

I. Introductions:

Lori Elam, CEO, called the meeting to order at 1:05pm

Members Present: Michael Terry, Holly Parmer, Melissa Peterson, Jack Willey, Richard Whitaker and Nancy Nauman. Absent: Megan Tabor, Aaron Roome, Jen Armstrong, Jackie Hunt, Susie Ruchotzke, Luana Gredell, Lynn Hilgendorf and Lisa DuFour. Management Team Present: Lori Elam, Lynn Bopes, Julie Tischuk and Christine Gradert. Absent: Becky Eskildsen and Felicia Toppert.

II. Discussions:

- a. Lori Elam, CEO, shared that going forward the Children's Advisory Committee and Adult's Advisory Committee Meetings will be combined. Lori asked the Committee Members if Monday's were okay with everyone to have the meeting as they are quarterly and will be scheduled the same day as the Governing Board Meetings and consensus of the Advisory Committee Members is to have meetings Quarterly on the same day as the Governing Board Meetings.
- b. Christine Gradert, Coordinator of Children's Behavioral Health Services, shared Foundation 2, 24-hour Mobile Crisis Response is currently in all five (5) counties. Family Resources, Inc. is very close to opening their doors for Crisis Stabilization Residential for kids ages 8-17 at the Annie Wittenmyer Complex and children will be able to stay for up to five (5) days. Christine shared that Family Resources, Inc. continues to work on hiring staff for Crisis Stabilization Community Based Services for both children and adults. Christine shared that the Step-In Program with Lutheran Services in Iowa is receiving referrals and is very helpful in the rural areas of the Region to get families connected to services. Christine shared the Eastern IA MH/DS Region currently funds the Step-In Program for Scott, Muscatine and Cedar Counties. Christine shared that Clinton and Jackson Counties are DCAT funded for the Step-In Program so there are limitations on who can be served. The Region will begin funding the Step-In Program to all five (5) counties beginning FY24. Christine shared that the Direct Family Intervention Program (DFI) through Bethany for Children and Families, which is an in-home program for both children, and families, with the main focus being parenting skills, is currently accepting referrals in Scott County only. Christine shared that Functional Family Therapy (FFT) through Families, Inc. and Multi-Systemic Therapy (MST) through Vera French Mental Health Center are both currently accepting referrals.
- c. Christine Gradert, Coordinator of Children's Behavioral Health Services, shared Challenge to Change, Inc. is currently operating in 17 Davenport Schools and one (1) Bellevue School. In November, the Eastern Iowa MH/DS Region approved funding for this program to 125 K-12 schools in all 22 school districts in the Region. The program has currently opened 100 slots for teachers to take the 95-hour training course and they are now full. Christine shared that the Management Team is going to ask the Governing Board to fund more slots for more teachers to receive the training.

- d. Christine Gradert, Coordinator of Children's Behavioral Health Services shared the new children's service, Trauma and Society, is a high school elective that is primarily for 11th grade students and is meant to educate kids on the neurobiology of what is happening in their mind and body. Christine shared she is working closely with Ben Layer, Wellbeing Director with Mississippi Bend Area Education Agency (MBAEA), to have an identification mechanism included with this class for students that are triggered by their traumatic experiences and the school will be able to bring in the appropriate resources for that student. Christine shared that she is working with Dr. Julia Seng, Developer of Trauma and Society, Inc. to get this program up and running within the next month.
- e. Christine Gradert, Coordinator of Children's Behavioral Health Services shared that she is working with Frank Grijalva, MSCC, MSPH Director and founder of Midwest Trauma Services Network (MTSN). Christine shared that Frank is training five (days) a month in the Eastern Iowa Region on Trauma Informed Care. Christine is also working with Dr. Robert Macy, PhD, DMT and founder of The International Trauma Center (ITC), training advanced neurobiology and brain development of adolescents. Christine shared that ITC provided a Sequential Intercept Model (SIM) Workshop, which was held January 9-11, 2023, with 130 people in attendance. Christine shared that Dr. Robert Macy included Dr. Robert Kinscherff, PhD, J.D., ESQ., ITC-Senior Vice President, Juvenile Justice/Behavioral Health Initiatives in leading the workshop. Christine shared that SIM is largely used for adult corrections but with this process, they included Juvenile Court, HHS, DCAT, superintendents of schools and school counselors in the Region. Christine shared that Dr. Macy and Dr. Kinscherff will be back in the Eastern Iowa Region on March 6-7, 2023, with results of the SIM Workshop so the five (5) counties in the Region will be able to prioritize the needs of adolescents and identify gaps in the system. Christine shared that training has been a very large component and very well received in the Eastern Iowa Region. Christine shared that Gary Metivier with Metivier Media attended all three (3) days of the SIM Workshop interviewing people for upcoming infomercials.
- f. Lori Elam, CEO, presented the Revised Eastern Iowa MH/DS Region FY22 Annual Report. Lori shared that on pages 13-14 of the report, changes were made to show additional revenue coming to the Region. The Report shows \$9,036,237.00 Region Total for FY22. On page 14, it shows Total Funds Available for FY22 of \$16,635,237.00, FY22 Actual Regional Expenditures of \$9,036,237.00, Acceptable Encumbrance of \$2,742,843.00 and Accrual Fund Balance as of June 30, 2022 of \$4,856,157.00. Lori shared there were minor corrections made to the warehouse data due to diagnosis codes needing updated. Lori shared that Becky Eskildsen, Clinton County MH/DS Coordinator and her group did a great job putting the FY22 Annual Report together. Discussion was held. Moved by Peterson, seconded by Nauman to approve the Revised Eastern Iowa MH/DS Region FY22 Annual Report. Ayes-Terry, Parmer, Peterson, Willey, Whitaker and Nauman. Absent: Tabor, Roome, Armstrong, Hunt, Ruchotzke, Gredell and DuFour.
- g. Lori Elam, CEO, shared that the Management Team is currently working on the FY24 Budget, which includes the Non-Crisis General Services, and Crisis-Fiscal-Admin, which includes the RYC Crisis Service System Contract. Lori shared that Management Team is going to ask the Governing Board and RYC today to schedule a Budget Work Session in early February. Lori would like to meet with the combined Children's and Adult's Advisory Committee prior to the March 20, 2023 Governing Board Meeting to get feedback to see if there is anything they would like to change. Both Children and Adult Advisory Committees agree to meet on Friday, March 3, 2023 at 1:00pm to discuss.

III. Other

- a. Lori Elam, CEO, shared the Region has a contract with SolutionPoint Plus, a consulting and training firm specific to: crisis intervention, de-escalation, mental wellness and resiliency, and navigating the sequential intercept model (SIM) gaps that serves all first responders. January 19-20, 2023, SolutionPoint Plus had Xfactor Mental Wellness and Resiliency training at the Scott County Administrative Center for corrections officers and jailers. Lori shared there were a couple of deputies that also attended the training. This week, January 23-25, 2023, SolutionPoint Plus is hosting a 24-hour Advanced De-Escalation Training for care coordinators in the Region, which is being held at the UnityPoint Robert Young Center in Davenport. SolutionPoint Plus will be at the Scott County Administrative Center February 23-24, 2023, for Crisis Communications Training for Dispatchers. Lori shared that SolutionPoint Plus also has Crisis Intervention Trainings (CIT) for law enforcement officers. CIT is a week-long class with the first one being held September 2022 in Maquoketa. SolutionPoint Plus will be having another CIT training March 13-17, 2023 in Clinton and May 22-26, 2023 in Muscatine.
- b. Lori Elam, CEO, shared that she had a meeting with the CEO of East Central Region to discuss Intense Residential Service Homes (IRSH). Lori shared that the Region presented an RFP in September 2022 that was due November 1, 2022 and there was no response. Lori shared that due to the intensity of IRSH, many providers are declining to have this program. Staffing issues continue to be a problem as well. Discussion was held.
- c. Lori Elam, CEO, updated the Advisory Committees on the State of Iowa Department of Health and Human Services *Mental Health and Disability Services Regions Study Report for January 2023*. Discussion was held.
- d. The next Children's and Adult's Advisory Committee Meeting will be held Friday, March 3, 2023 from 1:00pm to 2:30pm at the Scott County Administrative Center in Room 605.

IV. Public Comment

- a. No public comment at this time.

V. Adjournment

- a. Lori adjourned the meeting at 2:16pm


Jennifer Ybarra, Administrative Assistant, Eastern Iowa MH/DS Region

