

Eastern Iowa MH/DS Region  
Governing Board of Directors Board Meeting  
Scott County Emergency Community Communications Center  
110 E. 46<sup>th</sup> St., Davenport  
Meeting held in person or by phone/computer through Zoom  
May 16, 2022  
3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:10pm by Chair Beck. Beck, Irwin, Smith (through Zoom), Sorensen, Willey, Roome were present. Nauman arrived late (through Zoom). McGovern was absent. Management Team present: Bopes, Elam, Gradert, Toppert, Eskildsen, Tischuk. Fiscal Agent: David Farmer, Absent. Guests present: Jen Craft, Angela Gallagher, Wade Stierwalt, Richard Whitaker, Waylyn McCulloh, Kelly Herd, Scott Dahlke, Todd Noack, John Rushton, Jill Westhoff, Charla Hollowell, and other call-in guests not identified.

Moved by Willey, seconded by Irwin to approve the agenda as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Moved by Roome, seconded by Willey to approve the minutes from the 4/18/22 Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori Elam, CEO, presented the Statement of Revenues, Expenditures and Changes in Fund Balance/Government Funds for the period ending April 30, 2022. Lori noted to the board that Muscatine County's financial information is not included for this report but will be updated by the next Governing Board meeting. Lori let the board know that the counties are getting ready to transition to region funding and will begin transferring funds to the Region. Lori reminded the board that all the funds will need to be out of Fund 10 (Mental Health Fund) by 6/30/22. Invoices are being prepared for the counties to send to the Region detailing expenses incurred on a quarterly basis. Lori reviewed that at the beginning of FY22 the Region's fund balance was \$5.1 million and to date the fund balance is \$10.1 million. The Region's expenditures are currently at \$6.2 Million. The projected fund balance will exceed the 40% fund balance limit. Lori shared that the amount over 40% will be deducted from the funding from the State that will be sent to the Regions in January 2023. Lori discussed that she will be applying to DHS to encumber dollars for services identified in FY23 and is hopeful that if those dollars are approved, there will not be a lot of dollars deducted from the State funding. This will be brought to the board for approval once she completes the application and it will also be noted in the minutes to determine what will be encumbered and what will not. Discussion was held. Moved by Sorensen, seconded by Irwin to approve the Regional Financial Reports as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori Elam, CEO, presented for action and approval regarding Mental Health Month Proclamation this month. Chair Beck read the proclamation to the Governing Board. Moved by Willey, seconded by Sorensen to approve the Mental Health Month Proclamation. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori Elam, CEO, presented MHDS Regional Operational Guidance Letter 2022-01, dated 4/21/22, from DHS to the Governing Board. Lori shared that this letter was sent to the CEOs in the Regions outlining Intensive residential Service Homes (IRSH) and implementing them in each Region. Lori shared that with Glenwood Resource Center closing, there is an immediate need for this service. DHS would like the Regions to begin the process of developing and implementing this service in the communities that the people may return to. Lori shared that Medicaid would pay for this service, but the needs of the people will most likely require enhanced service access that are not paid for by the MCOs. This will require funding from the Regions in addition to what Medicaid pays to maintain the person's ability to access the service. The MCOs will negotiate the rates with the State. Lori will be setting up a meeting with the providers in the Region to meet, review code, and discuss who would be interested in developing and implementing this service. The Regions would then move ahead with the IRSH RFP as soon as possible to look at encumbering startup dollars in the FY23 budget. At this time, Lori is not sure how many people will return to the Region but hopes to know soon. Discussion was held.

Lori Elam, CEO, reviewed the Request For Proposals (RFP) for the Intensive Residential Services Homes (IRSH) with the Governing Board. Lori shared that DHS has developed an RFP template that all Regions will be using so that it is consistent across the State. The information is out of code and administrative rules and outlines the outcomes that the providers will develop and measure. The Management team will review each RFP submitted. The management team will meet with providers in the Region to explain what IRSH is and the requirements for this service. The RFPs will go out if there is interest and if the RFP is approved the service development and implementation will begin. Lori asked that the board approve the RFP so that the discussion with providers can begin. Discussion was held. Moved by Irwin, seconded by Sorensen to approve the RFP for Intensive Residential Services (IRS) as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori Elam, CEO, requested approval from the Governing Board regarding FY23 Funding For NAMI Family-of-Adult Education Program. Lori shared that Angela Gallagher, Executive Director of NAMI Greater Mississippi Valley, had send Lori a request for the funding during the budgeting process. Lori missed her request and wanted to bring the request before the board. Lori let the board know that the request is for 8 sessions of the 20-hour program that would be hosted in the Region throughout the FY23 year. Lori shared that the program is attended well and receives great feedback from the participants. Discussion was held. Moved by Willey, seconded by Sorensen to approve the FY23 Funding for the NAMI Family- of- Adult Education Program. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori presented the 28E agreements for Peer Support Services/Expansion to the board for the Region and Vera French CMHC and The Region and MCSA. Lori shared that Nyemaster Goode Law Firm reviewed the 28E agreement and put together the document for Vera French CMHC and MCSA. The document was crafted based on the Life Connections Peer Recovery Services 28E Agreement. Lori reviewed Vera French's agreement first and highlighted how the Peer Drop-In service will expand, the draw down schedule of the money granted, when the project will start once it is approved and where the service will take place while renovations are going on. Lori then reviewed the MCSA agreement and highlighted how the services will be expanded and how Peer Respite will be added to their services, the amount of money being requested, the draw down schedule, the bids are ready to go once the agreement is approved and how the service will continue while the renovations are taking place. Discussion was

held. Moved by Sorensen, seconded by Irwin to approve the 28E agreement for Peer Support Services/Expansion with The Region and Vera French CMHC as presented. Ayes- Beck, Irwin, Smith, Sorensen, Willey, Roome. Moved by Willey, seconded by Sorensen to approve the 28E agreement for Peer Support Services/Expansion with The Region and MCSA as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Robert Young Center reviewed the crisis services for the month of April 2022. Jill Westhoff reviewed the financials, reminding the Board that the shaded areas are additional FY22 expenses that were approved in the 10<sup>th</sup> Amendment to the RYC contract. Salaries and Benefits continue to gradually increase as more staff are hired. Jill reminded the board that there are startup costs for Crisis Stabilization Residential-Kids as well as operational costs. She noted that bills paid contained startup costs that were high and next month should be lower. Jen Craft began her review of the metrics by showing how the presentation of the data has changed to combine some of the data information on one page. Examples she shared were combining the ACQ reconnection information on the same page as the number of commitments for the month. For Law Enforcement Response they are now including the hours for ride along and show that there were 20 hours for the month. Jen noted that Mobile Crisis Outreach saw a decrease in utilization and feels that work has been done with the high utilizers of the service to find other services to wrap around that person and not rely solely on the crisis service. Jen also noted that she and her TEAM have been marketing mobile crisis outreach and are trying to reach out to community locations to get information to them and encourage them to utilize the service. Christine Gradert's report included that she is becoming increasingly busy with individual consultations throughout the Region, working on getting trainings scheduled on a master calendar with all providers collaborating with her, discussions with the schools on a comprehensive approach to expand the curriculum, coordinating training with the schools and determining who can provide evaluations needed for children to determine beneficial services for them.

Lori Elam, CEO, presented the CEO report. Lori shared that she is sitting on a workgroup to review the administrative services in the Region and the COAs. DHS has asked that the Regions develop a consistent definition of the services as well as use the COAs the same across all the Regions. Lori is also working on revising the quarterly reports that DHS requires each Region to complete and submit to them. The current report dates to the beginning of when Regions were forming. Lori recently presented Region information to the Workforce Development Board. The full report is included in the packet.

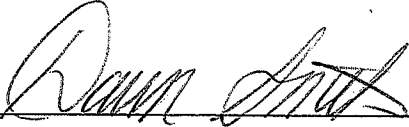
Other: Supervisor Willey asked what the consensus was of Joe and Jesse from SharePoint+ visiting law enforcement in the Region. Lori shared that it was a very positive experience and Joe and Jesse were very impressed with the Region system. She said that they spoke very highly of the Region and would like to work with us in the future. Lori shared that there are a couple of revisions that the management team has asked they make to the final report and then she hopes to get it out to everyone soon. Next month's Governing Board meeting will be held on June 20, 2022, at 3:00PM.

Public Comment: Rich Whitaker provided an update on IPS services and that he will be drawing down money that the Region has approved for him to apply to the program. He is thankful for the Region support. He is serving 21 individuals currently in the program. They had the 2<sup>nd</sup> best month for

utilization of the Crisis Stabilization Residential home at 62%. He continues to see increased numbers at the Same Day Access program.

Todd Noack reported that the management team and Jen Craft toured his new location for Life Connections Peer Services. He has worked with the contractor and will be turning the respite home from a four-bedroom home to a five bedroom. He estimates that will completed tomorrow. He invited everyone to come to his open house on May 31<sup>st</sup> at 9:00AM. He said that the Clinton and DeWitt Chamber will be present for a ribbon cutting ceremony.

Moved by Willey, seconded by Sorensen to adjourn the meeting at 4:35pm.

  
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Dawn Smith, Secretary, Eastern Iowa MH/DS Region