

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605 or by phone/computer through Zoom
March 21, 2022
3:00-5:00PM

The MH/DS Governing Board of Directors meeting was called to order at 3:01pm by Chair Beck. Beck, Irwin, Smith, Sorenson, Willey, McGovern, and Nauman were present. Roome arrived at 3:10PM. Absent: Cobb. Management Team present: Bopes, Elam, Eskildsen, Gradert, Toppert and Tischuk. Fiscal Agent: David Farmer. Guests present: Roger Shindell, Stephanie Lathrop, Nancy Manfield, Wade Stierwalt, Eddie Murphy, Jen Craft, Kelly Herd, Mary Petersen, Jill Westhoff, Scott Dalke, Angela Ganzer-Bovitz, Charla Hollowell, Richard Whitaker, Todd Noack, John Frey and other call-in guests not identified.

Moved by Willey, seconded by Smith to accept the agenda as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey. Absent: Cobb, Roome

Moved by Irwin, seconded by Willey, to approve the minutes of the 2/28/22 Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent- Cobb, Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance for the period ending 2/28/22. Farmer reported that there is \$7,505,775.00 in Revenue through 7 months. David shared that \$3.5 million of the total revenue is from property tax collection and \$3.5 million is from State Funding. David reported that the Region saw \$4,863,330.00 in expenditures and the current fund balance is \$7,791,075.00. David reported that there was an increase fund balance due to the property tax collection. The fund balance is at 78% currently. Discussion was held regarding meeting the 40% fund balance limit to draw the full amount of State funding. David discussed with the board the upcoming transition period of moving fund balance to the Region. There will need to be a budget amendment to transfer fund balance money to the Region and 28E agreements established between the Region and the Counties listing counties as employer of records for current staff. David shared that the Region would reimburse each county on a quarterly basis for the salary, benefits, and administrative costs. Discussion was held. Moved by Sorensen, seconded by Smith, to approve the Regional Financial Reports as presented. Ayes-Beck, Irwin, Smith, Sorenson, Willey, Roome. Absent-Cobb

Lori Elam, CEO, presented the FY23 Budget to the Governing Board for approval. Lori let the board know that the total of the budget is \$16.9 million. The budget being presented today is the same budget that they reviewed at the budget work session meeting. Lori reported that 54% of the budget dollars are core services and 20% are additional core services totaling 74% of the budget is meeting the State of Iowa's directive for core and additional core services. 1.7% of the budget are mandated services and administrative expenses are at 10.2%. Lori pointed out that the administrative percentage is in line with the 15% that the State has capped for other programs in the past. The remaining 13% of the budget falls under community living supports. Lori explained those services are guardianship, rent, medications, transportation, and RCFs to name a few. Discussion was held regarding making sure that

all the required core services have been added to the budget. Lori shared that they have and if the Region doesn't have a service available in the Region, then there is a Memorandum of Understanding (MOU) in place with another Region to access that service if there is a need. The budget is fluid and dollars can be moved to different line items pay for those services. Moved by Willey, seconded by Irwin to accept and approve the FY 23 Budget as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome. Absent- Cobb.

Lori Elam, CEO, presented the FY23 Annual Service & Budget Plan to the Governing Board for review and approval. Lori reviewed the plan and highlighted several areas in the document. Those areas were: Identifying the access points, crisis planning, designating providers for the crisis services, intensive mental health services, scope of services & budget and financing provision, expenditures, and revenues. Lori shared with the board that the expenditures are the budget numbers that they just approved, and the revenues includes \$11.3 Million from the State of Iowa and projected fund balance from the end of FY22. Lori let the board know that the budgeted expenditures are \$16,997,298.00. If every dime of the budget is spent, that will leave a fund balance of \$3.1 million, and the region would be below 20% fund balance and meet the requirement of code. In FY24 the State will appropriate \$12.4 million if the Region meets the fund balance requirement. If the Region is over the requirement, the State will reduce the amount of revenue to the Region by the amount over the fund balance percentage. Lori let the board know that this document is due to DHS by April 1, 2022. Discussion was held. Moved by Smith, seconded by Sorensen to accept and approve the FY23 Annual Service & Budget Plan as presented. Ayes- Beck, Irwin, Smith, Sorensen, Willey and Roome. Absent- Cobb.

Roger Shindell, President and CEO, from Carosh Compliance Solutions along with Stephanie Lathrop presented an update and renewal regarding the Region's HIPAA services. Roger reviewed the most recent On- Demand Training report, when the next training release date will be, the audit report regarding the risk assessment, reviewed the attestation material, and discussed new support tools that they are offering to clients enrolled with them. Roger let the board know that the renewal date for the Region is March 31, 2022, and the level of service the Region accesses is HIPAA Select. Roger explained that every 3-4 years there is a rate increase 2022 is that mark. The cost for the next year will be \$12,375.00. That is a 12.5% rate increase that is spread over the next 3-4 years. Moved by Sorensen, seconded by Smith to approve the Carosh Compliance Solutions renewal agreement for \$12,375.00. The board did not feel that they needed any supplemental programs discussed today because each county has similar programs at that level. Discussion was held. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome. Absent- Cobb.

Lori Elam, CEO, presented the 2nd version of the 28E Agreement between the Region and Life Connections Peer Recovery Services today. Lori shared that Nyemaster Goode, P.C., law firm in Des Moines, handled the language and made sure that the agreement follows the State of Iowa's Constitution. Lori explained that they recommended a 28E agreement to better show the relationship with the Region and Life Connections Peer Recovery Services. It will also be filed with the State of Iowa and have more standing. The original purpose of the RFP was to make sure that Rhonda's House Peer Respite Services could continue in the Region at a new location. Discussion was held. Moved by Willey, seconded by Smith to approve the 28E Funding Agreement between the Region and Life Connections Peer Recovery Services for \$300,000.00 with the second including discussion cautioning the Governing

Board to contribute to keeping the service in the Region and there be no additional financing given for projects and other service needs if asked in the future. There was also consensus that Nyemaster Goode, P.C., would draft the funding agreements with Vera French and MCSA Peer Services. Ayes- Beck, Irwin, Smith, Sorensen, Willey and Roome. Absent- Cobb.

Robert Young Center reviewed the crisis services for the month of February 2022. The Eastern Iowa MH/DS Region Income Statement was reviewed. The salaries and benefits continue to be lower than budgeted, due to staff vacancies, but Jill Westhoff did let the board know that there are less vacancies now due to hiring. Invoices from Foundation 2 and Vera French Crisis Stabilization Residential were tried up for the month. Jen Craft reviewed the metrics packet and noted that Law Enforcement Liaison is back to 3 days a week with staff training to start implementing this service in Muscatine. Jen let the board know that Rhonda's House and the Crisis Stabilization Residential saw more admits this past month. Christine Gradert shared that children's services are starting to be implemented and the team is working with existing service providers to see how the new services are fitting in with existing services to develop a continuum of care for children in the Region. Christine also reported that she continues to work with providers on getting the training they need and has been staffing difficult cases that are complex situations to help get the children and families what they are needing for care.

Elam presented the CEO report; nothing in addition to report and the report is included in the packet.

Other Items- Lori shared that the All Board of Supervisor will be scheduled soon now that everyone can be together in a meeting. She would like to set up the meeting in early May 2022. Lori also shared that at the April Governing Board meeting she would like to bring provider contracts to look at, and the draft employee memorandum of understanding between the Region and the Counties. The ICAP insurance renewal is due and will be discussed as the April meeting.

Public comment: Rich Whitaker shared with the board that Vera French is now nationally accredited for 4 years. This is the first time that the community mental health center has been nationally accredited. They served 47 individuals in the Peer Run Clubhouse and 98 unduplicated people at the Drop-In Center in the month of February. The Same Day Access program saw 160 outpatient evaluations and it was the most since 2020. Their workforce is at 92% filled and the turnover seems to be primarily with the entry level positions. Richard reported that the MST and FFT bill will be debated on the House floor tomorrow in Des Moines and he hopes that this will pass, and they will be able to bill Medicaid for this service.

Todd Noack thanked the Region for the support and approval of the 28E agreement. He is glad that he can move forward with a new place for Rhonda's House Respite services to continue. He will be kicking off his capital campaign and there will be several events coming soon.

John Frey thanked the Governing Board for funding Rhonda's House. He stated that a lot has been learned from this process of making sure that the Iowa Constitution is followed. He was glad to advocate for Life Connections Peer Recovery Services in making sure Rhonda's House services can continue. John was also happy that his position paper was helpful in this process as well and used by several attorneys to determine next steps. John did ask that the board consider reimbursing him for his

time and expertise in this matter. Life Connections Peer Recovery Services felt that they needed someone to help them navigate this situation that was new to everyone. John let the board know that his legal fees are \$10,750.00.

Moved by Smith, seconded by Willey to adjourn the meeting at 5:08PM.



Dawn Smith, Secretary, Eastern Iowa MH/DS Region