

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605

Meeting held in person or by phone/computer through Zoom
January 23, 2023
3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:00pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Nauman and Bell were present. Absent: Roome. Fiscal Agent: David Farmer, Present. Management Team Present: Elam, Tischuk, Bopes, Toppert and Gradert. Absent: Eskildsen. Guests Present: Jen Craft, Jill Westhoff, Melissa Petersen, Cedar County Board of Supervisor Bruce Barnhart, Greg Burnett, Rich Whitaker, Angela Ganzer-Bovitz, Wade Stierwalt, Sabrina Kozuszek-Earl, Charla Hollowell, Nin Fligel and other call-in guests not identified.

Moved by Sorensen, seconded by Irwin to approve the agenda as presented. Ayes-Beck, Irwin, Sorensen, Willey and Bell. Absent: Roome.

Moved by Sorensen, seconded by Willey to approve the minutes from the December 19, 2022, Governing Board Meeting. Ayes-Beck, Irwin, Sorensen and Willey. Abstain: Bell. Absent: Roome.

A motion was made by Sorensen, seconded by Irwin, to approve the following slate of Governing Board Officer Candidates for the calendar year 2023: Chair, Beck; Vice-Chair, Irwin; Secretary, Willey. Ayes: Beck, Irwin, Sorensen, Willey, Bell. Absent: Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending December 31, 2022. David reminded that Board that Scott County is the Fiscal Agent for the Region. David shared that the Region Assets Total as of December 31, 2022, is \$12,105,313.96. David shared that the Budget Revenue Amount for the Region as of December 31, 2022, is \$11,388,296.00 and the Actual Revenue Amount received as of December 31, 2022 is \$8,023,916.06. David shared that the Fund Balance for the Region as of December 31, 2022, is \$11,084,144.77. David shared that as of December 31, 2022, Actual Expenditures for the Region is \$4,538,771.36. David shared that as of December 31, 2022, the Region Fund Balance Percentage is 67.83%. Discussion was held. Chair Beck had all members of the Board introduce themselves. Moved by Irwin, seconded by Sorensen to approve the Regional Financial Reports as presented. Ayes-Beck, Irwin, Sorensen, Willey, Bell. Absent: Roome.

Lori Elam, CEO, presented the Revised Eastern Iowa MH/DS Region FY22 Fund Balance Certification Letter. Lori shared that there were funds that did not get transferred to the Region from one of the counties and the financial piece had to be revised on the FY22 Fund Balance Certification Letter. Lori shared that once approved, she will send to Iowa Department of Health and Human Services. Moved by Willey, seconded by Sorensen to approve the Revised Eastern Iowa MH/DS Region FY22 Fund Balance Certification Letter. Ayes-Beck, Irwin, Sorensen, Willey, Bell. Absent: Roome.

Lori Elam, CEO, presented the Revised Eastern Iowa MH/DS Region FY22 Annual Report. Lori shared that on pages 13-14 of the report, changes were made to show additional revenue coming to the Region. The Report shows \$9,036,237.00 Region Total for FY22. On page 14, it shows Total Funds Available for FY22 of \$16,635,237.00, FY22 Actual Regional Expenditures of \$9,036,237.00, Acceptable Encumbrance of \$2,742,843.00 and Accrual Fund Balance as of June 30, 2022 of \$4,856,157.00. Lori shared there were minor corrections made to the warehouse data due to diagnosis codes needing updated. Lori shared that Iowa Department of Health and Human Services is aware that the Eastern Iowa MH/DS Region Governing Board is reviewing the FY22 Annual Report at today's meeting. Lori shared that once approved she will send to HHS by 5:30pm this evening. Moved by Willey, seconded by Irwin to approve the Revised Eastern Iowa MH/DS Region FY22 Annual Report. Ayes-Beck, Irwin, Sorensen, Willey, Bell. Absent: Roome.

Lori Elam, CEO, presented the State of Iowa Department of Health and Human Services *Mental Health and Disability Services Regions Study Report for January 2023*. The Board would like Lori to put together talking points that can be discussed with Iowa Legislators. Discussion was held.

Robert Young Center reviewed the crisis services for the month of December 2022. Jill Westhoff, RYC, reviewed the financials for December 2022. Jen Craft, RYC, went over page 11 of the Eastern Iowa Region Crisis System Monthly Scorecard for December 2022 to review Eastern Iowa: Mobile Crisis Calls and page 30 to share what open employment positions have been filled and what positions are still vacant. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for December 2022. Discussion was held.

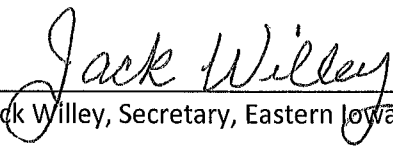
Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

Other:

- a. Next month's Governing Board Meeting will be Monday, February 27, 2023 in Room 605 at the Scott County Administrative Center. Board consensus is for meeting to be moved to 1:00pm.
- b. Lori Elam, CEO, shared that she would like to set a date for Management Team and Governing Board to meet in early February for FY24 Budget Work Session. Lori will send a survey out to the Board to see what day works best for everyone.

Public Comment: Rich Whitaker, CEO of Vera French, shared that Vera French is currently upgrading their electronic health records. Rich shared that they are in the middle of year two (2) with the Community Mental Health Center Substance Abuse and Mental Health Services Administration (SAMHSA) Grant, which has increased the number of people that Vera French has been able to serve by 650. Rich shared that Vera French received the Certificate of Occupancy for the Peer Drop-In Center and they will be reopening on Wednesday, January 25, 2023. Rich shared that in December, Vera French saw 191 people for Same Day Access. Rich shared that Vera French has just started working with their 145th youth and their family through Multisystemic Therapy (MST). Rich shared that Vera French is currently working on building their MST Prevention Team that will service youth as young as nine (9) years of age. Rich shared that Vera French just served their 100th patient, who completed NeuroStar Transcranial Magnetic Stimulation (TMS) Therapy. Rich shared that out of all of the 100 people they have served with NeuroStar TMS Therapy, 90% have had success and are in remission. Discussion was held.

Moved by Sorensen, seconded by Irwin to adjourn meeting at 4:30pm.



Jack Willey, Secretary, Eastern Iowa MH/DS Region