

Eastern Iowa MH/DS Region  
Governing Board of Directors Board Meeting  
Scott County Administrative Center  
First Floor Board Room  
November 20, 2023  
3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:03pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf and Hinds were present. Absent: Roome. Fiscal Agent: David Farmer present. Management Team Present: Elam, Tischuk, Bopes. Absent: Eskildsen, Toppert and Gradert. Guests Present: Jen Craft, Jill Westhoff, Todd Noack, Rich Whitaker, Carmen Galvin, Angela Ganzer-Bovitz, Patti Robinson, Wade Stierwalt, Cheri Sexton, Nin Flagel and other call-in guests not identified.

Moved by Irwin, seconded by Willey to approve the November 20, 2023 Governing Board Meeting Agenda as presented. Ayes- Beck, Irwin, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf, Hinds. Absent- Roome.

Moved by Sorensen, seconded by Irwin to approve the minutes from the October 16, 2023 Governing Board Meeting. Ayes- Beck, Irwin, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf, Hinds. Absent- Roome.

David Farmer, Fiscal Agent, reviewed the following documents with the Governing Board: Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending October 31, 2023. David shared the Actual Revenue Amount received as of October 31, 2023 is \$5,989,260.04. David shared that as of October 31, 2023, Actual Expenditures for the Region is \$3,707,054.66. David shared that the Fund Balance for the Region as of October 31, 2023 is \$6,607,874.72. David shared that as of October 31, 2023 the Region Fund Balance Percentage is 38.8%. David reminded the Governing Board that the FY23 Audit will be presented at the December 2023 Governing Board Meeting. Discussion was held. Moved by Willey, seconded by Barnhart to approve the Regional Financial Reports for the period ending October 31, 2023 as presented. Ayes- Beck, Irwin, Sorensen, Willey, Barnhart, Nauman, Hilgendorf, Hinds. Absent- DuFour and Roome.

Discussion was held to change the January and February Governing Board Meeting dates to the following: January 22, 2024 at 3pm and February 26, 2024 at 3pm. The consensus of the Governing Board is to approve the January and February Governing Board Meeting dates to be held January 22, 2024 at 3pm and February 26, 2024 at 3pm.

Lori Elam, CEO, presented the Employee Reimbursement Contract that will replace the Memorandum of Understanding (M.O.U.) for Reimbursement from the Eastern Iowa Mental Health Disability Services Region for County Employees. Lori shared that with the Employee Reimbursement Contract, each County Representative on the Eastern Iowa MH/DS Governing Board will be able to sign without having to present it to their individual county. Lori shared the purpose of this contract is to address the need for reimbursement by the Region to the individual county for employee wages, benefits, direct and indirect administrative expenses. Lori shared the Employee Reimbursement Contract shall be effective for the time period of July 1, 2023 through June 30, 2024 and the Governing Board may vote to extend or amend the contract for FY25 and beyond. Lori shared that Nyemaster Law Offices in Des Moines, Iowa reviewed the document prior to her presenting the final draft to the Governing Board. Discussion was held. Moved

by Willey, seconded by Hinds to approve the Employee Reimbursement Contract as presented. Ayes- Beck, Irwin, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf, Hinds. Absent- Roome.

Lori Elam, CEO, presented the FY23 Regional Ending Fund Balance Certification Workbook. Lori shared that per Iowa Administrative Code 441, Chapter 25.13 (4), Each Region shall certify to the Department of Health and Human Services (HHS), on or before December 1, the Region's cash flow amount in the combined account at the conclusion of the most recently completed year. Lori shared that the Eastern Iowa MH/DS Governing Board must approve the certification and the Chairperson of the Regional Governing Board must sign the certification, along with the signature of the Regional Chief Executive Officer (CEO), prior to being submitted to HHS. Lori shared that the Eastern Iowa MH/DS Regions ending fund balance for FY23 was \$4,325,669.00. Discussion was held. Moved by Irwin, seconded by Sorensen to approve the FY23 Regional Ending Fund Balance Certification Workbook as presented. Ayes- Beck, Irwin, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf, Hinds. Absent- Roome.

Lori Elam, CEO, presented a one-time funding request from Challenge To Change, Inc. for October 2023 through June 2024. Lori shared the request is for the 95-Hour Youth Yoga Teacher Training, which will be offered to 50 educators and community members across the Eastern Iowa MH/DS Region and will also include access to the Yoga and Mindfulness Portal Resource Center. Lori shared the total ask in the proposal is \$90,950.00. Discussion was held and the Governing Board would like Challenge To Change, Inc. to provide school testimonials to see how schools are embracing the program. Moved by DuFour, seconded by Irwin to approve the one-time funding request from Challenge to Change, Inc. for October 2023 through June 2024 for \$90,950.00. Ayes- Beck, Irwin, Sorensen, Willey, Barnhart, Nauman, DuFour, Hilgendorf, Hinds. Absent- Roome.

Robert Young Center reviewed the crisis services for the month of October 2023. Lori Elam, CEO, shared that Jill Westhoff, RYC, has accepted a position of employment outside of UnityPoint Health – Robert Young Center. Jill Westhoff, RYC, reviewed the financials for October 2023. Jen Craft, RYC, discussed the Eastern Iowa Region Crisis System Monthly Scorecard Packet for October 2023. Jen discussed pages 5-6 of the Monthly Scorecard, Eastern Iowa: Co-Responder Model – Family Resources, Inc. and Rate of Remained in the Community. Jen discussed page 16 of the Monthly Scorecard, Eastern Iowa: Family Resources Crisis Stabilization Residential – Client Disposition at Discharge and Rate of Successfully Reconnected Back to the Community. Jen shared that she will have data for Eagle View Behavioral Health from July 1, 2023 going forward, included in the December 2023 Monthly Scorecard Packet. Jen reported Christine Gradert's activities for the month of October 2023.

Lori Elam, CEO, reminded the Governing Board that the State of Iowa Department of Health and Human Services (HHS) Systems Alignment Report has not yet been released. Lori shared that going forward she will send the Governing Board a copy of the HHS Quarterly Report. Discussion was held.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

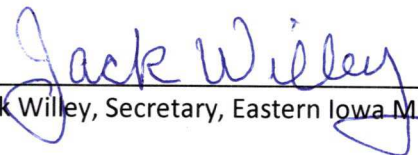
Other:

- a. Next month's Governing Board Meeting will be Monday, December 18, 2023 at 3:00pm at the Scott County Administrative Center, 1<sup>st</sup> Floor Board Room, 600 W. 4<sup>th</sup> St., Davenport, IA.



Public Comment: Rich Whitaker, CEO of Vera French, shared that in October 2023 Vera French saw 337 people at the Drop-In Center. Rich shared that there have been some security issues at the Drop-In Center that they are trying to work through. Rich shared that in October 2023, Vera French saw 200 people for Same Day Access. Rich shared that the Vera French Clinic at Duck Creek has seen fifty percent more people in October 2023 than the prior three (3) months at Terrace Ridge. Rich shared that Vera French is currently interviewing for two (2) more therapists for the Multi-Systemic Therapy (MST) Program. Todd Noack, Executive Director of Life Connections Peer Recovery Services, thanked the Governing Board for allowing him the opportunity to attend the National Crisis Continuum Conference, CrisisCon23, and the Peer Respite Retreat that took place in Charlotte, North Carolina, November 13-18, 2023.

Moved by Willey, seconded by Hilgendorf to adjourn meeting at 4:03pm. Ayes- Beck, Irwin, Sorensen, Willey, Barnhart, Nauman, Hilgendorf, Hinds. Absent- DuFour and Roome.

  
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Jack Willey, Secretary, Eastern Iowa MH/DS Region