Eastern Iowa MH/DS Region Governing Board of Directors Board Meeting Eastern Avenue Library 6000 Eastern Ave., Rm B, Davenport, IA 52807 Meeting held in person or by phone/computer through Zoom October 16, 2023 3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:02pm by Chair Beck. Beck, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf and Hinds were present. Roome arrived at 3:10pm and Irwin arrived at 3:12pm. Fiscal Agent: David Farmer present. Management Team Present: Elam, Tischuk, Toppert, Bopes, Eskildsen. Absent: Gradert. Guests Present: Jen Craft, Jill Westhoff, Mikka Mills, Todd Noack, Rich Whitaker, Beth Stoffers, Carmen Galvin, Angela Ganzer-Bovitz, Patti Robinson, Paul Frantz, Todd Lange and other call-in guests not identified.

Moved by Sorensen, seconded by Willey to approve the October 16, 2023 Governing Board Meeting Agenda with switching Agenda Items IV and V. Ayes- Beck, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf, Hinds. Absent- Irwin and Roome.

Moved by Sorensen, seconded by Barnhart to approve the minutes from the September 18, 2023 Governing Board Meeting. Ayes- Beck, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf, Hinds. Absent- Irwin and Roome.

David Farmer, Fiscal Agent and Paul Frantz, CPA, Partner at Baker Tilly US, LLP reviewed the FY22 Financial Audit for the Eastern Iowa MH/DS Region. David reminded the Governing Board that the Region's Financial Statements included all five (5) counties plus the Fiscal Agent Fund. Paul shared that the audit resulted in a consistent opinion to previous fiscal years for both the Adverse and Unmodified Opinions, which is referenced in the handout that was provided to the Governing Board. David and Paul shared that the FY23 Audit will only be for the Region's Fiscal Agent Fund and moving forward will be presented in a more timely manner. David and Paul shared that the FY23 Audit and future audits will be presented in December. Moved by Beck, seconded by Willey to approve the FY22 Financial Audit for the Eastern Iowa MH/DS Region as presented. Ayes- Beck, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hilgendorf, Hinds. Absent- Irwin.

David Farmer, Fiscal Agent, reviewed the following documents with the Governing Board: Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending September 30, 2023. David shared the Actual Revenue Amount received as of September 30, 2023 is \$5,989,155.80. David shared that as of September 30, 2023, Actual Expenditures for the Region is \$1,815,494.27. David shared that the Fund Balance for the Region as of September 30, 2023 is \$8,499,330.87. David shared that as of September 30, 2023 the Region Fund Balance Percentage is 49.9%. Discussion was held. Moved by Sorensen, seconded by Irwin to approve the Regional Financial Reports for the period ending September 30, 2023 as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hilgendorf, Hinds.

Lori Elam, CEO, presented the Memorandum of Understanding (M.O.U.) for Reimbursement from the Eastern Iowa Mental Health Disability Services Region for County Employees for each of the five (5) counties. Lori shared that the M.O.U. was created at the beginning of FY23 due to the Fiscal Agent providing funding to each of the five (5) counties in the Eastern Iowa MH/DS Region to pay for staff that

are doing regional business. Lori shared the Management Team updated and provided clarity of language to the M.O.U. to be presented to each County Board of Supervisors for approval. Chair Beck reminded Lori that since he is Chair of both the Scott County Board of Supervisors and the Eastern lowa MH/DS Region Governing Board, he will not be able to sign the M.O.U., and the Scott County Board of Supervisors Vice-Chair, John Maxwell, will have to sign. Discussion was held about having a Regional Service Contract instead of an M.O.U. for each County. Muscatine County Board Member, Jeff Sorensen stated that with a Regional Service Contract, each County Representative on the Eastern lowa MH/DS Board would be able to sign the document without having to present it to their individual county. Lori shared she will create the service contract and have Nyemaster Law Offices in Des Moines, lowa review prior to presenting it at the November Governing Board Meeting.

Lori Elam, CEO, presented the Eastern Iowa Mental Health and Disability Services Region and NAMI Greater Mississippi Valley Agreement to the Governing Board for review and approval of rates for FY24. Lori shared that NAMI will offer the Family-to-Family Education Program within the Eastern Iowa MH/DS Region three (3) times during FY24 to individuals who live within the Region. Lori shared the class will be held in Scott, Clinton and Muscatine Counties. Discussion was held. Moved by Irwin, seconded by Willey to approve the Eastern Iowa Mental Health and Disability Services Region and NAMI Greater Mississippi Valley Agreement as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hilgendorf, Hinds.

Lori Elam, CEO, presented a copy of the FY24 One-Time Funding Opportunities Spreadsheet to the Governing Board. Lori shared the Fourth Amended Intergovernmental (28E) Agreement for Eastern Iowa Mental Health-Disability Services Region states the Region will provide one-time funding opportunities to Providers, three (3) times per year (October, January and May) as long as the financial status of the Region is strong. Lori shared that she and Fiscal Agent David Farmer created the spreadsheet to show FY17 through Unaudited FY23 Percentage of Budgets Expended. Lori shared that after discussion with Fiscal Agent David Farmer and Management Team, the Region should wait until January 2024 to offer one-time funding opportunities instead of October 2023, as they would like to have six (6) months of expenditures on hand to have a better idea of the financial status of the Region. Discussion was held. The consensus of the Governing Board is for Lori and Management Team to send a letter to Providers before the end of October, advising them to start looking at one-time funding opportunities. Lori and the Management Team will revise the one-time funding request form to send to Providers asking them to share ideas and good faith estimates for services. Lori shared that she and the Management Team will review the requests in early December to present to the Governing Board at the December Governing Board Meeting for approval of one-time funding in January 2024. The Governing Board would like the current one-time funding request from Challenge to Change, Inc. to be included on the November Governing Board Meeting Agenda. Lori shared that she and the Management Team will review the FY24 Budget and Children's Services to see if there are other one-time funding opportunities that can be added to the November Governing Board Meeting Agenda.

Lori Elam, CEO, presented a copy of the FY25 Budget Timeline to the Governing Board that includes the Crisis Services Budget and the General Services Budget. Discussion was held.

Robert Young Center reviewed the crisis services for the month of September 2023. Jill Westhoff, RYC, reviewed the financials for September 2023. Jen Craft, RYC, reported her activities for the month of September 2023. Jen introduced Mikka Mills, Eastern Iowa Children's Lead. Jen discussed the Eastern Iowa Region Crisis System Monthly Scorecard Packet for September 2023 to review the cover page. Jen

discussed page 8 of the Monthly Scorecard, Eastern Iowa: Mobile Crisis Calls. Jen discussed page 16 of the Monthly Scorecard, Eastern Iowa: Family Resources Crisis Stabilization Residential – Client Disposition at Discharge and Rate of Successfully Reconnected Back to the Community. Jen discussed page 19 of the Monthly Scorecard, Eastern Iowa: Vera French Crisis Stabilization Residential and Rate of Successful Reconnection Back to the Community. Jen reported Christine Gradert's activities for the month of September 2023.

Lori Elam, CEO, reminded the Governing Board that the State of Iowa Department of Health and Human Services (HHS) Systems Alignment Report is due to be available October 2023. Lori provided the Governing Board a copy of the HHS Public Notice: Service Delivery Alignment Assessment Project Memo that was posted on June 28, 2023. Discussion was held.

Lori Elam, CEO, shared that she and the Management Team have been working with Team WTI on designing a new logo for the Eastern Iowa MH/DS Region. Lori provided a copy of the three (3) logos to the Governing Board. Discussion was held and Lori will provide feedback to Team WTI as to the changes the Governing Board would like to see on the logos and Lori will present the changes at the November Governing Board Meeting.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

## Other:

- a. Lori Elam, CEO, shared there was a meeting with the Davenport Police Department, Scott County Attorney's Office and local legislators regarding high utilizers in the community. Discussion was held.
- b. Next month's Governing Board Meeting will be Monday, November 20, 2023 at the Eastern Avenue Library, Room A, (6000 Eastern Ave., Davenport, IA 52807) at 3:00pm.

Public Comment: Rich Whitaker, CEO of Vera French, shared that in September 2023 Vera French saw 179 people for Same Day Access. Rich shared that Vera French has submitted an application to become a Substance Use Disorder Network Treatment Provider. Rich shared that Vera French is applying to become an lowa Certified Community Behavioral Health Clinic (CCBHC) and asked Lori Elam, CEO, to write a Letter or Collaboration. Todd Noack, Executive Director of Life Connections Peer Recovery Services, invited Lori Elam, CEO, to attend a meeting that he is having with Molina Healthcare on Wednesday, October 18, 2023 at 11am. Todd shared that there will be a WRAP Training next week in Davenport. Todd shared that he has two (2) individuals that are currently going through Peer Recovery Coach Training.

Moved by Barnhart, seconded by Sorensen to adjourn meeting at 5:03pm. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, Hilgendorf, Hinds. Absent- DuFour.

Jack Willey, Secretary, Eastern Iowa MH/DS Region