

Eastern Iowa MH/DS Region  
Governing Board of Directors Board Meeting  
Davenport Public Library – Eastern Avenue Branch  
6000 Eastern Ave., Davenport, IA 52807  
Meeting Room A  
September 19, 2022  
3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:05pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey and McGovern were present. Absent: Nauman and Roome. Fiscal Agent: David Farmer, Present. Management Team Present: Elam, Eskildsen, Tischuk, Toppert and Gradert. Absent: Bopes. Guests Present: Jen Craft, Wade Stierwalt, Charla Hollowell, Denise Beenk, Melissa Peterson and Jill Westhoff.

Moved by Irwin, seconded by Sorensen to approve the agenda as presented. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome.

Moved by Sorensen, seconded by Irwin to approve the minutes from the August 15, 2022 Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome.

David Farmer, Fiscal Agent, introduced Paul Frantz, CPA, Partner at Baker Tilly US, LLP to present the June 30, 2021 Audit Results for the Eastern Iowa Mental Health Disability Services Region. David Farmer shared that the Region's financial statements are unique because they include all five (5) counties plus a Fiscal Agent Fund all rolled together. David shared that the Region only reports Governmental Funds, and does not include entity wide liabilities. David shared that the Financial Statement he handed out to the Board does include a Compliance Report that includes the audit of our CARES Funds the Region received 18 months ago. David shared that the Governing Board approved a number of grants to local entities in order to keep services running during the pandemic and was subject to a Federal Audit. Paul Frantz, CPA, Partner shared that the objective of the audit was to express an opinion on the Financial Statements of the Region as of June 30, 2021. Paul shared that there are two (2) different opinions in the report, which are the Adverse Opinion, and the Unmodified Opinion, which are explained in the handout given to the Board. Paul discussed the structure of future fiscal years and moving to a singular fund. Paul shared that if the Region moves to a singular fund, he would re-evaluate the reporting and what that entails on an opinion standpoint. David Farmer shared that FY22 Financial Audit will be another group audit and will not be issued until August or September 2023 given the delays in the State's process. David shared the FY23 Financial Audit will be issued sometime in Fall 2023 because the Region has moved to a singular fund. Discussion was held. Moved by Smith, seconded by Willey to approve the Baker Tilly Presentation of the June 30, 2021 Audit Results for the Eastern Iowa Mental Health Disability Services Region. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending August 31, 2022. David shared that on the Revenue side there was no activity for FY23 because the Region is receiving quarterly lump sum payments from the State. Revenue for the Region as of August 31, 2022 is \$2,883,148.24. Expenditures for the Region as of August 31, 2022, which include both crisis services and individual services is \$1,133,527.61. David shared that the Region Cash balance as of August 31, 2022 is \$9,922,706.25 at the Fiscal Agent level. David shared that the Region did increase money to each of the

four (4) counties, Cedar, Clinton, Jackson and Muscatine Counties, outside of Scott County to \$100,000.00 total in order to help pay for their July and August Administrative Expenses that they are reimbursed for. David shared that the new way of reporting shows that as of August 31, 2022, there was an Accounts Payable balance of \$736,188.73. David shared that the Region Fund Balance Percentage is 56.83% as of August 31, 2022, which includes the approved encumbrances of \$2,742,843.30. David shared that he will update the June 30, 2022 financials again in either November or December depending on when he receives the modified accrual numbers from all five (5) counties. Lori Elam, CEO, shared that the State report is due December 1, 2022 so all counties in the Region need to have their numbers to David before then. Moved by Irwin, seconded by Sorensen to approve the Regional Financial Reports as presented. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome.

Lori Elam, CEO, discussed the update on the FY23 Regional Encumbrance Application that was submitted to DHS the beginning of July 2022. Lori shared that this will help the Region's fund balance percentage beginning December 1, 2022. Lori shared that the Encumbrance Application included part of the Solution Point + CIT Training Contract, Robert Young Center Crisis Stabilization Residential Services for Children, Robert Young Center Bridge Prescriber Appointments, Robert Young Center Crisis Stabilization Community Based Services for Adults, Robert Young Center Crisis Stabilization Community Based Services for Children and Eastern Iowa MH/DS Region Direct Administrative and Purchased Administrative Costs. Lori shared that DHS declined the Solution Point + CIT Training request of \$100,000.00 as it is already included in the Region's annual budget for the next three (3) years. Lori shared that the funding request of \$200,000.00 for Robert Young Center Bridge Prescriber Appointments was accepted because it is a brand new service and the Region has not started it yet. Lori shared that initially she had requested \$2,948,536.00 for Robert Young Center Crisis Stabilization Community Based Services for Adults and Robert Young Center Crisis Stabilization Community Based Services for Children due to Robert Young Center being in the hiring phase and training phase and the services have not started yet. Lori shared that she did some negotiating with DHS on this amount and they accepted a little over \$2,000,000.000. Lori shared that she also had to negotiate with DHS on Robert Young Center Crisis Stabilization Residential Services for Children because of the expenditures in FY22 to get the service. Lori shared that initially she had requested \$2,948,536.00 but after negotiating, DHS only allowed \$300,000.00 for staffing. Lori shared that DHS approved the request of \$173,183.30 (10% of Administration Obligation) for Eastern Iowa MH/DS Region Direct Administrative and Purchased Administrative Costs. Lori shared that initially, she had requested \$4,900,257.00 in total on the Regional Encumbrance Application and DHS approved \$2,742,843.30. Lori shared that out of the seven (7) or eight (8) total applications that DHS received, only five (5) were approved and the Eastern Iowa MH/DS Region was one of the five (5) approved. Lori shared that DHS will be providing a Cost Report that she will have to submit every quarter that shows exact dollar amounts spent in all categories listed on the Regional Encumbrance Application. Lori shared that she will be working with Robert Young Center to be sure the numbers are exact. Lori shared that FY24 there will not be much to encumber, if any, other than Administrative Costs and if the Region wants to add services. Chair Beck asked where the approved amount of \$2,742,843.30 puts the Region at for fund balance and David Farmer, Fiscal Agent, shared that as of right now, using the updated amount approved the Region is at an estimated 56% fund balance. Lori shared that the Region has to be at 20% fund balance at the end of FY23. Lori shared that the Region has several new services that are not up and running yet, the Region has some one-time expenditures that are on the agenda to be discussed and the Management Team will be meeting to discuss future trainings. David Farmer, Fiscal Agent, shared that since the Region is over fund balance there probably will not be a State distribution payment to the Region in January 2023.



Lori Elam, CEO, presented two (2) FY23 Contracts to the Governing Board for review and approval of rates. Lori shared that the first contract is for Families, Inc., one of the Region's new children providers, which is providing Family Functional Therapy (FFT) for children in the Region. Lori shared that this contract is monitored through the Region and is not part of Robert Young Center Contract. Moved by Smith, seconded by Irwin to approve the rates for the Families, Inc. FY23 Contract. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome. Lori shared that the second contract is with Advanced Correctional Healthcare, Inc. (ACH) for Cedar County Jail. Lori shared that the Region is moving in the direction of paying for psych meds and psych services in the jails in all five (5) counties. Julie Tischuk, Cedar County MH/DS Coordinator, shared that Cedar County Jail currently only offers medical services to inmates and the Region is wanting to add mental health services. Julie discussed the different contract options listed on the document that was provided to the Governing Board to review. Julie shared that after reviewing the contract with Cedar County Jail, they agreed on recommending the Current Option listed on the Advanced Correctional Healthcare, Inc. (ACH) Contract. Discussion was held. Moved by Smith, seconded by Irwin to approve the Advanced Correctional Healthcare, Inc. (ACH) Contract for FY23 with the Current Option listed on the contract for Cedar County Jail. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome.

Lori Elam, CEO, shared that Christine Gradert, Coordinator of Children's Behavioral Health Services, Jen Craft, RYC and Jill Westhoff, RYC, created "Eastern Iowa MH/DS Mental Health Services, Supports & Programs Community Education Presentation" PowerPoint to be used as a presentation tool at different meetings within communities, schools, etc. to teach these different groups about the Adult and Children services the Region has to offer. Christine shared an overview of the presentation. Christine shared that she and Jen Craft, RYC, will make changes to the presentation when needed. Discussion was held.

Robert Young Center reviewed the crisis services for the month of August 2022. Jill Westhoff, RYC, reviewed the financials for August 2022. Jill reminded the Board that many accruals on the Income Statement are estimates as she cannot leave them zero. Jill shared that RYC closes their month within three (3) days and Jill stated that during this time she doesn't have many of the prior month invoices so she estimates on the Income Statement what she believes the dollar amount will be and then reverses the estimates as she receives the true invoice amount the following month. Jen Craft, RYC, began her review of the Eastern Iowa Region Crisis System Monthly Scorecard for August 2022 with discussing page 18 of the packet, which shows the Eastern Iowa: ED Care Coordinator – Follow-Up Contact Rate thru August 2022 and the Eastern Iowa: Community Care Coordinator – Follow-Up Appointment Rate through August 2022. Jen discussed page 20, Eastern Iowa: Vera French Crisis Stabilization Residential – Referrals and Eastern Iowa: Vera French Crisis Stabilization Residential – Referrals Sent to Community Care Coordinators. Jen discussed page 23, Eastern Iowa: Peer Respite – Rhonda's House Metrics and Eastern Iowa: Peer Respite – Referrals Sent to Community Care Coordinators. Jen shared that page 25 is new data that she has added for Lutheran Services in Iowa - STEP-IN. Jen also updated the Board on some of the things she had been working on in August. Lori Elam, CEO, discussed the Step-In Program and the current connection it has with RYC and three (3) of the five (5) counties in the Region: Cedar, Muscatine and Scott Counties. Lori shared that the reason why Clinton and Jackson County are not included is that currently the Decategorization Organization (DCAT) for Clinton and Jackson Counties has been funding those counties since the program started. Lori shared that she and Christine Gradert, Children's Care Coordinator have been meeting with Nicole Mann, Eastern Iowa Decategorization Director for Scott County Kids to discuss DCAT Funding and what is going to be happening next year with the Step-In Program as they move forward. Lori shared that there is going to be some shifting of dollars and does not want Clinton and Jackson Counties to lose Step-In Program. Lori shared that if the Step-In Program for Clinton and Jackson Counties will no longer be funded by their County DCAT, the Region would take over and it would become a five (5) county funded program under the Region, under RYC which will make it



much easier to collect data and will be able to view the data as a Region. Lori shared that when the FY24 Budget process starts for the Region she will be adding Step-In Program funding for Clinton and Jackson Counties to the list. Discussion was held. Christine Gradert, Children's Care Coordinator, reported her activities for August 2022. Discussion was held regarding communication with Agencies, School Districts, Day Care Agencies, etc. The Governing Board thanked Christine for all of her hard work.

Lori Elam, CEO, shared that she sent Aaron Roome a text message asking if he would like to remain on the Governing Board and the Children's Advisory Board or if he would rather just stay on the Children's Advisory Board. Lori stated that they are going to figure out a time to meet and discuss. Lori shared that if he chooses to only stay on the Children's Advisory Board, the Children's Advisory Board still has to pick someone who is in education to serve on the Governing Board. Lori shared that the Region needs new people on the Children's Advisory Board as well that are tied to education. Lori shared a copy of the Code, "County Home Rule Implementation, 331.390, Regional governance structure" which talks about the breakdown of who is on the Governing Board and when it gets into the different categories on the document it talks about the Governing Boards Representatives on the Children's Advisory Board and the Adult Advisory Board. Lori shared that she wants each County in the Region to put together a list of each Superintendent's email address for each School District in the Region, along with all of the Principals' email addresses for each school, this way the Region can get the information directly to the schools. Discussion was held.

Lori Elam, CEO, presented the CEO Report. Lori shared that there was very good turnout at the Suicide Prevention and Awareness Roundtable with Congresswoman Mariannette Miller-Meeks. Lori shared that they were planning on 30 people to attend the Roundtable and there were 84 people that attended. Lori shared that she and the Management Team toured the Guidelink Center in Johnson County. Lori shared that she and the Management Team attended the DHS New Quarterly Report Training. The full report is included in the Governing Board Packet.

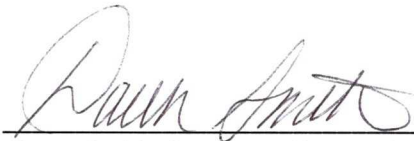
Lori Elam, CEO, shared that the State has contacted each Region regarding some out of state trainings with one of them being the Crisis Residential Conference, which will be held in October. Lori shared that DHS sent this training to Regions who do not have their Crisis Residential Program linked to an access center. Lori shared that Jen Craft, RYC and Denise Beenk, Vera French, will be attending the conference. Lori is hoping that Jen and Denise can bring back some good ideas on how the Region can expand or connect more people to other services. Lori shared that there is a conference in November, National Dialogue on Behavioral Health – "Rethinking and Rebuilding the Behavioral Health Workforce". Lori shared that she will be attending this conference and she will be inviting the CEO's of other Regions to attend as well.

Other: Next month's Governing Board Meeting will be held on Monday, October 17, 2022 at 3pm at the Eastern Avenue Davenport Public Library. Chair Beck wanted to discuss the tabled motion from the last Governing Board Meeting for Robert Young Center Crisis System Contract and Timeliness/Expectations. Lori Elam, CEO, shared that she has not had any conversation with Mary Petersen, Chief Operations Officer, Director of BH Services at UnityPoint Health-Robert Young Center. Lori shared that she is going to send Mary a reminder email to get a meeting scheduled. Jeff Sorensen, Governing Board, shared that he attended the State Mental Health Disabilities Conference in Des Moines and the 988 Mobile Crisis Number was discussed. Jeff shared that 988 is being inundated with phone calls and believes it is a good idea to continue to use all the mobile crisis numbers currently available. Jeff shared that 988 is currently receiving three (3) times the amount of calls than they were expecting. Jeff also shared that he received a packet from Dr. Joyce Vista-Wayne, Child and Adolescent Psychiatry Specialist in Des Moines, presenting a

Collaborative Care Model for Mental Health. Jeff shared that are some very interesting statistics in this packet and he would like to share it with the Board. Jeff shared that Dr. Joyce Vista-Wayne is requesting funding for this program, which would include putting mental health professionals in primary care settings. Discussion was held.

Public Comment: Denise Beenk, Vera French, reported that in August 2022, Vera French saw 172 new people for Mental Health Evaluations through Same Day Access. Denise shared there were 91 people that used the Peer Drop-In Service at the Carol Center. Denise shared that the Carol Center is still under construction to add space to the building but everything is on schedule. Denise shared that they had 43 members attend the clubhouse for a total of 364 visits in August. Denise shared Vera French is serving 23 people through the IPS Program, 3 people obtained jobs in August and 11 people are actively working. Denise shared that Vera French has a Pre and Post Release Support Services Program working closely with the Seventh Judicial District, offering Case Management to people that are incarcerated or who recently have been released from jail. Denise shared this program started in Scott County and recently expanded to Clinton County and Muscatine County. Denise shared that Vera French has served over 50 people in this program. Denise shared that Vera French is working on forming a second MST (Multisystemic Therapy) Team called a PREV Team targeting younger kids mainly with DHS involvement.

Moved by Willey, seconded by Sorensen to adjourn the meeting at 4:55pm.

A handwritten signature in cursive script, appearing to read "Dawn Smith", written in dark ink.

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Dawn Smith, Secretary, Eastern Iowa MH/DS Region