

Eastern Iowa MH/DS Region  
Governing Board of Directors Board Meeting  
Scott County Administrative Center  
Room 605 or by phone/computer through Zoom  
October 18, 2021  
3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:01pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Nauman and Roome were present. McGovern arrived at 3:03PM. Cobb was absent. Management Team present: Elam, Eskildsen, Toppert, Gradert, Bopes and Tischuk. Fiscal Agent: David Farmer. Guests present: John Juhl, Megan Tabor, Angela Ganzer-Bovitz, Jen Craft, Cheryl Plank, Lisa DuFour, Kelly Herd, Judge McElyea, Jill Westhoff, Nancy Nauman, Ashley Valez, Beth Stoffer, Rich Whitaker, Todd Lange, Beth Stoffer, Mary A. Petersen, Charla Hollowell, Angela Gallagher, Todd Noack, WayLyn McCulloh, Ross Teemant, Nicole Cisney Durbin and other call in guests not identified.

Moved by Sorensen, seconded by Smith to approve and accept the agenda as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent-Cobb

Moved by Willey, seconded by Sorensen to approve the minutes for the 9/20/21 Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent-Cobb

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and changes in Fund Balance sheet and monthly fund flow sheet ending September 30, 2021. David reviewed the documents with the board and shared that the Region has collected \$5,465,136.00 in revenue and has \$1,584,654.00 in expenditures. The current total fund balance is \$9,042,634.00. David reminded the board in the first three months \$2.8 million in property tax dollars along with \$2.3 million in State dollars have been received. When looking at the monthly fund flow sheet, David doesn't note any concerns that the counties fund balances are too low to pay bills. He shared that the counties are not sending transfer dollars to the Region and are keeping it local due to pooling money at the end of this fiscal year. David let the board know that he hopes to meet with auditors and financial staff from the counties to start the discussion of when the pooling of funds will start. David would like to work on moving everything to a single operating fund starting in March to meet the June 30, 2022 deadline. David let the board know that a budget amendment will need to be done in each of the 5 counties in order to move the money to the fiscal agent fund. A public notice will also need to be done in order to do this. Once everything is moved to the Region level, the Region will then incur all of the expenditures. There are more details to work out and he will keep the board updated as he gets more information. Discussion was held regarding the net per capita and Clinton County being an outlier when compared to the other 4 counties. Discussion was held. Moved by Sorensen, seconded by Willey to approve the Regional Financial Reports. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent-Cobb

David Farmer, Fiscal Agent, requested action to approve Baker Tilly completing the single audit for the CARES Funds distributed in FY21. David shared that a single audit is needed due to the CARES funds being Federal dollars. An entity receiving over the \$750,000.00 threshold is considered to be high risk and they want testing for compliance completed through the audit. David let the board know that the fees for this audit will not exceed \$10,000.00 and he expects it be around \$6,000.00 because the Region

is clean in its fiscal protocols. David shared that the normal audit that is completed each year is roughly \$7,000-\$8,000.00. David said that he is anticipating the audit to take less than 40 hours because the documentation is complete and clean. The question was asked if this audit was budgeted and could CARES funds be set aside for it. David said that the audit was not budgeted and the fund was not able to pay forward CARES funds for the single audit due to the State designating the remaining funds be turned back to them on July 19, 2021. Discussion was held. Moved by Sorensen, seconded by Smith to approve Baker Tilly completing the single audit for CARES Funds and to sign the engagement letter and Business Associate (BA) Agreement. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent- Cobb

Lori Elam, CEO, presented the proposed New Services in the Amended BY22 Budget to the Governing Board. Lori let the board know that each highlighted service listed is a service that has been added to the proposed amended budget. She pointed out that each line is broken down by service and also lists the projected costs. She referenced line 16 of the budget- Crisis Stabilization Residential Community Based for Adult and Children does include startup costs in the total and she has made notes on the right side the page to explain this. Lori pointed out the other line items that have startup costs. Lori reviewed how much money the Region will receive over the next couple fiscal years and how it will be important to spend 90-92% of the budget in order to avoid having the funding reduced coming to the Region until the fund balance requirement is met. The board asked if the services the State is mandating are added into the amended budget and if the Region is meeting the service needs of children with the proposed services. Lori shared that the mandated services are included and the services listed in the budget designated for children are very beneficial. She did let them know that it will take time to develop and start the services and that is why the totals are prorated for 6 months. The board also asked what the penalty will be if the 40% fund balance requirement isn't met due to not all of the budget being spent. Lori let the board know that it will depend on how quickly the services start and staff can be hired as to how much money can be spent down to meet the ending fund balance requirement. She said that the State could reduce the amount of money sent to the Region by the amount that is over the 40% fund balance mark for the next fiscal year. This will be watched carefully. Discussion was held. Moved by Smith, seconded by Irwin to approve the Amended FY22 Budget. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. Absent-Cobb

Lori Elam, CEO, gave an update to the board regarding the ISAC Committee. She shared the committee has not met since the last update but did let them know that draft rules are being worked on by DHS. Lori shared that DHS and Department of Management (DOM) are working on a definition for encumbrance and will add that to the rules once they have clarified that. Lori said that it looks like the Region will be able to carry funds to 6/30/23 based on the new definition that they are talking about adding to the rules. She said that once they have the definition ironed out, she will send everyone a copy of Ch. 25 rules to review. Discussion was held.

Judge McElyea and Courtney Stenzel from Transitions presented to the Governing Board regarding 7<sup>th</sup> Judicial District Mental Health Court. Judge McElyea shared that 4 out of the 5 counties in the Region have at least one person participating in the mental health court. He said that the service is going well. He shared that the funding that the Region gave to the program has helped to expand the court into other counties and through COVID the benefit of using technology to deliver the service has forced them to expand and move into other counties. He felt that this was a benefit to conduct court and individual meetings through Zoom and helps to reach more people. Judge McElyea explained that the participants are given tablets that they use to login with probation, Transitions, court and others involved in their

team. Courtney explained that the tablets are helpful for staff to send assignments and worksheets out for the participants to work on. Courtney pointed out that this did not exist prior to COVID. Courtney explained that the program is designed to work with the participant on breaking the cycle of the revolving door of entering jail. They assist with resources the person is in need of when they are leaving jail and provide support and stability to them by helping with securing housing, work, medications, linking to natural supports and work with them as long as they need to be successful. They shared that there are 4 phases of the program: 1) See the Judge every week and eventually less often as they are successful, 2) focus on positive reinforcement, 3) see progression and determine what the treatment response will be and 4) what the consequence response will be depending on choices that are made. The program has had great impact on the individuals' families and keeping them together. Judge McElyea and Courtney shared that there are currently no best practices at the State or National level but they are in the process of working with Dr. Howard on tracking data and establishing Best Practice for Mental Health Court. The court is seeing great results and currently have found that 3 years post-graduation there has been an 18% recidivism. He noted that it is 60% recidivism at the National level. Discussion was held.

Jill Westhoff, RCY, presented the Eastern Iowa MH/DS Region Income Statement to the Governing Board. Jill noted that salaries and benefits is lower than the budgeted monthly amount due to additional vacancies in these positions. She reviewed each line item with the board and noted that she trued up several invoices from the prior month to reflect the actual costs. Those providers that she did this for were: Foundations 2 and Vera French. She received July and August invoices from both agencies in the month of September. Discussion was held. Jen Craft, RYC, presented the metrics to the board. Jen noted on the scorecard page that Eagle View Behavioral Health data has been added. She let the board know that she will be entering data back to July 2021 for them. Jen shared that in the month of September, Eagle View Behavioral Health had 265 presentations with 76 being under the age of 18 and 189 being over the age of 18. There have not been any referrals to care coordination yet but that will be starting soon. Jen spoke about Crisis Stabilization Residential and they had 31 referrals received and admitted 13 people. The reasons for denial were 6 were no shows, 4 were inappropriate due to low need, 4 were inappropriate due to needing a higher level of care, and the rest were from out of the Region/State and were capability of being in the home. Jen shared that Rhonda's House had 9 referrals for the month and 5 were admitted. Jen shared that her next level of focus is education to community members. She has focused on law enforcement and other providers but now would like to reach out to churches, schools, and other community organizations to let them know what the Region has available. Discussion was held.

Christine Gradert, Children Coordinator, gave an update to the Governing Board regarding children's services in the Region. Christine shared that she has been conducting listening posts with providers in the Region and met with 25 different provider agencies. She has been identifying what the training needs are for those providers and what the staff support training needs are. She doesn't want to duplicate what the providers are already providing to staff. Christine shared that she is looking at services that need to be developed in the school setting but are family centered to serve both the child and the family. She feels that this would be helpful in reducing the stress on the child and family as well as in the school. Discussion was held.

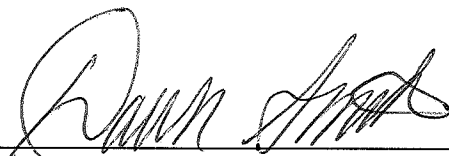
Lori Elam, CEO, presented the CEO Report to the Governing Board. Lori shared that she has worked with the management team on the FY22 Budget Amendment, worked with DHS on the performance based

contract language that should hopefully be coming to the board in November to review and then once DHS had finalized everything it will come to the board in December to sign and start in January 2022. Lori referred the board to the report for the rest of her activities in the month of October. Discussion was held.

Other Items: Chair Beck discussed meeting in person with all of the board of supervisors. He shared that the COVID numbers have plateaued in Scott County and thought it might be best to wait another month to see if the numbers continue to decrease before going to an in person meeting. The board also discussed whether or not the meeting with all boards needs to remain in the 28E Agreement. The board felt that it may not need to be mandatory like it is now but still feel that it would be good for the board of supervisors to stay connected to the Region and the services being provided. The next Governing Board of Directors Meeting will be November 15, 2021 at 3:00PM.

Public Comment: Rich Whitaker thanked the Governing Board for the Amended Budget items that were approved at today's meeting. Rich is excited about the additional services being added to the Region and is looking forward to do more for the people of the Region with the new funding. Rich shared that Vera French continues to provide Same Day Access services, Peer Run Clubhouse/Drop-In Services and the Crisis Stabilization Residential Home has been busy recently. Ashley Valez from Humilty Homes thanked the board for the relationship the Region has with her agency. She stated she enjoys working with Lori Elam and pointed out that there is a crisis regarding affordable housing and has worked closely with the Mental Health Court and Courtney with Transitions. Ashley has also worked with Lori on sharing information regarding a pilot project they are currently doing with 10 high utilizers in the Region. She shared that Humility of Homes is investing in housing and trying to reduce trauma of being homeless and provide stability to people in need. The program is designed to provide stable housing supports so people can then focus on their mental health, medical health and employment needs to maintain their housing and stability.

Chair Beck adjourned the meeting at 4:22PM.



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Dawn Smith, Secretary, Eastern Iowa MH/DS Region