

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
First Floor Board Room
Meeting held in person or by phone/computer through Zoom
November 21, 2022
3:00-5:00pm

The MH/DS Governing Board of Directors meeting was called to order at 3:01pm by Chair Beck. Beck, Irwin, Smith (through Zoom), Sorensen, Willey, McGovern and Roome were present. Absent: Nauman. Fiscal Agent: David Farmer, Present. Management Team Present: Elam, Tischuk, Bopes, and Gradert. Absent: Eskildsen and Toppert. Guests Present: Melissa Petersen, Charla Hollowell, Wade Stierwalt, Waylyn McCulloh, Patrick McElyea, Ryan Bobst, Ashley Velez, Todd Noack, Oma Fuegen, Jill Westhoff and other call-in guests not identified.

Chair Beck shared that Agenda Item 6, Growing Forward Together (GFT) Agreement, Trauma and Society, needs to be revised and will not be discussed at today's Governing Board Meeting. Moved by Sorensen, seconded by Irwin to approve the Agenda as amended. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome.

Moved by Irwin, seconded by Willey to approve the minutes from the October 17, 2022 Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending October 31, 2022. David shared that the Budget Revenue Amount for the Region as of October 31, 2022 is \$11,388,296.00 and the Actual Revenue Amount received as of October 31, 2022 is \$5,755,511.24. David reminded the Board that the bulk of the Revenue is related to the State distribution formula and local property tax dollars are not included. David let the board know there is a slight estimate on the Interest on Investments and this income will not be updated until the end of FY23. David shared that as of October 31, 2022, the expenditures is \$2,574,173.81 and the Fund Balance for the Region is \$10,722,296.19. David shared that with the projected Fund Balance Equity compared to 80% of Expenditures for FY23, the Region Expenditure Balance is \$13,597,838.40 for FY23. David reminded the Board that the Region has Approved Encumbrances of \$2,742,843.30. David shared that as of October 31, 2022, the Fund Balance Percentage is 65.62% and the Region will be returning funds to the State in FY23 as well as FY24. Moved by Willey, seconded by Sorensen to approve the Regional Financial Reports as presented. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome.

Lori Elam, CEO, shared that the Iowa Department of Health and Human Services requires a Fund Balance Certification Letter to be completed to acknowledge the Ending Region Fund Balance amount for FY22. Lori shared a copy of the FY22 Fund Balance Certification Letter with the Board. Lori shared that she worked on the letter with David Farmer, Fiscal Agent, to make sure the dollar amount is correct. Lori shared that the Eastern Iowa MH/DS Region's Ending Fund Balance at the conclusion of the most recently completed FY22 was \$4,798,116.00. Lori shared that the Iowa Department of Health and Human Services is aware that \$4,798,116.00 is not the final amount as there are still audits that need to be completed and adjustments will be made at that time. Lori shared that she and the Chairperson of the Regional Governing Board need to sign this letter. Moved by Sorensen, seconded by Irwin to approve the FY22 Fund Balance Certification Letter and to approve the authorization of the Chairperson of the Regional Governing Board to sign the FY22 Fund Balance Certification Letter. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome.

Christine Gradert, Coordinator of Children's Behavioral Health Services presented the Challenge to Change, Inc. Contract to the Governing Board. Christine shared with the Board that Challenge to Change, Inc. is a Yoga and Mindfulness Program that will be available online and in-person to all schools and additional entities within the Region that are interested in the curriculum. Christine shared that currently Challenge to Change, Inc. is serving 17 schools in Davenport and one (1) school in Bellevue. Christine shared that in addition to the \$382,800.00 that the Governing Board has already approved for the FY23 Challenge to Change, Inc. Contract, another \$51,017.33 is being requested by Challenge to Change, Inc. to cover the cost of the remaining six (6) months of the Davenport and Bellevue School contracts. Lori Elam, CEO, shared that the total amount for the FY23 Challenge to Change, Inc. Contract with the additional request of \$51,017.33 is \$433,817.33. Moved by Sorensen, seconded by Willey to approve the FY23 Challenge to Change, Inc. Contract for \$433,817.33. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome.

Lori Elam, CEO, presented the Proposed Eastern Iowa MH/DS Region FY23 Budget Amendment that she and the Management Team put together. Lori discussed each Budget Item listed on the Amendment and shared that the dollar amounts shown for Challenge to Change and Trauma and Society will need to be revised. Discussion was held in regards to tabling the approval of the Proposed Eastern Iowa MH/DS Region FY23 Budget Amendment to the December 19, 2022, Eastern Iowa MH/DS Region Governing Board Meeting so the Amendment can be presented with the revised dollar amounts. Moved by Sorensen, seconded by Irwin to table the Proposed Eastern Iowa MH/DS Region FY23 Budget Amendment to December 19, 2022, Eastern Iowa MH/DS Region Governing Board Meeting. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome.

Lori Elam, CEO, presented the Third Amended Intergovernmental (28E) Agreement for Eastern Iowa MH/DS Region to show she modified language on Page 3, Section 4: Governance, Letter a, to match Iowa Code. Lori shared that on Page 7, Section 4.5, Letter b, she needs to update the number of members on the Children's Advisory Committee from nine (9) members to ten (10) members due to the Regional Governing Board Member that is on the committee. Discussion was held. Chair Beck shared that he would like the Board to discuss amending the Bylaws at the January 23, 2023 Eastern Iowa MH/DS Region Governing Board of Directors Board Meeting. Moved by Sorensen, seconded by Roome to approve the Third Amended Intergovernmental (28E) Agreement for Eastern Iowa MH/DS Region as modified. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome.

Lori Elam, CEO, introduced Judge Patrick McElyea, District Court Judge for District 7 to present information to the Governing Board on the 7th Judicial District Mental Health Court Program and the services provided to all five (5) counties within the Region. Judge McElyea shared this is a voluntary program and currently there are 14 active participants in the Mental Health Court Program with a variety of criminal offenses including assault, burglary, theft, domestic abuse, eluding and criminal mischief charges. Judge McElyea shared that the diagnoses of the participants include generalized anxiety disorder, bipolar disorder, schizoaffective disorder, schizophrenia, PTSD, major depression, ADHD and borderline personality disorder. Judge McElyea shared that Mental Health Court is on Friday afternoons from 2:30pm to 3:30pm in-person in Scott County and once a month he is in-person in Clinton County, otherwise anyone participating outside of Scott County he will meet with via Zoom. Judge McElyea shared they are planning a graduation for three (3) or four (4) participants of the Mental Health Court Program early in 2023 and he will send an invitation to the Governing Board to attend. Judge McElyea shared that he would like to keep 16-20 participants in the program at a time as staffing allows. Judge McElyea shared that he is looking forward to working with Humility Homes and Services, Inc. on the Supported Housing Project. Judge McElyea shared that Mental Health Court is utilizing the Clinton County Resource Center. Judge McElyea shared that the biggest barrier the Mental Health Court Program is facing is housing for participants after they are released from jail. Discussion was held.

Lori Elam, CEO, introduced Ashley Velez, Executive Director of Humility Homes and Services, Inc. and Ryan Bobst, Grants and Strategic Initiatives Manager of Humility Homes and Services, Inc. Ashley and Ryan presented the Humility Homes and Services, Inc. Permanent Supported Housing PowerPoint along with a handout of the PowerPoint provided to the Board. Ashley shared that Humility Homes and Services, Inc. mission is to end homelessness in the Quad City area by providing supportive services to the community. Ashley shared that the biggest need in the Region is Supportive Housing for people with psychiatric disabilities that are chronically homeless and high utilizers of the jail system, homeless system and healthcare system. Ashley shared that Supportive Housing provides the individuals with services that help them keep their housing such as case management, assistance with daily activities, conflict resolution and crisis response. Ashley shared that Humility Homes and Services, Inc. recently received a \$1,000,000.00 grant from the Department of Justice to expand the Supportive Housing Program into all five (5) counties in the Eastern Iowa Region with forty housing units planned to launch October 2023. Ryan shared that Supportive Housing has been effective for Humility Homes and Services, Inc. with 96% of participants maintaining or exiting to permanent housing destinations over the last three (3) years. Ryan shared that there was an 87% reduction in jail days among the Humility Homes and Services, Inc. Supportive Housing Pilot Project Participants. Ryan shared that Humility Homes and Services, Inc. goal is to have 125 total Supportive Housing Units in the Eastern Iowa Region. Ryan shared that the total ask amount from Humility Homes and Services, Inc. is \$1,651,474.00 over a five (5) year period with Year One (1) being \$113,361.00 to fund ten (10) units in Scott County that will maintain the Supportive Housing Pilot Project that has already been initiated. Ryan shared that for Years Two (2) thru Five (5) they are asking for the remaining \$1,538,113.00 in order to provide thirty units across all five (5) counties in the Eastern Iowa Region. Discussion was held.

Robert Young Center reviewed the crisis services for the month of October 2022. Christine Gradert, Coordinator of Children's Behavioral Health Services, reviewed the Children's Services included in the Eastern Iowa Region Crisis System Monthly Scorecard for October 2022. Christine reported her activities for October 2022. Jill Westhoff, RYC, reviewed the financials for October 2022. Discussion was held.

Lori Elam, CEO, presented the CEO Report. Lori shared that the Management Team has been working on the FY24 Budget. Lori shared RYC will be presenting the proposed FY24 Crisis Budget to the Management Team at the Steering Committee Meeting on Tuesday, December 13, 2022. Lori shared that RYC will be presenting the FY24 Crisis Budget along with Lori presenting the other service piece of the FY24 Budget to the Board at the Eastern Iowa MH/DS Region Governing Board of Directors Board Meeting on Monday, January 23, 2023 which will give the Board the opportunity to ask questions and request information. Lori shared that at the February Governing Board Meeting the full FY24 Budget Packet will be presented to the Board for final approval and if any other changes need to be made at that time, the full FY24 Budget Packet can then be presented at the March Governing Board Meeting for final approval. The full report is included in the Governing Board Packet.

Other: Next month's Governing Board Meeting will be Monday, December 19, 2022 at 3pm in the First Floor Board Room at the Scott County Administrative Center. Lori Elam, CEO, shared that Joan McGovern, Coordination Director at Family Resources, Inc. has resigned her position at Family Resources, Inc. and will be the new Quality and Risk Management Director at Eagle View Behavioral Health beginning December 14, 2022. Lori shared that with Joan's transition, she will no longer be on the Children's Advisory Committee and there will be an open position to fill.

Public Comment: Todd Noack, Executive Director of Life Connections Peer Recovery Services discussed the sale of the motel and they are set to close on December 5, 2022. Todd shared that Karen Hyatt, Emergency Mental Health Specialist with Iowa Department of Health and Human Services toured the Life Connections Peer Recovery Services Respite House and the Wellness Recovery Center.

Moved by Sorensen, seconded by Willey to adjourn meeting at 4:47pm. Ayes-Beck, Irwin, Smith, Sorensen, Willey and Roome.



Dawn Smith, Secretary, Eastern Iowa MH/DS Region