

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605

Meeting held in person or by phone/computer through Zoom
March 20, 2023
3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:02pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Roome via Zoom, and Bixler. Nauman joined via Zoom at 3:08pm. Fiscal Agent: David Farmer, Absent. Management Team Present: Elam, Tischuk, Toppert, Eskildsen, Bopes via Zoom and Gradert. Guests Present: Gary Metivier, Jen Craft, Jill Westhoff, Rich Whitaker, Angela Ganzer-Bovitz, Wade Stierwalt, Roger Shindell, Todd Noack, Stephanie Lathrop, Michael Terry, Sabrina Kozusek-Earl, Karen Holt, Henry Marquard, Angela Gallagher, Charla Hollowel and other call-in guests not identified.

The February 27, 2023 Governing Board Meeting did not have a quorum to approve the Governing Board Meeting Agenda so it is being presented today for approval as well as the March 20, 2023 Governing Board Meeting Agenda. Moved by Sorensen, seconded by Willey to approve the February 27, 2023 Governing Board Meeting Agenda as presented and the March 20, 2023 Governing Board Meeting Agenda as presented. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Bixler.

The February 27, 2023 Governing Board Meeting did not have a quorum to approve the minutes for the January 23, 2023 Governing Board Meeting and the February 8, 2023 Governing Board FY24 Budget Work Session so they are being presented today for approval as well as the minutes for the February 27, 2023 Governing Board Meeting. Moved by Irwin, seconded by Sorensen to approve the minutes from the January 23, 2023 Governing Board Meeting, February 8, 2023 Governing Board FY24 Budget Work Session and the February 27, 2023 Governing Board Meeting. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Bixler.

Lori Elam, CEO, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending February 28, 2023. Lori shared that the Region Assets Total as of February 28, 2023, is \$9,949,375.73. Lori shared that the Budget Revenue Amount for the Region as of February 28, 2023, is \$11,388,296.00 and the Actual Revenue Amount received as of February 28, 2023 is \$8,029,056.56. Lori shared that the Fund Balance for the Region as of February 28, 2023, is \$8,710,254.35. Lori shared that as of February 28, 2023, Actual Expenditures for the Region is \$6,917,802.28. Lori shared that as of February 28, 2023, the Region Fund Balance Percentage is 59.49%. The February 27, 2023 Governing Board Meeting did not have a quorum to approve the January 31, 2023 Regional Financial Reports so they are being presented today for approval. Moved by Willey, seconded by Irwin to approve the Regional Financial Reports for the period ending January 31, 2023 and the Regional Financial Reports for the period ending February 28, 2023 as presented. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Bixler.

Roger Shindell, MS, CHPS, CISA, CIPM, President and CEO of Carosh Compliance Solutions, LLC and Stephanie Lathrop, CHPC, SHRM-CP, Chief Operations Officer of Carosh Compliance Solutions, LLC, both via Zoom, presented the renewal of the HIPAA Compliance Agreement between the Eastern Iowa MH/DS Region and Carosh Compliance Solutions, LLC. A hard copy of the renewal was given to each Governing Board Member to follow. Stephanie shared that the total amount for the twelve-month term beginning

April 1, 2023 through March 31, 2024 is \$12,375.00. Discussion was held. Moved by Irwin, seconded by Sorensen to approve the renewal of the HIPAA Compliance Agreement for the twelve-month term beginning April 1, 2023 through March 31, 2024. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Bixler. Gary Metivier with Metivier Media shared that he would like the ability to update the Eastern Iowa MH/DS Region Website. Gary shared his purpose of gaining control of the website would be to modernize, make the website user-friendly and make it a tool of interactivity. Gary shared that he wants the ability to showcase what the Region is doing in the community by posting highlight reels and video trailers. Gary shared that he would like to collaborate with teamwti Digital Marketing & Web, who currently handles the Region's social media platforms with Gary, and link those social media platforms to the website. Gary shared that he is aware that Vortex currently hosts the website but if he were able to gain control, the website will be under one program with the ability to track information pertaining to how many people visit the website, what was watched and what was clicked on the website. Gary shared that he would like to have a meeting with the Management Team to make sure that the website fits the goal of the Region. Discussion was held.

Lori Elam, CEO, shared a PowerPoint Presentation of the Eastern Iowa MH/DS Region FY24 Budget Proposal, which includes ten (10) one-time funding requests for the FY23 Budget. Lori shared that three (3) of the one-time funding requests for the FY23 Budget were discussed during the February 27, 2023 Governing Board Meeting but the Board did not have a quorum to approve, which were as follows: 1) Ages and Stages (ASQ) Questionnaire, 2) International Trauma Center (ITC), 3) Challenge to Change, Inc.. The remaining seven (7) one-time funding requests included in the FY23 Budget being presented today for approval are as follows: 1) The Gray Matters Collective, 2) Update to the Eastern Iowa MH/DS Region Website, 3) Humility Homes and Services, Inc. for case management and stability funds to help seven (7) units of supportive housing with rent and utilities, 4) MCSA – Muscatine for Peer Respite Beds, 5) Life Connections Peer Recovery Services for training seminars and facilitator training for the Wellness Recovery Action Plan (WRAP) Program, 6) Muscatine County Jail for four (4) Suicide Prevention Mattresses, 7) Genesis Medical Center East Emergency Department – 24 hour Crisis Access. Lori shared that she has been working with Henry Marquard, Government and Community Relations Officer at Genesis Health System and Angela Ganzer-Bovitz, Director of Behavioral Health Inpatient at Robert Young Center (RYC) – Unity Point and Genesis Health System, to write a proposal for funding of Behavioral Health Crisis Services in the Genesis East Emergency Department. Lori shared Genesis East Emergency Department served 3564 patients during the 2022 Calendar Year. Lori shared currently, the number of individuals waiting in the ED at one (1) time has been as high as 55 waiting for care and the wait time has been up to eight (8) hours. Lori shared this funding will enhance the care that providers are providing in the ED for psychiatric patients. Lori shared that the Region would invest money in three (3) Advanced Practice Professionals (APP's) and one (1) social worker who will be available 24 hours a day, seven (7) days a week, 365 days a year, investing in the service of 24 hour Access to Crisis Response. Lori shared that Genesis Medical Center East is the largest hospital in the Eastern Iowa MH/DS Region. Lori shared this investment will improve the timeliness of service, quality of care for psychiatric patients and will allow the ability to make connections with outside care coordinators, providers and pharmacies. Lori shared that on-site staff in the ED will be able to provide assessments, counseling, and reassurance to the patients. Lori shared the proposal with the State of Iowa Department of Health and Human Services (IHHS) Don Gookin, Community Systems Consultant, Theresa Armstrong, Bureau Chief and Marissa Eyanson, Division Administrator, Community Mental Health and Disability Services and they approve the proposal with the understanding that this will be a block grant. Lori shared that Genesis

Medical Center East will be required to provide a spreadsheet to the Eastern Iowa MH/DS Region that includes a list of everyone served prior month with clients name, birthday, address and social security number. Lori shared the money that is block granted will be divided amongst the number of people served that month and if the individuals have insurance, the insurance will be billed and the Region will be reimbursed by Genesis the money that insurance pays. Discussion was held. Moved by Irwin, seconded by Willey to approve agenda item VII FY23 one-time funding requests. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Bixler. The following were approved: Ages and Stages (ASQ) Questionnaire, International Trauma Center (ITC), Challenge to Change, Inc., The Gray Matters Collective, Update to the Eastern Iowa MH/DS Region Website, Humility Homes and Services, Inc., MCSA – Muscatine, Life Connections Peer Recovery Services, Muscatine County Jail, Genesis Medical Center East Emergency Department.

Lori Elam, CEO, presented Eastern Iowa MH/DS Region FY24 Budget Proposal section of the PowerPoint Presentation. Lori shared that nothing has changed with the budget proposal since the last presentation at the February 27, 2023 Governing Board Meeting with the exception of MCSA – Muscatine being added for a full year of operation in the amount of \$225,420.00 which is included in the RYC Crisis Services/Fiscal/Admin Budget. Lori shared that the updated FY24 Proposed Budget amount is \$17,049,724.00, which includes RYC Crisis Services/Fiscal/Admin Budget of \$12,252,017.00 and Non-RYC Crisis Services Budget of \$4,797,707.00. Discussion was held regarding the Financial History Slide of the PowerPoint Presentation. Moved by Willey, seconded by Sorensen to approve the FY24 Proposed Budget as presented in the amount of \$17,049,724.00. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Bixler.

Lori Elam, CEO and Jill Westhoff, Director of Financial Operations at UnityPoint Health presented the Robert Young Center for Community Mental Health Twelfth Amendment to Regional Mental Health Crisis Services Agreement. A hard copy of the Amendment was given to each Governing Board Member to follow. Moved by Sorensen, seconded by Irwin to approve the Robert Young Center for Community Mental Health Twelfth Amendment to Regional Mental Health Crisis Services Agreement as presented. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Bixler.

Robert Young Center reviewed the crisis services for the month of February 2023. Jill Westhoff, RYC, reviewed the financials for February 2023. Jen Craft, RYC, reported her activities for February 2023. Jen discussed page 12 of the Eastern Iowa Region Crisis System Monthly Scorecard for February 2023 to review Eastern Iowa: Mobile Crisis Calls, page 22 to review Eastern Iowa: Vera French Crisis Stabilization and Eastern Iowa: Vera French Crisis Stabilization Residential – Referrals Sent to Community Care Coordinators, and page 25 to review the Eastern Iowa: Peer Respite – Rhonda's House Metrics and Eastern Iowa: Peer Respite – Referrals Sent to Community Care Coordinators. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for February 2023. Jack Willey, Jackson County Governing Board Member shared that he was able to attend one (1) day of the Sequential Intercept Model (SIM) Workshop and Christine did a phenomenal job coordinating the workshop.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

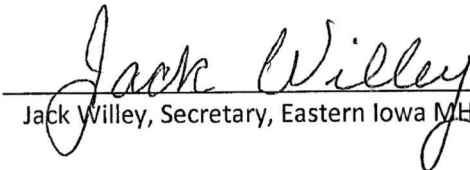
Lori Elam, CEO, shared that she continues to watch legislative updates and there are no changes to report at this time.

Other:

- a. Next month's Governing Board Meeting will be Monday, April 17, 2023 in Room 605 at the Scott County Administrative Center at 3:00pm.

Public Comment: Rich Whitaker, CEO of Vera French, shared that he would like to see reported in the Eastern Iowa Region Crisis System Monthly Scorecard, how many in-person responses are happening with Mobile Crisis Calls instead of just a phone call. Rich shared that in February 2023, Vera French saw 212 people for Same Day Access. Rich shared that since the beginning of January 2023, Vera French has served 20 youth and their family through Multisystemic Therapy (MST) discharged with only two (2) not meeting the instrumental outcomes. Rich shared that currently there are 18 youth being served in the MST Program. Rich shared that Vera French just served their 109th patient, who completed NeuroStar Transcranial Magnetic Stimulation (TMS) Therapy. Rich shared that out of the 109 people they have served with NeuroStar TMS Therapy, 83% have had success and are in remission. Rich shared that less than 15% of people who have had NeuroStar TMS Therapy have had to come back for a second round. Rich shared that they have expanded to co-locate Same Day Access Services at The Center located at 1411 Brady St., Davenport, Iowa, which officially opened two (2) offices in February. Rich shared that Vera French is continuing to make efforts to recruit psychiatrists and nurse practitioners. Rich shared effective April 14, 2023, Medical Director Dr. John Stecker III, MD, will be moving to Colorado Springs, CO and Vera French is actively recruiting his position.

Moved by Willey, seconded by Irwin to adjourn meeting at 4:47pm.



Jack Willey, Secretary, Eastern Iowa MH/DS Region