

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
July 19, 2021
3:00-5:00pm
Zoom Meeting

The MH/DS Governing Board of Directors meeting was called to order at 3:08pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Nauman and Roome were present. Absent was McGovern and Cobb. Management Team present: Elam, Bopes, Eskildsen, Toppert, Gradert and Tischuk. Fiscal Agent: David Farmer. Guests: Lynne Hilgendorf, Michael Terry, Cheri Sexton, Angela Gallagher, Todd Noack, John Rohlf, Barbara Robinson-Lagarde, Charla Hollowell, Mary A. Petersen, Denise Beenk, Jen Craft, Jill Westhoff, Richard Whitaker, Megan Tabor, Paul Phares, Amy Groth, Melissa Petersen, Waylyn McCulloh, Cheryl Plank, Beth Stoffer, Ross Teemant and other call in guests not identified.

Moved by Sorensen, seconded by Willey to approve and accept the agenda. Ayes-Beck, Irwin, Smith Sorensen, Willey, Roome. Absent: Cobb

Moved by Irwin, seconded by Willey to approve the minutes for the 6/21/21 Governing Board Meeting and the 6/25/21 Special Governing Board Meeting. Ayes: Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent: Cobb

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance sheet and the Monthly Fund Flow Spreadsheet to the Governing Board. David reviewed these documents and let the Board know that the Region has collected \$12,484,897.00 in revenue and has \$9,960,701.00 in expenditures as of 6/30/21. The current total fund balance is \$5,353,205.00. David reminded the board that \$2.8 Million of the revenue is CARES dollars and the same would be true for the expenditures. David pointed out that Scott County made an additional payment to the fiscal fund and he did not request any transfers from the counties for the month of June. David reminded the board the financials are a mixed basis of cash in four of the five counties and accrual in the one county. When audits in the counties are wrapped up in November, he will have a true picture of where the fiscal year fund balance ended. With SF 619 and the changes in fiscal handling of the money, David will continue the same format of reporting the financials for FY22. Once the Counties are no longer using levied property tax dollars for the MH services, he will change the reporting. David gave the board an update on the FY2020 Audit. He let the board know that all of the financials have been sent to the firm for review and he feels that it will wrap up in the next 2 weeks. He will issue the final statements once they are complete. Discussion was held. Moved by Smith, seconded by Sorensen for approval of the Regional Financial Reports. Ayes: Beck, Irwin, Smith, Sorensen, Willey, Cobb, Roome.

Lori Elam, CEO, gave an update on the final CARES funds to the Governing Board. Lori gave the board a handout that outlines who received the funds and the amount distributed to them. She let the board know that \$2,859,079.67 is what was received in August 2020 to distribute by December 31, 2020. The state then extended the deadline through 6/30/21 and the Region was able to spend/award \$2,831,367.52. Lori reported that \$27,712.15 (less than 1% of the amount received) was returned to the State by the July 14th deadline. Lori let the board know that the Governor's Office will be looking at the

amount they receive back and will divvy it up for re-distribution back out to those in need in the State. Discussion was held.

Lori Elam, CEO, and Paul Phares, RYC, presented a request for Regional Endorsement and Seed Funding for Individual Placement and Support (IPS) Services. Lori reviewed the Letter of Interest that DHS and the Department of Vocational Rehabilitation Services (IVRS) sent out to see who is interested in becoming an early adopter site for supported employment services. They will award 3 sites statewide. Scott County is excluded due to already having an IPS pilot project in place through Vera French but the other 4 counties in the Region could access this service if RYC is awarded the adopter site and seed funding. Paul Phares presented a power point to the board to better explain the program and noted that this would be an Evidence Based Program. He shared that it would be for 4FTEs (2 located in Muscatine and 2 located in Clinton Counties) to have adequate coverage of the Region and keep the travel costs down. The program would work with existing providers and establish partnerships to help people find competitive work. Paul pointed out that by having a stable job it will lead to stable housing and an overall increase in wellbeing. Paul asked the board for a letter of commitment to award seed funding for this service if RYC is awarded an adopter site for IPS services. There was concern expressed that if RYC is not selected and the seed funding has been approved, will the Region be out the money. Discussion was held. Moved by Willey, seconded by Irwin to approve Robert Young Center's request for a Regional Endorsement and seed funding for Individual Placement and Support (IPS) Services. Ayes- Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent- Cobb

Lori Elam, CEO, gave an update on SF619 to the board. Lori let the board know that Supervisor Smith will be sitting on an ISAC Committee that will be working with DHS on areas of concern such as the 5% fund balance, how employees will be paid when the MH Fund 10 goes away, etc. Supervisor Smith shared that a meeting date hasn't been set yet but is hopeful that one will be taking place soon. Lori shared that DHS sent out a timeline to CEOs. The timeline is as follows: performance contracts will be coming out and will cover several service areas. They will be starting 1/1/22. They most likely will be for 6 months to run to the end of FY22 and then will go to annually starting 7/1/22. Initially DHS will be collecting data for the first year of contracting and then will be more specific on what outcomes they are looking for the following years. Lori shared that DHS will also be taking a look at administrative costs and getting those more aligned across the State. They vary currently. Lori shared that she and the management team will be looking at each chart of account (COA) code and matching them to what each Region is doing. Lori did point out that some of the data that is being requested is what RYC has been reporting on since we started crisis services and we will not have to make any changes to that data. Lori let the board know that she received a letter from DHS sent by email outlining that the first payment will be arriving and it will be approximately \$1.1 million. The money will go toward crisis services and the Region will receive the payments quarterly. Lori also gave a reminder that the ending fund balance for the Region will need to be at 40% by 6/30/22 or the Region will face having anything over 40% be reduced out of the quarterly payments that the State sends out. Lori let the board know that she and the management team are working on amending the FY22 Annual Service and Budget Plan to reflect the additional money coming to the Regions, and the new services that will be required to be implemented. This will be reviewed at the August Governing Board of Directors meeting.

Lori Elam, CEO, presented two new FY22 contracts to the Governing Board. Life Connections Peer Recovery Services has worked with the Region to set up Individual Peer Support Services. This is an evidence based practice service that assist individuals in their own recovery, connect them to other

mental health services if needed, promote community integration and encourage self-reliance and independence. This will be billed in 15 minute increments at a rate of \$12.50. The case load size will be limited to 5 individuals per week. Discussion was held. Moved by Sorensen, seconded by Irwin to approve the FY22 contract with Life Connections Peer Recovery Services for Individual Peer Support Services at a rate of \$12.50 per 15 minute increment. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent-Cobb. The second FY22 contract presented is NAMI Greater Mississippi Valley's Family to Family Class that is an 8 week session. They would be funded for 3 classes for people in the Region to take. The cost for 3 classes is \$14,400.00. The class size would be 20 people. Moved by Irwin, seconded by Smith to approve the NAMI Grater Mississippi Valley's three Family to Family classes for a total of \$14,400.00. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent-Cobb.

Jill Westhoff, RYC, gave a crisis services financial update for the month of June 2021. Jill reminded everyone that this is the final month totals of year 5. She reported that for mobile crisis outreach she was able to true up the invoices from March, April and May as well as the Vera French Crisis Stabilization Residential May invoice. Jill reported that the year ended with \$2,849,856.00 versus the original budget amount of \$3,469,544.00. This was due to some negotiated contracts being lower than the budgeted amount and having staff vacancies take place at different times during the year. Discussion was held. Mary A. Petersen from RYC introduced Christine Gradert as the New Childrens Coordinator for the Region and work has already started on implementing children's services and collecting metrics in the Region. Christine presented a power point to the board outlining what she envisions and how she will go about implementing a children's service system that will work with the adult system that is already in place. She is setting up meetings, collaborating with stakeholders and will be starting to meet with the management team regularly. Discussion was held. Mary and Jen Craft reviewed metrics with the board. Mary wanted the board to be aware that crisis evaluations continue to have an upward trajectory and they are going to have to adjust the graph to reflect this. She reminded the board that last months and this month's data is missing Eagle View Behavioral Health Hospital until they get their data collection going. Mary reported that there were 664 evals completed compared to 258 last year. Children are also using the crisis evaluation and telehealth services in the region. There has been an uptick with this group as well. Mobile Crisis Outreach continues to see an increase in the amount of unduplicated people accessing the services and it is felt that the marketing and follow-up with care coordinators is helping people know more about the service. The Crisis Stabilization Residential home had 38 referrals for the month with 20 of those accepted into the home. There were 10 no shows. Staff are looking at why people didn't show and making sure that they have transportation etc. lined up so they can access the service if it is needed. Rhonda's House saw 9 referrals for the month and 8 were accepted. 1 person was referred to the Crisis Stabilization Home. Discussion was held.

Lori Elam, CEO, presented the CEO Report to the Governing Board. Lori highlighted her report given to the board. She let the board know that she is working with the CEOs, DHS, the Fiscal Agent and the management team on implementing the new requirements from SF 619. She is working with the management team on amending the FY22 Annual and Budget Service Plan, and worked with the Iowa Empowerment Conference being held the week of August 9th on setting up scholarships for 10 people to attend.

Other Items: The next Governing Board Meeting date will be August 16, 2021 at 3PM. It will most likely be the board in person with the option of attending by zoom depending on the size of the room used and amount of people able to safely participate in person.

Public Comment – Todd Noack from Life Connections Peer Recovery Services shared that RAGBRI will be going through DeWitt and his agency is selling tacos and other items. If anyone is able to help he would love the support.

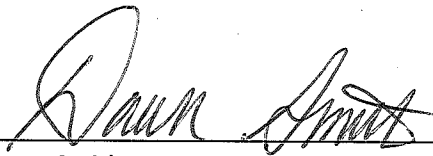
Angela Gallagher, NAMI Greater Mississippi Valley, thanked the board for their rate agreement to have 3 Family to Family classes in the Region. She also appreciated the CARES funding awarded to them to assist volunteers in being trained to assist people through classes and outreach.

Cheryl Plank from CEO said that she would like to learn more about IPS and would the site work with Crossroads and other providers. Paul Phares, RYC, shared his information to talk further with providers about questions they may have.

Richard Whitaker, Vera French, shared that in June they saw 150 people access Same Day Access Services, 74 new people at the Carroll Center that accessed Drop-In and Club House services. Vera French has two new psychologist and they will be starting 7/26/21 and 8/16/21. Richard shared he is involved with the Children Behavioral Health Board through the Iowa Center for School of Mental Health through the University of Iowa has developed. They are working to handle better the behavioral health issues in the schools and developing best practices in this area.

Dawn Smith reported that she attended the Mental Health Court graduation ceremony recently. It was very moving and great to see 3 people achieve this honor. She is hoping to see this expand to the rest of the counties in the Region.

Moved by Smith and seconded by Irwin at 5:11PM to adjourn. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent- Cobb



Dawn Smith, Secretary, Eastern Iowa MH/DS Region