

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605

Meeting held in person or by phone/computer through Zoom
June 20, 2022
3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:02pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey, Roome were present. Absent: Nauman and McGovern. Management Team present: Bopes, Elam, Gradert, Toppert, Eskildsen, Tischuk. Fiscal Agent: David Farmer. Guests present: Wade Stierwalt, Cheri Sexton, Scott Dalke, Jen Craft, Jill Westhoff, Angela Ganzer-Bovitz, Todd Noack, John Frey, Todd Lange, Waylyn McCulloh, Kelly Herd, Denise Beenk, Richard Whitaker, Charla Hollowell, Ross Teemant, Dr. Destinee DeLemos and other call-in guests not identified.

Moved by Sorensen, seconded by Smith to approve the agenda as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Moved by Irwin, seconded by Willey to approve the minutes from the 5/16/22 Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balance/Government Funds for the period ending May 31, 2022. David let the Governing Board know that the counties have started to distribute fund balance from the local level to the Region fund. To date the Region has received \$500,000.00. David reported that the Region's current fund balance is \$9,169,265.00 and he expects that to climb as the counties continue to transfer money. Expenditures for the month were \$ 7,356,569.00 and the revenues collected to date are \$11,377,204.00. David is waiting on audit numbers from Clinton County to close out the FY20/21 books. Once the external auditors have their information, they will begin work on finalizing the audit for the Region. David expects that it will take approximately 6 weeks to complete. Chair Beck asked how much over the 40% fund balance the Region will be. David reported that it will be approximately \$6.2 million over. David pointed out that does not figure in the dollars that will be encumbered in FY23. Lori Elam, CEO, let the board know that she will be applying to DHS to encumber the Robert Young Center Crisis Contract agreement and the SolutionPoint + 3-year training contract. Lori pointed out to the board that if those contracts are approved by DHS to encumber, then the Region will not be over the 40% mark and will not have funds deducted from the quarterly payment that DHS will send in January 2023. Discussion was held. Moved by Sorensen, seconded by Irwin to approve the financial report as presented. Ayes- Beck, Irwin, Smith, Sorensen, Willey, Roome.

David Farmer, Fiscal Agent, reviewed the ICAP Package Renewal with the Governing Board. He referenced the package information that Gallagher put together for the ICAP statewide insurance pool. David stated that last year's cost was approximately \$5,400.00 and this year it will be \$6,718.00. David pointed out that the cost is related to the budget and with expenses last year of \$9.4 Million to this year at approximately \$16.9 Million, it is reasonable for the cost of the package to increase. David

recommended approving the insurance package and continuing to list David and Lori as the ICAP representatives to the ICAP Board. David pointed out that if there are any questions, they can get in touch with either of them for a quick response. Supervisor Smith asked about Cyber Breach Coverage and whether additional coverage needed to be included. Discussion took place and David stated that he would not recommend purchasing more coverage than what is already listed in the package. He felt that if there were a breach, the Region would look to the five counties first for coverage and have joint conversations with the county and Region. Moved by Willey, seconded by Smith to approve the ICAP Package Renewal as presented in the amount of \$6,718.00 and list David Farmer and Lori Elam as the representatives to the ICAP Board. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori Elam, CEO, updated the Governing Board regarding a provider meeting held last week to discuss IRSH services and see if there would be any interest in providing this service to the Region. Lori shared 6 provider agencies attended the meeting and 3 indicated they were interested in learning more about the service but couldn't attend. Lori shared it was a great discussion that helped to answer some questions and concerns providers have about the service. Lori shared that staffing this intense service is a concern and providers aren't sure they will complete the RFP due to that issue alone. Funding is also a concern. Lori would like to send out the RFP that the Governing Board approved at the last meeting and would like to give the providers several weeks to put the RFP together. Lori let the board know that if there is no interest then she will look to the neighboring Regions and sign MOU agreements to have available access to this service. Lori let the board know that halfway through the RFP process, she would like to meet with the providers and discuss any questions and concerns they may have to help them through the process. Chair Beck encouraged the providers to ask questions and to ask them all the way along, so they are getting the information they need to put together a proposal. Discussion was held. The board, by consensus, encouraged Lori to send out the RFPs to the providers and see what interest there is.

Lori Elam, CEO, reviewed the Assessment completed by SolutionPoint + regarding their recent visit to the Region. Lori shared that Joe Smarro and Jesse Trevino from SolutionPoint + came to the Region and spent several days traveling to all the county jails and visiting with law enforcement, crisis services staff, providers, and the management team gathering information on how to better train everyone on mental illness and crisis situations. Lori pointed out that hospitals and the courts were not included in the report. Joe and Jesse will be returning in September to provide CIT training to law enforcement, and they are hoping to set up meetings with all the hospitals in the Region as well as meet with the court to discuss how their training can assist with crisis situations. The Governing Board would like to see more training opportunities for new law enforcement as well as senior law enforcement officers to make sure they are staying current on the best way to de-escalate crisis situations. Aaron Roome would like to see training be available for faculty and staff for crisis intervention techniques to use in the schools. Supervisor Smith thought it might be a great benefit to conduct train the trainer classes to be able to reach all levels in the schools and in law enforcement. Discussion was held. Moved by Willey, seconded by Irwin to accept as presented the Eastern Iowa Mental health and Disability Services Region Sequential Intercept Modeling Program Evaluation conducted by SolutionPoint +. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori Elam, CEO, presented the Eastern Iowa MHDS Region Engagement Proposal from SolutionPoint + to the Governing Board. Lori let the board know that the proposal is a 3-year contract to get the training out in the Region. There would be approximately 5 classes each year (CIT, Advanced De-escalation, Wellness & Resiliency) to a wide group of people in the Region. Lori said that the classes can be "mixed and matched" depending on what the need of training is for the year. Lori reviewed Exhibit A of the contract letting the board know that there would be 15 trainings over 3 years that would total \$300,000.00. Lori reminded the board that this contract will be included in the encumbrance application to DHS. Supervisor Sorensen asked if they would bill the full amount if they were not able to conduct 5 classes in one year or will they reduce the fee to what was provided. Lori said that she would check with SolutionPoint + to clarify that question with them. Moved by Smith, seconded by Roome to approve funding in the amount of \$300,000.00 for the SolutionPoint + 3-year MHDS Region Engagement training contract. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori Elam, CEO, let the board know that Angela Ganzer-Bovitz, Director of Behavioral Health, from Genesis Health Systems sent a proposal for funding Behavioral Health (BH) services at Genesis West Campus. Angela and Dr. Destinee DeLemos, present to the board that Genesis West ED will be transitioned to a convenient care and all behavioral needs will be screened at the East Campus ED. They are proposing that the Region fund two psychiatric APPs to provide assessment and medical clearance for behavioral health patients at the East Campus. This would allow the patients to be screened quickly and thoroughly and will be in a separate area adjacent to the ED where it is quieter and less chaotic. If the person needs to be admitted to the BH unit at Genesis West, the patient will then be securely transported to the BH unit. They are asking for \$437,500.00 for the 2 FTE APPs. Discussion was held that the Region does not fund for staff but does fund services. The Governing Board suggested to Angela and Dr. DeLemos that they determine what a rate might be for the service they are proposing and bring that back to the Governing Board to discuss further. At this time, the Governing Board tabled the proposal for funding of BH Services.

Lori Elam, CEO, presented a request from Todd Noack/Life Connections Peer Recovery Services regarding selling the hotel portion of his property. The money would pay off the bank loan due in 6 months and put the remaining money in an escrow account for five years. Lori pointed out that the City of DeWitt will not allow Todd to use the hotel for services. Todd and John Frey, Attorney, reviewed the request that Todd sent. John let the board know that there are 13 rooms, and the ordinance is non-specific with respite care. The city would allow the rooms to be used for a convalescent home and nursing home, but respite is not listed. This is a commercial site and residency is not allowed on the 1st floor of the building. The options that Todd has is to appeal the City decision and go through court proceedings with a high cost, operate as a motel which the staff are not trained to do or sell the hotel portion of the site. A realtor has told Todd that he could sell the hotel for \$250,000-\$275,000.00. The Region would be 1st mortgage position for the 5 years until the loans were paid off. If the 6-month loan was paid off from the sales, the remaining portion would be put into an escrow account and provide security for the Region. At the end of the 5 years, Life Connections would then own the property and could do with it as they pleased. Supervisor Sorensen is concerned about diminishing the value of the property if they sell the hotel portion. Supervisor Smith was concerned that the Region would pay for all the attorney fees and closing costs and that has not been agreed to. Chair Beck asked if Nyemaster Goode, P.C. were contacted. Lori said that she sent the request to them, but she has not heard back yet.

regarding the potential sale. Discussion was held. The Governing Board is fine with Supervisor Irwin and Todd meeting with the City of DeWitt to see if there are other options that can be considered for the hotel. Moved by Willey, seconded by Smith to table the request before them until they hear from Nyemaster Goode, P.C. regarding the signed 28E agreement currently in place and the request before them today. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Lori Elam, CEO, shared with the Governing Board that she received an email from Clinton County asking how the Region complies with having interpreters/translators in place to communicate with people that speak a foreign language. Lori shared that Language Link through the State of Iowa is a possibility to assist them, but the Region would need to sign up with that service and there would be a contract required. The management team discussed how often they would need to access this service and determined the number is very low throughout the year. Lori then mentioned that Translations Unlimited can work with the Region and there is no contract required through this organization. Lori let the board know that this service can be used to schedule a time to have a translator/interpreter available to communicate with the person. The board was in consensus to use this service if translation/interpretation is needed. Lori will follow up with Clinton County and let them know of this service. Discussion was held.

Lori Elam, CEO, presented twelve (12) FY23 contracts to the Governing Board today for review and approval of rates for the coming year. Lori reviewed that each provider has a service rate listed in the contract and this year they were given a 5% increase. Lori reminded the board that the rates did not increase for the past 2 years. Lori also shared that each provider determines their rate based on their costs and can't be compared to each other. Discussion was held. Moved by Sorensen, seconded by Irwin to approve agenda item XII (A-L) FY23 Contracts as presented to the Governing Board. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome. The following provider contracts were approved: Vera French CMHC, Vera French MST Program, Imagine the Possibilities, Genesis Psychology Associates, Life Connections Peer Recovery Services (Individual Service), Genesis Medical Center, Pathway Living Center, Inc., Bridgeview CMHC, Skyline Center, Inc., Cornerstone Wellness Center, Mediapolis Care Facility, Inc., MercyOne System Services.

Lori Elam, CEO, requested that COLA for FY23 for the CEO be considered for approval by the Governing Board. Lori let the Board know that each year prior to the new fiscal year the Governing Board has approved the COLA for the start of the fiscal year. David Farmer, Fiscal Agent, let the board know that starting July 1, 2022, Scott County has approved a 3% COLA for employees. Supervisor Smith commented that the Governing Board usually goes with what Scott County is recommending and knows that the Governing Board needs to approve the increase for Scott County to pay Lori the increase. David Farmer also let the board know that there is a compensation increase of 1% that Scott County will be considering at their Board of Supervisor meeting tomorrow. This is a special circumstance and David wanted the board to be aware of and consider this for Lori as well. The Governing Board determined that they would wait until Scott County acts on the 1% increase before they will consider approving it for the CEO. Discussion was held. Moved by Willey, seconded by Smith to approve the 3% COLA increase for FY23 for the CEO. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

Jill Westhoff, RYC, presented the Eleventh Amendment to Regional Mental Health Crisis Services Agreement to the Governing Board. Jill let the board know that budget information listed on Exhibit A, was already approved in March 2022 for FY22. Jill let them know that they are proposing the same budget for FY23. Discussion was held. Moved by Irwin, seconded by Sorensen to approve the Eleventh Amendment to Regional Mental Health Crisis Services Agreement as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey, Roome.

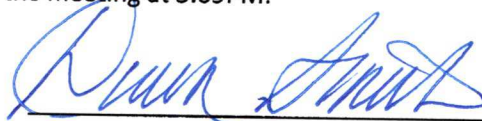
Robert Young Center reviewed the crisis services for the month of May 2022. Jill Westhoff reviewed the financials, reminding the Board that the shaded areas are additional FY22 expenses that were approved in the 10th Amendment to the RYC contract. Salaries and Benefits continue to gradually increase as more staff are hired. Jill will be working with David Farmer to discuss late invoices received in July for June services and accruing those to the FY22 budget. Supervisor Sorensen asked about the one-time expenditures and will those dollars be spent this fiscal year. Jill let him know that if she doesn't have the signed contract, she is not able to pay the one-time expenditure invoices. She shared that Vera French should be able to spend their dollars, but bridge appointments and Family Resources will not be able to due to not having signed contracts back from legal yet. Jen Craft began her review of the metrics by discussing the number of people presenting for hospitalization at Genesis West Campus and how many were admitted versus reconnection to services in the community. Jen discussed that law enforcement crisis response is ramping up in Muscatine County and she reviewed the manager activity for the month with the board. Christine Gradert gave a children's services update. She continues to work on implementing prevention strategies in the schools, she is working on streamlining crisis response models that can be used in the schools, she is meeting with Gary Metivier to work on children's services marketing that will be helpful for families to know what services are available to them and she continues to participate in the Iowa Juvenile Justice workgroup.

Lori Elam, CEO, shared with the Governing Board that the CEO report is in the packet for their review and if they have any questions to contact her.

Other: Next month's Governing Board meeting will be held on July 18, 2022, at 3:00PM.

Public Comment: Rich Whitaker, Vera French, reported that Same Day Access saw 170 in May outpatient Evaluations, 77 people access drop-in services and they served 80 homeless people through their outreach programs. IPS is serving 21 people currently and of those, 12 got jobs and are working. Todd Noack, Life Connection's Peer Recovery Services, will be presenting at a mental health meeting that the Regions across the State are hosting in September. He plans to promote Rhonda's House.

Moved by Sorensen, seconded by Irwin to adjourn the meeting at 5:09PM.



Dawn Smith, Secretary, Eastern Iowa MH/DS Region