Eastern Iowa MH/DS Region Governing Board of Directors Board Meeting Scott County Administrative Center Room 605 or by phone/computer through Zoom April 18, 2022 3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:00pm by Chair Beck. Beck, Irwin, Smith, Sorenson, Willey, McGovern, Nauman were present. Roome joined at 3:30pm. Management Team present: Bopes, Elam, Gradert and Toppert. Tischuk and Eskildsen were absent. Fiscal Agent: David Farmer. Guests present: Rich Whitaker, Mary Peterson, Jill Westhoff, Todd Noack, Todd Lange, Angela Ganzer-Bovitz, Cheri Sexton, Kelly Herd, Wade Stierwalt, Angela Gallagher, Charla Hollowell and other call-in guests not identified.

Moved by Willey, seconded by Irwin to approve the agenda as presented. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome

Moved by Irwin, seconded by Sorenson to approve the minutes of the 3/14/22 Special Governing Board Meeting, the 3/21/22 Governing Board Meeting, and the 4/4/22 Special Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance/Government Funds for the period ending March 31, 2022. Farmer reported that the final FY22 quarterly installment from the State was received 3/31/22. Most of the property tax money has been received. David reviewed the county fund balances and discussed the need for each county to send their fund balance to the fiscal agent fund. This needs to occur before June 30, 2022. The counties were reminded that a budget amendment will be needed prior to transferring the funds, and that counties can begin transferring funds at any time. The projected fund balance for the region's fiscal agent fund on June 30, 2022 is anticipated to exceed the 40% fund balance limit. Moved by Willey, seconded by Smith to approve the Regional Financial Reports as presented. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome

David Farmer reviewed the ICAP Insurance Renewal. This occurs annually. Farmer is not recommending any change in insurance coverage and anticipates the cost for FY23 will be between \$6,000-\$8,000. The region will be informed of the cost upon submission of the request for renewal. Moved by Smith, seconded by Sorenson to approve renewal of the ICAP Insurance at a cost not to exceed \$8,000; Farmer will return to the Board if the cost exceeds that amount. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome

Lori Elam, CEO, presented three additional FY22 provider contracts to the Board for consideration. Children's Care Coordinator, Christine Gradert, discussed the contracts in detail. Families, Inc, West Branch, has been contracted to expand the availability of Functional Family Therapy (FFT) to families not involved with Juvenile Court. Vera French, Davenport, has been contracted to expand the availability of Multi-Systemic Therapy (MST) to an additional ten families in these four counties within the region:

Cedar, Clinton, Jackson, and Muscatine. St. Ambrose University, Davenport, is contracted to offer the Trauma Informed Care Microcredential to a maximum of 20 participants in the fall of 2022. Moved by Irwin, seconded by Sorenson to approve all 3 contracts. Ayes-Beck, Irwin, Smith, Sorenson, Willey Absent-Roome.

Lori Elam, CEO, discussed rate increases for the FY23 provider contracts. She reminded the Board that no increase was given to any provider contracts for FY22. She reported that the management team was recommending a 5% increase in rates for FY23. The Board was reminded that these are for services that are provided to uninsured, underinsured or not covered by Medicaid. The Board was in agreement with the recommendation of a 5% increase.

The proposed Memorandum of Understanding (MOU) was discussed. Elam stated that the document has been reviewed and accepted by all the county attorneys. The document states that all employees will remain as employees of their respective county and defines what will be reimbursed from the region to the counties on a quarterly basis. Elam will create a form to be used in asking for the quarterly reimbursement and it will require a county employee's signature to validate the accuracy of the request. The individual counties will be responsible to maintain documentation of the expenses being reimbursed. Discussion was held amongst Board members on topics such as how salaries are set, should there be consistency between the counties in the salaries for similar positions, and is there guide as to the amount of allowable administrative costs. It was decided that this MOU would be in effect for FY23 and any concerns during the first year will be reviewed prior to renewing the MOU. Moved by Smith, seconded by Willey to accept the MOU as presented. Ayes-Beck, Irwin, Smith, Sorenson, Willey and Roome.

Robert Young Center reviewed the crisis services for the month of March 2022. Jill Westhoff reviewed the financials, reminding the Board that the shaded areas are additional FY22 expenses that were approved in the 10<sup>th</sup> Amendment to the RYC contract. Salaries and Benefits continue to gradually increase as more staff are hired. This is the first month of expenses for Crisis Stabilization Residential-Kids. Mary Peterson began her review of the metrics by informing the Board that the report will be changing to include the components that are going to be required by the State of Iowa. This will begin with the August 2022 report, which will be the July 2022 data. All metrics will continue to be collected, but the format of the report will look different. Several Board members commented that they want to continue to see individual county data. Peterson reported that the trend line for people under the age of 18 accessing services continues to rise. This is likely due to the addition of the Children's Coordinator position. Peterson will present the FY23 RYC Contract to the Board at the May meeting. She reported that there are 32 subcontracts which RYC manages on behalf of the Region. Christine Gradert's report included that she is becoming increasingly busy with individual consultations throughout the Region, some children are getting stuck in the Emergency Rooms for a long period of time and recently Frank Grijalva has been spending a lot of time in Clinton and Muscatine County.

Lori Elam, CEO, presented the CEO report. She reminded Board members of the May 16<sup>th</sup> meeting involving all the Board of Supervisors members from each county. It will be held at 6:30pm at the SECC; please let Lori know how many Board members will be coming from each county. Elam discussed the DHS decision to close Glenwood Resource Center within the next two years. She estimates that the

Region has 20 individuals living at Glenwood. She informed the Board that DHS has asked any regions that will end FY22 with a fund balance to develop Intensive Residential Services Homes (IRSH). DHS will provide the template for the RFP. Elam reported that there was no interest expressed by any school district in the Region in response to the possibility of available funding for Therapeutic Classrooms. Discussion was held on why the lack of response and thoughts on how to proceed. If there was still interest in pursuing this, the Board directed the management team and Roome to meet and discuss further.

Public Comment: Rich Whitaker provided an update on Multi-Systemic Therapy (MST). He reported that there are several participants from Muscatine County. He gave a report on the increased usage for Same Day Access and Peer Drop-In services.

Todd Noack reported that the closing on the property is scheduled for April  $29^{th}$ . He is hopeful of being in the new office by May  $2^{nd}$ . lowa Total Care will be supplying all the office supplies. He is hopeful of having a grand opening on May  $31^{st}$ .

Moved by Smith, seconded by Willey to adjourn the meeting at 5:03pm.

Dawn Smith, Secretary, Eastern Iowa MH/DS Region