

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605

Meeting held in person or by phone/computer through Zoom
August 21, 2023
3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:02pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman and DuFour were present. Hilgendorf was absent. Fiscal Agent: David Farmer present. Management Team Present: Elam, Tischuk, Toppert, Bopes, Eskildsen and Gradert. Guests Present: Jen Craft, Jill Westhoff, David Hinds, Wade Stierwalt, Todd Noack, Rich Whitaker, Beth Stoffers, Patti Robinson, Carmen Galvin, Angela Ganzer-Bovitz, Todd Lange, Nin Flagel, Ashley Sorensan, Cheri Sexton, Natalie H. and other call-in guests not identified.

Moved by Sorensen, seconded by Roome to approve the August 21, 2023 Governing Board Meeting Agenda as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour. Absent- Hilgendorf.

Moved by Irwin, seconded by Barnhart to approve the minutes from the July 17, 2023 Governing Board Meeting. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour. Absent- Hilgendorf.

David Farmer, Fiscal Agent, presented the Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending July 31, 2023. David shared that going forward, Prior Year YTD Total Column on the Eastern Iowa MH/DS Income Statement and Prior Year Total Actual Column on the Eastern Iowa MH/DS Balance Sheet will be used. David shared that the Cash & Investments Total as of July 31, 2023 is \$8,217,043.17 compared to Prior Year Total Actual from July 31, 2022 Cash & Investments Total of \$6,184,865.93. David shared that Prior Year Total Actual Accrued Interest as of June 30, 2023 is \$46,144.72. David shared that the Budget Revenue Amount for the Region as of July 31, 2023, is \$12,043,960.00 and the Actual Revenue Amount received as of July 31, 2023, is \$2,977,973.02. David shared that the Fund Balance for the Region as of July 31, 2023, is \$8,317,043.17. David shared that as of July 31, 2023, the Budget Expenditures Amount is \$17,049,724.00 and Actual Expenditures for the Region as of July 31, 2023 is \$204,416.30. David let the Governing Board know that the FY22 financial audit statements will be wrapping up soon and is hopeful they will be finished in September. David then let the Governing Board know that the FY23 financial audit will start in October and will hopefully be completed by December of this year. Discussion was held. Moved by Sorensen, seconded by Willey to approve the Regional Financial Reports for the period ending July 31, 2023 as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour. Absent- Hilgendorf.

Lori Elam, CEO, shared that House File 471 was signed into law on June 1, 2023, with an effective date of July 1, 2023. Lori shared that House File 471 identifies changes to the Region's FY24 membership of the Governing Board of Directors to include a law enforcement representation and a judicial system representation. Lori shared that additional requirements of House File 471 specify that each member of the Governing Board shall have one (1) vote and the County Board of Supervisors representation is not to exceed 49% of the board membership. Lori shared the combined Children's and Adult Advisory

Committee has recommended David Hinds to serve on the Eastern Iowa MH/DS Governing Board of Directors as an individual representing the Judicial System. Lori shared a copy of the Eastern Iowa MH/DS Region Adult Advisory Committee Members, Children's Advisory Committee Members and Governing Board of Directors Contact List to the Governing Board. Discussion was held. Moved by Willey, seconded by Irwin to accept the recommendation from the combined Children's and Adult Advisory Committee to appoint David Hinds as a voting member of the Eastern Iowa MH/DS Governing Board of Directors representing the Judicial System. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour. Absent- Hilgendorf.

Discussion and Possible Action for Approval of the Fourth Amended 28E Agreement has been tabled until further notice. Chair Beck shared there are some inconsistencies in the agreement and the Iowa Department of Health and Human Services (HHS) is currently reviewing the document. Moved by Barnhart, seconded by Irwin to table Discussion and Possible Action for Approval of the Fourth Amended 28E Agreement until further notice. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hinds. Absent- Hilgendorf.

Lori Elam, CEO, presented the Memorandum of Understanding (MOU) between the Eastern Iowa MH/DS Region and AbbeHealth/Abbe Center for Community Mental Health. Lori shared the purpose of the MOU is for the Region to fund the startup of the Intensive Residential Service Home (IRSH) in collaboration with the East Central Region with a proportionate amount provided by each Region based on the location of the facility. Lori shared the MOU will provide the foundation and structure for the Regions paying for expenses related to the development and implementation of intensive residential services to serve adults with the most intensive, severe, and persistent mental illness conditions who have functional impairments and may have co-occurring conditions. Lori shared that the first home will be stationed in the East Central Region located in Linn County in the urban area of Cedar Rapids or a surrounding urban area. Lori shared the East Central Region will commit a maximum of \$500,000.00 and the Eastern IA MH/DS Region will commit \$242,190.00 for startup costs to include purchase and renovation of the facility, furniture, vehicle, staffing, training and technology. Discussion was held. Moved by Willey, seconded by Irwin to approve the Memorandum of Understanding (MOU) between the Eastern Iowa MH/DS Region and AbbeHealth/Abbe Center for Community Mental Health for \$242,190.00 as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hinds. Absent- Hilgendorf.

Lori Elam, CEO, presented the Team WTI Web Proposal to update the Eastern Iowa MH/DS Website to be more modern looking and user-friendly. Lori shared on March 20, 2023 the Governing Board approved additional funding for Gary Metivier with Metivier Media to update the Region website. Lori shared that Gary works closely with Team WTI and recommended the Region use Team WTI to update the website. Lori would like the additional funding that was approved for Gary Metivier with Metivier Media back on March 20, 2023 to now go to Team WTI. Discussion was held. Moved by Sorensen, seconded by Irwin to approve the Team WTI Web Proposal as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hinds. Absent- Hilgendorf.

Lori Elam, CEO, presented four (4) FY24 Contracts to the Governing Board for review and approval of rates for the coming year. Discussion was held. Moved by Willey, seconded by Irwin to approve Agenda Item 9a-9d FY24 Contracts as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hinds. Absent- Hilgendorf. The following FY24 Contracts were approved: Transitions Mental Health Services for the 7th Judicial District Mental Health Court, Genesis Psychology Associates, Bridgeview CMHC and Life Connections Peer Recovery Services.

Robert Young Center reviewed the crisis services for the month of July 2023. Jill Westhoff, RYC, reviewed the financials for July 2023. Jill shared that going forward she will have the most current financials at the top of the page. Jen Craft, RYC, discussed the Eastern Iowa Region Crisis System Monthly Scorecard Packet for July 2023 to review page 8, Eastern Iowa: Co-Responder Model-Family Resources, Inc. Jen discussed page 26 of the Monthly Scorecard, Eastern Iowa: Vera French Crisis Stabilization Residential – Adults and Eastern Iowa: Vera French Crisis Stabilization Residential – Referrals sent to Community Care Coordinators. Jen discussed page 31 of the Monthly Scorecard, Eastern Iowa: Peer Respite – Project Rise Above Metrics and Eastern Iowa: Peer Respite – Referrals Sent to Community Care Coordinators. Jen shared that Bridge Appointments have started. Lori Elam, CEO, shared that Jen Craft, RYC, has been meeting with the Management Team to update the Monthly Scorecard Packet to show data outcomes that HHS is requiring from all Regions. Christine Gradert, Coordinator of Children’s Behavioral Health Services, reported her activities for July 2023.

Lori Elam, CEO, shared the State of Iowa Department of Health and Human Services (HHS) is mandating Regions to provide Outpatient Competency Restoration (OCR) Services which is part of House File 471. Lori shared that OCR offers services to adults charged with a crime adjudicated not competent to stand trial but likely to regain competency. Lori shared the purpose of OCR is to reduce the number of bed days in Iowa’s forensic hospitals. Lori shared that HHS is requiring Polk County to start Outpatient Community Restoration (OCR) effective November 1, 2023 and Polk County will be the only region providing OCR services at this time. Lori shared that all Regions will be paying Polk County to provide the service only until the rest of the Regions can get OCR established. Lori shared that at this time, HHS is unsure of how much each Region will be paying Polk County. Lori shared that the four (4) components of OCR are Med Management, Therapy, Education and Case Management. Discussion was held.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

Other:

- a. Next month’s Governing Board Meeting will be Monday, September 18, 2023 in Room 605 at the Scott County Administrative Center at 3:00pm.

Public Comment: Rich Whitaker, CEO of Vera French, thanked the Governing Board for all of their support. Rich shared that in July 2023, Vera French saw 174 people for Same Day Access. Rich shared that Vera French has hired seven (7) new Psychiatric Nurse Practitioners in the past two (2) months. Rich shared that as of July 31, 2023, 128 people have completed the Transcranial Magnetic Stimulation (TMS) program. TMS is a procedure that uses magnetic fields to stimulate nerve cells in the brain to improve symptoms of major depression. Rich shared that 82% of people that have completed TMS have seen clinically significant improvement and 37% have experienced complete remission from depression. Rich shared that Vera French will be opening a second full service center in the TBK Bank Tower located at the Duck Creek Plaza in Bettendorf, IA. Rich shared there will be a soft launch opening on September 25, 2023

and a Ribbon Cutting/Open House on October 11, 2023. Rich shared the Ribbon Cutting is at 1:30pm and the Open House begins at 2:30pm.

Moved by Roome, seconded by Willey to adjourn meeting at 4:22pm.



Jack Willey, Secretary, Eastern Iowa MH/DS Region