

Eastern Iowa MH/DS Region  
Governing Board of Directors Board Meeting  
Scott County Administrative Center  
Room 605

Meeting held in person or by phone/computer through Zoom  
May 15, 2023  
3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:00pm by Chair Beck. Beck, Irwin, Sorensen, Willey and Bixler were present. Roome arrived late at 3:10pm. Nauman was absent. Fiscal Agent: David Farmer present. Management Team Present: Elam, Tischuk, Toppert, Bopes, Eskildsen and Gradert. Guests Present: Gary Metivier, Jen Craft, Patti Robinson, Wade Stierwalt, Todd Noack, Angela Ganzer-Bovitz, Lisa DuFour, Carmen Galvin, Charla Hollowell, Nin Flagel, Mikka Mills, Greg Burnett, John Rushton, Cheri Sexton, Rich Whitaker, Sabrina Kozusek-Earl and other call-in guests not identified.

Moved by Sorensen, seconded by Willey to approve the May 15, 2023 Governing Board Meeting Agenda as presented. Ayes-Beck, Irwin, Sorensen, Willey, Bixler. Absent: Roome.

Moved by Irwin, seconded by Sorensen to approve the minutes from the April 17, 2023 Governing Board Meeting. Ayes-Beck, Irwin, Sorensen, Willey, Bixler. Absent: Roome.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending April 30, 2023. David shared that the Region Assets Total as of April 30, 2023, is \$9,015,313.18. David shared that the Budget Revenue Amount for the Region as of April 30, 2023, is \$11,388,296.00 and the Actual Revenue Amount received as of April 30, 2023, is \$10,176,105.85. David shared that the Fund Balance for the Region as of April 30, 2023, is \$7,842,217.51. David shared that as of April 30, 2023, Actual Expenditures for the Region is \$9,932,888.41. David shared that as of April 30, 2023, the Region Fund Balance Percentage is 49.60%. Discussion was held. Moved by Willey, seconded by Irwin to approve the Regional Financial Reports for the period ending April 30, 2023 as presented. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Bixler.

Lori Elam, CEO, presented a letter from the State of Iowa Department of Health and Human Services (HHS) regarding the First Contract Amendment to MHDS 22-016, Eastern Iowa MHDS Regional Contract with Eastern Iowa MHDS Region along with a copy of the Second Amendment to the Eastern Iowa MHDS Regional Contract. Lori shared that the letter is a notification that the Iowa Department of Human Services is merging with the Iowa Department of Public Health to become the Iowa Department of Health and Human Services, effective July 1, 2023. Lori shared this letter serves as an amendment to the Contract between both parties. Lori shared the letter has been signed by Kelly Garcia, Director of Iowa Department of Health and Human Services. Lori shared the Second Amendment to the Eastern Iowa MHDS Regional Contract is a one year amendment to the contract that was given to the Region for FY23. Lori shared the Governing Board will need to approve the contract and Chair Beck will need to sign the contract before she can send it back to HHS. Lori shared this contract focuses on what the Region will be doing with Iowa Department of Health and Human Services (HHS) over the next year. Lori shared that the Region is going to be looking at Justice Involved Services; developing an environmental scan to

review what Justice Involved Services are occurring all across the State of Iowa, within the Regions, and if each Region can obtain data collectively and consistently. Lori shared that the Region will also be collecting data for the Crisis Services and making sure that data is being collected consistently, identifying gaps in various areas of the State and identifying what services are needed and valued. Lori shared that HHS wants the Region to develop standards and collect data for Access Center intake, assessments and screenings, Subacute Services and Intensive Residential Services. Lori shared that there are performance measures in the contract that each Region has to meet: Quarterly Reports must be submitted to HHS, CEO's have to participate in 100% of the CEO Meetings and if unable to attend the meeting a representative must attend, participation in Data Analytics Meetings and Justice Involved Meetings is required. Discussion was held. Moved by Irwin, seconded by Roome to approve the Second Amendment to the Eastern Iowa MHDS Regional Contract. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Bixler.

Chair Beck moved agenda item seven (7) to be presented before agenda item six (6).

Gary Metivier with Metivier Media gave an update to the marketing for the Eastern Iowa MHDS Region Crisis Call or Click. Gary shared that there are now billboards in Maquoketa, Muscatine and Clinton. Gary shared a video he has created for the Crisis Stabilization Residential Center for Children provided by Family Resources, Inc. Gary would like to do more advertisement of the center with social media, radio and television news segments. Gary discussed the "Dragon Flight School" Book and shared a video he created when Jordan Turner, Yoga in the Schools Director and Executive Director of Mindful Minutes for Schools with Challenge To Change, Inc., went to Monroe Elementary School in Davenport, Iowa and read the book to students. Gary thanked Felicia Toppert, Muscatine County MH/DS Coordinator for helping load and store 30,000 books in their warehouse. Gary shared that on the back cover of the book the Crisis, Call, or Click QR Code and phone number are listed, along with the National Suicide and Crisis Lifeline, 988. Gary shared that he is going to create an activity book that goes along with the "Dragon Flight School" Book and will feature landmarks from each county in the Region. Gary shared that he is working with The Gray Matter's Collective to spread a message of hope to high school and college kids. Irwin shared that he would like the book to be presented to each County Board of Supervisors and County School Boards. Lori Elam, CEO, shared that additional funding of \$30,000.00 is needed to order more books, add billboards and marketing. Moved by Willey, seconded by Roome to approve additional funding of \$30,000.00 for the Metivier Media Marketing Contract. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Bixler.

Lori Elam, CEO, shared she has had several conversations with Chair Beck and the Management Team regarding frustration towards Robert Young Center due to lack of communication, lack of response, as well as hearing from providers who are frustrated too. Lori shared that in late Spring of 2022, Mary Petersen, MSN, RN, COO and Director of Behavioral Health Services for Robert Young Center, was off due to a family emergency and the work with contracts and day-to-day activities with the Region came to a halt. Lori shared that during this time she had been talking to providers who were wanting to know where their contracts were and what their budgets were. Lori shared that for the August 15, 2022 Governing Board Meeting, Agenda Item XII, "Discussion regarding RYC Crisis System Contract and Timeliness/Expectations" was tabled due to two (2) hours prior to the Governing Board Meeting, Mary Petersen and Dennis Duke, Director of Behavioral Health at RYC, met with Chair Beck and Lori. Lori shared they had a quick meeting to discuss expectations and timelines and Lori and Mary decided they



were going to develop a timeline of when contracts and budgets would be presented to the Board. Lori shared the timeline with the Governing Board at the October Board of Directors Meeting. Lori shared that in January 2023, Mary Petersen was off again due to a family emergency and contracts came to a halt. Lori shared she was emailing RYC for updates and nobody was able to give her answers. In April of 2023, Lori emailed Mary again stating she needed to meet with her to discuss concerns. Mary and Lori met April 25, 2023. On May 2, 2023, Mary met with the Management Team to discuss concerns. Lori shared that on May 4, 2023, she received an email from Emily Blomme, CEO of Foundation 2 stating she had not received any responses to several emails she had sent to Mary Petersen and Jill Westhoff, Director of Financial Operations at RYC, regarding their FY24 Contract and Budget. Lori shared that she told Emily that she would forward her email to Mary, Jill, Dennis and Chair Beck urging RYC to respond to Emily. Lori asked Emily to let her know by May 9, 2023 if anyone had responded to her email and they had not. Lori also shared that she has been asking for the Bridge Prescriber Contract for over a year and still have not received it. Lori reminded the Board that the Bridge Prescriber funds are included in the Region's FY23 Encumbrance Application. Since the money has not been spent, she has to have an explanation for HHS at the end of June 2023. Lori shared that the Region needs someone at RYC who will step in and continue to move forward and communicate when Mary is unavailable. Lori shared that over the weekend a Scott County Board Member called Lori to share frustrations of a provider and their relationship with RYC. Lori shared that this is impacting our Region and impacting our Providers. Lori suggested that the Region ends the RYC Contract at the end of FY24 and contracts with Providers, hire a Contract Manager, Project Manager and Data Analyst who will work for the Region. Discussion was held. The Governing Board consensus is to move forward with looking into what it will take if the Region decides to end the RYC Contract at the end of FY24.

Robert Young Center reviewed the crisis services for the month of April 2023. Jen Craft, RYC, reported her activities and reviewed the financials for April 2023. Jen discussed the front page of the Eastern Iowa Region Crisis System Monthly Scorecard for April 2023 to review Eastern Iowa: Mobile Crisis Calls, page 20 to review Eastern Iowa: Wellness Recovery/Peer Drop-In Individuals Served and Eastern Iowa: Wellness Recovery/Peer Drop-In Services Provided, pages 22-23 to review the Eastern Iowa: Family Resources Crisis Stabilization Community Based and Referrals and Eastern Iowa: Family Resources Crisis Stabilization Residential Kids and Referrals, and page 7 to review the Eastern Iowa: Rate of Community Reconnection and Eastern Iowa: Rate of 30-Day Crisis Representation. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for April 2023. Christine shared that she has been working closely with Frank Grijalva, MSPH, MSCC, Senior Vice President, Programming at the International Trauma Center (ITC). Christine shared that for the FY23 Budget she did not anticipate moving through the Sequential Intercept Model (SIM) Workshop as quickly as she and Frank have and is asking for a FY23 one-time funding request of \$20,000.00 for Frank's Contract for Training and Sequential Intercept Model (SIM) Mapping for May and June. Lori Elam, CEO, shared that the Eastern Iowa Region Crisis System Monthly Scorecard for April 2023, pages 32-34, shows the FY23 Training Log and Frank is consistently providing trainings in the Eastern Iowa MH/DS Region. Lori shared that the Region is keeping track of all trainings that are happening because the State of Iowa Department of Health and Human Services (HHS) is requiring each Region to report the types of trainings, the number of people trained, and the entities that are trained. Discussion was held. Moved by Willey, seconded by Sorensen to approve an additional \$20,000.00 for Frank Grijalva's Contract for Training and Sequential Intercept Model (SIM) Mapping for FY23. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Bixler.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

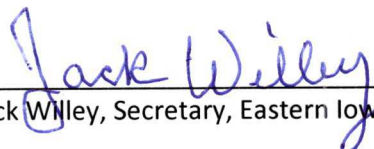
Lori Elam, CEO, shared that Iowa House File 471, which is an act relating to mental health and disability services provided by the State and Judicial Procedures relating to child in need of assistance proceedings, adoptions, and the confinement of persons found incompetent to stand trial, is currently sitting on Iowa Governor Kim Reynolds desk to be signed. Lori shared that this will change the Regional Governing Board Structure. Lori shared that the Governing Board is still in need of five (5) additional voting members, which will include: Law Enforcement, Judicial System, Active Relative/Adult Individual Utilizing Services, Individual Representing Children's Behavioral Health Service Provider, and Parent of a Child Utilizing Services or Active Relative of Child. Lori shared this will create a 12-member voting Governing Board for the Eastern Iowa MH/DS Region. Discussion was held.

Other:

- a. Next month's Governing Board Meeting will be Monday, June 19, 2023 in Room 605 at the Scott County Administrative Center at 3:00pm.
  - a. Lori Elam, CEO, shared that after sending out a poll to the Governing Board regarding meeting times, the Governing Board Meetings will remain at the same start time of 3:00pm.

Public Comment: Rich Whitaker, CEO of Vera French, shared that in April 2023, Vera French saw 226 people for Same Day Access. Rich shared that out of the 200 people they have served in the Pre- and Post-Release Support Services (PAPRSS) Program, only 7% have gone back to prison. Rich shared that on May 25, 2023 there will be a ribbon cutting at the Carol Center Peer Support Drop-In Center from 11:00am-3:00pm. Rich shared that Vera French will be adding a second full-service location in October 2023, Vera French bought the first three (3) floors of the TBK Bank Building by Home Depot in Bettendorf, Iowa. Todd Noack, Executive Director of Life Connections Peer Recovery Services shared that he was on a California conference that included Jackson County MH/DS Coordinator, Lynn Bopes, to discuss Peer Respite Services. Todd shared that he did an interview with a national journalist who will be publishing the interview in the New York Times. Todd shared the importance of recognition and sharing information. Jen Craft, RYC, shared that she spoke with Mary Petersen, MSN, RN, COO and Director of Behavioral Health Services for Robert Young Center this morning and this year for the FY24 Contract Providers, Mary and Jill Westhoff, Director of Financial Operations at RYC, will be holding two (2) informational webinars in May to discuss the contract process. Jen advised she will copy Lori Elam, CEO, on the email so she has the information available to share.

Moved by Sorensen, seconded by Roome to adjourn meeting at 5:01pm.

  
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Jack Willey, Secretary, Eastern Iowa MH/DS Region