

Eastern Iowa MH/DS Region
Governing Board of Directors Board Meeting
Scott County Administrative Center
First Floor Board Room
December 18, 2023
3:00-5:00pm

The Eastern Iowa MH/DS Region Governing Board of Directors meeting was called to order at 3:01pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Roome, Barnhart, DuFour, Hilgendorf and Hinds were present. Nauman arrived at 3:10pm. Fiscal Agent: David Farmer present. Management Team Present: Elam, Tischuk, Bopes, Eskildsen, Toppert and Gradert. Guests Present: Jen Craft, David Dellitt, Dennis Duke, Mary Petersen, Rich Whitaker, Molly Schreiber, Jordan Turner, Amy Jenkins, Allegra Johnson, Luis C.V., Paul Frantz, Todd Noack, Angela Ganzer-Bovitz, Patti Robinson, Wade Stierwalt, Liz Finerty, Amy Gold and other call-in guests not identified.

Moved by Willey, seconded by Irwin to approve the December 18, 2023 Governing Board Meeting Agenda as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, DuFour, Hilgendorf, Hinds. Absent- Nauman.

Moved by Barnhart, seconded by Irwin to approve the minutes from the November 20, 2023 Governing Board Meeting. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, DuFour, Hilgendorf, Hinds. Absent- Nauman.

David Farmer, Fiscal Agent, reviewed the following documents with the Governing Board: Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending November 30, 2023. David shared the Actual Revenue Amount received as of November 30, 2023 is \$5,989,260.04. David shared that as of November 30, 2023, Actual Expenditures for the Region is \$5,170,467.12. David shared that the Fund Balance for the Region as of November 30, 2023 is \$5,144,462.26. David shared that as of November 30, 2023 the Region Fund Balance Percentage is 30.2%. Discussion was held. Moved by Irwin, seconded by Sorensen to approve the Regional Financial Reports for the period ending November 30, 2023 as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, DuFour, Hilgendorf, Hinds. Absent- Nauman.

David Farmer, Fiscal Agent and Paul Frantz, CPA, Partner at Baker Tilly US, LLP reviewed the FY23 Financial Audit for the Eastern Iowa MH/DS Region. Paul shared that the audit resulted in an Unmodified Opinion consistent to previous fiscal years, which is referenced in the handout that was provided to the Governing Board. Moved by Willey, seconded by Irwin to approve the FY23 Financial Audit for the Eastern Iowa MH/DS Region as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hilgendorf, Hinds.

Lori Elam, CEO, presented the Eastern Iowa MH/DS Region FY23 Annual Report. Lori shared that the report was submitted to the Iowa Department of Health and Human Services (HHS) and has been approved. Lori shared that the Governing Board and the Advisory Board need to approve prior to her submitting the final report to HHS, and the report will be presented to the Advisory Board in January. Discussion was held. Moved by Willey, seconded by Hilgendorf to approve the Eastern Iowa MH/DS Region FY23 Annual Report as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hilgendorf, Hinds.

Lori Elam, CEO, presented the revised Eastern Iowa Mental Health and Disabilities Services Region Management Plan: Policies and Procedures Manual. Lori shared that many of the changes were due to House File 471. Lori shared that both the Iowa Department of Health and Human Services (HHS) and the Iowa MHDS Commission have approved the manual. Discussion was held. Moved by Irwin, seconded by Barnhart to approve the revised Eastern Iowa Mental Health and Disabilities Services Region Management Plan: Policies and Procedures Manual as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hilgendorf, Hinds.

Molly Schreiber, Founder and CEO of Challenge to Change, Inc. presented a Seated Practice Yoga Demonstration using a breath ball, while listening to the Kindness Mantra. Molly shared that this demonstration is one of the five (5) parts of practice that Challenge to Change, Inc. teaches Pre-K thru High School Students. Molly introduced Jordan Turner, Yoga in the Schools Director with Challenge to Change, Inc., Amy Jenkins, Chief Operating Officer with Challenge to Change, Inc. and Allegra Johnson, Secondary Education Coordinator and Yoga in the Schools Instructor with Challenge to Change, Inc. Jordan shared a Power Point Presentation to show the impact Challenge to Change, Inc. has had so far during the 2023-2024 school year in the Eastern Iowa MH/DS Region. Discussion was held.

Robert Young Center reviewed the crisis services for the month of November 2023. Mary Petersen, Chief Operations Officer with Robert Young Center introduced David Dellitt, Director of Finance with UnityPoint Health - Robert Young Center. David Dellitt reviewed the financials for November 2023. Jen Craft, RYC, discussed the Eastern Iowa Region Crisis System Monthly Scorecard Packet for November 2023: pages 3-6 and pages 20-23. Jen shared that data for Eagle View Behavioral Health is now included in the packet for July 1, 2023 to current. Lori Elam, CEO, shared that Jen Craft has taken another position within UnityPoint Health and today is her last Governing Board Meeting. Christine Gradert reported her activities for the month of November 2023.

Lori Elam, CEO, shared there are no legislative updates at this time.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.


Other:

- a. Next month's Governing Board Meeting will be Monday, January 22, 2024 at 3:00pm at the Scott County Administrative Center, 1st Floor Board Room, 600 W. 4th St., Davenport, IA.
- b. Lori Elam, CEO, shared that she met with Rich Whitaker, CEO of Vera French, and some of his staff to discuss various services that will be in the FY25 Budget Proposal, including the request for a second NeuroStar Transcranial Magnetic Stimulation (TMS) Chair. Lori shared that NeuroStar contacted Rich with a proposal to purchase a second TMS Chair at a 50% reduction of cost of \$74,700.00. Lori shared that she will add the purchase of the NeuroStar TMS Chair to the January 2024 Governing Board Agenda for possible approval.

Public Comment: Rich Whitaker, CEO of Vera French, shared that since 2020, Vera French has served 150 people with NeuroStar Transcranial Magnetic Stimulation (TMS) Therapy to treat major depression. Rich shared that of the 150 people that have received TMS Therapy, 53 people are in full remission, 70 people have shown significant improvement and 27 people have shown minimal to no change. Rich shared that with the purchase of a second TMS Chair, Vera French will be able to serve 24 people at a time. Rich shared that he will send the Governing Board documented research on TMS Therapy. Rich

shared that NeuroStar contacted him with a proposal to purchase a second TMS Chair at a 50% reduction of cost of \$74,700.00 but he will have to make a commitment to purchase the chair by the end of the year in order to receive the 50% reduction rate. Discussion was held. The consensus of the Governing Board is for Rich to purchase the additional TMS Chair. Lori Elam, CEO, shared that she will include the purchase of the TMS Chair to the January 2024 Governing Board Agenda for approval of the Region to provide additional funding. Rich shared that since Vera French has opened up the new clinic at Duck Creek, they are seeing 3-5 new people per day for Same Day Access. Rich shared that Vera French has a 92% referral success rate for Multi-Systemic Therapy (MST) and 185 youth have been served. Todd Noack, Executive Director of Life Connections Peer Recovery Services, shared that this year Life Connections has served 150 guests within the organization.

Moved by Barnhart, seconded by Irwin to adjourn meeting at 4:34pm. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, DuFour, Hilgendorf, Hinds.



Jack Willey, Secretary, Eastern Iowa MH/DS Region