

Eastern Iowa MH/DS Region
Special Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605 or by phone/computer through Zoom
March 14, 2022
1:30-3:30pm

The MH/DS Governing Board of Directors meeting was called to order at 1:31pm by Chair Beck. Beck, Irwin (by Zoom), Sorenson, Willey, McGovern, Nauman, Roome were present. Irwin arrived in person at 1:48PM and Smith arrived late at 2:10PM. Absent: Cobb. Management Team present: Bopes, Elam, Eskildsen, Gradert, Toppert and Tischuk. Fiscal Agent: David Farmer. Guests present: Jill Westhoff, Jen Craft, Mary Petersen, John Frey, Cheri Sexton, Charla Hollowell, Mahesh Sharma, Todd Lange, Denise Beenk, and other call-in guests not identified.

Review the Agenda was waived by Chair Beck due to only one item being discussed today. All were in favor

Robert Young Center presented to the board the proposed FY23 Crisis Services Budget. Mary Petersen and Jill Westhoff reviewed each line item of the budget explaining how they arrived at the year 7 total cost of \$10,650,382.00. Jill reviewed the salaries and FTEs for each position. She noted that 6 Children's Coordinators, 2 Jail Based Coordinators and 3 Homeless Outreach positions were added to the budget this year. She also shared that an additional lead position and a quality assurance position was added due to the expansion of crisis services. Jill and Mary explained to the board that they have adjusted the salary and benefits ranges for each position to reflect the current pay ranges across the State of Iowa through the marketing analysis that they recently conducted. They explained that the salaries and benefits will not exceed the capped amount of the range and the budget is figured at the midpoint of the ranges for each position. Jill and Mary reviewed the services section of the budget outlining the new services that have been added. Those services are Crisis Stabilization Community Based Services for adults and children, Crisis Stabilization Residential Services for Children, an additional team was added to the already existing mobile crisis teams, a law enforcement liaison, STEP IN for children, Bridge appointments, Direct Family Intervention for children under the age of 12, and the Peer Support Drop-In Center through Vera French. Mary and Jill explained to the board that they used 6 months of true costs and doubled that total to project the yearly cost of the service. They noted that the new services do not have the history of expenditures and used industry benchmarks as the starting point for the cost of those services. Mary and Jill pointed out that 100% of the budget is usually not spent and that 70-80% expenditures are a true picture of how much will be spent for the fiscal year. Discussion was held.


Lori Elam, CEO, presented the Region Budget to the Governing Board. Lori let the board know that all the county budgets, administrative budgets and crisis services budget are now one document. Lori reviewed the budget by line item and highlighted a few areas. She pointed out the crisis services by line item and noted that the new crisis services have been added to this budget. Lori shared that the Region has budgeted more dollars for children and adult training and hope to span training over a 2-3-year period. The region has added 2 Family Psychoeducation Evidence Based Practice (EBP) services to the budget this year. The EBPs are geared toward assisting children and their families with therapy and

supports. She reviewed the continued mandates that the region has such as, mental health advocate, attorney and sheriff transportation fees related to committal expenses. Lori did note that one area that has noticed a decrease in expenditures is Residential Care Facilities (RCF) services. Lori shared that 2 years ago the Region spent \$2.0 million for RCF services and for FY23 approximately \$1.2 million is being budgeted. Lori reviewed the expenditures that fall under administration, such as CSN, employee salaries and benefits, ICAP insurance, and HIPAA consultation to name a few. Lori let the board know that the grand total for FY 23 is \$16,997,298.00 and to keep in mind that that \$10,650,382.00 is crisis services as well as adding new services in the regional budget. Discussion was held and one point of interest that the board would like to explore during the next fiscal year is funding transportation for people to access services across the Region.

Other Items- The next Governing Meeting will be held March 21, 2022, at 3:00PM. Lori will present the FY23 Annual Service and Budget Plan that will have the FY23 budget in it for approval. Lori reminded the board that the plan is due to DHS 4/1/22.

Public comment: None

Moved by Willey, seconded by Irwin to adjourn the meeting at 2:28PM. All were in favor.



Dawn Smith, Secretary, Eastern Iowa MH/DS Region