Eastern lowa MH/DS Region Governing Board of Directors Board Meeting Scott County Administrative Center Room 605 February 26, 2024 3:00-5:00pm

The Eastern lowa MH/DS Region Governing Board of Directors meeting was called to order at 3:01pm by Chair Beck. Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, and Hinds were present. Absent: DuFour and Hilgendorf. Fiscal Agent: David Farmer present. Management Team Present: Elam, Tischuk, L. Bopes, J. Bopes, Eskildsen and Gradert. Guests Present: David Dellitt, Mary Petersen, Danielle Atha, Rich Whitaker, Todd Noack, Angela Ganzer-Bovitz, Patti Robinson, Wade Stierwalt, Amy O'Malley, Todd Lange, Beth Stoffers, Cheri Sexton, Ellen Berberich, Nin Flagel, Sherri Hunt, Emily Harvey, Alicia Gomez and other call-in guests not identified.

Moved by Willey, seconded by Irwin to approve the February 26, 2024 Governing Board Meeting Agenda as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, Hinds. Absent-DuFour, Hilgendorf.

Moved by Irwin, seconded by Sorensen to approve the minutes from the January 22, 2024 Governing Board Meeting. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, Hinds. Absent- DuFour, Hilgendorf.

David Farmer, Fiscal Agent, reviewed the following documents with the Governing Board: Statement of Revenues, Expenditures and Changes in Fund Balances/Governmental Funds for the Eastern Iowa MH/DS Region for the period ending January 31, 2024. David shared the Actual Revenue Amount received as of January 31, 2024 is \$8,212,847.54. David shared that as of January 31, 2024, Actual Expenditures for the Region is \$7,863,382.79. David shared that the Fund Balance for the Region as of January 31, 2024 is \$8,490,174.31. David shared that as of January 31, 2024 the Region Fund Balance Percentage is 49.8%. Discussion was held. Moved by Willey, seconded by Barnhart to approve the Regional Financial Reports for the period ending January 31, 2024 as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, Hinds. Absent- DuFour, Hilgendorf.

David Farmer, Fiscal Agent, presented the Baker Tilly US, LLP Engagement Letter for Fiscal Year 2024 and Fiscal Year 2025 Financial Audits for the Eastern Iowa Mental Health and Disability Services Region. A copy of the Engagement Letter was provided to the Governing Board for review. Discussion was held. Moved by Sorensen, seconded by Irwin to approve the Baker Tilly US, LLP Engagement Letter for Fiscal Year 2024 and Fiscal Year 2025 Financial Audits for the Eastern Iowa Mental Health and Disability Services Region as presented. Ayes- Beck, Irwin, Sorensen, Willey, Roome, Barnhart, Nauman, Hinds. Absent- DuFour, Hilgendorf.

Lori Elam, CEO, shared that she would like to set a date for Management Team and the Governing Board to meet in early March for an FY25 Budget Work Session. Lori provided three (3) dates: March 6, 2024 from 3:00pm-5:00pm, March 7, 2024 from 3:00pm-5:00pm or March 8, 2024 with open availability. Discussion was held. The consensus of the Governing Board is to meet on Thursday, March 7, 2024 from 3:30pm-5:30pm for an FY25 Budget Work Session with the Management Team.

Lori Elam, CEO, updated the Governing Board on the HHS Alignment and the new Behavioral Health Districts. Discussion was held.

Robert Young Center reviewed the crisis services for the month of January 2024. David Dellitt, Chief Financial Officer with UnityPoint Health - Robert Young Center, reviewed the financials for January 2024. Mary Petersen, Chief Operations Officer with UnityPoint Health - Robert Young Center, introduced Danielle Atha as the new Manager for the Eastern Iowa Mental Health and Disability Services Region and Care Coordination. Mary discussed the Eastern Iowa Region Crisis System Monthly Scorecard Packet for January 2024. Discussion was held. Mary will make corrections to page 21 of the metrics packet: Eastern Iowa: Peer Respite – Rhonda's House to show corrected percentages and page 23 of the metrics packet: Eastern Iowa: Peer Respite – Project Rise Above to show corrected percentages. Christine Gradert, Coordinator of Children's Behavioral Health Services, reported her activities for the month of January 2024. Christine shared a copy of the "Dragon Flight School Activity Book: Color Your World" that was created by Gary Metivier with Metivier Media. Christine reminded the Governing Board that the activity book goes along with the children's book "Dragon Flight School".

Lori Elam, CEO, shared there are no legislative updates at this time.

Lori Elam, CEO, presented the CEO Report. The full report is included in the Governing Board Packet.

## Other:

a. Next month's Governing Board Meeting will be Monday, March 18, 2024 at 3:00pm at the Scott County Administrative Center, First Floor Board Room, 600 W. 4<sup>th</sup> St., Davenport, IA.

Public Comment: Rich Whitaker, CEO of Vera French, shared that in January 2024, Vera French saw 195 new people for Same Day Access. Rich shared that Vera French has served 161 people with NeuroStar Transcranial Magnetic Stimulation (TMS) Therapy to treat major depression. Rich shared that of the 161 people that have completed TMS Therapy, 83% are in full remission or their symptoms of major depression have decreased below the clinical range. Rich shared that Vera French is moving forward with the project to build 30 permanent supportive housing units that will be located north of the Carol Center. Rich shared that Vera French will be breaking ground on this project at the end of Spring 2024. Rich shared that Vera French will begin renovating their Central Park location in Davenport at the end of May 2024. Todd Noack, Executive Director of Life Connections Peer Recovery Services, congratulated Danielle Atha on her new position as the Eastern lowa Mental Health and Disabilities Region and Care Coordination Manager. Todd reported his activities for the month of February 2024.

Moved by Barnhart, seconded by Roome to adjourn meeting at 4:32pm. Ayes- Beck, Irwin, Sorensen, Roome, Barnhart, Nauman, Hinds. Absent- Willey, DuFour, Hilgendorf.

Jack Willey, Secretary, Eastern Iowa MH/QS Region