

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605

Meeting held in person or by phone/computer through Zoom
February 27, 2023
1:00-3:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 1:05pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Barnhart via Zoom and Nauman via Zoom. Absent: Roome. Fiscal Agent: David Farmer, Present. Management Team Present: Elam, Tischuk, Toppert, Eskildsen and Gradert. Absent: Bopes. Guests Present: Jen Craft, Jill Westhoff, Diane Martens, Doug Wilson, Steve LeWarne, Rich Whitaker, Angela Ganzer-Bovitz, Wade Stierwalt, Nin Flagel, Mikka Mills, Lisa DuFour, Sherri Hunt, Ryan Bobst, Mahesh Sharma, Andrew Zwack, Melissa Tucker, Linda Cavazos, Ashley Sorensan, John Rushton, Todd Lange and other call-in guests not identified.

Chair Beck noted we do not have a quorum at today's Governing Board Meeting therefore no action will be taken on items requiring a vote. The Agenda items tabled until the next Governing Board Meeting are as follows:

- a. Governing Board of Directors Board Meeting Agenda for February 27, 2023
- b. Possible Action for Approval of Minutes from the January 23, 2023 Governing Board Meeting
- c. Possible Action for Approval of Minutes from the February 8, 2023 Governing Board FY24 Budget Work Session
- d. Possible Action for Approval of the Regional Financial Report
- e. Possible Action for Approval of Three (3) One-Time Funding Requests for FY23:
 - a. Challenge to Change, Inc.
 - b. International Trauma Center
 - c. Early Childhood Development Screening Kits

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending January 31, 2023. David shared that the Region Assets Total as of January 31, 2023, is \$10,972,878.74. David shared that the Budget Revenue Amount for the Region as of January 31, 2023, is \$11,388,296.00 and the Actual Revenue Amount received as of January 31, 2023 is \$8,029,056.56. David shared that the Fund Balance for the Region as of January 31, 2023, is \$9,079,373.37. David shared that as of January 31, 2023, Actual Expenditures for the Region is \$6,548,683.26. David shared that as of January 31, 2023, the Region Fund Balance Percentage is 62.01%. Discussion was held. No action taken. This item is tabled until March Governing Board of Directors Board Meeting.

Discussion and Possible Action for Approval to update the Eastern Iowa MH/DS Region Website has been tabled for the March Governing Board of Directors Board Meeting due to Gary Metivier with Metivier Media, being unable to attend today's meeting.

Christine Gradert, Coordinator of Children's Behavioral Health Services presented the one-time funding request of \$37,200.00 for the Ages and Stages (ASQ) Questionnaire and to purchase kits needed to implement the screening tool. Christine shared this screening tool is for young children, ages 0-4. Christine shared that the Early Childhood Iowa State Board has recently selected the ASQ as the only screener to be reported in performance measures for young children. Christine shared that very few providers in the Eastern Iowa Region have been trained on this tool and currently there is only one statewide ASQ Trainer in Iowa. Christine shared that currently, Head Start and Skip-A-Long are the only centers in Scott County utilizing the ASQ, Cedar County reports that they have two (2) centers using ASQ but usage of this tool at other centers throughout the five (5) counties is unknown. Discussion was held. No action taken. This item is tabled until March Governing Board of Directors Board Meeting.

Christine Gradert, Coordinator of Children's Behavioral Health Services presented the one-time funding request of \$60,400.00 for the International Trauma Center (ITC). Christine shared that she and Dr. Robert Macy, Director and President of the International Trauma Center did not anticipate getting through the Sequential Intercept Model (SIM) work as quickly as they have. The additional funding will be used to continue SIM work, design-develop-and publish the Final Eastern Iowa MH/DS Region SIM Cross-Sectional Strategies and Resource Report and provide classes to Clinicians working with children exposed to developmental trauma. Discussion was held. No action taken. This item is tabled until March Governing Board of Directors Board Meeting.

Christine Gradert, Coordinator of Children's Behavioral Health Services presented the one-time funding request of \$65,000.00 for Challenge To Change, Inc. Christine shared that Challenge To Change, Inc. has already filled the 100 slots allocated for the 95-Hour Youth Yoga Teacher Training and are asking for 50 additional slots for teachers, staff and community members in the Region to allow continued programming to happen in the schools. Christine shared that this program also includes access to the Yoga and Mindfulness Portal Resource Center. Discussion was held. No action taken. This item is tabled until March Governing Board of Directors Board Meeting.

Jen Craft, Manager of the Eastern Iowa Region Crisis System & Care Coordination and Christine Gradert, Coordinator of Children's Behavioral Health Services presented the Eastern Iowa Region Crisis System FY24 Budget Proposal PowerPoint, which was originally presented at the Governing Board of Directors Budget Work Session on February 8, 2023. Jen and Christine reviewed the updates that were added to the PowerPoint since the Budget Work Session. Christine reviewed each of the services that are presented on the slide and Jen shared that she included the cost of each service on the slides. Jen shared that she added the Proposed FY24 Budget Spreadsheet as the last page of the PowerPoint. Discussion was held.

Lori Elam, CEO, and Christine Gradert, Coordinator of Children's Behavioral Health Services presented the Eastern Iowa MH/DS Region FY24 Budget Proposal PowerPoint, which was originally presented at the Governing Board of Directors Budget Work Session on February 8, 2023. Lori reviewed the updates that were added to the PowerPoint since the Budget Work Session. Christine reviewed the New Services Proposed and Budget Recommendations Slide that are included in the FY23 Budget. Lori reviewed the Service/Budget Discussions Slide and the FY24 Budget Proposal Slide. Lori shared that she and David Farmer, Fiscal Agent worked on the Financial History Slide which shows FY19 thru Projected FY24. Discussion was held.

Robert Young Center reviewed the crisis services for the month of January 2023. Jill Westhoff, RYC, reviewed the financials for January 2023. Jen Craft, RYC, discussed page 9 of the Eastern Iowa Region Crisis System Monthly Scorecard for January 2023 to review the Eastern Iowa: Clinton Law Enforcement Crisis Response Pilot Project and Eastern Iowa: Muscatine Law Enforcement Crisis Response Pilot Project. Jen discussed page 11 to review the Eastern Iowa: Mobile Crisis Calls and page 31 to share what open employment positions have been filled and what positions are still vacant. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for January 2023. Discussion was held.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.


Lori Elam, CEO, shared that she is busy watching what the Iowa Legislature in Des Moines are doing with four (4) different Bills that are currently being discussed.

Other:

- a. Next month's Governing Board Meeting will be Monday, March 20, 2023 in Room 605 at the Scott County Administrative Center at 3:00pm.

Public Comment: Rich Whitaker, CEO of Vera French, shared that Vera French has been supporting Permanent Supportive Housing since 1994. Rich shared that what Vera French submitted for the budget consideration are for the services aspects for Vera French Staffing to help individuals stay as long-term as needed in the housing and to make sure that people with mental illness are supported in an independent living level of care. Rich shared that Vera French would like to have a Fidelity Review completed. Rich shared that Vera French completed an internal Fidelity Study but would like to have an outside study completed. Rich shared that Vera French is expanding Rick's House of Hope and wanting to change the name to Rick's Ray of Hope and provide services to wherever children and families are that have grief and loss issues. Rich shared that they would like to expand services to Camp Abe Lincoln and increase the number of summer camps from two (2) to three (3) this summer. Rich shared that in January 2023, there were 300 people that came to Vera French for Same Day Access Services. Rich shared that he appreciates the interest of the Governing Board in NeuroStar Transcranial Magnetic Stimulation (TMS) Therapy. Rich shared that Vera French has received 12 new referrals for TMS Therapy and since July 2022, Vera French has served 39 individuals with TMS Therapy and only two (2) of those individuals were unsuccessful. Rich shared that unfortunately, at this time, it is not a good time to add another NeuroStar Chair due to current renovations at the center building. Rich thanked the Governing Board for the funding that was used to add significant space to the Carol Center Peer Support Wellness Center. Rich shared that on average the Carol Center is seeing 12 people per day and looking at a total of 200 people being served in February. Rich shared that 45 of the people served are brand new. Rich shared that in the month of January, 125 homeless people were served. Lori Elam, CEO, wanted clarification from Rich as to what services are provided with Same Day Access and Rich shared that this service provides access to a therapist. Rich shared that Vera French Carol Center is serving four (4) people per week that are accessing a therapist. Rich shared that they have just opened another Same Day Access location at The Center located at 1411 Brady St., Davenport, Iowa, which is open every day, during the morning, and also provides group services.

Moved by Sorensen, seconded by Irwin to adjourn meeting at 2:40pm.



Jack Willey, Secretary, Eastern Iowa MH/DS Region