

**I. Introductions:**

Lori Elam, CEO, called the meeting to order at 1:05pm

Members Present: Jack Willey, Richard Whitaker, Lynn Hilgendorf, Melissa Peterson, Lisa DuFour and Nancy Nauman. Absent: Luana Gredell, Aaron Roome, Jen Armstrong, Susie Ruchotzke, Michael Terry, Elizabeth Finerty and Holly Parmer. Management Team Present: Lori Elam, Julie Tischuk, Lynn Bopes, Christine Gradert, Becky Eskildsen and Felicia Toppert.

**II. Discussions:**

- a. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for June 2023. Christine shared on Monday, June 5, 2023, there was the Sequential Intercept Model (SIM) Work Teams Workshop at Rhythm City Casino with Frank Grijalva, MSCC, MSPH Director and founder of Midwest Trauma Services Network (MTSN), Dr. Robert Macy, Ph.D., DMT and founder of The International Trauma Center (ITC), and Dr. Robert Kinscherff, Ph.D., J.D., ESQ., ITC-Senior Vice President, Juvenile Justice/Behavioral Health Initiatives. Christine shared there are four (4) primary work teams to help determine what adolescent programs are needed in the Region. Christine shared that all four (4) work groups will have a recommendation in September to bring to the Management Team. Christine shared that two (2) Request for Proposals (RFP's) have been posted on the Eastern Iowa MH/DS Region website for a Children's Education Liaison that will be the Region's connection to all 125 K-12 schools in the Region, and a Licensed Clinical Specialist that will provide comprehensive assessments as well as coordinated psych testing as needed for both adults and adolescents. Christine shared that two (2) bids were received for the Children's Education Liaison and Lutheran Services in Iowa (LSI) was selected. Christine shared that LSI is currently in the contracting phase with Robert Young Center (RYC). Christine shared that the Licensed Clinical Specialist RFP received one (1) bid that was not adequate to fill the needs so the position will be folded under Christine through RYC and posted at UPH-RYC. Christine shared that Gary Metivier with Metivier Media has been conducting interviews to market mental health services in the Region. Christine shared that there has been training at Project Renewal in Davenport. Christine shared that she has also been working with both Challenge to Change, Inc. and Trauma and Society.
- b. Lori Elam, CEO, shared that the Encumbrance Funds for FY23 totaled \$2,742,843.30. The services encumbered are Bridge Prescriber Appointments for \$200,000.00, Family Resources, Inc. Crisis Stabilization Community Based for both children and adults for \$2,069,660.00, Family Resources, Inc. Crisis Stabilization Residential for children for \$300,000.00, and 10% of Administrative Costs, which is \$173,183.30. Lori shared that the Bridge Prescriber service is still not up and running but RYC is currently negotiating a contract with Integrated Telehealth Partners (ITP) and service should be starting in July 2023. Lori shared that the Family Resources, Inc. Crisis Stabilization Community Based for both children and adults is still not up and running due to staffing issues and the Region only spent \$624,780.00 of the \$2,069,660.00 encumbered. Lori shared that Family

Resources, Inc. Crisis Stabilization Residential for children is up and running and all \$300,000.00 encumbered has been spent. Lori shared that the 10% of Administrative Costs encumbered were spent by Second Quarter of FY23. Lori shared total encumbered dollars spent in FY23 was \$1,097,963.30 which leaves \$1,644,880.00 that will be added back into fund balance for FY24. Lori shared that the Region is not going to apply for Encumbrance Funds in FY24 because the encumbrance is only good for six (6) months.

- c. Lori Elam, CEO, shared that the East Central Region and the Eastern Iowa MH/DS Region submitted a joint Request for Proposal (RFP) for an Intensive Residential Services Home (IRSH). Lori shared they received two (2) proposals and are currently working on a Memorandum of Understanding (MOU) with the provider they have chosen. Lori shared that the IRSH will be ready to serve both Regions by March 2024. Lori shared that the first home will be stationed in the East Central Region and the second home will be stationed in the Eastern Iowa MH/DS Region. Discussion was held.
- d. Lori Elam, CEO, shared she received the State of Iowa Department of Health and Human Services (HHS) House File 471 Implementation, MHDS Regional Operational Guidance 2023-01 – Revised Letter. Lori shared that House File 471 identifies changes to the Region's FY24 membership of the Governing Board of Directors to include a law enforcement representation and a judicial system representation. Lori shared that Addie Rupp was going to serve as the Judicial System Representative but she has been promoted to Chief Juvenile Court Officer and will be recommending Davids Hinds, Juvenile Court Officer with Jackson County, to serve as the Judicial System Representative for the Eastern Iowa MH/DS Governing Board of Directors. Lori shared that Lisa DuFour, Chief of Police for Tipton Police Department is going to serve as the Law Enforcement Representative for the Eastern Iowa MH/DS Governing Board of Directors. Lori shared that current Governing Board Member, Nancy Nauman, Mississippi Bend Regional Director of Optima LifeServices, is now a voting member of the Eastern Iowa MH/DS Governing Board of Directors. Lori shared that Lynne Hilgendorf will serve on the Eastern Iowa MH/DS Governing Board of Directors as an Adult/Actively Involved Relative of an Adult who Utilizes Mental Health and Disability Services. Lori shared that additional requirements of House File 471 specify that each member of the Governing Board shall have one (1) vote and the County Board of Supervisors representation is not to exceed 49% of the board membership. Lori shared that HHS wants Regions to update their 28E Agreements, Annual Service and Budget Plans (ASBP) and Policy and Procedure Manuals. Lori shared that she sent the revised 28E Agreement to HHS for review and she will present the 28E Agreement to the Governing Board at the August Governing Board Meeting. Lori shared that once the 28E Agreement has been approved by the Governing Board, she will present it to all five (5) counties in the Region before she submits it back to HHS. Lori shared that she does not have to submit the Annual Service and Budget Plan (ASBP) until HHS sends the Chart of Account (COA) Codes for Outpatient Competency Restoration (OCR) Services. Lori shared that she and the Management Team continue to work on the Policy and Procedure Manual, which is due to HHS by September 30, 2023. Discussion was held.



- e. Lori Elam, CEO, shared that Health Management Associates (HMA) is studying Health and Human Service Programs in the State of Iowa. Lori shared that HMA is assessing how people access services and the similarities in funding, services, benefits and administrative costs of services. Lori shared that the entities HMA is assessing are: Local Government Public Health, Environmental Health, Emergency Preparedness, Local Public Health Delivered Medicaid Services, Maternal and Child Health, Family Planning, I-Smile, WIC, Family Development and Self Sufficiency Programs, Community Action Agencies, Integrated Provider Network, Tobacco Community Partnerships, Early Childhood Iowa, Certified Community Behavioral Health Centers, Mental Health Delivery Regions, Aging and Disability Regional Centers, Area Agencies on Aging, DCAT and Community Partnership for Protecting Children. Lori shared that HMA's goal is to come up with different models that make it easier for Iowans to access these services and have a proposal for two (2) different funding mechanisms. Lori shared that HMA will share an assessment report with Iowa Department of Health and Human Services (HHS) by the end of October. Discussion was held.
- f. Lori Elam, CEO, shared this past week was the one-year anniversary of the 988 Suicide & Crisis Lifeline. Lori shared that during the first year, there were 31,000 contacts with 988 in Iowa. Of the 31,000 contacts, 65% were calls made, 21% were chats and 15% were text messages.

### **III. Other**

- a. The next Children's and Adult Advisory Committee Meeting will be Monday, October 16, 2023 from 1:00pm to 2:30pm at the Davenport Public Library, Eastern Avenue Branch, Room B, 6000 Eastern Ave., Davenport, IA.
- b. Lori Elam, CEO and Julie Tischuk, Cedar County MH/DS Coordinator provided a copy of the Eastern Iowa MH/DS Region Conflict of Interest Policy and the Pledge of Confidentiality of Protected Health Information (for Workforce Members and Contractors) forms to the Advisory Committee to sign. Lori and Julie shared that they will email the forms to the committee members that did not attend today's meeting. Julie shared if they are not signed and turned in at today's meeting, they can be signed and emailed back to her or Lori.

### **IV. Public Comment**

- a. Rich Whitaker, CEO of Vera French, shared that Vera French will be opening a second full service center in the TBK Bank Tower located at the Duck Creek Plaza in Bettendorf, IA. Rich shared the Open House is tentatively scheduled for October 11, 2023. Rich shared that Vera French has been approved to build 30 permanent supportive housing units that will be located north of the Carol Center. Rich shared that Vera French is also renovating their Central Park location.

**V. Adjournment**

- a. Lori adjourned the meeting at 2:18pm

  
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Jennifer Ybarra, Administrative Assistant, Eastern Iowa MH/DS Region