

EASTERN IOWA MENTAL HEALTH AND DISABILITY SERVICES REGION

REVISED FY22 ANNUAL REPORT



**SUBMITTED REVISED
1/23/2023**

GEOGRAPHIC AREA: *Cedar, Clinton, Jackson, Muscatine, and Scott*

APPROVED BY ADVISORY BOARD: 01/23/23

APPROVED BY GOVERNING BOARD: 01/23/23



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Introduction

The Eastern Iowa MHDS Region, hereafter referred to as the EI Region, was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service Region in compliance with Iowa Code 331.390.

The EI Region provides coordination and financial support for mental health and disability services on behalf of individuals located in Cedar, Clinton, Jackson, Muscatine, and Scott counties. The Region's total population is approximately 299,692 per the FY20 census.

In compliance with IAC 441-25, the EI Regional Management Plan includes three parts: Annual Service and Budget Plan, Policies and Procedures Manual, and the Annual Report.

All reports are available on the Region's and the Department of Human Services (DHS) websites:

- <https://easterniowamhds.org>
- <https://dhs.iowa.gov>

The EI Region Governing Board of Directors for FY 22:

<u>Governing Board of Directors</u>	<u>Representing</u>	<u>Voting Member</u>
Dawn Smith	Cedar County Board of Supervisor Representative	Yes
Jim Irwin	Clinton County Board of Supervisor Representative	Yes
John Willey	Jackson County Board of Supervisor Representative	Yes
Jeff Sorensen	Muscatine County Board of Supervisor Representative	Yes
Ken Beck	Scott County Board of Supervisor Representative	Yes
Vacant	An Adult/Actively Involved Relative of an Adult who Utilizes Mental Health and Disability Services	Yes
Nancy Nauman	An Individual Representing Adult Service Providers	No
Vacant (Jen Cobb Resigned 3/29/2022)	A Person, who is a parent of a child who utilizes children's behavioral health services or an actively involved relative of such child	Yes
Aaron Roome	An Individual representing the Education System	Yes
Joan McGovern	An Individual representing Children's Behavioral Health Service Providers	No

The EI Region Advisory Adult and Children Board Members for FY 22:

<u>Adult Advisory Committee Members</u>	<u>Representing</u>
Vacant	Cedar County Individual Representing Service Providers
Vacant	Cedar County Active Relative/Individual Utilizing Services

Melissa Peterson	Clinton County Individual Representing Service Providers
Lynne Hilgendorf	Clinton County Active Relative/Individual Utilizing Services
Susie Ruchotzke	Jackson County Individual Representing Service Providers
Holly Parmer	Jackson County Active Relative/Individual Utilizing Services
Nancy Nauman	Muscatine County Individual Representing Service Providers
Luana Gredell	Muscatine County Active Relative/Individual Utilizing Services
Richard Whitaker, PhD	Scott County Individual Representing Service Providers
Vacant	Scott County Active Relative/Individual Utilizing Services
John Willey	A Director of the EI Region Governing Board of Directors

<u>Children's Advisory Committee Members</u>	<u>Representing</u>
Vacant (Jen Cobb Resigned 3/29/2022)	A Parent/Actively Involved Relatives of a Child who Utilizes Children's Behavioral Health Services Representative
Aaron Roome	An individual representing the Education System
Joan McGovern	An individual representing Children's Behavioral Health Service Providers
Michael Terry	An Early Childhood Advocate Representative
Jen Armstrong	A Child Welfare Advocate Representative
Megan Tabor	An individual representing the Juvenile Court System
Vacant (Dr. Barbara Harre Resigned mid-year)	A Pediatrician
(Roger Pavey Resigned) Replaced by Jackie Hunt	An individual representing Child Care Providers
Lisa DuFour	A Local Law Enforcement Representative
John Willey	A Director of the EI Region Governing Board of Directors

The FY22 Annual Report covers the period of July 1, 2021, to June 30, 2022. The Annual Report includes documentation of the status of service development, services provided, individuals served, designated intensive mental health services, a financial statement including revenues, expenditures and levies and specific regional outcomes for the year.

A. Services Provided and Individuals Served

This section includes:

- The number of individuals in each diagnostic category funded for each service
- Unduplicated count of individuals funded by age and diagnostic category
- Regionally designated Intensive Mental Health Services

Table A. Number of Individuals Served for Each Service by Diagnostic Category

Disability Group	Children	Adult	Unduplicated Total	DG
Mental Illness	186	2016	2202	40
Mental Illness, Intellectual Disabilities	0	4	4	40, 42
Mental Illness, Intellectual Disabilities, Other Developmental Disabilities	0	2	2	40, 42, 43
Mental Illness, Other Developmental Disabilities	0	3	3	40, 43
Intellectual Disabilities	0	8	8	42
Intellectual Disabilities, Other Developmental Disabilities	0	1	1	42, 43
Other Developmental Disabilities	0	3	3	43
Brain Injury	0	2	2	47
Total	186	2039	2225	99

Table B. Unduplicated Count of Individuals by Age and Diagnostic Category

FY 2022 Actual GAAP	Eastern Iowa MHDS Region	MI (40)		ID(42)		DD(43)		BI (47)		Other		Total
		A	C	A	C	A	C	A	C	A	C	
Core												
	Treatment											
42305	Psychotherapeutic Treatment - Outpatient	261	12									273
42306	Psychotherapeutic Treatment - Medication Prescribing	223	2	1								226
43301	Evaluation (Non-Crisis) - Assessment and Evaluation	1										1
71319	State MHI Inpatient - Per diem charges	8										8
73319	Other Priv./Public Hospitals - Inpatient per diem charges	51	10									61
	Basic Crisis Response											
44301	Crisis Evaluation	1										1
44307	Mobile Response	348	46									394
44313	Crisis Stabilization Residential Service (CSRS)	142										142

	Support for Community Living												
32320	Support Services - Home Health Aides					1							1
32329	Support Services - Supported Community Living	42	1	8		7							58
	Support For Employment												
50362	Voc/Day - Prevocational Services			3				1					4
50367	Day Habilitation	10											10
50368	Voc/Day - Individual Supported Employment			1		1		1					3
	Recovery Services												
	Service Coordination												
24376	Health Homes Coordination - Coordination Services	12											12
	Sub-Acute Services												
	Core Evidence Based Treatment												
42398	Assertive Community Treatment (ACT)	9											9
	Core Subtotals:	1108	71	13		9		2					1203
	Mandated												
74XXX	Commitment Related (except 301)	499	98										597
75XXX	Mental health advocate	396	40										436
	Mandated Subtotals:	895	138										1033
	Core Plus												
	Justice System Involved Services												
	Additional Core Evidence Based Treatment												
	Other Informational Services												
	Community Living Support Services												
22XXX	Services management	338	61										399
23XXX	Crisis Care Coordination	48											48
31XXX	Transportation	2		1		1							4
32327	Support Services - Representative Payee	31		1									32
33340	Basic Needs - Rent Payments	3											3
33345	Basic Needs - Ongoing Rent Subsidy	9	1										10
41306	Physiological Treatment - Prescription Medicine/Vaccines	23	1										24
42396	Psychotherapeutic Treatment - Community Support Programs	13											13
46306	Prescription Medication (Psychiatric Medications in Jail)	569	30										599
63329	Comm Based Settings (1-5 Bed) - Supported Community Living			1									1
63XXX	RCF 1-5 beds	1											1
	Community Living Support Services Subtotals:	1037	93	3		1							1134

Congregate Services												
50360	Voc/Day - Sheltered Workshop Services			2								2
64329	Comm Based Settings (6+ Beds) - Supported Community Living	1										1
64XXX	ICF-6 and over beds	1										1
64XXX	RCF-6 and over beds	67		1								68
	Congregate Services Subtotals:	69		3								72
Administration												
Uncategorized												
Regional Totals:		3109	302	19		10		2				3442

Explanations of the Charts for Chart of Account (COA) Codes for the EI Region

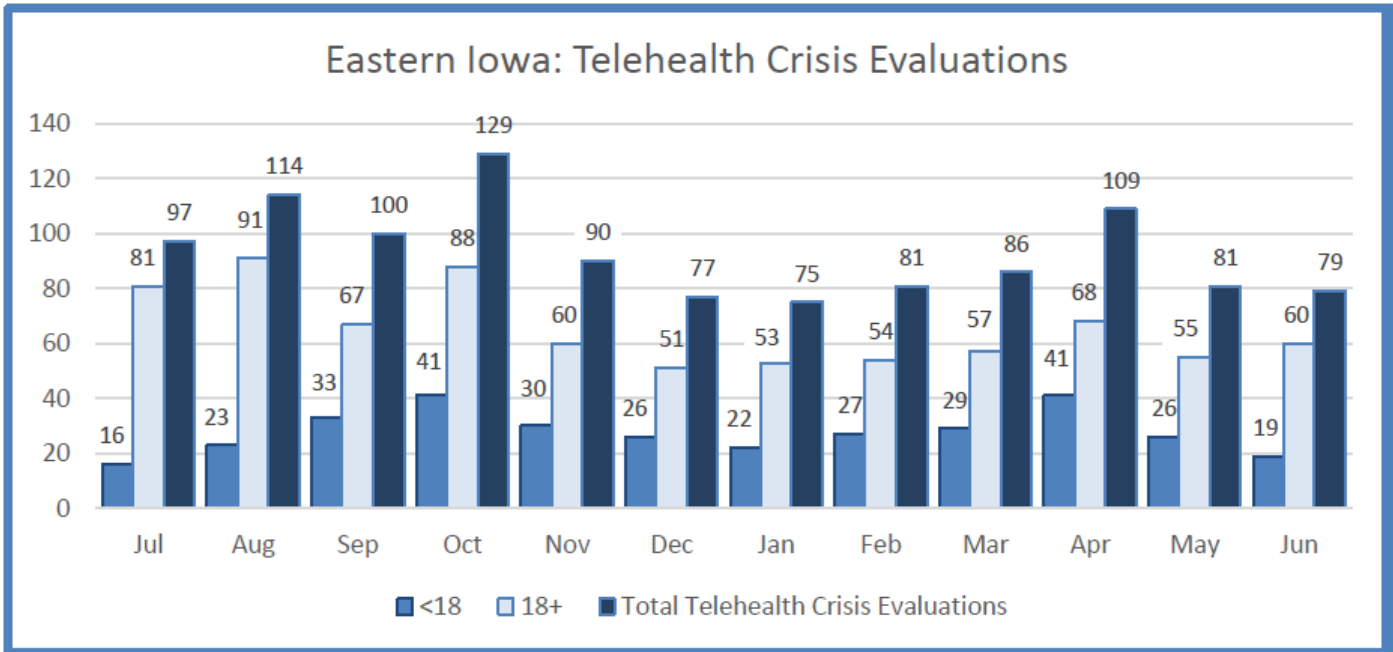
In the EI Region, the crisis system is funded under a block grant methodology that is awarded to help fund specific programs. Because of this current method of allocation for FY22, the number of “Unduplicated Count” on Table B Individuals by Age and Diagnostic Category for the Chart of Account (COA) Codes 44301 and 45366 do not have data that accurately reflects the number of individuals served. Explanations of the data and charts, which are included below, are analyzed for trends relating to usage and actual numbers served:

- 1) COA 44301- Crisis Evaluation
- 2) COA 45366- Peer Family Support - Peer Support Services
 - a) Chart A
 - b) Chart B

1). Chart of Accounts (COA) 44301 “Crisis Evaluation” Explanation:

The Region Crisis System has telehealth services embedded into seven (7) emergency departments located within our Region. Emergency Departments (ED’s) have the equipment and training so they can access a Licensed Mental Health Professional twenty-four hours per day, seven (7) days per week. A Licensed Mental Health Professional is available via telehealth to assess the individual and provide that information to the treating ED physician. If the ED physician agrees with the recommendation of the telehealth assessment, believes they are safe to discharge *and* if the individual agrees to further assistance, a “hand off” is made by an ED Care Coordinator, also known as the “pitcher”, to an EI Region Community Based Care Coordinator, known as the “catcher, to assist with services post discharge.

The data chart below show actual numbers of *duplicated* individuals per month served under Crisis Evaluations for a total **YTD served for FY22 is 2,236** individuals. This data is pulled from Electronic Medical Records and Care Coordinator metric sheets provided by the EI Region Crisis System. The chart provides data for telehealth data provided for FY22.

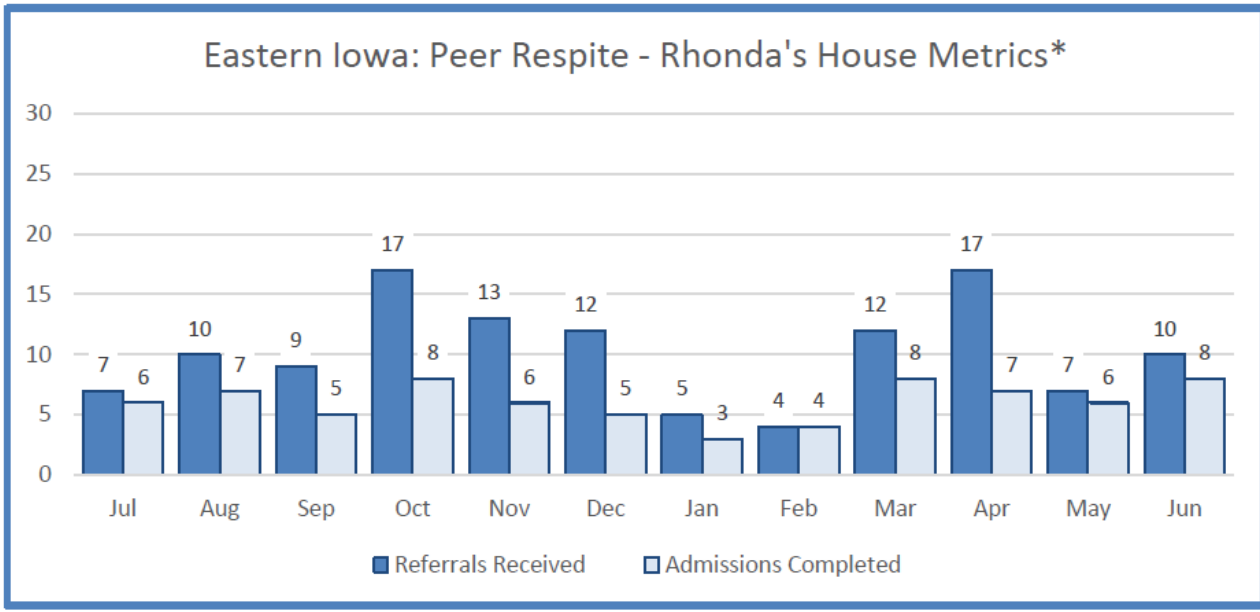


2a). Chart of Accounts (COA) 45366 Recovery Services “Peer Family Support - Peer Support Services”

Explanation:

Even though Peer-Family Support Services are not considered traditional “Crisis Services”, these are services that are managed under the same contract with the Robert Young Center, the provider that oversees the EI Region Crisis System. Because of the block grant methodology of allocation, the number of “Unduplicated Count” of Individuals by Age and Diagnostic Category for COA Code 45366, Peer-Family Support Services, as stated previously on Table B, does not have data that accurately reflects the number of individuals served.

Rhonda’s House: Provides Respite Services through Life Connections Peer Recovery Services, Iowa’s first Peer Run Respite Home, located in Dewitt, Iowa. They offer a brief respite for adults experiencing a mental health crisis. The data chart below show actual numbers of *duplicated* individuals per month served under Recovery Services for a total **YTD served for FY 22 is 196** individuals.



*effective 6/1/22 increased from 3 to 5 beds

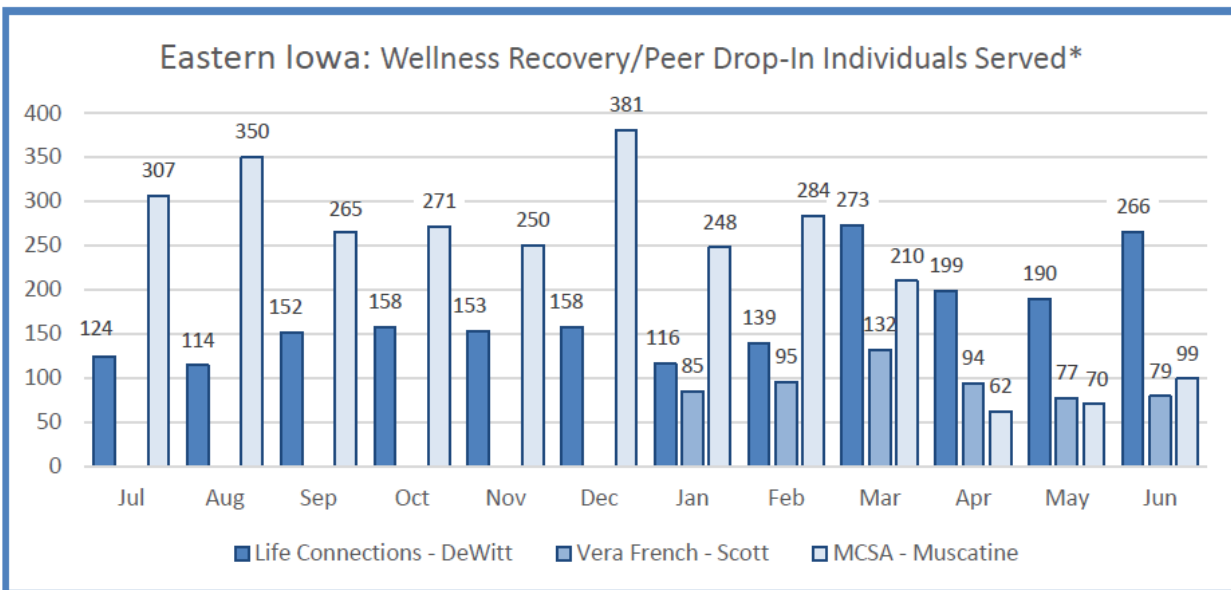
2b). Chart of Accounts (COA) 45366 Recovery Services “Peer Family Support - Peer Support Services”

Explanation:

Muscatine Community Social Action (MCSA), Life Connections Wellness Center, and as of 1/1/2022, Vera French Community Mental Health Center, under the RYC Crisis Services Agreement, offered Peer Drop-in Services as part of the EI Region’s Crisis continuum of care. The agencies provided Peer Recovery Services and Supports within the Region to individuals experiencing mental health and substance abuse addiction issues.

The data chart below show actual numbers of *duplicated* individuals. This data is pulled from the EI Region Crisis System metric sheets and provides more thorough data not captured in Table B.

Total YTD served for FY22 is 5,401 contacts.



B. Regionally Designated Intensive Mental Health Services

1) The EI Region has designated following provider(s) as an **Access Center** under an MOU with the MH/DS of the East Central Region:

Date Designated	Access Center		
5/20/21	Linn County Access Center	501 13 th Street NW Cedar Rapids, IA 52405	319-892-5612
5/20/21	Johnson County Access Center/GuideLink Center	300 Southgate Ave Iowa City, IA 52240	319-688-8000

2) The EI Region has designated the following **Assertive Community Treatment (ACT)** teams as the preferred providers for ACT services in the EI Region. The Vera French CMHC ACT Team has been evaluated for program fidelity, including a peer review as required by sub-rule 25.6(2), and documentation of the team's most recent fidelity score.

The University of Iowa ACT Team, which traditionally has served the residents of Cedar County, has been evaluated for program fidelity, according to the MH/DS of the East Central (EC) Region's documentation of their most recent fidelity score.

Date Designated	ACT Teams	Fidelity Score
6/28/2021	Vera French Community Mental Health Center, Davenport, IA	125
7/1/2018	University of Iowa Hospitals and Clinics IMPACT Iowa City, IA	115

3) The EI Region has designated the following **Subacute** service provider, under an MOU with the MH/DS of the East Central Region, which meet the criteria and are licensed by the Department of Inspections and Appeals.

Date Designated	Subacute		
5/20/2021	Abbe Health Services/ Kingston Hill	202 12 th St NW Cedar Rapids, IA 52405	(319) 362-1382

3) The EI Region has *not yet* designated an *Intensive Residential Service* provider that meet the requirements in IAC 441-25.6(8) for access to the residents of the EI Region. An informational meeting was held on 6/15/2022 with local agencies prior to an anticipated release of an RFP in FY23.

Date Designated	Intensive Residential Services
	In FY22, no providers were identified to provide this service to residents of the EI Region.

C. Financials

Table C. Expenditures

FY 2022 Accrual	EASTERN IOWA MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 53,052					\$ 53,052
42306	Medication prescribing & management **	\$ 260,833	\$ 2,077				\$ 262,910
43301	Assessment, evaluation, and early identification **	\$ 477					\$ 477
71319	Mental health inpatient therapy-MHI	\$ 386,388					\$ 386,388
73319	Mental health inpatient therapy **	\$ 134,670					\$ 134,670
	Crisis Services						
32322	Personal emergency response system						\$ -
44301	Crisis evaluation	\$ 264,558					\$ 264,558
44302	23 hour crisis observation & holding						\$ -
44305	24 hour access to crisis response	\$ 137,017					\$ 137,017
44307	Mobile response **	\$ 501,630					\$ 501,630
44312	Crisis Stabilization community-based services **						\$ -
44313	Crisis Stabilization residential services **	\$ 443,179					\$ 443,179
44396	Access Centers: start-up / sustainability						\$ -
	Support for Community Living						
32320	Home health aide			\$ 48			\$ 48
32325	Respite	\$ 437,500					\$ 437,500
32328	Home & vehicle modifications						\$ -
32329	Supported community living	\$ 440,131	\$ 130,203	\$ 90,219			\$ 660,553
42329	Intensive residential services						\$ -
	Support for Employment						
50362	Prevocational services		\$ 11,883		\$ 25,009		\$ 36,892
50364	Job development						\$ -
50367	Day habilitation	\$ 3,735					\$ 3,735
50368	Supported employment	\$ 73,879	\$ 3,977	\$ 3,818	\$ 1,196		\$ 82,870
50369	Group Supported employment-enclave						\$ -
	Recovery Services						
45323	Family support	\$ 14,400					\$ 14,400
45366	Peer support	\$ 181,794					\$ 181,794
	Service Coordination						
21375	Case management						\$ -
24376	Health homes	\$ 5,517					\$ 5,517
	Sub-Acute Services						

63309	Subacute services-1-5 beds						\$ -
64309	Subacute services-6 and over beds						\$ -
	Core Evidenced Based Treatment						
04422	Education & Training Services - provider competency	\$ 126,324					\$ 126,324
32396	Supported housing						\$ -
42398	Assertive community treatment (ACT)	\$ 167,464					\$ 167,464
45373	Family psychoeducation	\$ 66,130					\$ 66,130
	Core Domains Total	\$ 3,698,676	\$ 148,140	\$ 94,085	\$ 26,205		\$ 3,967,105
	Mandated Services						
46319	Oakdale						\$ -
72319	State resource centers						\$ -
74XXX	Commitment related (except 301)	\$ 135,095					\$ 135,095
75XXX	Mental health advocate	\$ 91,104					\$ 91,104
	Mandated Services Total	\$ 226,199	\$ -	\$ -	\$ -		\$ 226,199
	Additional Core Domains						
	Justice system-involved services						
25xxx	Coordination services	\$ 761,049					\$ 761,049
44346	24 hour crisis line*						\$ -
44366	Warm line*						\$ -
46305	Mental health services in jails	\$ 113,571					\$ 113,571
46399	Justice system-involved services-other	\$ 206,250					\$ 206,250
46422	Crisis prevention training						\$ -
46425	Mental health court related costs	\$ 75,000					\$ 75,000
74301	Civil commitment prescreening evaluation	\$ 227,519					\$ 227,519
	Additional Core Evidenced based treatment						
42366	Peer self-help drop-in centers	\$ 444,103					\$ 444,103
42397	Psychiatric rehabilitation (IPR)						\$ -
	Additional Core Domains Total	\$ 1,827,491	\$ -	\$ -	\$ -		\$ 1,827,491
	Other Informational Services						
03371	Information & referral						\$ -
04372	Planning, consultation &/or early intervention (client related) **						\$ -
04377	Provider Incentive Payment						\$ -
04399	Consultation Other						\$ -
04429	Planning and Management Consultants (non-client related)	\$ 132,917					\$ 132,917
05373	Public education, prevention, and education **	\$ 4,663					\$ 4,663
	Other Informational Services Total	\$ 137,580	\$ -	\$ -	\$ -		\$ 137,580
	Community Living Supports						
06399	Academic services						\$ -
22XXX	Services management	\$ 369,779					\$ 369,779
23376	Crisis care coordination	\$ 7,877					\$ 7,877
23399	Crisis care coordination other						\$ -
24399	Health home other						\$ -

31XXX	Transportation	\$ 788	\$ 1,140	\$ 1,730		\$ 3,658
32321	Chore services					\$ -
32326	Guardian/conservator					\$ -
32327	Representative payee	\$ 15,974	\$ 825			\$ 16,799
32335	CDAC					\$ -
32399	Other support					\$ -
33330	Mobile meals					\$ -
33340	Rent payments (time limited)	\$ 1,291				\$ 1,291
33345	Ongoing rent subsidy	\$ 29,747				\$ 29,747
33399	Other basic needs					\$ -
41305	Physiological outpatient treatment					\$ -
41306	Prescription meds	\$ 9,019				\$ 9,019
41307	In-home nursing					\$ -
41308	Health supplies					\$ -
41399	Other physiological treatment					\$ -
42309	Partial hospitalization					\$ -
42310	Transitional living program					\$ -
42363	Day treatment					\$ -
42396	Community support programs	\$ 39,635				\$ 39,635
42399	Other psychotherapeutic treatment					\$ -
43399	Other non-crisis evaluation					\$ -
44304	Emergency care					\$ -
44399	Other crisis services					\$ -
45399	Other family & peer support					\$ -
46306	Psychiatric medications in jail	\$ 99,166				\$ 99,166
50361	Vocational skills training					\$ -
50365	Supported education					\$ -
50399	Other vocational & day services					\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	\$ 5,122				\$ 5,122
63XXX	ICF 1-5 beds (63317 & 63318)					\$ -
63329	SCL 1-5 beds		\$ 14,540			\$ 14,540
63399	Other 1-5 beds					\$ -
	Community Living Supports	\$ 578,398	\$ 16,504	\$ 1,730	\$ -	\$ 596,632
	Other Congregate Services					
50360	Work services (work activity/sheltered work)					\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 832,323	\$ 3,018			\$ 835,341
64XXX	ICF 6 and over beds (64317 & 64318)					\$ -
64329	SCL 6 and over beds	\$ 2,600				\$ 2,600
64399	Other 6 and over beds					\$ -
	Other Congregate Services Total	\$ 834,923	\$ 3,018	\$ -	\$ -	\$ 837,940
	Administration					
11XXX	Direct Administration				\$ 839,840	\$ 839,840
12XXX	Purchased Administration				\$ 540,564	\$ 540,564

	Administration Total					\$ 1,380,404	\$ 1,380,404
	Regional Totals	\$ 7,303,266	\$ 167,662	\$ 95,815	\$ 26,205	\$ 1,380,404	\$ 8,973,352

(45XX-XXX)County Provided Case Management						\$ -
(46XX-XXX)County Provided Services						\$ -

	Regional Grand Total					\$ 8,973,352
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Transfer Numbers and Acceptable Encumbrance (Expenditures should only be counted when final expenditure is made for services/administration). Transfers are eliminated from budget to show true regional finances. Accrual Fund Balance as of 6/30/22 shall exclude encumbered amounts.

13951	Distribution to MHDS regional fiscal agent from member county	\$ 1,245,000
14951	MHDS fiscal agent reimbursement to MHDS regional member county	\$ -
N/A	Accepted amount to be considered encumbered	\$ 2,742,843

Table D. Revenues

FY 2022 Accrual	EASTERN IOWA MHDS Region		
Revenues			
	FY21 Annual Report Ending Fund Balance		\$ 5,148,624
	Adjustment to 6/30/21 Fund Balance		
	Audited Ending Fund Balance as of 6/30/21 (Beginning FY22)		\$ 5,148,624
	Local/Regional Funds		\$ 6,421,374
10XX	Property Tax Levied	\$ 5,850,896	
12XX	Other County Taxes	\$ 188,320	
16XX	Utility Tax Replacement Excise Taxes		
25XX	Other Governmental Revenues	\$ 160,813	
4XXX- 5XXX	Charges for Services	\$ (1,526)	
5310	Client Fees		
60XX	Interest	\$ (1,332)	
6XXX	Use of Money & Property		
8XXX	Miscellaneous	\$ 224,203	
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$ 5,065,239
21XX	State Tax Credits	\$ 305,621	
22XX	Other State Replacement Credits		
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	\$ 4,759,618	
29XX	Payment in Lieu of taxes		

	Other		
	Other		
	Federal Funds		\$ -
2345	Medicaid		
	Other		
	Total Revenues		\$ 11,486,613

Total Funds Available for FY22	\$	16,635,237
FY22 Actual Regional Expenditures	\$	8,973,352
Acceptable Encumbrance	\$	2,742,843
Accrual Fund Balance as of 6/30/22	\$	4,919,042

D. Status of Service Development in FY22

Crisis Planning Update

In FY22, the Region entered into Year 6 of the *Regional Mental Health Crisis Services Agreement* between the Robert Young Center (RYC) and the EI Region. This is the Eighth amendment to the original services agreement signed on January 14, 2016. Additional amendments were made to the Year 6 *Eighth Amendment*. This included a *Ninth Amendment*, which was approved by a Special Governing Board meeting on 6/25/2021. The *Ninth Amendment* was added to develop a robust system of care to the Children’s Crisis System within the EI Region including adding a Children’s Coordinator of Disability. The *Tenth Amendment* was then approved by a Special Governing Board Meeting held on 11/19/2021 for the period of 1/1/2022 -6/30/2022.

1) Under the *Eighth Amendment*, the following services were continued:

- The EI Region Crisis Line. During FY22, a conscious decision was made by the EI Region to transition to the use of the Your Life Iowa crisis number that is available Statewide and accessed toll free at 1-855-581-8111. During this transition, the previous number continued to roll over.
- The Mobile Crisis Response Team provided by Foundation 2 is another option that is specifically designed to deal with mental health crises within the community. The Mobile Crisis Response Team is currently available throughout the Region and serves both Adults and Children. Individuals may access the Response Team by calling toll free: 1-855-581-8111.
- The Region is continuing to partner with the Robert Young Center Clinicians to provide Telehealth Assessment Services (Crisis Evaluations) in all seven (7) hospitals in the Region for committal and emergency prescreening assistance along with stabilization and resource/referral. The Telehealth Assessment Services (Crisis Evaluations) are available to both Adults and Children.
- Respite Services, provided by Life Connections Peer Recovery Services, is Iowa’s first Peer Run Respite Home located in Dewitt, Iowa. They offer a brief respite stay for adults experiencing a mental health crisis. Individuals may call 563-659-1171 to access the service.

- Crisis Stabilization Residential Services for Adults is provided by Vera French Community Mental Health Center and are available to provide a short-term stay, less than five (5) days, for stabilization. This provides another alternative to hospitalization and creates another time and space for further evaluation and linkage to services. This service is available to all residents of the Region and serves adults only. Individuals may access this service by calling 563-396-3017.
- ED Care Coordinator Positions, referred to as the “Pitchers” because they “pitch” to outside agencies, are embedded within the local hospitals Emergency Department’s (ED) to assist with care coordination within the ED and link individuals with services post-discharge.
- Community Care Coordinator Positions in the Region are referred to as “Catchers” because they “catch” the referral from the ED Care Coordinators and from a variety of other sources. The catcher staff position is available to assist with post discharge from the Emergency Department or, an inpatient hospital stay, jail, or a variety of other sources.
- Justice Involved Care Coordinator is a Licensed Position Staff who offers Civil Commitment Mobile Pre-Screens and Mental Health Service Re-Connection to inmates in County jails.
- Co-Occurring Care Coordinator Staff are embedded within local substance abuse providers within the Region. The staff completes an assessment, known as the American Society of Addiction Medicine-ASAM, to determine appropriate level of care as it pertains to Substance Abuse treatment.
- Peer Support Services including Peer Recovery Specialists and Drop-In Centers. These are strategically located in two (2) of the five (5) counties, Clinton and Muscatine within the Region although open to all residents.
- A Law Enforcement Liaison Staff position to gather data as it pertains to a pilot project in two (2) of the five (5) counties, City of Clinton and City of Muscatine.
- Workforce Development and Trainings.

2) A Ninth Amendment added the following services:

- A Children’s Behavioral Health Coordinator position.

3) A Tenth Amendment added the following services to enhance and add adult and children services under the current Crisis System between the RYC and the EI Region. These services, some that are still in development, are identified as:

- Crisis Stabilization Community Based Services for Adults and Children.
- Crisis Stabilization Residential for Children.
- Adult Care Coordinator positions added to address homelessness.
 - This position will focus on the homeless population who present in crisis. They will build strong relations with homeless shelters and housing resources.
- Adult Care Coordinator positions known as Jail Based Care Coordinators were added to the budget.
 - This staff position will be an inmate’s point of contact during their incarceration and return to the community.
- Children’s Care Coordinator positions.

- DHS Care Coordinator: This staff position will be a point of contact between the EI Region and DHS for youth who are experiencing a mental health crisis and involved with DHS.
 - Juvenile Court Services Care Coordinator: This staff position will be a point of contact between the EI Region and Juvenile Court Services (JCS) for youth who are experiencing a mental health crisis and involved with JCS.
 - Early Childhood Care Coordinator: This staff position will be a point of contact between the EI Region and Early Childhood providers for youth who are experiencing a mental health crisis and involved with Early Childhood agencies.
 - Complex Families Care Coordinators: These 3 staff positions will focus on families with complex needs and assist with navigating through the Children’s System in identifying services.
- An additional lead care coordinator and quality assurance position.
 - An additional second shift emergency department (ED) Care Coordinator position specific to Genesis Health Systems in Davenport, IA.
 - Trainings provided by Frank Grijalva MSPH, MSCC to develop a master EI Region training plan to cross all sectors of the community and providers.
 - Co-Responder Staff (in previous budget listed as Law Enforcement Liaison Pilot Project). The staff will respond, with other first responders, to crisis calls received by dispatch. They will provide a warm hand off to the appropriate Care Coordinator positions for follow up.
 - A Peer Support Drop-in Center, located in Scott County as funding for this program, had been reestablished by the EI Region effective 1/1/2022.
 - Bridge Prescriber Appointments, a service that had been reestablished by the EI Region effective 1/1/2022, will provide 16 appointments per week at various locations in the Region. The appointments will be made available to individuals in need of medications prior to attending a scheduled appointment with a prescriber thus “bridging” the gap. The individual in need of this service will be linked to a Care Coordinator to access the service, ensure attendance, and follow up.

FY22 Encumbered Obligations for Service Development:

DHS approved \$2,742,843.30 of the EI Region’s application for *encumbered funds* out of a requested amount of \$5,073,440.30. The startup costs and service development of several new programs consisted of:

- \$200,000 was approved for start-up costs and program development of the Bridge Prescriber Appointments. As noted above, the Bridge Prescriber Appointments will assist individuals in obtaining medications post discharge from a hospital or a jail who may experience a lag time of several months for an appointment with a prescriber. The telehealth appointments will allow individuals to get 1-2 months of medication if they have a future appointment scheduled.
- \$2,069,660 was approved for two (2) new programs: Crisis Stabilization Community Based for Adults and Crisis Stabilization Community Based for Children, The funds include \$1,769,660 in FY22 carryover and \$300,000 for start-up and program development for FY23.
- \$300,000 was approved for Crisis Stabilization Residential Services for Children.
- \$173,183.30 was approved for the Administrative Costs.

Altogether, the EI Region was approved for a total of \$2,742,843.30 as worker shortages and supply chain demands complicated anticipated new service development and implementation.

E. Outcomes/Regional Accomplishments in FY22

A. The Development of the EI Region Children's System:

The Governing Board of the EI Region, under the 9th amendment to the *Regional Mental Health Crisis Services Agreement*, allocated funding for the Children's Behavioral Health Coordinator position. During the presentation and proposal to the Governing Board, the Robert Young Center, who is the agency that manages the EI Region Crisis System, proposed building and expanding the Children's System based on the existing framework of the EI Regional Adult Crisis System.

The proposal, for the comprehensive Children's System, identified it must continuously adapt to changing and fluctuating resources in the environment and community. The Robert Young Center identified there are six (6) core principles that are the essential elements of the framework. This included interagency collaboration, the philosophy of an individual's strengths-based care plan, cultural competency, child and family involvement, the addition of community-based services and accountability.

Under the dedicated leadership of this position, the coordinator has held numerous meetings and networking opportunities throughout the entire Region. Key partners were identified as the local mental health centers, AEA's, schools, early childhood providers, social service agencies, DHS, Juvenile Court Services, primary care medical providers, day care providers and preschool providers, disability services and substance abuse service providers and low- income housing providers.

These meetings and networking opportunities led to the planned development of a comprehensive Children's System that continues to build on the identification of needs and gaps in services and current resources available to meet the needs.

Agencies submitted proposals, in response to the RFP's issued by the RYC on behalf of the Region, to provide the services needed to expand the Children's System. Contracts were awarded to successful bidders.

Providers expressed enthusiasm about being a partner with the EI Region on the development of the Children's System however, a lack of available and qualified workforce has caused delays in start dates for many of the additional services.

B. Expansion and Increased Access for Children and Family Services within the EI Region for FY22:

The following services were previously available on a limited basis within the Region. The EI Region has made a commitment to expand the services to all qualifying families that meet criteria within the Region.

- **Functional Family Therapy (FFT)** is a short term evidenced based family counseling service designed for youth who are at risk or who have been referred for behavioral or emotional problems. FFT works with a young person's entire family and extra familial influences to facilitate growth and development. Referrals into this program were previously only accepted from Juvenile Court Services and can now be made by any agency or individual. It is now provided to the five (5) Counties within the EI Region by Families, Inc.
- **Multisystemic Family Therapy (MST)** is an intensive family and community-based treatment program that addresses all environments that impact high risk youth-homes and families, schools and teachers, neighborhoods, and friends. MST teams travel to the youth and are on call 24/7 for the families they serve. Referrals into this program were previously only accepted from Juvenile Court Services and can now be made by any agency or individual. It is now provided to the five (5) Counties within the EI Region by Vera French MHC.
- **STEP-IN** builds on a family's strengths and provides a shoulder to lean on for families in crisis. Attention to keeping the child safely at home instead of entering juvenile court or a child welfare or hospital setting is the focus. Previously the program provided by Lutheran Services in Iowa (LSI) was

only available to residents of Clinton and Jackson County with a narrow focus on the referring entity. It is now available to all counties within the EI Region.

- **Direct Family Interventions (DFI)** provides in home services to families with children under 18 who are experiencing issues related to family communication and child/adolescent mental health. A Case Manager works with the family over a 6–12-week period. Families are given various community resources to increase appropriate and safe family function while reducing issues related to child mental and behavioral health. Bethany for Children and Families provides this service to Scott County residents as a pilot project due to workforce shortages. Plans for expansion to all other counties will within the Region will be considered after this first year.

C. Education and Consultation: Building the Collective Capacity of our Provider Network:

In FY22, numerous contracts were signed by the EI Region for trainings. They included entities such as the *Solution Point+*, *Midwest Trauma Services Network*, *Life Connections Peer Recovery Services*, *NAMI of Greater Mississippi Valley* and *St. Ambrose University*.

Solution Point+ visited the Region for a three (3) day assessment. They met with representatives of law enforcement agencies within the five (5) counties as well as touring each county jail. This resulted in a report dated May 19, 2022 provided by SolutionPoint+. Subsequently, the Region entered a contractual arrangement for trainings to be held in the following three (3) years.

Life Connections Peer Recovery Services provided *WRAP Seminars I and II*.

NAMI of Greater Mississippi Valley provided a *Family-to-Family Education Course*.

St. Ambrose University began registration for a fall/spring course to be held in FY23 entitled *Trauma Informed Care Micro credential*. This micro credential course will increase the Trauma Informed Care capacity of providers within the Region.

Frank Grijalva MSPH, MSCC, of the *Midwest Trauma Services Network*, offered interested providers opportunities to attend workshops.

A sampling of the workshops and services he provided included:

- Everything is Connected,
- Behavior Modification Seminars,
- Toxic Stress Seminars,
- Psychological First Aid,
- Skills for Psychological Resilience,
- KINNECT,
- Case Study Consultation,
- And individual and agency staff coaching and opportunities for program development.

A total of 770 individuals were trained over the course of 340.45 hours through the Robert Young Center contracted providers funded by the Region.

D. Enhancement of the EI Region’s Marketing Strategy:

During FY 22, the EI Regional Governing Board requested an enhanced marketing strategy to increase visibility to raise awareness and recognition of the available services to the residents of the five (5) counties. A Call-to-Action plan was developed and implemented by Gary Metivier of Metivier Media using a multi- media approach targeting specific demographics via different platforms and messaging. TV and radio advertising and social media posts were used to build awareness. The slogan: *Crisis Call or Click* became the catch phrase that is now associated with the EI Region.

E. Individual Placement Services (IPS)

IPS Supported Employment is an evidenced based approach to employment for person’s who have a serious and persistent mental illness diagnosis. The Division of Community Mental Health and Disability Services of the Department of Human Services, in collaboration with Iowa Vocational Rehabilitation Services, had asked for letters of interest from those agencies wishing to become early adopter sites/teams for the Individual Placement and Support (IPS) model of supported employment. Two (2) agencies within the EI Region; Vera French CMHC and the Robert Young Center, were identified as successful bidders of IPS as early adopter sites. Scott County is served by Vera French and the other four (4) counties within the EI Region are served by the Robert Young Center.

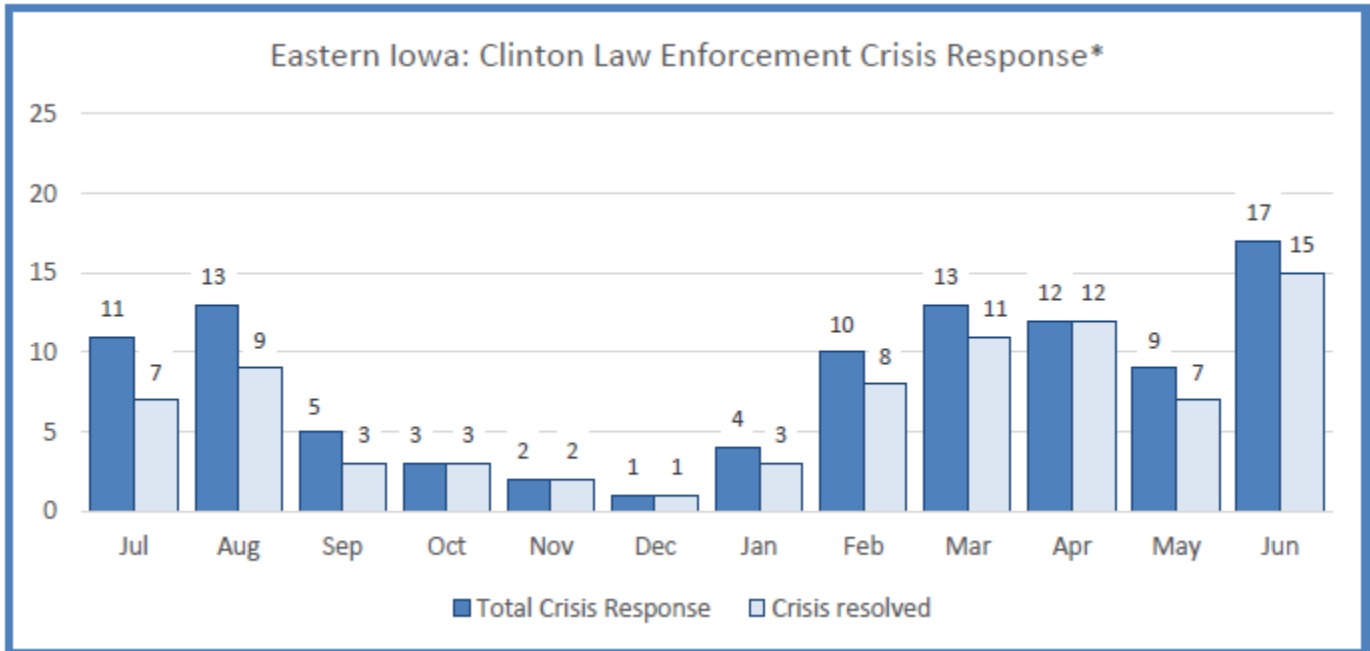
F. Co Responder Expansion:

In FY22, the Co-Responder Model, which, in previous budgets was listed as a Law Enforcement Liaison Pilot Project, continued as a pilot project to include expansion to the City of Muscatine Police Department. The City of Clinton Police Department had fully embraced the concept and served as the test site for the first year of the pilot project.

The EI Region Crisis System utilized staff employed under the Crisis System contract. Staff were available on a limited basis to the City of Clinton and Muscatine Police Departments by participating weekly in “ride along” to assist with calls related to mental health concerns.

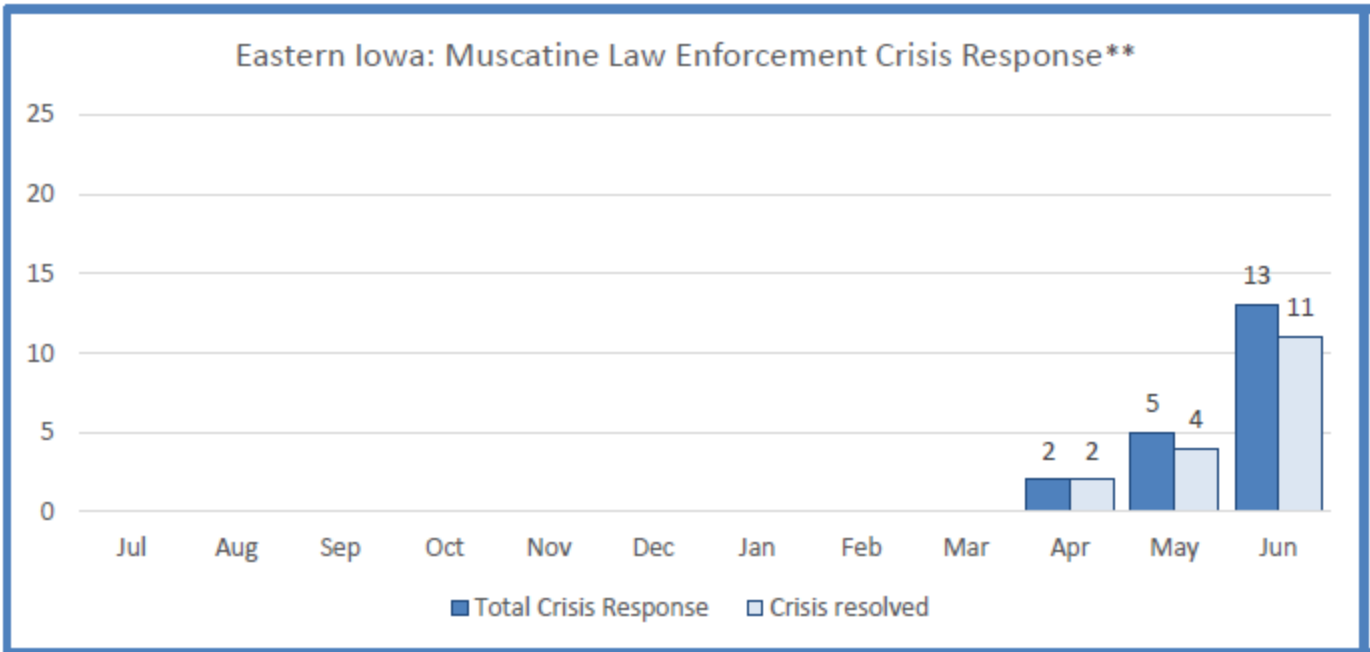
FY22 data charts below show actual numbers of *duplicated* individuals for Clinton and Muscatine that were served under this project. This data is pulled from the EI Region Crisis System metric sheets:

Clinton



*Effective 7/30/21 decreased to 8 hours, 9/3/21 decreased to 4 hours, 1/31/22 increased to 8 hours, 2/9/22 increased to 12 hours, 3/28/22 increased to 20 hours

Muscatine



**Project began in Muscatine County 4/22/22, 8 hours per week, 6/27/22 increased to 12 hours

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