regions. Lori said she will read the bill further and share more information as she receives it. Discussion was held.

Roger Shindell, President and CEO of Carosh Compliance Solutions, LLC, discussed the annual HIPAA renewal with the Governing Board. Roger gave a power point presentation to the board covering updates of new HIPAA regulations that may be coming to Iowa, an On Demand Training Report, audit and management program updates, attestation materials and the renewal itself. Roger shared with the board a new service they are offering to clients that assists with phishing campaigns and other cyber security threats called KnowBe4. Many of the counties in the Region have this program or similar

programs and it was asked of Roger to update them who has this in their county so there isn't a duplication of services from county to Region. They asked that Roger send that update to Lori Elam, CEO. Roger let the board know that the renewal fee for this year is the same as last year at \$11,000.00. There will be a price increase starting 7/1/21 but it will not affect the Region's rate for the upcoming year. Discussion was held. Moved by Irwin, seconded by Sorensen to approve the HIPAA Renewal with Carosh Compliance Solutions. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Cobb. Absent-Roome.

Lori Elam, CEO, presented the CEO report to the Governing Board. Lori referred the board to the report in the packet of what she worked on during the past month. Lori said that she, Becky Eskildsen and David Farmer will be working to finalize the FY22 Annual Service and Budget report by adding in the FY22 budget approved today. The report will be ready to go for review at the 3/22/21 Special Governing Board meeting. Discussion was held.

Other Items: a Special Governing Board Meeting will take place on March 22, 2021 at 1PM to review CARES applications, the Children's Coordinator position and take action on the FY22 Annual Service and Budget Plan. Next month's Governing Board meeting will be held on April 19, 2021 at 3:00PM.

Public Comment – Todd Noack, Life Connections Peer Recovery Services, updated the board on WRAP Facilitator training. There will be 4 new people going through this training and once they have completed it, they will be able to lead trainings and bill IME due to being an Evidence Based Program (EBP). He recently had 3 guests at Rhonda's House following the pause of accepting people due to COVID. He has had 6 guests total since reopening the house with COVID protocols in place. Todd shared with the board that the commercials they have been running regarding peer support services have increased people reaching out to find out more about their services. Todd continues to meet with Legislators to help them understand the benefits of Peer Support Services across the State and setting up funding for peer support through the MH Block Grant to sustain this service and continue the good work they are doing.

Richard Whitaker gave an update on the Carrol Center and that they have remained open during the last six months of COVID and with safety precautions in place they have seen an increase recently in the amount of people coming each month to access the wide array of services they have available. They have added club house services, counseling and other services there to meet the needs of people dropping in for help or a place to feel safe. Same Day Access program is starting to see people face to face again and in the month of February they saw 150 people for outpatient evaluations and in January it was slightly more than that. They are starting to see more people willing to meet in person now that COVID is easing some.

Moved by Willey and seconded by Smith at 4:44PM to adjourn. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb. Absent- Roome.



Dawn Smith, Secretary, Eastern Iowa MH/DS Region