

Eastern Iowa MH/DS Region  
Governing Board of Directors Board Meeting  
Scott County Administrative Center  
June 21, 2021  
3:00-5:00pm  
Zoom Meeting

The MH/DS Governing Board of Directors meeting was called to order at 3:01pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Nauman and Roome were present. Jen Cobb arrived at 3:03PM. Absent was McGovern. Cobb left the meeting early. Management Team present: Elam, Bopes, Eskildsen, Toppert and Tischuk. Fiscal Agent: David Farmer. Guests: Cheri Sexton, Angela Gallagher, Cheryl Plank, Charla Hollowell, Jen Craft, Ryan Bobst, Denise Beenk, Todd Lange, Ross Telmant, Richard Whitaker, Representative Mary Wolfe, Beth Stoffer, Mary Petersen, Kelly Herd, Jill Westhoff, Todd Noack, Melissa Petersen and other call in guests not identified.

Moved by Sorensen, seconded by Smith to approve and accept the agenda. Ayes-Beck, Irwin, Smith Sorensen, Willey, Roome. Absent: Cobb

Moved by Willey, seconded by Irwin to approve the minutes for the 5/17/21 Governing Board Meeting and the 5/3/21 Special Governing Board Meeting. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent: Cobb

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance sheet and the Monthly Fund Flow Spreadsheet to the Governing Board. David reviewed these documents and let the Board know that the Region has collected \$12,370,472.00 in revenue and has \$9,404,995.00 in expenditures as of 5/31/21. The current total fund balance is \$5,794,486.00. David shared that the fund balance in FY20 was \$2.8 million. The increase is mostly due to CARES Funds coming to the Region. He also shared that expenditures last year were significantly higher than what the Region has had this year and feels that this was mainly due to COVID and delays in accessing services. David let the board know that Scott County Board of Supervisors will be voting to transfer additional dollars to the Region and thought the amount would be somewhere between \$800,000-\$1,000,000.00. David shared that once SF619 has been signed by the Governor, it will change the Region's funding obligations starting in FY22. The Region will continue to use the current model of operations in FY22 but will be changing to pooling dollars and ending Fund 10 at the county levels as of 6/30/22. The Region will receive the State portion of the funding for FY22 starting in July 2021 and quarterly payments after that. David will be attending a planning meeting with other auditors in the State to discuss how the fiscal agent fund will work with the new legislation in place. He will report back to the board. David reviewed the Monthly Fund Flow sheet with the board. He is projecting the Region to have a \$4.9 million ending fund balance for the fiscal year. Discussion was held. Moved by Willey, seconded by Irwin for approval of the Regional Financial Reports. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb, Roome.

David Farmer, Fiscal Agent, presented the ICAP Insurance Renewal to the Governing Board. David shared that the renewal is similar to prior years. David reported that last year's amount of \$3,923.24 was after member distribution credit was applied. The gross amount was \$4,964.00. This year's

renewal amount is \$5,402.00 for General Liability and Public Officials Liability coverage. David recommended the board renew the ICAP Insurance and to keep in place Lori Elam and David Farmer as proxy members of the board. David shared that Lori and David are listed as contacts for the board and they do not vote on matters. Discussion was held. Moved by Irwin, seconded by Willey to approve the Governing Board Secretary to sign the renewal of the ICAP Insurance and to keep Lori Elam and David Farmer list as proxy members.

Lori Elam, CEO, gave an update on the final CARES funds to the Governing Board. Lori shared that \$2.87 Million has been spent to date and there is approximately \$31,000.00 left. Lori let the board know that the Regions have until July 14<sup>th</sup> to spend all of the money and if any is sent back to the State it will need to be in hand by that date. The management team has arranged for \$10,000.00 to fund Mental Health 1<sup>st</sup> Aid Training in several counties in the Region, printing mobile crisis outreach/Foundation 2 brochures to handout and other marketing materials to promote the crisis services available to everyone in the Region. Lori shared that leaves approximately \$21,000.00 that will be returned to the State on 7/8/21 to make sure it is received in a timely manner. Lori let the board know that at the July Governing Board meeting she will have a spreadsheet showing where all of the money was spent and the exact amount returned to the State. Discussion was held.

Lori Elam, CEO, and David Farmer, Fiscal Agent, gave a legislative update to the Governing Board. Lori referred everyone to the handout in their packet regarding SF619. Lori let the board know that the Governor plans on signing the bill on 6/16/21. Lori shared that this will change the way the Regions are funded from a system based on property taxes to a 100% State funded system by FY23. The bill eliminates the MHDS property tax levy (Fund 10) over a two-year period. Department of Management will report the reduction in certified taxes and revised rates will go to county's auditors by 6/15/21. With State funding, the Region will actually see an increase in revenue by about \$1.8 million for FY22. There will be a committee formed through ISAC that will include board of supervisors, CEOs, and auditors to plan how to move forward and be consistent across the State. Supervisor Smith has been asked to be part of that committee. Areas that will need to be considered: rolling 5 counties into Region funding, pooling money, paying bills at the Region level, limiting fund balance to 40% in FY22, 20% in FY23, and 5% in FY24 and FY25, establishing performance based contracts with the State and having Core and mandated services in place by 1/1/22 to avoid a reduction in the funding from the State. Payments from the State will start July 1, 2021 and be sent quarterly after that. Discussion was held.

Lori Elam, CEO, presented two MOUs with MHDS of the East Central Region to the Governing Board. Lori reminded the board that the Region budgeted for Sub Acute and Access Center services for FY22. The MOUs are to access those services through the MHDS of the East Central Region. Lori pointed out that services are not used often in the Region due to the crisis system that is currently in place. The services are mandated by the State and are considered Core services. Lori pointed out that instead of re-creating the services in the Region at a large expense, it would make sense to enter into MOUs to access the services as needed. Lori stated that the rural counties, Cedar and Jackson, may benefit from having access to the services that will be in close proximity. Lori had the Scott County Attorney review the MOUs and did not feel that there were not any concerns with the agreements. Discussion was held. Moved by Smith, seconded by Irwin to approve the two MOUs with MHDS of the East Central Region for sub-acute and access center services. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Cobb, Roome.

Jill Westhoff, RYC, gave a crisis services financial update for the month of May 2021. Jill reviewed the line items for the services and noted that she has not received the May invoices yet and booked the line items at 1/12 of the total expense and will make adjustments once the invoices are received. She shared that the total expense for the month of May was \$246,267.00 and the year to date actual expense is \$2.6 million. Discussion was held as to why the budget is approximately \$576,000.00 under what was anticipated for the year. Jill shared that there was a vacancy in the salary line item, mobile crisis outreach was negotiated down in cost after the budget was approved and the amounts are less on the invoices submitted due to COVID and lower usage amounts. Mary Petersen, RYC, gave a crisis services update to the Governing Board. Mary directed the board to the monthly scorecard page and pointed out that Eagle View Behavioral Health has no data to report for the month of May. Mary explained that they are a new hospital to the Region and they are working through the background of why the Region collects metrics and the process they will use to gather the data being asked for. Mary and Ross Teemant, Chief Executive Officer, from Eagle View Behavioral Health are meeting and working to start collecting metrics. Mary reminded the board that all of the hospitals in the Region took a little time to learn the process of collecting metrics. Mary highlighted Crisis Evaluations where they are seeing an upward trend now that people are coming out of their homes and seeking assistance. Mary shared that 21% of the crisis evaluations during the month of May were children and also noted that there is an upward trend of telehealth crisis evaluations with children making up 40% of the total for the month. Mary reported those numbers are troubling to see that many children seeking services for mental health. Jen Craft, RYC, reported that mobile crisis outreach continues to see new people each month accessing the service and feels that the marketing outreach may be working to let people know the crisis services are available for them. The Law Enforcement Crisis Response pilot project is going well in Clinton County and Jen shared that they plan to next implement the pilot project in Muscatine County starting in July. Discussion was held.

Lori Elam, CEO, and Mary Petersen, RYC, presented the Eighth Amendment to Regional Mental Health Crisis Services Agreement to the Board for approval. Lori let the board know that this amendment reflects the FY22 budgeted items that the board approved during the budgeting process. Lori let the board know that total amount for the crisis services is \$3,515,700.00. Mary stated that Section 2 and 3 are the only areas that were updated in this agreement. Mary let the board know that the total amount approved in the budget process was updated in section 2 and the term of the agreement is extended through June 30, 2022 in section 3. Lori let the board know that this amendment needs to be approved first and then amendments will need to be approved for the services needing to be implemented by due by January of 2022. Moved by Smith, seconded by Willey to approve and authorize Chair Beck to sign the Eight Amendment to the Regional Mental health Crisis Services Agreement. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Cobb, Roome.

Lori Elam, CEO, discussed the possibility of amending the Eight Amendment to Regional Mental Health Crisis Services Agreement to include the Children's Coordinator of Behavioral health Services position. Lori let the board know that she and the management team attended the CEO Children's Coordinator training and became overwhelmed due to not being familiar with those services. The management team discussed the possibility of having RYC develop a children's system similar to how they developed the adult system to establish provider networks through the child coordinator. Lori pointed out that the RFP did not go as well as was hoped and the position has not been posted at this time. Lori explained that RYC's role would be to help to create a children's system under the contract. RYC would provide a

coordinator to work with all of the children's providers, DHS, schools, etc. Lori contacted RYC to see if there would be any interest in adding this to their contract and Mary Petersen indicated they would be interested. Lori is bringing this proposal before the board to amend the RYC agreement and add this position. Lori suggested meeting on 6/25/21 by zoom to hear RYC's proposal regarding the children's coordinator. The board liked the direction of RYC helping to create a children's system and the management team's vision of getting this system implemented. The board plans to meet on 6/25/21 at 9:0AM by zoom. If the board approves amending the contract, RYC will put together the proposal of how adding a children's system to the Region can be achieved and will present it at the upcoming meeting as well as the amended agreement. Discussion was held. Moved by Willey, seconded by Sorensen to move forward with a proposal to amend the RYC contract to include the Children's Coordinator of Behavioral health Services Position. Ayes-Beck, Irwin, Smith Sorensen, Willey, Cobb, Roome.

Jim Irwin, Vice Chair, discussed Jail Mental Health Services with the Governing Board. Jim let the board know that in Clinton County they have been working with their jail have services in place as inmates are discharging from the jail in hopes that they will be successful in the community and not re-offend. They have been looking at giving a 30 day supply of medications when leaving the jail instead of a three day supply so they can then get an appointment scheduled with their prescriber to get established and take medications on a consistent basis. Jim pointed out that 4 out of the 5 counties use the same jail medication service provider and would like to talk with that provider further on how this can be worked out to assist the person leaving jail. Lori Elam, CEO, suggested that the management team meet with the provider and see if these issues can be worked out and a process developed that the 4 jails can use. She thought that this program would fit into the Jail Diversion program that DHS is wanting the Regions to provide. Lori will bring back information to the board once a meeting takes place. Discussion was held.

Lori Elam, CEO, gave an update on the FY22 Provider Contract renewals. Lori and the management team discussed contracts prior to the passing of SF619 and are now recommending that the contracts remain the same for FY22 due to needing to implement performance based agreements with DHS starting in January 2022. With the performance based contracts, there will be data and outcomes that will need to be shown and until we know what those agreements will look like, it would be best to hold off changing the rate agreements. Lori said that she would send a letter to the providers letting them know the situation and that the agreements would be staying the same for the fiscal year. She also shared that the management team will be having meetings with the providers to develop outcomes that will be required in the near future. Discussion was held. Moved by Irwin, seconded by Sorensen to renew the FY22 provider contracts at the same rates as FY21. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent-Cobb

Lori Elam, CEO, presented a request to the Governing Board to fund scholarships for the August 2021 Empowerment Conference in Des Moines, Ia. Lori let the board know that this is a consumer led conference that is taking place August 9<sup>th</sup>-11<sup>th</sup>. The Region would pay the registration, meal, room for a determined number of people. Each county in the Region would be asked if there was any interest to go and if so how they can apply for the scholarship. Lori reviewed the costs of conference room packages with the board. Lori and the management team recommended funding no more than \$5,000.00 which could potentially be 14-18 people to attend. Lori let the board know that she will reach out to providers, peer drop-in centers and community mental health centers to let people know this is

available. The board asked that those attending through Region funding give feedback on the conference itself and how the conference has helped them. Moved by Smith, seconded by Sorensen to approve up to \$5,000.00 toward funding scholarships for the 2021 Empowerment Conference. Ayes- Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent-Cobb

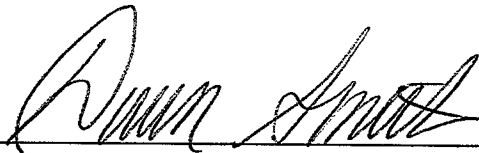
Lori Elam, CEO, presented the CEO Report to the Governing Board. Due to the lengthy meeting, Lori asked the board to refer to her CEO Report regarding her monthly activity and if there were any questions to get a hold of her and go over them.

Other Items: Ken Beck, Chair, asked if the Governing Board will want to meet Face to Face starting in July. Ken thought the board room at the Administration Building would work the best. David Farmer, Fiscal Agent, let Ken know that there will be limited seating for attendees due to following social distancing yet. The meeting may be a hybrid meeting where the board and staff attend in person and the public will call in using zoom. Lori will send out notification once it is determined how to set up an in person meeting. The next Governing Board of Directors Meeting will be July 19, 2021 at 3:00PM.

Public Comment – Richard Whitaker shared updates with the board regarding Vera French Community Mental Health Center. Richard wanted everyone to be aware that community mental health centers fund services for people regardless if they have insurance or don't. The Region serves people that are without insurance or underinsured and works with Vera French on trying to close gaps in services. Rich wanted to explain that Vera French tries to fund as much as they can and not rely on the Region to be the only funder of services. Rich highlighted that they have had 150 new people access same day services, 19 people access Crisis Stabilization Residential services, 938 people access IHH, 200 people access the Carroll Center and 80 of those people participated in the peer drop-in club house. Vera French is also working with the 7<sup>th</sup> Judicial on helping people transition out of 605 Main and working on setting up services pre-release for a warm handoff to providers in the community once they are released.

Todd Noack from Life Connections Peer Recovery Services shared that DHS approved plan to work with SAMHSA. In that plan it includes funding for Peer Run Organizations and this could possibly reduce some of the cost to the Region. He will keep the board, Lori Elam, CEO, and Management team updated.

Moved by Smith and seconded by Irwin at 5:14PM to adjourn. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent- Cobb



Dawn Smith, Secretary, Eastern Iowa MH/DS Region