Eastern Iowa MH/DS Region Governing Board of Directors Board Meeting Scott County Administrative Center April 19, 2021 3:00-5:00pm Zoom Meeting

The MH/DS Governing Board of Directors meeting was called to order at 3:05pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Cobb and Roome were present. Nauman arrived late. Absent was McGovern. Management Team present: Elam, Bopes, Eskildsen, Toppert and Tischuk. Fiscal Agent: David Farmer. Guests: Angela Ganzer-Bovitz, Charla Hollowell, Barbara Robinson-Lagarde, Kelly Herd, Jen Tamayo, Jill westhoff, Natalie Koebb, Cheryl Plank, Denise Beenk, Todd Lange, Waylyn McCulloh, Beth Stoffers, Richard Whitaker, Cheri Sexton, Amy Groth, Todd Noack, Mary A. Petersen and other call in guests not identified.

Moved by Willey, seconded by Smith to approve and accept the agenda. Ayes-Beck, Irwin, Smith Sorensen, Willey, Cobb, Roome.

Moved by Sorensen, seconded by Irwin for the approval of minutes for the 3/5/21 Governing Board Work Session, the 3/15/21 Governing Board Meeting and the 3/22/21 and 3/29/21 Special Governing Board Meetings. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb, Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance sheet and the Monthly Fund Flow Spreadsheet to the Governing Board. David reviewed these documents and let the Board know that the Region has collected \$11,683,963 in revenue and has \$8,123,462in expenditures as of 3/31/21. The current total fund balance is \$6,389,510. David pointed out that real estate tax dollars have started to be collected and not all of the CARES Act dollars have been spent yet. He let the board know that Robert Young Center did not request a payment due to expenditures not being as high as was anticipated and the counties are lower in expenditures due to COVID and a delay in accessing services as a result. David reviewed the Monthly Fund Flow sheet and pointed out that no counties have a negative fund balance and all five counties are projected to end the year in a strong position. David is estimating that the ending fund balance for the Region will be at 38% but noted that three individual counties will be over the 40% fund balance mark. Discussion was held. Moved by Willey, seconded by Irwin for approval of the Regional Financial Reports. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb, Roome.

Jill Westhoff, RYC, gave a crisis services financial update for the month of March 2021. Jill noted that there are two variances this month. Mobile Crisis Outreach and Crisis Stabilization Residential both had bills that are booked for 1/12th of the contracted amount. Jill received their invoices for February and they were less than what was projected so she adjusted the amounts to actual for a difference of \$19,224.93 between the two line items. Jill went through the other line items and the board did not have any other questions. Jen Tamayo, RYC, gave a crisis services update to the Governing Board. Jen shared that in March they have seen a large increase in service usage and they have been very busy. Jen first discussed Law Enforcement Crisis Response. Jen reported that the pilot project has been going great and staff are riding with law enforcement to the calls. RYC has been working on communications

with the program and understanding when crisis staff should be dispatched with the police officers as the calls come in. This has increased the utilization and the officers are starting to recognize when it would be helpful to have this service assist them. Jen then reported on other Crisis Services: Mobile Crisis outreach has seen an increase in calls throughout the Region and staff are able to go to the homes and meet with them in person now. Crisis Stabilization Residential saw an increase in referrals for the month and an increase in admissions. Jen shared that there has been a coordinated effort to utilize this service and make referrals to the home when it is appropriate. Rhonda's House is seeing an increase in referrals as well. The last area Jen mentioned is the recent marketing commercials that she and Lori Elam, CEO, have been working on to get more information out to people regarding the crisis system. Discussion was held.

Lori Elam, CEO, gave an update on the RFP process for a Children's Coordinator of Behavioral health Services to the board. Lori shared that the RFP was sent out April 1, 2021 and is due back April 20, 2021. She helped put together the scope of work and was specific of what the position will require. Those areas she mentioned were: collaborate and develop a network with all of the children's service providers in the Region, link families and children to services in the Region and work with the management team and CEO. Lori shared that once all of the applications are received she would like to start the interview process and if there is a candidate to fill the position she will bring that name before the Governing Board in May for approval. Lori was asked if she knew how many applications have been received and Lori said that she does not have a final number at this time but there has been interest expressed. She shared that a few reached out to ask her questions and she referred them back to the Scott County Public Purchase person overseeing the RFP to assist those people if the questions didn't pertain directly to code information. Discussion was held.

Lori Elam, CEO, presented a fidelity review contract to the Governing Board. Lori let the board know that this is required by code to conduct a fidelity review on ACT through Vera French. The review needs to be completed yearly and DHS verifies each year that this is being done in the regions. ACT is an evidence base practice service and requires a fidelity review. Lori asked other regions who they contract with to conduct the fidelity review and Jason Haglund from Haglund Consulting, LLC was mentioned to her. Lori reached out to Jason and he would be able to conduct the interviews, review of records, score the reports and give an exit interview. He is available in June and charges \$150.00/hr. He also asks to be reimbursed for mileage, meals and lodging if necessary. Lori let the board know that it would cost no more than \$4,500.00 and she had budgeted \$15,000.00 for this service in the FY22 budget. Lori had the Scott County Attorney's office review the contract and they saw no conflicts with it. Discussion was held and consensus was given by the Governing Board to proceed with the review and the Chair of the Region can sign the contract.

Lori Elam, CEO, discussed rate setting and the FY22 contracts with the Governing Board. Lori shared that the management team is in the process of changing the format of the rate agreements. The new format will have the Chart of Account, procedure code units, service type and rates from FY21 and FY22 for comparison. The management team also discussed increasing the rate for next year. Lori shared that 2% is recommended due to no increase last year and the Region has a healthy fund balance. The board was in consensus to use the new format for rate setting and to give a 2%increase. Lori let the Governing Board know that the management team would bring the rate agreements for review at the May and June meetings. Discussion was held.

Lori Elam, CEO, gave a legislative update to the Governing Board. Lori shared that she has not heard any new information regarding SF587. Discussion was held on what board members have been hearing about the bill but nothing has been decided at this point. There was a consensus by the board to have the Chair of the Region send a letter to the respective legislators regarding the Region's stance of SF587. They requested this be done soon due to the legislative session wrapping up potentially by April 30th.

Lori Elam, CEO, gave a CEO Report to the Governing Board. She highlighted that she and Jen Tamayo, RYC, have been working with KWQC Channel 6 News on marketing the Region. Jen Tamayo was in a commercial talking about the crisis system and Lori and Jen will be on Paula Sands Live next Monday. They plan to talk about Mobile Crisis Outreach with her. Discussion was held.

Other Items: Ken Beck, Chair, asked if the Governing Board will want to meet Face to Face starting in May. Discussion was held and it was determined that the May meeting will be via Zoom but to check at each meeting to see if the board wants to meet in person with the public attending by Zoom or if they prefer the meeting to be held by Zoom only. Ken will keep this as a standing agenda item and will check back with the board next month. Next Month's Governing Board meeting will be by Zoom on May 17, 2021 at 3:00PM.

Public Comment – Richard Whitaker, Vera French, updated the board regarding Same Day Access services, Carroll Center, and Crisis Stabilization Residential are available to serve those that don't necessarily have anywhere else to go for help. By getting the message out through the television commercials and other media outlets, it is helping people realize that the services just aren't for the other person but could be for them as well. He also mentioned that the Quad City area is focusing on Zero Suicide Initiative and trying to bring awareness that there is help available for people contemplating suicide. Lori Elam shared that she recently purchased a book regarding suicide. She said that it gives a good perspective on what people are thinking when contemplating suicide and what to look for to get the help they need. Lori said that she hopes to share it with others once she has read it.

Moved by Willey and seconded by Irwin at 4:18PM to adjourn. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb, Roome.

Dawn Smith, Secretary, Eastern Iowa MH/DS Region