

Eastern Iowa MH/DS Region  
Governing Board of Directors Board Meeting  
Scott County Administrative Center  
Room 605 or by phone/computer through Zoom  
September 20, 2021  
3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:03pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Cobb, McGovern, and Roome were present. Nauman was absent. Jen Cobb left the meeting at 5:03PM. Management Team present: Elam, Bopes, Eskildsen, Toppert, Gradert and Tischuk. Fiscal Agent: David Farmer. Guests present: Cheryl Plank, Jen Craft, Jill Westhoff, Michael Terry, Joan Betz, Ross Teemant, Todd Lange, Todd Noack, Kelly Herd, Charla Hollowell, Richard Whitaker, Beth Stoffer, Aidan DeGaetano and other call in guests not identified.

Moved by Sorensen, seconded by Smith to approve the agenda as presented. Ayes: Beck, Irwin, Smith Sorensen, Willey, Cobb, Roome.

Moved by Willey, seconded by Irwin to approve the minutes for the 8/16/21 Governing Board Meeting with noted sentence wording changes in the sixth paragraph. Discussion was held. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb, Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance sheet and the Monthly Fund Flow Spreadsheets ending August 31, 2021. The Region has collected \$1,758,059.00 in Revenue and has had \$1,231,147.00 in expenditures through the month of August 31, 2021. The current fund balance is \$5,689,073.00. The State funding of \$1.4 million arrived the first week in August and is in the fiscal agent fund to pay for crisis services. The remaining collected revenue is from the property tax levy dollars in the 5 counties. David referred to the Monthly Fund Flow sheet and shared that if he looks across the monthly amounts in each county, he notes that there is no issue with fund balance deficits that need to be addressed. David reminded the board that this sheet will be updated to reflect the amended budget for FY22 once that is approved. Discussion was held.

Moved by Sorensen, seconded by Irwin to approve the Regional Financial Reports as presented. Ayes: Beck, Irwin, Smith, Sorenson, Willey, Cobb, Roome.

David Farmer, Fiscal Agent, and Joan Betz from Baker Tilly presented the June 30, 2020 Audit Results to the Governing Board. David pointed out that the timing of the audit takes longer to complete due to 5 individual counties need to complete their audits before the Region can complete its audit. David shared with the board that in FY23 it will be completed much earlier due to only auditing the Region pool of dollars. Joan shared that they compare opinions from previous years and have noted that the 2020 audit is consistent with those opinions. The Region received an unmodified opinion which is the highest level of opinion that can be given. Joan noted that the Region has had all appropriate disclosures reflected in the financial statements and accounting principles have been consistently applied year to year. The audit did identify a decrease in equity for the Region. COVID started in March of 2020 and caused a drop off in services provided and a delay in the collection of tax revenues. Joan shared that in FY21, the CARES Funds of \$2.8 million will have a federal compliance audit done. She noted that this will be done in October of 2021. David pointed out that the last single audit completed

for the Region was in 2014 pertaining to State Funds sent to Scott and Jackson Counties when Regions were forming. Overall, Joan noted that this was a clean audit and there were no journal entries. Discussion was held. No action was taken due to the audit already being on file with the State of Iowa.

Lori Elam, CEO, discussed an All Board of Supervisors Meeting with the Governing Board. Lori reminded the board that one of the changes made to the 28-E agreement was to schedule an All Board of Supervisors meeting in the second quarter of the fiscal year. Discussion was held regarding finding a room that will accommodate all boards and being able to safely distance themselves from each other in light of COVID case numbers increasing recently. It was determined that the board will hold off on scheduling this meeting and would like to place this on the agenda for consideration at the October Governing Board of Directors meeting. Discussion was held.

Lori Elam, CEO, discussed possible new services in FY22 with the Governing Board. Lori shared that through SF619, additional funding will be coming to the Regions. She reminded the board that the \$30.78 levy rate was increased to \$37.00 through property tax and State funding this fiscal year. With the increase in revenue, the Region will have an additional \$1.89 million in revenue to put toward new services in FY22. Lori said that the Region does need to have the fiscal year ending fund balance at or below 40% by 6/30/22. If the Region does not meet the 40% mark, the State will reduce the amount of funding sent to the Region in FY23 by the amount that is over 40% fund balance level. Lori let the board know that the Region has an opportunity to implement additional crisis services and spend fund balance down to meet the 40% level. Lori reviewed that the State has mandated that Crisis Stabilization Residential for Children and Crisis Community Based services for Children and Adults needs to be in place by 1/1/202. Lori reminded the board that RYC has sent out RFPs for these services and are in the process of reviewing those proposals. Jen Craft from RYC presented a FY22 Region Crisis System FY 22 Budget Amendment Proposal power point presentation to the Board with additional crisis services listed. Jen explained what each of the following positions are and how the service will enhance the crisis system. The positions discussed were: Peer Recovery Specialist("Short Stop"), Care Coordinators in the Jails, Community Based Care Coordinators Homeless Outreach-Adults, Crisis Responder-the Co-Responder Model, Community Based Care Coordinators-Children's DHS Liaison, Community Based Care Coordinators- Children's juvenile Court Services Liaison, Community Based Care Coordinators-Children's Early Childhood Liaison, Community Based Care Coordinators- Youth Complex Care Families, Quality Management Clerk, Wellness Center-Davenport, Wellness Center-City of Clinton, Bridge Appointments, Training for Adults, and Training for Youth. Lori let the Board know that a decision will not be requested today and asked that a work session take place to discuss each component in detail and discuss what the costs are for adding these services to see if they make sense for the Region to implement. Discussion was held. The board was in agreement to meet in the next couple of weeks to discuss this further in a work session. Lori will pinpoint a date and time that works for everyone.

Lori Elam, CEO, gave an ISAC Committee update. Supervisor Smith and David Farmer were also in attendance at the ISAC Committee meeting. The main question that the committee discussed was how the employees will be paid through the county they work in. The concern is that this isn't addressed in SF619. This will be an ongoing agenda item to make sure there is a process in place to pay the county employees working in the regions. Lori also shared that a discussion took place regarding encumbrance and if dollars are encumbered in future fiscal years, does that amount count toward the 40% ending fund balance requirement this year. Department of Management and DHS are in the process of figuring out if encumbrance of dollars is a practice they will recognize. Both would like to see a clear definition

of this term and agreed upon by both parties before deciding if they will allow this. One other area of discussion was what would happen if the State did not send the funding on time and how would the service providers as well as the employees of the counties be paid? Especially in light of the fund balance requirements of only 5% in FY24. Discussion was held.

Jill Westhoff, RYC, presented the Region Crisis Services Income Statement to the board for the month of August 2021. Jill noted that the salaries and benefits line is less due to changes in staffing and having vacancies currently. The Mobile Crisis line item reflects the normal accrual amount for the month plus a true-up from invoices that were submitted after the previous month closed. Discussion was held. Jen Craft, RYC, presented the monthly metrics from August 2021 to the board. Jen highlighted the following areas: Total Crisis Evaluations data is missing partial data from Genesis ED due to a staff vacancy there. Jen also noted that they have not received any data from Eagle View Behavioral Health and that the board will notice blank pages at this time. Jen highlighted the great work that the Wellness recovery/Peer Drop-In are doing with Individuals. She shared that MCSA saw 350 clients and Life Connections saw 114 clients during the month of August. Vera French Crisis Stabilization Residential had 27 referrals with 12 accepted. 3 were no shows, 3 were from out of State, 2 were inappropriate level of care and 3 were denied based on their capability of taking care of themselves while staying at the home. The last area Jen commented on was Rhonda's House. She noted that 10 referrals were made to the home in August and 7 were admitted. Discussion was held.

Christine Gradert, Children's Care Coordinator, gave an update to the board on the children's services and progress to date. Christine let the board know she and Lori Elam, CEO, attended a Children's Coordinator Statewide Training recently. Christine shared that the group discussed what the criteria is for Serious Emotional Disturbance (SED) diagnosis to access services through the regions. She thought it was very helpful to know who her counterparts are in the Regions and looks forward to attending the meetings and working on developing the children's services. Christine is conducting listening posts in the Region to bring various children providers together to discuss what the needs are in each area such as DHS, juvenile justice, early childhood, school, etc. Christine is already in the process of developing training opportunities and determining what services will be helpful to bridge current gaps that children and families are facing. Discussion was held.

Lori Elam, CEO, presented the CEO Report to the Governing Board. Lori has been attending DHS Performance Based Contracts meetings, she has asked the 5 county attorneys to review a draft performance based contract to give feedback to the State, She is planning a conference call with Joe and Jesse, "Crisis Cops", to provide Region wide training to law enforcement, she attended the Justice Involved Services Summit, had a phone conference with East Central Region and Foundation 2 to discuss data collection, and has worked on the amended FY22 Annual Service and Budget Plan. Discussion was held.

Lori discussed possible action to approve a COLA for FY22 for the CEO with the Governing Board. Lori let the board know that at July Governing Board of Directors Meeting the COLA was not addressed for FY22. As a result, Scott County is not able to adjust her salary for the year until it is approved. Lori requested that they approve her COLA for FY22. The board agreed that this should be approved for FY22 and placed on the calendar at the beginning of each new fiscal year to discuss and act on. Discussion was held. Moved by Willey, seconded by Smith to approve a COLA for CEO Lori Elam and to follow the Scott

County COLA amount of 2.25% for FY22 as employer of record. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Cobb was absent.

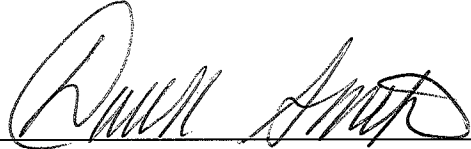
Other Items: The next Governing Board Meeting date will be October 18, 2021 at 3:00PM. The Governing Board felt that the afternoon would work best for the work session when planning a date for the meeting.

Public Comment – Richard Whitaker shared that Same Day Access averaged 180 outpatient evaluations up from 149 at this time in 2020. MST for at risk kids has served 79 families with a success rate of 73 families being fully engaged in the program and continuing 18 months later, the ACT team has served 36 members and they have seen a decrease in ED visits, psychiatric bed days, and corrections days. Richard touched on Neurostar Transcranial Magnetic Stimulation to treat depression and has seen great results. He reported that they have performed 36 treatments for people and 77% of them have seen clinical results of improvement and 54% of the total are in a complete remission. This treatment is covered by Medicaid and Medicare. The last area reported on is the Peer Drop- In services at the Carol Center. They saw 30 new people during the month and a total of 177 visits to the clubhouse/peer services. Vera French funds this service 100%. He also noted that the Carol Center served 510 meals in the month of August.

Todd Noack, Life Connections Wellness Recovery Center, questioned the power point presentation regarding the wellness center in the city of Clinton. He wasn't sure where the approximate total of \$130,000.00 came from. Todd also shared that for the Peer Coordinator Position there is no such thing as a Mini WRAP plan that they would assist with and the plan can only be shared if the person wants to. He wasn't sure how the data would be collected for that if the person doesn't wish to share their plan. Todd mentioned that he recently had a visit from Director Garcia and others from the State that toured his wellness recovery center and Rhonda's House. He shared how impressed they were with what he is doing in the Region.

Todd Lange, Amerigroup Iowa, Inc., shared with everyone that a free training will be held in Muscatine, Ia. on October 18, 2021. He shared that Dr. Pomeranz will be presenting "In Place-Just in Time". Todd will be sending out emails with the registration information and asked that everyone share the emails with others that may be interested.

Moved by Smith and seconded by Irwin at 5:26PM to adjourn. Ayes: Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent- Cobb



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Dawn Smith, Secretary, Eastern Iowa MH/DS Region