

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Davenport Public Library – Eastern Avenue Branch
6000 Eastern Ave., Davenport, IA 52807
Meeting Room A
October 17, 2022
3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:00pm by Chair Beck. Beck, Irwin, Smith, Sorensen, Willey and Roome were present. Absent: Nauman and McGovern. Fiscal Agent: David Farmer, Present. Management Team Present: Elam, Eskildsen, Bopes, Toppert and Gradert. Absent: Tischuk. Guests Present: Jen Craft, Wade Stierwalt, Charla Hollowell, Richard Whitaker, Jill Westhoff, Ben Layer, Jordan Turner and Molly Schreiber.

Chair Beck shared that Agenda Item 8 needs to be moved to Agenda Item 5 due to Aaron Roome and David Farmer needing to leave the meeting early. Moved by Irwin, seconded by Smith to approve the agenda with the changes presented. Ayes-Beck, Irwin, Smith, Sorenson, Willey and Roome.

Moved by Willey, seconded by Sorensen to approve the minutes from the September 19, 2022 Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorenson, Willey and Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending September 30, 2022. David shared that the annual audit for FY22 is in progress and David will be emailing a questionnaire to the Governing Board that will need to be completed within the next week and sent back to him. David shared Revenue for the Region as of September 30, 2022 is \$5,755,511.24. David reminded the Board that the bulk of the revenue is from the State quarterly distributions and the Region received its second installment the last week of September. Expenditures for the Region as of September 30, 2022, which include both crisis services and individual services is \$1,858,924.53. David shared that the Region Cash balance as of September 30, 2022, is \$11,443,204.66, which is expected because of how the funds are being distributed through the State. David shared as of September 30, 2022 the Region has an Accounts Payable balance of \$109,721.06. Discussion was held regarding the fund balance percentage. Lori Elam, CEO, shared that she is going to send an email out to the CEO's of each Region to provide her with their fund balance dollar amount and fund balance percentage at the end of December 2022 and she will share this information with the Eastern IA MH/DS Governing Board. Lori shared that the CEO's of each Region are going to meet the first week of November and she will add this discussion to the CEO Meeting Agenda. Moved by Irwin, seconded by Sorensen to approve the Regional Financial Reports as presented. Ayes-Beck, Irwin, Smith, Sorenson, Willey and Roome.

Lori Elam, CEO, discussed the Education Position on the Eastern IA MH/DS Region Governing Board. Lori shared that Aaron Roome, Governing Board, is no longer with Mississippi Bend Area Education Agency (MBAEA) and has taken a position with the Davenport Community School District as Program Director of Special Education. Lori shared that at last month's Governing Board Meeting there was a discussion about the Education Position on the Governing Board and who should fill this position if Aaron were to resign. Lori shared a copy of the County Home Rule Implementation, Code 331.390, Regional Governance Structure. Discussion was held. The consensus of the Eastern Iowa MH/DS Region Governing Board is to keep Aaron on the Governing Board.

Lori Elam, CEO, shared the Quarterly Update on the Encumbrance Funds approved by the Iowa Department of Health and Human Services. Lori shared that she is now required to fill out a quarterly report for the Region. Lori shared that she is currently working on the report and she is using dollar amounts provided from the RYC Financials for September. Lori shared that there are two services that the Region has not been able to get up and running due to staffing issues. Lori reminded the Board that the Region was approved to encumber \$2,742,843.30 and in the first quarter of FY23, the Region has only spent \$133,860.00. Lori shared that we have a lot of money that needs to be spent and staff needs to be hired for providers to get services up and running. Lori shared that she has to write up a narrative for the report and she will send the report to DHHS tomorrow.

Christine Gradert, Coordinator of Children's Behavioral Health Services introduced Molly Schreiber, CEO & Founder of Challenge to Change, Inc. & Jordan Turner, Yoga in the Schools Director and Executive Director of Mindful Minutes for Schools with Challenge to Change, Inc. Molly shared that Challenge to Change, Inc. first started programming in 2016 with four (4) schools within the Dubuque Community School District. Molly shared that during this time, Challenge to Change partnered and did a study with Kansas University and the study included the two (2) highest and two (2) lowest schools based off free and reduced lunches. Molly shared that when they launched the program, they wanted to see if the children understood what yoga and mindfulness can do for their smart minds, their kind hearts and their calm body's and also if they understand the concepts being taught based on the curriculum being delivered. Molly shared that with this study, the socioeconomic impact did not matter and that all children benefited from the outcome. Molly shared that currently Challenge to Change is serving 17 schools in Davenport and the funding is being provided by Davenport Community School District. Molly shared that Challenge to Change is also serving Bellevue in Jackson County. Molly shared they are also working with the County Social Services Region (CSS), East Central Region (ECR) and Cross Region. Molly and Jordan provided a hand out to the Governing Board that shows the proposal of what Challenge to Change would offer to all 125 public schools in all five (5) counties within in the Region. The total ask from Challenge to Change, Inc. is \$382,800.00 from the Eastern Iowa Region. Discussion was held. Moved by Smith, seconded by Willey to approve the New Children's Service, Challenge to Change, Inc. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome.

Christine Gradert, Coordinator of Children's Behavioral Health Services presented the New Children's Service, Trauma and Society. Christine included a packet of information for the Governing Board to follow during the presentation. Trauma and Society is a high school elective that is primarily for 11th grade students and is meant to educate kids on the neurobiology of what is happening in their mind and body when they are stressed out or have had traumatic experiences in their life. The total ask from Trauma and Society to get this program into the schools is \$66,770.00, which will cover the cost for the current school year. Discussion was held. Moved by Irwin, seconded by Sorensen to approve the New Children's Service, Trauma and Society. Ayes-Beck, Irwin, Smith, Sorenson, Willey. Absent-Roome.

Lori Elam, CEO, updated the Governing Board on the RYC Contract and Timeline. Lori shared that she met with Mary Petersen, Chief Operations Officer, Director of BH Services – UnityPoint Health-Robert Young Center to discuss the RYC Crisis Contract. Lori and Mary agreed that in December the RYC Crisis Team will present the FY24 Crisis Service Budget to the Management Team. During the January Governing Board Meeting, Lori is going to present the regular budget and RYC will present the Crisis Service Budget. In February, Lori will present the entire budget as a whole, which will include both regular services and crisis services. Lori shared that if the Governing Board approves the budget at the February meeting, RYC will have the Amendment at the Board Meeting for Chair Beck to sign. Lori shared that this will be added to the February Governing Board Meeting Agenda. Lori shared this would give RYC the opportunity to take the Amendment back to their Legal Department and start working on negotiations with Providers on sub-contracts. Lori shared that this timeline gives RYC two (2) months to get their signed contracts back in time for services to be ready to go July 1, 2023.

Robert Young Center reviewed the crisis services for the month of September 2022. Jill Westhoff, RYC, reviewed the financials for September 2022. Jill reminded the Board that by the time RYC closes their month-end financials, it's very quick so she does not have all of the September 2022 actual invoices and she is having to estimate dollar amounts based on the most recent estimate and then true-up the prior month's financials as she receives the invoices. Jen Craft, RYC, shared that RYC has budgeted for 37.1 full-time employees and currently has 26.1 of those positions filled, which makes RYC 70.35% fully staffed. Jen shared with the Board the positions that have been filled and what positions are still vacant. Jen shared that on the Crisis Services side of the Budget, Lutheran Services in Iowa (LSI) STEP-IN and Direct Family Intervention (DFI) are both services that started FY23 and are both up and running. Jen shared that LSI STEP-IN would like to hire more staff so they are not billing at full amount yet. Crisis Stabilization Community Based for Children and Adults, Crisis Stabilization Residential for Children and the Co-Responder Model are still in the hiring stages. Jen Craft shared that she has been working closely with Vortex Business Solutions who manages the Eastern Iowa MH/DS Region Website, to get all open-positions available that are under the RYC Crisis Contract posted on the website. Jen shared that she has access to manage this portion of the website to make sure all job postings are current. Chair Beck shared with Jen that he would like her to add this information to the Monthly Scorecard to show the Governing Board how many positions are open and how many positions have been filled each month. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for September 2022. Discussion was held.

Lori Elam, CEO, presented the CEO Report. Lori shared that the SolutionPoint+ CIT Training that the Region hosted September 19, 2022 thru September 23, 2022 was a success. Lori shared that Lynn Bopes, Jackson County MH/DS Coordinator did a fantastic job coordinating the training. Lori received positive feedback from the individuals who received the training and they have requested the same two (2) trainers come back for future trainings. Lori updated the Board on discussions that have been held between Iowa Department of Health and Human Services and the CEO Group. The full report is included in the Governing Board Packet.

Other: Next month's Governing Board Meeting will be Monday, November 21, 2022 at 3pm in Room 605 at the Scott County Administrative Center. Lori Elam, CEO, discussed the County Home Rule Implementation, Code 331.390, Regional governance structure handout that was included in the Governing Board Packet and Code Clarification "or Designee" which Lori underlined in the handout.

Public Comment: Bill Decker, Chief Administrator of the Mississippi Bend Area Education Agency (MBAEA) introduced himself and shared that he wants to have a good partnership with the Eastern IA MH/DS Region. Bill shared that he would like to have someone from MBAEA to sit on the Governing Board. Bill asked Christine Gradert to send him a synopsis of the Children's Services that he can share with his staff and School Superintendents. Rich Whitaker, CEO of Vera French, shared that 75 people were helped at the Peer Support Drop-In Center in September. Same Day Access Mental Health Evaluations at their main center location at the Carol Center and at their Terrace Ridge Location provided 2,209 mental health evaluations last year. Rich shared that Vera French is creating "Just In Time" slots for people in need of same-day prescriber visits. Rich shared that Vera French is working with the Seventh Judicial District Department of Corrections and the PAPRSS Program (Pre and post release support services). Rich shared that the Assertive Community Treatment Team (ACT) has been able to provide stable housing for clients, ED Visits have decreased by 67% for ACT Clients, psych-hospital bed stays decreased from 320 days in the six (6) months prior to ACT to 20 days since becoming an ACT Client, jail stays have gone from an average of 188 days to 0 days for ACT Clients. Multi-Systemic Therapy (MST) has serviced 142 youth and their families and Rich is adding another team to start in January 2023 to work with the younger population.

Chair Beck adjourned the meeting at 5:35pm.



Dawn Smith, Secretary, Eastern Iowa MH/DS Region