Eastern Iowa MH/DS Region Governing Board of Directors Board Meeting Scott County Administrative Center First Floor Board Room January 22, 2024 3:00-5:00pm

The Eastern lowa MH/DS Region Governing Board of Directors meeting was called to order at 3:01pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Roome, Nauman, and Hinds were present. Barnhart arrived at 3:08pm. Absent: DuFour and Hilgendorf. Fiscal Agent: David Farmer present. Management Team Present: Elam, Tischuk, L. Bopes, J. Bopes, Toppert and Gradert. Absent: Eskildsen. Guests Present: David Dellitt, Dennis Duke, Mary Petersen, Rich Whitaker, Todd Noack, Angela Ganzer-Bovitz, Patti Robinson, Wade Stierwalt, Liz Finerty, Gary Metivier, Mahesh Sharma, Audra Ehredt, Katie Kelly, Adam Curl, Jill Westhoff, Mikka Mills, Sue Gehling, Amy O'Malley, Allen Bierbaum, Todd Lange, Beth Stoffers, Carmen Galvin, Cheri Sexton, Ellen Berberich, Waylyn McCulloh and other call-in guests not identified.

Chair Beck asked for the election of the Governing Board Chair. Supervisor Irwin nominated Ken Beck to continue as Chair of the Governing Board. Supervisor Beck accepted the nomination. Moved by Irwin, seconded by Sorensen for Supervisor Beck to continue as Chair of the Eastern Iowa MH/DS Region Governing Board. Ayes- Irwin, Sorensen, Willey, Roome, Nauman, Hinds. Abstain from vote- Beck. Absent- Barnhart, DuFour, Hilgendorf.

Chair Beck asked for the election of the Governing Board Vice Chair. Supervisor Sorensen nominated Jim Irwin to continue as Vice Chair of the Governing Board. Supervisor Irwin accepted the nomination. Moved by Sorensen, seconded by Willey for Supervisor Irwin to continue as Vice Chair of the Eastern Iowa MH/DS Region Governing Board. Ayes- Beck, Sorensen, Willey, Roome, Nauman, Hinds. Abstain from vote- Irwin. Absent- Barnhart, DuFour, Hilgendorf.

Chair Beck asked for the election of the Governing Board Secretary. Chair Beck nominated Jack Willey to continue as Secretary of the Governing Board with Jennifer Hart to take minutes. Willey accepted the nomination. Moved by Beck, seconded by Sorensen for Jack Willey to continue as Secretary of the Eastern Iowa MH/DS Region Governing Board with Jennifer Hart taking meeting minutes. Ayes- Beck, Irwin, Sorensen, Roome, Nauman, Hinds. Abstain from vote- Willey. Absent- Barnhart, DuFour, Hilgendorf.

Moved by Willey, seconded by Irwin to approve the January 22, 2024 Governing Board Meeting Agenda as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Nauman, Hinds. Absent- Barnhart, DuFour, Hilgendorf.

Lori Elam, CEO, shared there is a spelling correction that needs to be made on the December 18, 2023 Governing Board Meeting Minutes. David Dellitt, Director of Finance with UnityPoint Health - Robert Young Center, last name was spelled incorrectly. Jennifer Hart will correct the spelling of David's last name in the minutes. Moved by Irwin, seconded by Willey to approve the minutes from the December 18, 2023 Governing Board Meeting with the correct spelling of David Dellitt's last name. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Nauman, Hinds. Absent- Barnhart, DuFour, Hilgendorf.

David Farmer, Fiscal Agent, reviewed the following documents with the Governing Board: Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending December 31, 2023. David shared the Actual Revenue Amount received as of December 31, 2023 is \$5,989,619.04. David shared that as of December 31, 2023, Actual Expenditures for the Region is \$6,449,649.53. David shared that the Fund Balance for the Region as of December 31, 2023 is \$3,938,638.70. David shared that as of December 31, 2023 the Region Fund Balance Percentage is 23.1%. David shared that the Region's contract with external auditor, Baker Tilly US, LLP, ended with FY23 and hopes to have a recommendation of an external auditor to present at the February Governing Board Meeting. Discussion was held. Moved by Irwin, seconded by Sorensen to approve the Regional Financial Reports for the period ending December 31, 2023 as presented. Ayes-Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, Hinds. Absent- DuFour, Hilgendorf.

Gary Metivier with Metivier Media gave an update of the marketing for the Eastern Iowa MH/DS Region with a PowerPoint Presentation. Gary shared that the goal is to make a connection and show people there is help out there. Gary discussed the different marketing phases and shared videos he has created for Challenge to Change, Inc. and The Gray Matters Collective. Discussion was held.

Lori Elam, CEO, presented the NeuroStar Proposal of \$74,700.00 for Vera French Community Mental Health Center, Inc. to purchase a second NeuroStar Transcranial Magnetic Stimulation (TMS) Therapy Chair as discussed at the December 18, 2023 Governing Board Meeting. Moved by Willey, seconded by Irwin to approve the one-time funding request from Vera French Community Mental Health Center, Inc. to purchase a second NeuroStar Transcranial Magnetic Stimulation (TMS) Therapy Chair for \$74,700.00. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, Hinds. Absent- DuFour, Hilgendorf.

Christine Gradert, Coordinator of Children's Behavioral Health Services, and Allen Bierbaum, CEO of Classroom Clinic, Inc., presented the January 2024 Classroom Clinic School Mental Health Early Access Pilot Project Proposal for the Eastern Iowa MH/DS Region. A copy of the proposal was given to each member of the Governing Board. Christine shared that Classroom Clinic provides school districts in Iowa the timely and convenient access to mental health services using telehealth and related technologies. Christine shared the Pilot Project will be from January 2024 through June 2024 and will be provided to school districts in the most need. Christine shared that the services provided will include individual therapy and psychiatric medication management virtually, via telehealth. Christine shared that the Classroom Clinic Early Access Pilot Project will provide access to support up to 15 units across up to 12 school districts and the full cost of the pilot project is \$297,375.00. Allen shared that units are not based on the number of students, they are based on hours per week and units can be shared with other school districts in the Region. The Governing Board would like the number of schools taken out of the contract and just state "15 units" since units can be shared with other school districts in the Region. Discussion was held. Moved by Irwin, seconded by Roome to approve the January 2024 Classroom Clinic School Mental Health Early Access Pilot Project Proposal for the Eastern Iowa MH/DS Region with the removal of the number of school districts in the proposal and just stating "15 units" for \$297,375.00. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, Hinds. Absent- DuFour, Hilgendorf.

Dennis Duke, President of UnityPoint Health - Robert Young Center, presented a brief overview of the UnityPoint Health - RYC Certified Community Behavioral Health Clinic (CCBHC). Dennis explained the RYC CCBHC Status, Positives and Challenges, and the Six (6) Key Program Areas, which include: 1) Staffing, 2) Availability and Accessibility of Services, 3) Care Coordinators, 4) Scope of Services, 5) Quality and Other Reporting, 6) Organizational Authority and Governance. Discussion was held.

Lori Elam, CEO, updated the Governing Board on the HHS Alignment and the new Behavioral Health Districts. Lori reminded the Board they have a copy of the State of Iowa Department of Health and Human Services (HHS) 2024 Behavioral Health System Alignment PowerPoint in the Governing Board Packet. Discussion was held.

Robert Young Center reviewed the crisis services for the month of December 2023. David Dellitt, Director of Finance with UnityPoint Health - Robert Young Center, reviewed the financials for December 2023. Mary Petersen, Chief Operations Officer with UnityPoint Health - Robert Young Center, discussed the Eastern lowa Region Crisis System Monthly Scorecard Packet for December 2023. Mary shared that RYC and the Management Team are meeting with providers in the Region on January 29, 2024 to discuss the HHS Alignment. Discussion was held. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for the month of December 2023.

Lori Elam, CEO, shared there are no legislative updates at this time.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

Other:

- a. Next month's Governing Board Meeting will be Monday, February 26, 2024 at 3:00pm at the Scott County Administrative Center, Room 605, 600 W. 4th St., Davenport, IA.
- b. Supervisor Irwin shared that Dominic Capella with the Rediscover Recovery Center in Clinton, IA received a \$600,000.00 Recovery Community Center Expansion Grant administered through the lowa Department of Health and Human Services (HHS). Discussion was held.

Public Comment: Todd Noack, Executive Director of Life Connections Peer Recovery Services, reported his activities for the month of January 2024.

Moved by Barnhart, seconded by Irwin to adjourn meeting at 5:16pm. Ayes- Beck, Irwin, Sorensen, Roome, Barnhart, Nauman, Hinds. Absent- Willey, DuFour, Hilgendorf.

Jack Willey, Secretary, Eastern Joya-MH/DS Region