

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605

Meeting held in person or by phone/computer through Zoom
April 17, 2023
3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:03pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Roome and Barnhart were present. Nauman joined via Zoom at 3:10pm. Fiscal Agent: David Farmer, Absent. Management Team Present: Elam, Tischuk, Toppert, Bopes and Gradert. Absent: Eskildsen. Guests Present: Jen Craft, Jill Westhoff, Patti Robinson, Wade Stierwalt, Todd Noack, Angela Ganzer-Bovitz, Katelyn Hamilton, Katie Kelly, Lisa DuFour, Burton Carriker, Carmen Galvin, Beth Stoffers, Liz Finerty, Charla Hollowell, Nin Flagel, Todd Lange and other call-in guests not identified.

Moved by Willey, seconded by Sorensen to approve the April 17, 2023 Governing Board Meeting Agenda as presented. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Barnhart.

Moved by Irwin, seconded by Barnhart to approve the minutes from the March 20, 2023 Governing Board Meeting. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Barnhart.

Lori Elam, CEO, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending March 31, 2023. Lori shared that the Region Assets Total as of March 31, 2023, is \$9,674,278.40. Lori shared that the Budget Revenue Amount for the Region as of March 31, 2023, is \$11,388,296.00 and the Actual Revenue Amount received as of March 31, 2023, is \$10,176,105.85. Lori shared that the Fund Balance for the Region as of March 31, 2023, is \$9,477,110.56. Lori shared that as of March 31, 2023, Actual Expenditures for the Region is \$8,297,995.36. Lori shared that as of March 31, 2023, the Region Fund Balance Percentage is 59.94%. Discussion was held. Moved by Sorensen, seconded by Willey to approve the Regional Financial Reports for the period ending March 31, 2023 as presented. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Barnhart.

Lori Elam, CEO, and Christine Gradert, Coordinator of Children's Behavioral Health Services presented one-time funding requests for various trainings in FY23 along with a handout of the list of trainings for the Governing Board to follow. Christine shared that the Tasha Schuh presentation: "We Can Do Hard Things" for the Clinton Community School District is currently on hold as Christine is reaching out to other school districts in the Region to see if there is interest. Christine shared that the Clock, Inc. Presentations for educating communities on the basics of LGBTQ, Trans 101 and becoming allies is currently on hold to see how it will fit into the Sequential Intercept Model (SIM). Christine presented the one-time funding request of up to \$10,000.00 for the cost of the interactive coloring book that goes along with the "Dragon Flight School" book for all elementary school aged children (K-6) in all five (5) counties in the Eastern Iowa MH/DS Region that Gary Metivier with Metivier Media is publishing. Christine reminded the Governing Board that both the book and interactive coloring book compliment the Challenge to Change, Inc. curriculum.

Lori Elam, CEO, shared that she would like to purchase more copies of the “Dragon Flight School” book and she will have the dollar amount for the purchase added to the Governing Board Meeting Agenda in May. Christine presented the one-time funding request of \$4,000.00 for printing and spiral binding of 300 copies of the final Sequential Intercept Model (SIM) Report. Christine shared that she has scheduled the SIM Work Groups to meet once per month virtually and meet one-time, in-person for an all day workshop. Christine shared that the SIM Work Groups will finish in September and recommendations will be presented to the Management Team and the Governing Board no later than October. Christine presented the one-time funding request of up to \$10,500.00 for summer stipends and lunch for teacher training for the Trauma & Society Study Group. Christine presented the one-time funding request for Sequential Intercept Model (SIM) Results. Christine shared that she is going to have a discussion with the Management Team regarding implementation of results and the request for one-time funds will be included on the May Governing Board Agenda. Lori Elam, CEO, shared that the one-time funding requests for the various trainings in FY23, items 3-6, will be up to \$24,500.00. Moved by Sorensen, seconded by Irwin to approve items 3-6, up to \$24,500.00, for the one-time funding requests: Bulk interactive coloring books, printing and spiral binding of the Sequential Intercept Model (SIM) Report, summer stipends and lunch for teacher training for Trauma & Society Study Group and Sequential Intercept Model (SIM) Results. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Barnhart.

Lori Elam, CEO, presented the FY24 Annual Service and Budget Plan for the Eastern Iowa Mental Health and Disability Services Region along with a hard copy for each Governing Board Member to follow. Lori shared that Iowa Department of Health and Human Services (IHHS) has approved the plan. Lori shared that the FY24 Annual Service and Budget Plan begins July 1, 2023 thru June 30, 2024. Discussion was held. Moved by Sorensen, seconded by Barnhart to approve the FY24 Annual Service and Budget Plan for the Eastern Iowa Mental Health and Disability Services Region as presented. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Barnhart.

Robert Young Center reviewed the crisis services for the month of March 2023. Jill Westhoff, RYC, reviewed the financials for March 2023. Jen Craft, RYC, reported her activities for March 2023. Jen discussed page 12 of the Eastern Iowa Region Crisis System Monthly Scorecard for March 2023 to review Eastern Iowa: Mobile Crisis Calls, page 20 to review Eastern Iowa: Wellness Recovery/Peer Drop-In Individuals Served and Eastern Iowa: Wellness Recovery/Peer Drop-In Services Provided, pages 21-23, which are new to the packet, to review the Eastern Iowa: Family Resources Crisis Stabilization Community Based and Referrals and Eastern Iowa: Family Resources Crisis Stabilization Residential Kids and Referrals, pages 32-34, FY23 Training Log and page 36, Eastern Iowa: Referrals Received for Care Coordination. Christine Gradert, Coordinator of Children’s Behavioral Health Services, reported her activities for March 2023. Lori Elam, CEO, shared the Family Resources Crisis Stabilization Community Based Services Flyer.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

Lori Elam, CEO, shared that she is watching Iowa Senate File 494, which is an Act relating to public assistance program oversight. Lori shared that it is a two (2) year process that will change eligibility guidelines for Family Investment Program (FIP) Benefits and Supplemental Nutrition Assistance Program (SNAP) Benefits. Lori shared that the fiscal note for Senate File 494 states this will impact 8,000 individuals in Iowa. Lori shared Iowa Department of Health and Human Services (IHHS) gave a draft copy of the Regional CEO Contract to all CEO’s in each Region. Lori shared that the CEO Group has been working together to review the contract. Lori shared that the contract has a large focus on Jail Diversion and

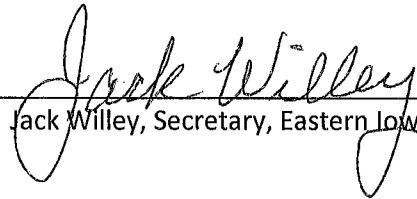
Competency Restoration. Lori shared that the contract will be on the May Governing Board Agenda to sign. Discussion was held.

Other:

- a. Next month's Governing Board Meeting will be Monday, May 15, 2023 in Room 605 at the Scott County Administrative Center at 3:00pm.
 - a. Chair Beck suggested an earlier start time for Governing Board Meetings. Lori Elam, CEO, will send out a survey to the Governing Board to see what time works best for everyone.
- b. Jack Willey, Jackson County Governing Board Member, shared that on Friday, April 14, 2023, he attended the Mental Health Court Graduation Ceremony. Jack shared there were five (5) individuals that graduated and he was very impressed with everyone involved in the program.

Public Comment: No public comment at this time.

Moved by Roome, seconded by Barnhart to adjourn meeting at 4:18pm.



Jack Willey, Secretary, Eastern Iowa MH/DS Region