Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
Room 605
Meeting held in person or by phone/computer through Zoom
September 18, 2023
3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:00pm by Chair Beck. Beck, Sorensen, Willey, Roome, Barnhart, Hilgendorf and Hinds were present. Irwin attended via Zoom until he arrived in person at 3:21pm. Absent: Nauman and DuFour. Fiscal Agent: David Farmer present. Management Team Present: Elam, Tischuk, Toppert, Bopes, Eskildsen and Gradert. Guests Present: Jen Craft, Jill Westhoff, Wade Stierwalt, Todd Noack, Rich Whitaker, Beth Stoffers, Carmen Galvin, Angela Ganzer-Bovitz, Nin Flagel, Cheri Sexton, Liz Finerty, Michael Terry, Burton Carriker and other callinguests not identified.

Moved by Sorensen, seconded by Barnhart to approve the September 18, 2023 Governing Board Meeting Agenda as presented. Ayes- Beck, Irwin via Zoom, Sorensen, Willey, Roome, Barnhart, Hilgendorf, Hinds. Absent- Nauman and Dufour.

Moved by Willey, seconded by Irwin to approve the minutes from the August 21, 2023 Governing Board Meeting. Ayes- Beck, Irwin via Zoom, Sorensen, Willey, Roome, Barnhart, Hilgendorf, Hinds. Absent-Nauman and Dufour.

David Farmer, Fiscal Agent, reviewed the following documents with the Governing Board: Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending August 31, 2023. David shared the Actual Revenue Amount received as of August 31, 2023 is \$2,978,165.80. David shared that as of August 31, 2023, Actual Expenditures for the Region is \$1,153,340.57. David shared that the Fund Balance for the Region as of August 31, 2023 is \$6,174,494.57. David shared that as of August 31, 2023 the Region Fund Balance Percentage is 36.2%. David shared that Baker Tilly will present the FY22 Financial Audit at the October Governing Board Meeting and the FY23 Financial Audit should be completed in December 2023. Discussion was held. Moved by Irwin, seconded by Hinds to approve the Regional Financial Reports for the period ending August 31, 2023 as presented. Ayes- Beck, Irwin via Zoom, Sorensen, Willey, Roome, Barnhart, Hilgendorf, Hinds. Absent- Nauman and Dufour.

Lori Elam, CEO, shared that Todd Noack, Executive Director of Life Connections Peer Recovery Services, would like to attend the National Crisis Continuum Conference, CrisisCon23, taking place in Charlotte, North Carolina, November 13-16, 2023. Lori shared that Todd would also like to attend the Peer Respite Retreat that will be held after the conference, November 16-18, 2023. Lori shared that Todd provided the Management Team the financial information regarding the additional costs for the two (2) extra days. Discussion was held. Moved by Willey, seconded by Irwin to approve the Eastern Iowa MH/DS Region provide funding for Todd Noack, Executive Director of Life Connections Peer Recovery Services, to attend the National Crisis Continuum Conference, CrisisCon23, taking place in Charlotte, North Carolina, November 13-16, 2023 and the Peer Respite Retreat, November 16-18, 2023. Ayes- Beck, Irwin via Zoom, Sorensen, Willey, Roome, Barnhart, Hilgendorf, Hinds. Absent- Nauman and Dufour.

Lori Elam, CEO, shared the discussion she had with the Iowa Department of Health and Human Services (HHS) regarding the Fourth Amended 28E Agreement. Lori shared that HHS indicated there are two (2) ways the Region can implement the agreement: 1) The Region would have all five (5) counties individual Boards of Supervisors make decisions for the Region, or 2) The Eastern Iowa MH/DS Region Governing Board of Directors will represent their individual county and make the decisions for the Region. Lori also shared additional updates made to the 28E Agreement. Discussion was held. Moved by Sorensen, seconded by Irwin to approve the Fourth Amended 28E Agreement as amended stating the Eastern Iowa MH/DS Region Governing Board of Directors will represent their individual county and make decisions regarding the Eastern Iowa MH/DS Region. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Hilgendorf, Hinds. Absent- Nauman and Dufour.

Christine Gradert, Coordinator of Children's Behavioral Health Services, presented the FY24 St. Ambrose University Contract. Christine shared this is the second year for the Trauma Informed Care (TIC) Micro-Credential Class and the Region would fund class registration for up to 25 students at \$1,300.00 per student. Christine shared that the first semester of the course is class work and during the second semester, the students complete a project within their agency or within their community. Christine shared that she will provide a final report to the Board to show the success of the course. Discussion was held. Moved by Willey, seconded by Sorensen to approve the FY24 St. Ambrose University Contract. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Hilgendorf, Hinds. Absent- Nauman and Dufour.

Robert Young Center reviewed the crisis services for the month of August 2023. Jill Westhoff, RYC, reviewed the financials for August 2023. Jen Craft, RYC, discussed the Eastern Iowa Region Crisis System Monthly Scorecard Packet for August 2023 to review the cover page. Jen discussed page 4-5, Eastern Iowa: Co-Responder Model-Family Resources, Inc. and Rate of Remained in the Community – Family Resources, Inc. Jen discussed page 21-22 of the Monthly Scorecard, Eastern Iowa: Peer Respite – Project Rise Above Metrics and Rate of Successful Reconnection Back to the Community – Project Rise Above. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for August 2023.

Lori Elam, CEO, reminded the Governing Board that the State of Iowa Department of Health and Human Services (HHS) Systems Alignment Report is due to be available October 2023.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

Lori Elam, CEO, shared that there have been discussions with the Management Team regarding the need for Strategic Planning. Lori shared that the Management Team would like to meet with the Governing Board to discuss long-term planning. Lori shared that the Management Team would also like to hire an outside agency to help with the process. Discussion was held.

Other:

a. Next month's Governing Board Meeting will be Monday, October 16, 2023 at the Eastern Avenue Library, Room B, (6000 Eastern Ave., Davenport, IA 52807) at 3:00pm.

Public Comment: Rich Whitaker, CEO of Vera French, shared that in August 2023 Vera French saw 240 people for Same Day Access. Rich shared that prescriber wait times are down from 300 days in April to 61 days in August. Rich reminded the Governing Board that Vera French will be opening a second full service center in the TBK Bank Tower located at the Duck Creek Plaza in Bettendorf, IA. Rich shared there will be a Ribbon Cutting/Open House on October 11, 2023. Rich shared the Ribbon Cutting is at 1:30pm and the Open House will be from 2:30pm – 7:00pm. Rich shared that Vera French will be closing the Terrace Ridge Office. Todd Noack, Executive Director of Life Connections Peer Recovery Services, thanked the Governing Board for approving his request to attend the National Crisis Continuum Conference, CrisisCon23, and Peer Respite Retreat. Todd shared that September 30, 2023 is National Mobilized Recovery Day and there will be an event at the new recovery center that day from 11:00am-2:00pm. Todd shared a link to the event in the Zoom Chat.

Moved by Barnhart, seconded by Roome to adjourn meeting at 4:30pm. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Hilgendorf, Hinds. Absent- Nauman and Dufour.

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