Eastern Iowa MH/DS Region Governing Board of Directors Board Meeting Scott County Administrative Center Room 605 or by phone/computer through Zoom August 16, 2021 3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:04pm by Chair Beck. Beck, Smith, Sorensen, Willey, and Nauman were present. Roome arrived at 3:08PM, Irwin participated by Zoom and arrived at 3:45PM in person and McGovern arrived later. Beck, Willey, Irwin, Sorensen, and Roome were in person. Smith was through Zoom. Absent was Cobb. Management Team present: Elam, Bopes, Eskildsen, Toppert, Gradert and Tischuk. Fiscal Agent: David Farmer. Guests present: Barbara Robinson-Lagarde, Angela Ganzer-Bovitz, Sarah Sirna, Denise Beenk, Beth Stoffer, Denise Juhl, Cheryl Plank, Amy Groth, Todd Lange, Jill Westhoff, Mary A. Petersen, Richard Whitaker, Bill Decker, Cheri Sexton and other call in guests not identified.

Chair Beck reviewed the agenda with the board and noted no changes. No action was taken.

Moved by Sorensen, seconded by Willey to approve the minutes for the 7/19/21 Governing Board Meeting. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent: Cobb

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance sheet Spreadsheets ending June 30 2021 and July 31, 2021 to the Governing Board. David did not present a monthly flow sheet for this meeting. The document ending June 30, 2021 will have a value change due to accrual numbers that are being audited for the previous fiscal year. David anticipates that he will have final numbers by November and will report the numbers to the State in December. Baker Tilly has the unaudited financial numbers for 2020 and they are in the process of putting together the final review. David let the board know that the report will be discussed at the September meeting. The document ending July 31, 2021 had no revenue for the month of July. The State funding of \$1.4 million arrived the first week in August and will be reflected on the next report. There was \$557, 685.00 in expenditures but it is missing Clinton County's numbers due to a technical issue. He will have everything updated for the September meeting. David let the board know that the management team is in the process of amending the Annual Service & Budget Plan to reflect the new revenue amount and expenditures for new services. Once that is complete he will then set up the monthly cash flow document for them to review. Discussion was held. Moved by Irwin, seconded by Willey to approve the Regional Financial Reports as presented. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent-Cobb.

Richard Whitaker, CEO Vera French, gave a presentation to the Governing Board today regarding Individual Placement and Support (IPS) Services along with Sarah Sirna, Director of Rehab/Employment Services, and Transitions MHS. Richard and Sara discussed the need for IPS services and the solution of implementing the evidence-based employment services program to help persons with mental illness get a job and maintain that employment. Richard and Sara discussed what the IPS model is and that in 2020 Vera French and Transitions MHS partnered to provide IPS services. They received initial funding from a start-up grand from the QC Community Foundation, a family trust, and Scott County

Development Authority. Vera French proposed a request to the board today letting them know that they would like to expand this service by including an additional IPS Specialist. They shared that they are in the process of enrolling with IVRS and as a Medicaid Employment Service Provider. They hope to provide IPS services to an additional 40 persons in the 1st year of expanded services and request \$75,000.00 as start-up funding from the Region upon approval as an IPS Early Adopter Site. Discussion was held. The board was in consensus to add this to the Amended Budget & Service Plan for \$75,000.00.

Lori Elam, CEO, and David Farmer gave an update on the ISAC Committee meeting regarding SF619. Supervisor Smith was not able to attend the meeting. Lori, Supervisor Smith and David met prior to this meeting to discuss what the issues are that the Region is facing from this legislation. They identified that the 5% ending Fund Balance will not work for cash flow and how will the staff be paid if there is no county levy dollars in Fund 10 starting next fiscal year. Lori and David shared that the budget will spend the levy tax dollars locally and the State money will be spent for crisis services. David felt that the Region could reach the 40% mark once the Annual Budget & Service Plan is updated and new services are added. He also felt that 20% fund balance for FY 23 is achievable but after that trying to get to 5% will be very difficult. This will be an ISAC legislative priority to discuss and hopefully the legislature will adjust it to around 20%. Lori addressed how staff will be paid. The committee is recommending that the county employee will stay a county employee once there is no longer any county tax dollars funding the Regions. The Region will reimburse the counties on a quarterly basis for salary and benefits. There will be a contract or an MOU with each county to make sure that the counties are reimbursed. Lori shared that the ISAC Committee will meet again soon to look at more options. One area she mentioned that will be discussed is eliminating Core, Core Plus, and just call them services. She also shared that Director Garcia of Medicaid and DHS will be conducting a statewide assessment of services that are needed in the state and what is working well currently. This will help to determine what the state will look at for the performance based contracting. Discussion was held.

Jill Westhoff, RYC, gave a crisis services financial update for the month of July 2021. Jill pointed out that this is the first month of the new fiscal year and the budget amounts have been updated on the form. Jill reviewed each line item noted that the Vera French Crisis Stabilization Residential service's June invoice was received in July and was adjusted to reflect the actual cost for the month. Discussion was held. Jen Craft reviewed metrics with the board. Jen started by sharing that the Total Crisis Evaluations decreased from last month's total but looking back to this time in 2020 they have doubled. She also noted that 70 children accessed crisis evaluations. Jen spoke about the ACQ Reconnections for the month and noted that 56% of those in crisis were reconnected to the community and services instead of having a committal filed last month and this month it was at 69%. 20/29 people were successfully reconnected and not taken to the hospital. The Law Enforcement Crisis Response service continues in Clinton County and starting in July the pilot project is now moving to Muscatine County. In August there will start to be discussions and training and the score card will start to reflect how that service is going there. Jen reported that Mobile Crisis Calls totaled 120 which was an increase from last month. Jen reviewed her manager activity with the board and has been meeting with fire departments, police departments and will continue to meet with community agencies to market the crisis services. Amy Groth from Eagle View Behavioral Health added to the chat box that their IT department will be able to get data to the Region now and there were 115 admits in July. 30 adolescents and 85 adults. She also reported that there were 176 assessments completed. Discussion was held.

Christine Gradert, Children's Care Coordinator, gave an update to the board on the children's services and progress to date. Christine let the board know that she has been in all five counties conducting face to face meetings and sharing the direction the Region would like to go with implementing and collaborating children's services. She has been giving a broad view of the service areas such as judicial, DHS, and relevant parent groups to cover everyone in the Region. She is working with Aaron Roome from Mississippi Bend AEA on a strategy to reach rural kids as well as city kids, discussing rolling out concepts of mental health in schools, and working with early childhood providers to transition to the school years. She is finishing up the RFPs to get out for bids for children's services and has been spending time looking at EBPs to see what can be used for kids. Christine is working on training and education and is pulling together groups to see what opportunities the Region could train on and compliment the training that is already taking place in the Region. Discussion was held.

Lori Elam, CEO, presented the CEO Report to the Governing Board. Lori highlighted her report given to the board. She let the board know that she participated in meeting with the entire 7th Judicial District Mental Health Court team to discuss how the service is going, she and Christine Gradert participated in a zoom meeting with Jen Best and Dr. Harre regarding the Madison Project, she has been meeting with CEOs and DHS regarding the performance based contracts, and she has been working with the management team on amending the FY22 Annual Service and Budget Plan. Discussion was held.

Other Items: The next Governing Board Meeting date will be September 20, 2021 at 3PM. Julie Tischuk shared that Pledge of Confidentiality forms will be coming out for everyone to update for the next year and they should see them in September. She also let everyone know that on August 18th there will be a HIPAA training link coming for the next quarterly training.

Public Comment - None

Moved by Willey and seconded by Smith at 4:54PM to adjourn. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent-Cobb

Dawn Smith, Secretary, Eastern Iowa MH/DS Region